

# 2016 San Domenico 20 Miler - Sunday 20th March 2016

## Finisher List

Position	Name	Time	Gender	Age Category	Club	Race Number
<b>2016 San Domenico 20 Miler</b>						
1.	Daniel Bodman	2:01:15.8	m	Senior Men	Aberdare VAAC	565
2.	Matthew Rees	2:02:18.8	m	Senior Men	Swansea Harriers	542
3.	Simon Lewis	2:05:45.7	m	Mens Masters 35-44	Aberdare Vaac	553
4.	Ken Caulkett	2:07:05.4	m	Mens Masters 35-44	Sarn Helen	330
5.	Steven Flowers	2:09:19.4	m	Senior Men	Wye Valley Runners	375
6.	Matt Hurford	2:09:45.8	m	Mens Masters 35-44	Les Croupiers RC	556
7.	Nathan Brickman	2:12:37.9	m	Senior Men	Belper Harriers	318
8.	Robin Phillips	2:13:01.3	m	Mens Masters 35-44	Westbury Harriers	539
9.	Paul Horsfall	2:15:13.8	m	Mens Masters 35-44	Cheltenham Harriers	408
10.	Gary Herring	2:16:29.0	m	Senior Men		402
11.	Laurenece Pole	2:17:26.3	m	Mens Masters 35-44	Pontypridd Roadents AC	546
12.	Craig Fowler	2:17:49.7	m	Mens Masters 45-54	Bridgend AC	381
13.	Tim Lewis	2:18:00.0	m	Senior Men	Les Croupiers RC	444
14.	Brian Robb	2:18:31.3	m	Senior Men	Bitton Road Runners	548
15.	Simon Lewis	2:18:36.9	m	Mens Masters 45-54	Parc Bryn Bach RC	445
16.	Ben Butler-Madden	2:19:24.7	m	Senior Men	Penarth & Dinas Runners	322
17.	Frank Checchia	2:22:50.8	m	Mens Masters 45-54	Chippenham Harriers	334
18.	Dan Jendrissek	2:22:58.1	m	Mens Masters 35-44		417
19.	Duncan Manning	2:23:03.4	m	Senior Men	Portishead Running Club	551
20.	Neil Reynolds	2:24:06.1	m	Mens Masters 35-44		495
21.	Jeffrey Cox	2:24:07.0	m	Mens Masters 45-54	Les Croupiers RC	549
22.	Giacomo Squintani	2:24:33.2	m	Mens Masters 35-44	Totley AC	555
23.	James Kershaw-Naylor	2:25:40.7	m	Senior Men		436
24.	Anthony Cullinane	2:26:01.9	m	Mens Masters 35-44		342
25.	Robin Lomax	2:26:05.9	m	Senior Men		449
26.	Andrew Brasington	2:26:33.6	m	Mens Masters 45-54	Ebbw Vale Running Club	317
27.	Tom Henry	2:26:43.9	m	Senior Men	Lliswerry Runners	401
28.	Bethan Fowler	2:27:08.5	w	Ladies Masters 35-44		382
29.	Gareth Ahearne	2:27:24.9	m	Mens Masters 35-44		561
30.	Shane Roberts	2:28:05.0	m	Mens Masters 35-44	Parc Bryn Bach RC	496
31.	Gavin Crimmings	2:28:42.1	m	Mens Masters 35-44	Aberdare VAAC	340
32.	Jamie Clode	2:29:03.8	m	Senior Men	Bridgend AC	335

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33.	Martin Ingleson	2:29:48.7	m	Mens Masters 45-54	RAFAA	413
34.	Dean Godsall	2:33:44.8	m	Mens Masters 35-44		386
35.	Simon Faulkner	2:35:02.7	m	Mens Masters 45-54	Portishead Running Club	371
36.	Kneath Philippart	2:35:39.9	m	Mens Masters 55-64	Swansea Harriers	477
37.	Kristie O'Connell	2:35:48.9	w	Senior Ladies	Pontypridd Roadents AC	467
38.	Janet Holmes	2:36:50.1	w	Senior Ladies	Les Croupiers RC	405
39.	Richard Holmes	2:37:11.8	m	Senior Men	Les Croupiers RC	406
