

Position	Name	Time	Gender	Age Category	Age Category Rank	Club	Race No.
2017 Tydfilians Roman Run							
1.	Samuel Richards	1:46:00	m	Senior Men	1.	Pontypridd Roadents AC	156
2.	Ian Owen	1:50:27	m	Senior Men	2.	San Domenico RC	250
3.	Gethin Powell	1:54:26	m	Senior Men	3.	Pontypridd Roadents AC	148
4.	Henry Wright	1:56:53	m	Senior Men	4.	White Rock Runners	206
5.	Michael Cope	1:57:13	m	Mens Masters 40+	1.	Mynydd Du	238
6.	Shaun Chandler	1:57:29	m	Mens Masters 40+	2.		25
7.	David Jacob	1:59:57	m	Senior Men	5.	Lliswerry Runners	236
8.	Paul Powell	2:00:14	m	Mens Masters 40+	3.		243
9.	Keith James	2:01:36	m	Mens Masters 40+	4.	Pontypridd Roadents AC	87
10.	John Evans	2:01:58	m	Mens Masters 40+	5.		57
11.	Matthew Pizey	2:02:04	m	Mens Masters 40+	6.	Islwyn RC	145
12.	Chris Francis	2:04:03	m	Senior Men	6.	3M Gorseinon RC	70
13.	Darren Stevens	2:05:01	m	Mens Masters 40+	7.	Merthyr RC	173
14.	Steve Payne	2:05:41	m	Mens Masters 40+	8.	Caerphilly Runners	137
15.	Elizabeth Tremlett	2:05:43	w	Ladies Masters 35+	1.	Carmarthen Harriers	237
16.	Ian Ogilvie	2:05:45	m	Mens Masters 40+	9.	Brackla Harriers	132
17.	Nicholas Lewis	2:06:37	m	Senior Men	7.	White Rock Runners	113
18.	Robert Evans	2:06:59	m	Mens Masters 40+	10.	Ebbw Vale RC	61
19.	Christopher Gay	2:06:59	m	Senior Men	8.	Ebbw Vale RC	75
20.	Richard Price	2:08:45	m	Mens Masters 40+	11.	Parc Bryn Bach RC	150
21.	Mark English	2:08:59	m	Mens Masters 40+	12.	Lliswerry Runners	244
22.	Richard Price	2:09:26	m	Senior Men	9.	Parc Bryn Bach RC	151
23.	Julie Cashell	2:09:47	w	Ladies Masters 35+	2.	Parc Bryn Bach RC	218
24.	Victoria Brailsford	2:10:42	w	Ladies Masters 35+	3.		17
25.	Clara Davies	2:10:53	w	Ladies Masters 35+	4.	Amman Valley Harriers	37
26.	Steven Lane	2:11:57	m	Mens Masters 40+	13.	Islwyn RC	222
27.	Tom Martin	2:12:07	m	Senior Men	10.	CDF Runners	123
28.	Colin Caesar	2:12:34	m	Mens Masters 40+	14.	Penarth & Dinas Runners	23
29.	Gwyn Johnson	2:12:55	m	Senior Men	11.	Pontypridd Roadents AC	93

Position	Name	Time	Gender	Age Category	Age Category Rank	Club	Race No.
