

Cardiff Summer Series 2 mile

Friday 12th May 2017

pos	no.	name	club	age group	time	
1	663	Oliver Williams	Les Croupiers	SM	00:09:41	1st Male
2	577	Adam Davies	u/a	SM	00:09:49	2nd Male
3	574	Sam Lloyd Perts	Wolves & Bilston	SM	00:09:58	3rd Male
4	544	Dan Bodman	Aberdare VAAC	SM	00:10:01	
5	548	William Kirk	Charnwood AC	SM	00:10:17	
6	700	Glyn Fletcher	Les Croupiers	SM	00:10:24	
7	690	Darren Bishop	Pontypridd Roadents	SM	00:10:28	
8	571	Andy Gardiner	Cheltenham Harriers	SM	00:10:29	
9	760	David J Williams (35)	Les Croupiers	SM	00:10:33	
10	572	Dominic Gardner	Cardiff Met	SM	00:10:34	
11	681	Ed Donovan	Les Croupiers	SM	00:10:38	
12	674	Symon Murphy	u/a	SM	00:10:44	
13	573	Rhys James	Cardiff Met	SM	00:10:53	
14	667	Mike Erskine	Les Croupiers	SM	00:10:53	
15	673	Iestyn Edwards	Cardiff AAC	U15B	00:10:53	
16	699	Emyr Morgan	Les Croupiers	M45	00:10:55	1st MV40
17	511	Matt Hurford	Les Croupiers	M40	00:10:58	
18	514	Gabrielus Stuokus	Les Croupiers	SM	00:11:00	
19	518	Luke Williams	San Domenico	SM	00:11:07	
20	519	Simon Miles	Pontypridd Roadents	M40	00:11:09	
21	682	Fraser Richards	Caerphilly Runners	SM	00:11:12	
22	762	Richard Wilder	San Domenico	M40	00:11:14	
23	677	Sean Martin	u/a	SM	00:11:15	
24	541	Richard Baker	u/a	M45	00:11:16	
25	698	Mike Riley	Les Croupiers	SM	00:11:17	
26	669	John Craven	Les Croupiers	SM	00:11:18	
27	512	James Gold	Cardiff AAC	U15B	00:11:21	
28	764	Lauren Cooper	Parc Bryn Bach	SW	00:11:22	1st Female
29	678	Andy Blair	Les Croupiers	M50	00:11:24	1st MV50
30	675	Johnny Lam	San Domenico	M45	00:11:26	
31	539	Vince Nazareth	Les Croupiers	M55	00:11:31	
32	510	Brian Dias	Cardiff AAC	SM	00:11:32	
33	664	Daniel Lewis	San Domenico	M40	00:11:39	
34	549	Dan Luffman	Les Croupiers	M40	00:11:50	
35	694	Matt Hopkins	Les Croupiers	SM	00:11:54	
36	763	Sally Wilder	San Domenico	F35	00:12:14	2nd Female
37	761	Matthew Hooper	Les Croupiers	SM	00:12:20	
38	680	Joseph Joyce	Cardiff AAC	U13B	00:12:24	
39	679	Mark Joyce	Les Croupiers	M40	00:12:24	
40	542	Samuel Jackson	Parc Bryn Bach	U20M	00:12:25	
41	513	Ben Ray	Barry & Vale Harriers	U13B	00:12:32	
42	693	Nigel Bleach	SMR	M45	00:12:43	
43	575	John Light	u/a	SM	00:12:48	
44	656	Mike Murphy	Les Croupiers	M60	00:12:53	1st MV60
45	764	Ben Annear	Good Gym	SM	00:12:54	
46	515	Dominic Shields	San Domenico	M50	00:12:55	