40.	Colin Wilmott	2:38:39.2	m	Mens Masters 55-64	Griffithstown Harriers	536
41.	Alex Williams	2:39:04.2	m	Mens Masters 45-54	Port Talbot Harriers	530
42.	Mike Gwynne	2:39:22.3	m	Mens Masters 45-54	Pontypridd Roadents AC	394
43.	Robert Ahearne	2:39:32.3	m	Senior Men		560
44.	Ceri-Ann Davies	2:39:35.0	w	Ladies Masters 45-54	Pontypridd Roadents AC	409
45.	Dafydd Davies	2:39:35.2	m	Mens Masters 35-44	Outdoor Fitness	354
46.	Dave Holloway	2:39:58.2	m	Senior Men	Caldicot Running Club	404
47.	Mark Dunscombe	2:40:10.9	m	Mens Masters 45-54	aberdare vaac	552
48.	Bleddyn Jones	2:41:06.7	m	Mens Masters 35-44	Lliswerry Runners	428
49.	Sean Haddock	2:41:06.7	m	Mens Masters 35-44		395
50.	Paul Foster	2:41:36.9	m	Senior Men	Vegan Runners UK	380
51.	David Thomas	2:41:38.8	m	Mens Masters 45-54	Sarn Helen Running Club	514
52.	Paul Charles	2:41:46.8	m	Mens Masters 55-64	Pegasus R.C.	333
53.	Nigel Jones	2:41:52.8	m	Mens Masters 55-64		562
54.	Bernadette Jones	2:42:26.4	w	Ladies Masters 45-54	Pontypridd Roadents AC	423
55.	Mark Owen	2:43:19.6	m	Mens Masters 35-44		470
56.	Jamie Lewis	2:43:46.7	m	Senior Men	Cardiff Archers	442
57.	Keith Jeffrey Langley	2:45:13.3	m	Mens Masters 55-64	Pont-y-pwl & district runners	547
58.	Aine Kenny	2:45:24.8	w	Senior Ladies	Les Croupiers RC	435
59.	Charles Stevenson	2:45:33.7	m	Senior Men	Rhondda Valley Runners	507
60.	Damian Waite	2:46:15.0	m	Mens Masters 35-44	Caldicot Running Club	518
61.	Gary Webber	2:46:29.1	m	Mens Masters 45-54	Rvr	526
62.	Jan Edwards	2:46:37.2	w	Ladies Masters 45-54	Pontypridd Roadents AC	367
63.	Andrew Jones	2:46:41.5	m	Senior Men	Penarth & Dinas Runners	425
64.	Clive Denton	2:46:43.8	m	Mens Masters 45-54	RHONDDA VALLEY RUNNERS	359
65.	Andrew Bowen	2:46:46.5	m	Mens Masters 35-44		316
66.	Chris Ryan	2:47:20.7	m	Mens Masters 45-54		500

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67.	Amy Edwards	2:47:35.0	w	Senior Ladies	Rhondda Valley Runners	365
68.	Russ Wareham	2:47:47.6	m	Mens Masters 35-44	Islwyn	520
69.	Alan Buxton	2:48:03.2	m	Mens Masters 45-54	Serpentine Running Club	323
70.	Nina Davies	2:48:13.3	w	Ladies Masters 35-44	Bridgend AC	352
71.	Mark Bloomfield	2:48:43.1	m	Mens Masters 35-44		314
72.	Desmond Green	2:49:13.6	m	Mens Masters 45-54		389
73.	Carl Edwards	2:49:40.4	m	Mens Masters 45-54	Pontypridd Roadents AC	366
74.	Ruth Owens	2:50:23.4	w	Ladies Masters 35-44	Penarth and dinas	471
75.	Jamie-Lee Downes	2:50:39.2	w	Senior Ladies	The Dragons Running Club	364
76.	Daniel Morgn	2:51:03.1	m	Mens Masters 35-44	Bridgend AC	463
77.	Christopher Panes	2:51:11.5	m	Mens Masters 45-54		472
78.	Andrew Gunter	2:51:30.8	m	Senior Men	Merthyr Running Club	392
79.	Laurence Jones	2:51:58.4	m	Senior Men		422