30.	Robert King	2:13:10	m	Senior Men	12.	Parc Bryn Bach RC	106
31.	Kristie O'Connell	2:13:51	w	Senior Ladies	1.	Pontypridd Roadents AC	131
32.	Allen Bunney	2:14:14	m	Mens Masters 40+	15.	Aberdare AAC	212
33.	Robert Sandles	2:15:17	m	Mens Masters 40+	16.	3M Gorseinon RC	163
34.	Ian Clark	2:15:35	m	Mens Masters 40+	17.		228
35.	Ryan Minard	2:16:06	m	Senior Men	13.	Aberdare AAC	126
36.	Lisa Jones	2:16:51	w	Ladies Masters 35+	5.	Aberdare AAC	225
37.	Steve Daley	2:17:35	m	Senior Men	14.		35
38.	Graham Mack	2:17:39	m	Mens Masters 40+	18.	Merthyr RC	119
39.	Kevin Male	2:17:41	m	Mens Masters 40+	19.		224
40.	Heath Brett	2:18:01	m	Mens Masters 40+	20.	Swansea Harriers	18
41.	Carl Walsh	2:18:10	m	Mens Masters 40+	21.	Rhondda Valley Runners	190
42.	Andrew Gunter	2:18:26	m	Senior Men	15.	Parc Bryn Bach RC	79
43.	Timothy Evans	2:18:45	m	Mens Masters 40+	22.		63
44.	Tracie Williams Rowe	2:19:24	w	Ladies Masters 35+	6.	Llisbury Runners	201
45.	Stephen Evans	2:20:02	m	Senior Men	16.		62
46.	Martin Jones	2:20:47	m	Mens Masters 40+	23.	Islwyn RC	221
47.	Paul Oliver	2:21:23	m	Senior Men	17.		216
48.	Clive Denton	2:21:56	m	Mens Masters 40+	24.	Rhondda Valley Runners	46
49.	Joanne Ryan	2:22:22	w	Ladies Masters 35+	7.	Rhondda Valley Runners	160
50.	Leon Black	2:22:24	m	Senior Men	18.	Rhondda Valley Runners	11
51.	Alex Winstone	2:22:34	m	Senior Men	19.		203
52.	Tony McKay	2:23:12	m	Mens Masters 40+	25.	Pegasus RC	220
53.	Brendan Price	2:23:19	m	Mens Masters 40+	26.	Dragons Running Club	149
54.	Michael Thomas	2:24:59	m	Mens Masters 40+	27.		227
55.	Richard Bagshaw	2:25:11	m	Mens Masters 40+	28.	Chippenham Harriers	7
56.	Darren Chapple	2:25:27	m	Mens Masters 40+	29.	Run4All	26
57.	Richard Bleaney	2:25:34	m	Senior Men	20.	Run4All	12
58.	Caroline Bassett	2:25:47	w	Ladies Masters 35+	8.	Pegasus RC	8
59.	Steve Hogan	2:25:55	m	Senior Men	21.	Cornelly Striders	84
60.	Elaine Wharmby	2:26:07	w	Ladies Masters 35+	9.	Pegasus RC	192

Position	Name	Time	Gender	Age Category	Age Category Rank	Club	Race No.
61.	Mark Sims	2:26:19	m	Mens Masters 40+	30.	Brecon AC	167
62.	Anne-Marie Harris	2:26:42	w	Ladies Masters 35+	10.	Pontypool & District	232
63.	Emily Buckwell	2:26:43	w	Ladies Masters 35+	11.	Brackla Harriers	20
64.	Michael O'Neil	2:26:50	m	Mens Masters 40+	31.		134
65.	Nigel Jones	2:26:53	m	Mens Masters 40+	32.	Pontypridd Roadents AC	100
66.	Chris Herdman	2:27:04	m	Mens Masters 40+	33.	Penarth & Dinas Runners	246
67.	Paul Donovan	2:27:54	m	Mens Masters 40+	34.	Pontypool & District	251
68.	Roderick Mackrill	2:28:00	m	Mens Masters 40+	35.		121
69.	Donna Perry	2:28:12	w	Ladies Masters 35+	12.		140
70.	Simon Rex	2:28:19	m	Senior Men	22.		155
71.	Michael Evans	2:28:21	m	Mens Masters 40+	36.	Dragons Running Club	59
72.	Clare Griffiths	2:28:26	w	Ladies Masters 35+	13.	Merthyr RC	77
73.	Keith Langley	2:28:48	m	Mens Masters 40+	37.	Pontypool & District	233
74.	Nina Davies	2:28:48	w	Ladies Masters 35+	14.		43
75.	Sian Jones	2:29:06	w	Senior Ladies	2.	Parc Bryn Bach RC	229
76.	Graham Halsey	2:29:10	m	Mens Masters 40+	38.		80
77.	Gary Bowen-Thomson	2:29:20	m	Mens Masters 40+	39.	AT Run	14
78.	Philip Mears	2:29:20	m	Mens Masters 40+	40.	White Rock Runners	125
79.	John Hooper	2:29:23	m	Mens Masters 40+	41.		85
80.	Kelly Felstead	2:29:27	w	Ladies Masters 35+	15.	Islwyn RC	65
81.	Paul Thomas	2:29:28	m	Senior Men	23.		181
82.	Stephen Wood	2:30:42	m	Mens Masters 40+	42.	Pegasus RC	234
83.	Christopher Arran	2:31:19	m	Mens Masters 40+	43.	3M Gorseinon RC	5
84.	Peter Spearing	2:31:28	m	Senior Men	24.		248
85.	Frank Atherton	2:31:29	m	Mens Masters 40+	44.	Penarth & Dinas Runners	6
86.	Carl Wagstaffe	2:31:43	m	Mens Masters 40+	45.		188
87.	Sarah Pryor	2:31:48	w	Ladies Masters 35+	16.	Pegasus RC	152
88.	Richard Sewell	2:32:01	m	Mens Masters 40+	46.	Les Croupiers RC	165
89.	Callum Curtis	2:32:29	m	Senior Men	25.	Run4All	33
90.	Jeremy Bassett	2:33:06	m	Mens Masters 40+	47.		9
91.	Chris Lambert-Rose	2:33:11	m	Mens Masters 40+	48.		107

Position	Name	Time	Gender	Age Category	Age Category Rank	Club	Race No.
