

Wentwood Woodlark - sponsored by Coates Physio

Earlswood Village: 8M

Sunday 11-Sep-16 at 11:00

Organised by: Chepstow Harriers

Race Results

Pos	Bib	Name	Cat	Gender	Club	Time	Gender Pos	Cat Pos
1	204	Felix McGRATH	Senior Men	M	Westbury Harriers	52:44	1	1
2	214	Richie JOHNSON	MV40	M	Pont-y-pwl And District Runners	58:20	2	1
3	141	Sam RYALL	MV40	M	Pontypridd Roadents Ac	59:19	3	2
4	135	Ioan WILLIAMS	Senior Men	M	Vegan Runners	01:00:00	4	2
5	172	Mark PONSFORD	Senior Men	M	Mdc	01:01:22	5	3
6	145	Mark BURLEY	Senior Men	M	Mdc	01:01:40	6	4
7	116	Alex TUCK	Senior Men	M	Chepstow Harriers	01:03:41	7	5
8	147	Ross WALKER	Senior Men	M	Chepstow Harriers	01:04:07	8	6
9	168	Barry DAVIES	MV40	M	Monross Trailblazers	01:04:38	9	3
10	207	Damian WILLIAMS	MV50	M	Parc Bryn Bach Rc	01:05:19	10	1
11	196	John DALLIMORE	Senior Men	M	Mdc	01:05:44	11	7
12	140	Rhys J WILLIAMS	MV40	M	Mdc	01:05:50	12	4
13	193	Matthew LAWSON	MV45	M	Chepstow Harriers	01:06:16	13	1
14	127	James PEARCE	MV40	M	Llisbury Runners	01:06:26	14	5
15	165	Richard CRANSWICK	MV45	M	Idiots Running Club	01:07:06	15	2
16	128	Phil BOORMAN	MV45	M	Llisbury Runners	01:07:22	16	3
17	137	Richard HUGHES	Senior Men	M	Caerleon Running Club	01:07:57	17	8
18	173	Clare DALLIMORE	Senior Ladies	F	Mdc	01:08:47	1	1
19	129	Robert HOOK	MV50	M	Chepstow Harriers	01:09:00	18	2
20	216	Mark EVANS	Senior Men	M	Les Croupiers Rc	01:09:06	19	9
21	136	Dickie HUDD	MV45	M	Chepstow Harriers	01:09:10	20	4
22	192	Georgie PRIOR	Senior Ladies	F	Chepstow Harriers	01:09:18	2	2
23	171	David HARNESS	MV40	M	San Domenico Rc	01:09:45	21	6
24	169	Sandra CHIPPER	FV40	F	Llisbury Runners	01:10:04	3	1
25	213	Paul DONOVAN	MV45	M	Pont-y-pwl And District Runners	01:10:30	22	5
26	126	Stephen OWEN	MV60	M	Chepstow Harriers	01:11:20	23	1
27	157	Dimitri VORRES	MV50	M	Pont-y-pwl And District Runners	01:11:30	24	3
28	162	Phillip MILES	MV60	M	Parc Bryn Bach Rc	01:11:42	25	2
29	194	Andy CREBER	MV55	M	Chepstow Harriers	01:12:09	26	1
30	133	Lisa JEFFREY	FV45	F	Chepstow Harriers	01:12:13	4	1
31	182	Simon MERRICK	MV50	M	Unattached	01:12:20	27	4
32	152	Darren SHARE	Senior Men	M	Unattached	01:12:24	28	10
33	107	Simon PONTING	Senior Men	M	Unattached	01:12:42	29	11
34	208	Michael SKYRME	MV45	M	Fairwater Runners	01:13:11	30	6
35	148	Laura CRONK	Senior Ladies	F	Pontypridd Roadents Ac	01:13:18	5	3
36	170	Kevin RUSSELL	MV55	M	Llisbury Runners	01:13:31	31	2
37	160	James FLETCHER	MV50	M	Monross Trailblazers	01:13:41	32	5
38	134	Bob WATSON	MV45	M	Llisbury Runners	01:14:25	33	7
39	186	Vasco BARRETO	MV40	M	Unattached	01:14:57	34	7
40	125	Jonathan HANCOCK	MV55	M	Usk Runners	01:15:14	35	3
41	189	Judith OAKLEY	FV50	F	Vegan Runners	01:16:16	6	1
42	206	Howard MASON	MV50	M	Caerleon Running Club	01:16:48	36	6
43	209	Lee BROWNING	MV40	M	Unattached	01:17:23	37	8