80.	Anna Gilmour	2:52:05.2	w	Ladies Masters 35-44		384
81.	Paul Harris	2:52:35.6	m	Mens Masters 35-44		400
82.	Kathryn Manley	2:52:39.0	w	Senior Ladies	Lliswerry Runners	454
83.	Heidi Thomas	2:52:46.5	w	Senior Ladies		564
84.	Neil Fitzgerald	2:53:11.9	m	Mens Masters 45-54	Pontypridd Roadents AC	374
85.	Richard Steele Steele	2:53:47.5	m	Mens Masters 35-44	Brackla Harriers	550
86.	Gerard Crispie	2:54:22.4	m	Mens Masters 45-54	Les Croupiers RC	563
87.	Nicola Smith	2:54:24.2	w	Ladies Masters 35-44	Headington Road Runners	504
88.	Kelly Felstead	2:54:47.8	w	Ladies Masters 35-44	Islwyn RC	373
89.	Andrew Pipien	2:54:49.6	m	Mens Masters 45-54		483
90.	Abby Forster	2:54:58.5	w	Senior Ladies		379
91.	Paula Williams	2:55:09.9	w	Ladies Masters 45-54	Caerleon Running Club	533
92.	Jennifer O'Brien	2:55:34.6	w	Senior Ladies	Brackla Harriers	465
93.	Steve Penny	2:55:56.2	m	Mens Masters 45-54	Vegan Runners UK	476
94.	Scott Burnell	2:56:40.3	m	Mens Masters 35-44		321
95.	Ian Thorne	2:56:46.3	m	Mens Masters 45-54	Pegasus R.C.	515
96.	Christopher Nellins	2:57:08.9	m	Mens Masters 55-64	Penarth & Dinas Runners	464
97.	Andy Beechey	2:57:22.5	m	Mens Masters 35-44		398
98.	Abigail Harradine	2:57:22.7	w	Ladies Masters 35-44		399
99.	Laura Davies	2:57:51.2	w	Senior Ladies	The Dragons Running Club	350
100.	Cerys John	2:58:35.2	w	Senior Ladies		419

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101.	Matthew Vivers	2:58:47.9	m	Senior Men		544
102.	Christopher Phillips	2:58:48.3	m	Senior Men		480
103.	Michelle Flynn	2:58:55.5	w	Senior Ladies	White Rock Runners	377
104.	Beth Collins	2:58:55.5	w	Senior Ladies	White Rock Runners	541
105.	Maria Zubizarreta	2:59:25.1	w	Ladies Masters 45-54	Les Croupiers RC	538
106.	Geraint Flye	2:59:25.1	m	Senior Men		376
107.	Libby Bohemen	2:59:25.2	w	Ladies Masters 45-54	Les Croupiers RC	315
108.	Andrea Williams	2:59:52.6	w	Ladies Masters 35-44	port talbot harriers	534
109.	Will Windell	2:59:57.0	m	Senior Men		537
110.	Davide Morelli	3:00:17.9	m	Senior Men	San Domenico RC	461
111.	Peter Lewis	3:00:33.7	m	Mens Masters 35-44		441
112.	Stephen Quin	3:01:36.2	m	Mens Masters 35-44	Les Croupiers RC	489
113.	Katie Fox	3:02:44.3	w	Senior Ladies	Caerphilly Runners	383
114.	Mark Pedler	3:03:21.9	m	Senior Men	Cornelly Striders	475
115.	Lee Sutherland	3:03:26.7	m	Mens Masters 35-44	Bridgend AC	510
116.	John Pryer	3:04:55.5	m	Mens Masters 45-54	White Rock Runners	486
117.	Howard Attwood	3:05:17.9	m	Mens Masters 65+	Llswerry Runners	304
118.	Andrew Kettley	3:05:56.1	m	Mens Masters 35-44	Rhondda valley runners	437
119.	John Sanderson	3:06:14.4	m	Mens Masters 55-64	3M Gorseinon Road Runners	502
120.	Ryan Organ	3:06:45.7	m	Senior Men		469