92.	Andrew Driscoll	2:33:16	m	Senior Men	26.		49
93.	Paul Lawrence	2:33:51	m	Senior Men	27.		109
94.	Sharon Woods	2:34:07	w	Ladies Masters 35+	17.	Pontypool & District	219
95.	James Williams	2:34:21	m	Senior Men	28.	Parc Bryn Bach RC	197
96.	Adrian Taylor	2:34:27	m	Mens Masters 40+	49.		177
97.	Jamie Bishop	2:35:14	m	Senior Men	29.	Pontypridd Roadents AC	223
98.	Terry Lewis	2:35:16	m	Mens Masters 40+	50.	Islwyn RC	114
99.	Chris Lloyd	2:35:17	m	Senior Men	30.	Run4All	116
100.	Caroline Sandles	2:35:21	w	Ladies Masters 35+	18.	3M Gorseinon RC	162
101.	Susan Bowes	2:35:37	w	Ladies Masters 35+	19.	Les Croupiers RC	15
102.	J Stokes	2:35:40	w	Ladies Masters 35+	20.		174
103.	Richard Jones	2:35:50	m	Mens Masters 40+	51.		210
104.	Keith Davies	2:36:52	m	Mens Masters 40+	52.	Islwyn RC	40
105.	Llinos Davies	2:36:57	w	Ladies Masters 35+	21.	Run4All	41
106.	Neil Fitzgerald	2:37:06	m	Mens Masters 40+	53.	Pontypridd Roadents AC	66
107.	Andrew Kettle	2:37:24	m	Senior Men	31.		105
108.	William Thomas	2:37:33	m	Mens Masters 40+	54.	Run4All	182
109.	Jennifer Evans	2:37:40	w	Senior Ladies	3.		56
110.	John Carroll	2:37:42	m	Mens Masters 40+	55.	Roberttown Road Runners	24
111.	Aled Thomas	2:37:49	m	Senior Men	32.		179
112.	Louise Munkley	2:38:02	w	Ladies Masters 35+	22.	Merthyr RC	129
113.	David Hopkins	2:38:06	m	Senior Men	33.		86
114.	Elaine Rees	2:38:31	w	Ladies Masters 35+	23.	Roberttown Road Runners	153
115.	Christopher Rothwell	2:38:36	m	Mens Masters 40+	56.		157
116.	David Brown	2:38:37	m	Mens Masters 40+	57.	Lliswerry Runners	231
117.	Kevin Fowler	2:39:38	m	Mens Masters 40+	58.	Pegasus RC	69
118.	Juliet Amner	2:40:17	w	Ladies Masters 35+	24.	Ogmore Phoenix Runners	4
119.	Lisa Williams	2:40:34	w	Ladies Masters 35+	25.	3M Gorseinon RC	199
120.	Kelly Collins	2:40:40	w	Ladies Masters 35+	26.	Parc Bryn Bach RC	30
121.	Mark Francis	2:40:59	m	Mens Masters 40+	59.	Brackla Harriers	71
122.	Carl Evans	2:40:59	m	Senior Men	34.		53

Position	Name	Time	Gender	Age Category	Age Category Rank	Club	Race No.