44	191	Paula WILLIAMS	FV45	F	Caerleon Running Club	01:17:40	7	2
45	144	Richard NEWHOUSE	MV45	M	Chepstow Harriers	01:18:15	38	8
46	174	Simon PETERSON	MV45	M	Islwyn Rc	01:18:43	39	9
47	198	Mike HARRIS	MV60	M	Westbury Harriers	01:19:21	40	3
48	150	Justin POCKNELL	MV45	M	Caerleon Running Club	01:19:25	41	10
49	104	Terry VAUGHAN	MV40	M	Parc Bryn Bach Rc	01:19:57	42	9
50	167	Mark SCRIVENS	MV40	M	Monross Trailblazers	01:21:15	43	10
51	131	Rachel HIPKISS	Senior Ladies	F	Chepstow Harriers	01:21:25	8	4
52	130	Marina WRIGHT	Senior Ladies	F	Llswerry Runners	01:22:30	9	5
53	154	Joc DODD	FV60	F	Chepstow Harriers	01:22:33	10	1
54	163	Robert TUDHOPE	MV40	M	Llswerry Runners	01:22:41	44	11
55	151	Robert PRITCHARD	Senior Men	M	Monross Trailblazers	01:23:13	45	12
56	202	Gary GUNNER	MV65+	M	Croft Ambrey	01:23:30	46	1
57	195	Caroline DALLIMORE	FV60	F	Mdc	01:23:39	11	2
58	217	Sarah FRANCIS	FV40	F	Llswerry Runners	01:24:26	12	2
59	215	Kim INGLEBY	Senior Ladies	F	Westbury Harriers	01:24:30	13	6
60	101	Peter SHORT	MV60	M	Forest Of Dean Ac	01:24:41	47	4
61	188	Yvonne BROWN	FV55	F	Vegetarian Athletics And Cycling Club	01:24:46	14	1
62	187	Joanna WISNIEWSKA-BARRETT	Senior Ladies	F	Unattached	01:25:12	15	7
63	149	Michael JONES	MV45	M	Unattached	01:25:23	48	11
64	110	Gayle SHEPPARD	FV40	F	Llswerry Runners	01:25:39	16	3
65	175	Mooch WILLIAMS	Senior Ladies	F	Chepstow Harriers	01:26:05	17	8
66	200	Eve GALLOP-EVANS	FV50	F	Les Croupiers Rc	01:26:44	18	2
67	124	Christine FARR	FV40	F	Swoc	01:27:06	19	4
68	132	Thomas JONES	Senior Men	M	Spirit Of Monmouth Rc	01:28:41	49	13
69	164	Jacqui TUDHOPE	FV40	F	Llswerry Runners	01:28:53	20	5
70	123	Darren HARDWELL	MV40	M	Unattached	01:29:42	50	12
71	146	Jen Danger HARDING	Senior Ladies	F	Chepstow Harriers	01:30:00	21	9
72	166	Steve SHEARS	MV40	M	Unattached	01:30:38	51	13
73	181	Gareth BOON	MV50	M	Unattached	01:31:48	52	7
74	119	Sian KNIGHT	FV55	F	Unattached	01:32:23	22	2
75	117	Caroline BASSETT	Senior Ladies	F	Pegasus Rc	01:32:24	23	10
76	139	Rachel KENNEDY	FV45	F	Llswerry Runners	01:32:38	24	3
77	121	Elinor PHILLIPS	Senior Ladies	F	Llswerry Runners	01:32:39	25	11
78	199	Louise CROCKETT	FV50	F	Chepstow Harriers	01:34:21	26	3
79	109	Kristian SINCLAIR	Senior Men	M	Llswerry Runners	01:36:01	53	14
80	143	Sophie GOTT	FV40	F	Hendre Lake Running Club	01:36:12	27	6
81	106	Ceri JENKINS	FV40	F	Llswerry Runners	01:40:53	28	7
82	122	Lisa BATEMAN	FV45	F	Llswerry Runners	01:42:13	29	4
83	108	Andrew PAUL	MV60	M	Unattached	01:43:55	54	5
84	118	Anne JENNER	FV55	F	Chepstow Harriers	01:45:05	30	3
85	158	Jane BAYLISS	FV60	F	Chepstow Harriers	01:45:06	31	3
86	114	Louise QUATERMASS	Senior Ladies	F	Llswerry Runners	01:45:55	32	12
87	161	Vikki CARTER	Senior Ladies	F	Unattached	01:46:32	33	13
88	190	Zoe ELVER	FV45	F	Pont-y-pwl And District Runners	01:47:25	34	5
89	102	Robert WOOD	MV45	M	Unattached	01:48:06	55	12
90	203	Gareth BARRINSTON	MV40	M	Llswerry Runners	01:48:22	56	14
91	159	Geoffrey BAYLISS	MV65+	M	Chepstow Harriers	01:48:51	57	2
92	156	Christine VORRES	FV55	F	Pont-y-pwl And District Runners	01:49:07	35	4
93	176	Desmond JONES	MV40	M	Llswerry Runners	01:50:37	58	15
94	113	Nick JACKSON	MV50	M	Llswerry Runners	01:51:42	59	8

95	153	Melanie SENIOR	F V45	F	Islwyn Rc	01:52:32	36	6
96	138	Denise HADIGATE	F V40	F	Islwyn Rc	01:52:33	37	8
97	211	Emma BAINES	F V40	F	Pont-y-pwl And District Runners	01:54:24	38	9
98	212	Nadine DONOVAN	F V40	F	Pont-y-pwl And District Runners	01:54:32	39	10
99	218	Jennifer PEREGRINE	F V45	F	Chepstow Harriers	01:55:25	40	7
100	210	Kay MORGAN	S enior Ladies	F	Pont-y-pwl And District Runners	01:55:34	41	14
101	111	Lesley PYMM	F V60	F	Bournville Harriers	01:55:45	42	4
102	103	Mike KIND	M V65+	M	Nailsea Rc	01:57:38	60	3
103	201	Gwyn HOWELLS	F V65+	F	Caerleon Running Club	02:05:36	43	1
104	205	Aisling MORGAN	S enior Ladies	F	Caerleon Running Club	02:05:38	44	15
105	183	Gemma RASHLEY	S enior Ladies	F	Unattached	02:08:48	45	16