121.	Nathan Dee	3:06:46.4	m	Senior Men	Pegasus Running Club	358
122.	Donna James	3:07:37.7	w	Ladies Masters 55-64	islwyn RC	416
123.	Lindsey Hunt	3:07:49.1	w	Senior Ladies	Penarth & Dinas Runners	411
124.	Rhys Doolan	3:08:36.6	m	Senior Men	Griffithstown Harriers	543
125.	Catherine Reen	3:09:14.6	w	Ladies Masters 45-54		491
126.	Ruth Treharne	3:09:16.7	w	Ladies Masters 45-54	Islwyn	517
127.	Michael Thomas	3:09:42.9	m	Mens Masters 45-54		513
128.	Kelly Gipson	3:10:01.9	w	Ladies Masters 45-54		385
129.	Alexandra Jordan	3:10:16.4	w	Senior Ladies		434
130.	Katy Luff	3:10:34.8	w	Ladies Masters 35-44	Caldicot	452
131.	Jamie Evans	3:10:48.0	m	Mens Masters 35-44	Kingswood Tri	369
132.	Sophie Charles	3:11:18.2	w	Senior Ladies	Brackla Harriers	332
133.	Rich Skyrme	3:12:04.3	m	Mens Masters 35-44		503
134.	Joanne Ryan	3:12:32.5	w	Ladies Masters 35-44	Rhondda Valley Runners	499

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Position	Name	Time	Gender	Age Category	Club	Race Number
135.	Andy Davies	3:13:06.7	m	Mens Masters 45-54	Pontypridd Roadents AC	387
136.	Stuart Dolbel	3:13:42.6	m	Mens Masters 45-54	caldicot running club	362
137.	Loretta Daley	3:14:19.1	w	Ladies Masters 45-54	Les Croupiers RC	345
138.	Emma Davidson	3:14:47.7	w	Senior Ladies		346
139.	Amber Jordan	3:14:51.9	w	Senior Ladies		433
140.	Kieran Matthews	3:15:11.4	m	Senior Men	Rhondda valley runners	457
141.	Matthew Eley	3:16:40.5	m	Senior Men	Run 4 all neath	368
142.	Yvonne Williams	3:16:41.4	w	Ladies Masters 55-64	Penarth & Dinas Runners	531
143.	Katie Jones	3:16:50.3	w	Ladies Masters 35-44	Caldicot Running Club	426
144.	Cheryl Davies	3:17:28.9	w	Ladies Masters 45-54	Sospan Road Runners	356
145.	Darren Ball	3:17:33.4	m	Mens Masters 35-44		306
146.	Lisa Bateman	3:18:09.3	w	Ladies Masters 45-54	Lliswerry Runners	558
147.	Ceri Donovan	3:18:09.3	w	Ladies Masters 45-54	LLiswerry Runners	363
148.	Emma Spuffard	3:18:19.3	w	Ladies Masters 35-44	Caldicot running club	505
149.	Terri Lucas	3:18:21.7	w	Senior Ladies	Run for all	451
150.	Alex-Marie Llewellyn	3:19:03.1	w	Senior Ladies	Caldicot Running Club	446
151.	Colin Johns	3:19:15.6	m	Mens Masters 45-54		420
152.	Shona Watt	3:21:19.6	w	Ladies Masters 35-44	Run JB	524
153.	Sara Morgan	3:21:28.8	w	Ladies Masters 35-44	Village Vipers	462
154.	Karen Chadwell	3:21:29.9	w	Ladies Masters 45-54	Les Croupiers RC	331
155.	Richard Collier	3:21:31.8	m	Senior Men		337
156.	Leah Jones	3:22:08.6	w	Senior Ladies		429
157.	Iain Wear	3:22:34.2	m	Mens Masters 35-44	Slinn Allstars	525
158.	Gareth Key	3:22:37.1	m	Senior Men	Nike+ Run Club Cardiff	438
159.	Lee Harding	3:22:38.4	m	Mens Masters 35-44	White Rock Runners	397
160.	Cameron Large	3:22:49.1	m	Mens Masters 45-54	Penarth & Dinas Runners	439