123.	Jane Ogilvie	2:41:05	w	Ladies Masters 35+	27.	Brackla Harriers	133
124.	Rhodri Abraham	2:41:23	m	Mens Masters 40+	60.		1
125.	Michelle Jayne	2:41:52	w	Ladies Masters 35+	28.	Parc Bryn Bach RC	88
126.	Debra Clarke	2:42:00	w	Ladies Masters 35+	29.	Run4All	29
127.	Lesley Mainwaring	2:42:00	w	Senior Ladies	4.	Run4All	122
128.	Brian Saxby	2:42:05	m	Mens Masters 40+	61.	Run4All	164
129.	Andrea Starritt	2:42:08	w	Ladies Masters 35+	30.	Brackla Harriers	172
130.	Charlotte Johns	2:42:08	w	Ladies Masters 35+	31.	Brackla Harriers	92
131.	Terry Vaughan	2:42:14	m	Mens Masters 40+	62.	Parc Bryn Bach RC	185
132.	Vivienne Kavanagh	2:42:30	w	Ladies Masters 35+	32.	3M Gorseinon RC	102
133.	Paul Davies	2:42:48	m	Mens Masters 40+	63.		44
134.	Christopher Pinch	2:43:27	m	Mens Masters 40+	64.		144
135.	Cheryl Tanner	2:44:25	w	Ladies Masters 35+	33.	Run4All	176
136.	Matthew Davey	2:44:25	m	Senior Men	35.		249
137.	Nikki Dowie	2:44:45	w	Ladies Masters 35+	34.	Cornelly Striders	48
138.	Rafal Rozniakowski	2:44:49	m	Senior Men	36.		158
139.	Byron Jones	2:45:48	m	Mens Masters 40+	65.	Dragons Running Club	97
140.	Carolyn Thomas	2:46:05	w	Ladies Masters 35+	35.	Dragons Running Club	180
141.	Wyn Evans	2:46:05	m	Mens Masters 40+	66.	Dragons Running Club	64
142.	Ian Trussler	2:46:22	m	Mens Masters 40+	67.	Chippenham Harriers	184
143.	Helen Griffiths	2:46:28	w	Ladies Masters 35+	36.	Penarth & Dinas Runners	78
144.	Rhianydd Evans	2:47:01	w	Ladies Masters 35+	37.		60
145.	David Williams	2:47:24	m	Senior Men	37.		194
146.	Libby Lavis	2:47:32	w	Ladies Masters 35+	38.	Brackla Harriers	108
147.	Alison Allen	2:47:45	w	Ladies Masters 35+	39.	Cornelly Striders	2
148.	John Sanderson	2:47:54	m	Mens Masters 40+	68.	3M Gorseinon RC	161
149.	Robert Flanagan	2:48:22	m	Mens Masters 40+	69.	Pontypridd Roadents AC	67
150.	Sergio Mudrak	2:48:31	m	Mens Masters 40+	70.	Chippenham Harriers	128
151.	Catherine Dawber	2:48:31	w	Ladies Masters 35+	40.	Chippenham Harriers	217
152.	Alison Holton	2:49:24	w	Ladies Masters 35+	41.	Parc Bryn Bach RC	213
153.	Colin Moyle	2:49:54	m	Mens Masters 40+	71.		226

Position	Name	Time	Gender	Age Category	Age Category Rank	Club	Race No.