47	666	James Thomas	Parc Bryn Bach	SM	00:12:58	
48	766	Bethany Gold	Cardiff AAC	U15G	00:13:03	3rd Female
49	538	James Ashley	Parc Bryn Bach	M40	00:13:05	
50	683	Ben Hooper	u/a	U20M	00:13:05	
51	545	Steve Preddy	Les Croupiers	M45	00:13:06	
52	671	Matt Henson	CDF Runners	SM	00:13:15	
53	695	Matthew Bunce	Brackla Harriers	M40	00:13:24	
54	697	Stephen Wood	Pegasus	M40	00:13:26	
55	692	Steve Chadwell	u/a	M45	00:13:30	
56	540	Clive Osmond	Les Croupiers	M55	00:13:38	
57	696	Gary John	Les Croupiers	M60	00:13:42	
58	781	Jenny Martin	Les Croupiers	F35	00:13:43	1st FV35
59	665	Hefin Gryffydd	Pontypridd Roadents	M55	00:13:45	
60	782	Julie Scholey	Les Croupiers	F55	00:13:48	1st FV55
61	579	Stuart Harding	CDF Runners	SM	00:13:53	
62	783	Bethan Ford	Pontypridd Roadents	SW	00:13:57	
63	668	Rich Skyrme	CDF Runners	M40	00:14:06	
64	578	James Sibley	Axe Valley	SM	00:14:13	
65	790	Lolly Burvill	Les Croupiers	F45	00:14:14	1st FV45
66	691	Kian Bishop	u/a	U13B	00:14:35	
67	765	Lucy Marsh	Good Gym	SW	00:14:44	
68	775	Hayley Jackson	Parc Bryn Bach	F35	00:14:46	
69	776	Rosie Bristow	Pegasus	F40	00:14:51	
70	786	Claire Jarrom	Les Croupiers	SW	00:15:03	
71	580	Paul Chapman	Les Croupiers	M45	00:15:04	
72	789	Caroline Best	Pontypridd Roadents	SW	00:15:09	
73	517	Mike Rossiter	Les Croupiers	M55	00:15:20	
74	785	Georgina Edwards	Cardiff AAC	U13G	00:15:27	
75	672	Paul Edwards	Cardiff AAC	M40	00:15:27	
76	765	Beth Jones	Parc Bryn Bach	U17W	00:15:38	
77	779	Eve Gallop-Evans	Les Croupiers	F50	00:15:41	
78	516	Thomas Wills	u/a	SM	00:16:05	
79	676	Richard Jackson	SMR	M50	00:16:17	
80	774	Gill Murphy	Les Croupiers	F60	00:16:20	
81	771	Tina Rossiter	Les Croupiers	F55	00:16:21	
82	576	Rhys Littlechild	u/a	U13B	00:16:38	
83	547	Samuel Bicker	Cardiff Archers	U13B	00:16:38	
84	770	Joanne East	Pegasus	SW	00:16:40	
85	778	Bretti Paxton	Pontypridd Roadents	SW	00:16:50	
86	784	Susan Williams	Les Croupiers	F55	00:16:56	
87	787	Gwenno Thomas	Les Croupiers	F40	00:17:13	
88	788	Karen Chadwell	Les Croupiers	F45	00:17:19	
89	662	Jon Martin	Les Croupiers	M40	00:17:24	
90	689	Colin Crooks	Pegasus	M60	00:18:07	
91	767	Amanda Thompson	Les Croupiers	F55	00:18:23	
92	763	Tracey Newman	Les Croupiers	F45	00:18:27	
93	543	Harry Jackson	u/a	U17M	00:18:50	
94	773	Charlotte Bethell	u/a	SW	00:19:01	
95	546	Jack Bicker	u/a	U13B	00:19:03	
96	780	Donna Littlechild	Hendre Lake RC	F35	00:19:22	
97	520	Stephen Blake	Pegasus	M45	00:19:32	

98	772	Sandra Caveney	Les Croupiers	F45	00:19:45
99	769	Katie Quinn	u/a	SW	00:19:46
100	777	Lucy Bicker	u/a	F40	00:22:24
101	768	Sarah Meah	Les Croupiers	F45	00:22:32