154.	Claire Sullivan	2:50:41	w		1.	Parc Bryn Bach RC	209
155.	Greg Allen	2:50:41	m	Mens Masters 40+	72.	Cornelly Striders	3
156.	Richard Lowcock James	2:50:49	m	Mens Masters 40+	73.	Ogmore Phoenix Runners	117
157.	Raven Timms	2:50:51	w	Ladies Masters 35+	42.	Lliswerry Runners	230
158.	Bobbie Swift	2:50:53	w	Ladies Masters 35+	43.	Parc Bryn Bach RC	208
159.	Gwyn Palfrey	2:50:53	m	Mens Masters 40+	74.	Parc Bryn Bach RC	211
160.	Alex Ford	2:51:03	m	Mens Masters 40+	75.	Brackla Harriers	68
161.	Bridget Woodward	2:51:04	w	Ladies Masters 35+	44.	Brecon AC	205
162.	John Williams	2:51:35	m	Senior Men	38.	Merthyr RC	198
163.	Fiona Owen	2:52:13	w	Ladies Masters 35+	45.	Eryri Harriers	239
164.	Hugh Morgan	2:52:13	m	Mens Masters 40+	76.	Eryri Harriers	240
165.	John Kiernan	2:52:59	m	Mens Masters 40+	77.		242
166.	Deborah Evans	2:53:15	w	Ladies Masters 35+	46.	Dragons Running Club	55
167.	Simon Jones	2:53:25	m	Mens Masters 40+	78.	Aberdare AAC	101
168.	Helen Little	2:54:45	w	Ladies Masters 35+	47.	Caerphilly Triers	115
169.	Chris Evans	2:54:56	m	Mens Masters 40+	79.		54
170.	Iwan Dowie	2:55:22	m	Mens Masters 40+	80.	Cornelly Striders	47
171.	Emma McRae	2:55:40	w	Senior Ladies	5.		124
172.	Sam Bowen	2:55:41	w	Senior Ladies	6.	Run4All	13
173.	Debbie Jones	2:56:42	w	Ladies Masters 35+	48.	Merthyr RC	98
174.	Hannah Withers	2:56:48	w	Ladies Masters 35+	49.	San Domenico RC	204
175.	Deborah Otley	2:57:08	w	Ladies Masters 35+	50.	Roberttown Road Runners	135
176.	John Payne	2:57:29	m	Mens Masters 40+	81.	Les Croupiers RC	136
177.	Carol Smith	2:58:26	w	Ladies Masters 35+	51.		169
178.	Julie Toy	2:59:20	w	Ladies Masters 35+	52.	Merthyr RC	183
179.	Melanie Jenkins	2:59:20	w	Ladies Masters 35+	53.		90
180.	Rich Skyrme	2:59:22	m	Mens Masters 40+	82.		168
181.	Chris Jones	3:00:06	m	Senior Men	39.	3M Gorseinon RC	189
182.	Gavin Shivers	3:00:19	m	Senior Men	40.		166
183.	Rebecca Cox	3:00:19	w	Senior Ladies	7.	Les Croupiers RC	32
184.	Nicola Davies	3:00:34	w	Ladies Masters 35+	54.	White Rock Runners	42



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185.	Alun Jones	3:00:38	m	Mens Masters 40+	83.	Run4All	95
186.	Vicky Stroud	3:01:20	w	Ladies Masters 35+	55.		175
187.	Stewart Harding	3:02:15	m	Senior Men	41.		81
188.	Andrew Lewis	3:02:32	m	Mens Masters 40+	84.		110
189.	Katie Healey	3:02:47	w	Senior Ladies	8.	CDF Runners	82
190.	Kath Jervis	3:02:52	w	Ladies Masters 35+	56.	Parc Bryn Bach RC	91
191.	Julie Smith	3:03:42	w	Ladies Masters 35+	57.	Merthyr RC	170
192.	Ceri East	3:03:42	w	Ladies Masters 35+	58.	Merthyr RC	50
193.	Karen Bracegirdle	3:03:43	w	Ladies Masters 35+	59.	Merthyr RC	16
194.	Anne-Marie Montoto	3:03:44	w	Ladies Masters 35+	60.	Merthyr RC	127
195.	Jennifer Pope	3:04:05	w	Senior Ladies	9.		146
196.	Emily Gabrielsen	3:04:11	w	Ladies Masters 35+	61.	Pencoed Panthers	73
197.	Steven Phillips	3:06:15	m	Mens Masters 40+	85.	Islwyn RC	143
198.	Matthew Taylour	3:06:17	m	Senior Men	42.	Islwyn RC	178
199.	Brenda Avery	3:08:53	w	Ladies Masters 35+	62.	Chepstow Harriers	235
200.	Adrienne Powell	3:09:34	w	Senior Ladies	10.		147
201.	Kathleen Evans	3:09:53	w	Ladies Masters 35+	63.	Brackla Harriers	58
202.	Marcin Yozwicki	3:09:54	m	Senior Men	43.		207
203.	Jeff Davies	3:12:42	m	Mens Masters 40+	86.		39
204.	Emma Chivers	3:12:43	w	Ladies Masters 35+	64.		28
205.	Neil Cunningham	3:13:56	m		1.		245
206.	Carolyn Windos	3:14:05	w	Ladies Masters 35+	65.	Cornelly Striders	202
207.	Georgina Fraser	3:14:05	w	Ladies Masters 35+	66.	Cornelly Striders	72
208.	Joanne Burchell	3:16:14	w	Ladies Masters 35+	67.		21
209.	Sian Wadham	3:18:25	w	Ladies Masters 35+	68.	Port Talbot Harriers	187
210.	Myfanwy Beaumont	3:18:36	w	Senior Ladies	11.		10
211.	Lloyd Hughes	3:19:39	m		2.	Caerleon RC	241
212.	Julie Lewis	3:19:49	w	Ladies Masters 35+	69.	Islwyn RC	112
213.	Laura Chapple	3:19:57	w	Ladies Masters 35+	70.	Run4All	27
214.	Graham Vyner	3:19:57	m	Mens Masters 40+	87.	Run4All	186
215.	Carys Davies	3:20:29	w	Senior Ladies	12.	Dragons Running Club	36

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216.	Nicola Jones	3:20:29	w	Ladies Masters 35+	71.	Dragons Running Club	99
217.	Brenda Evans	3:20:39	w	Ladies Masters 35+	72.	Pontypridd Roadents AC	52
218.	Louise Phillips	3:20:39	w	Ladies Masters 35+	73.	Pontypridd Roadents AC	142
219.	Kay Mack	3:24:24	w	Ladies Masters 35+	74.		120
220.	Ian Lewis	3:25:04	m	Mens Masters 40+	88.	Ogmore Phoenix Runners	111
221.	Hannah Phillips	3:27:29	w	Senior Ladies	13.		141
222.	Tricia Curtis	3:28:15	w	Ladies Masters 35+	75.		34
223.	Sian Wigley	3:28:16	w	Ladies Masters 35+	76.	Dragons Running Club	193
224.	Andrea Jones	3:28:19	w	Ladies Masters 35+	77.	Dragons Running Club	96
225.	Teresa Jeffries-Callaghan	3:29:19	w	Ladies Masters 35+	78.	Dragons Running Club	89
226.	Stephen New	3:34:28	m	Mens Masters 40+	89.	Caerphilly Runners	130
227.	Adrian Pearce	3:34:28	m	Mens Masters 40+	90.		138
228.	Caroline Pearce	3:34:28	w	Ladies Masters 35+	79.		139
229.	Nicola Bromham	3:37:32	w	Ladies Masters 35+	80.	Run4All	19
230.	Helen Cox	3:37:56	w	Ladies Masters 35+	81.	BMF Liverpool	31
231.	Julia Burgess	3:39:00	w	Ladies Masters 35+	82.	Dragons Running Club	22
232.	Huw Davies	3:44:45	m	Mens Masters 40+	91.	Dragons Running Club	38
233.	Mrs Suzanne Luker-Davies	3:44:46	w	Ladies Masters 35+	83.	Dragons Running Club	118
234.	Adrian Harford	3:45:17	m	Mens Masters 40+	92.	Dragons	247
235.	Karen Smith	3:45:59	w	Ladies Masters 35+	84.		171
236.	Joanne Dendle	3:48:41	w	Ladies Masters 35+	85.	Pontypridd Roadents AC	45
237.	Mair Johnson	3:57:18	w	Senior Ladies	14.	Pontypridd Roadents AC	94
238.	Cathy Gould	4:04:59	w	Ladies Masters 35+	86.	Caerphilly Runners	76
239.	Nicola Roylance	4:05:02	w	Ladies Masters 35+	87.	Caerphilly Runners	83
240.	Rhiannon Jones	4:41:44	w	Senior Ladies	15.		214
241.	Sian Jones	4:41:44	w	Ladies Masters 35+	88.		215

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