161.	Anne Follan	3:23:25.1	w	Ladies Masters 45-54		378
162.	Rachel Dawkes	3:25:10.8	w	Senior Ladies	Caerphilly Runners	357
163.	Tim Monckton	3:26:16.5	m	Senior Men	Penarth & Dinas Runners	460
164.	Brian Ahearne	3:28:04.8	m	Mens Masters 55-64		559
165.	Alan Mann	3:28:22.3	m	Mens Masters 55-64	Les Croupiers RC	456
166.	Huw Phillips	3:28:26.1	m	Mens Masters 35-44	Cardiff AAC	478
167.	Lauren Piercy	3:30:09.7	w	Senior Ladies	3M Gorseinon Road Runners	481
168.	Elaine Sutherland	3:30:12.7	w	Ladies Masters 35-44		509

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Position	Name	Time	Gender	Age Category	Club	Race Number
169.	Karl Bishop	3:30:18.7	m	Mens Masters 55-64	Pontypool and District	313
170.	Fiona Campbell	3:31:05.3	w	Ladies Masters 35-44	Pontypridd Roadents AC	326
171.	Sarah Holmes	3:31:08.4	w	Senior Ladies		407
172.	Richard Mann	3:31:57.4	m	Senior Men		455
173.	Manda Cunningham	3:32:36.4	w	Ladies Masters 45-54	Run JB	343
174.	Simon Caddy	3:32:42.5	m	Senior Men	Pontypridd Roadents AC	325
175.	Phil Allen	3:33:16.1	m	Mens Masters 55-64	Pegasus R.C.	303
176.	John Payne	3:33:16.1	m	Mens Masters 45-54	Les Croupiers RC	474
177.	Colin Crooks	3:34:27.1	m	Mens Masters 55-64	Pegasus R.C.	341
178.	Carla Hammond	3:34:58.6	w	Senior Ladies		396
179.	Rhianydd Gardiner	3:35:44.9	w	Ladies Masters 35-44		554
180.	Simon Mccann	3:37:33.6	m	Mens Masters 45-54	Village Vipers	458
181.	Adrienne Powell	3:38:20.7	w	Senior Ladies		484
182.	Dawne Meynell-Western	3:38:36.8	w	Ladies Masters 35-44	Rhondda Valley Runners	459
183.	Catherine Llewellyn	3:39:51.5	w	Ladies Masters 45-54	MERTHYR RUNNING CLUB	448
184.	Rachel Beckley	3:40:02.2	w	Ladies Masters 35-44		310
185.	Catherine Adams	3:41:26.1	w	Ladies Masters 35-44		302
186.	Mark Batten	3:41:26.1	m	Mens Masters 45-54		308
187.	Debbie Evans	3:41:29.0	w	Ladies Masters 35-44	Kingswood Tri	370
188.	Jennifer Green	3:41:29.2	w	Ladies Masters 45-54		388
189.	Tricia Curtis	3:42:42.7	w	Ladies Masters 35-44	Dragons	344
190.	Nicola Jones	3:42:42.9	w	Ladies Masters 35-44	The Dragons Running Club	421
191.	Andrea Jones	3:42:42.9	w	Ladies Masters 45-54	The Dragons Running Club	430
192.	Jeremy Lewis	3:42:43.3	m	Mens Masters 35-44	The Dragons Running Club	443
193.	Emma Morris	3:44:28.6	w	Senior Ladies		545
194.	Darren Waters	3:44:57.5	m	Mens Masters 35-44		523
195.	Wendy Rees	3:45:05.9	w	Ladies Masters 45-54	Griffithstown Harriers	493
196.	Charlotte Rees	3:45:06.0	w	Senior Ladies	Griffithstown Harriers	492
197.	Sam Standerwick	3:46:04.4	w	Ladies Masters 35-44	Parc Bryn Bach Running Club	506
198.	Gethin Price	3:46:13.9	m	Senior Men		485
199.	Amanda Thompson	3:46:41.9	w	Ladies Masters 55-64	Les Croupiers RC	540
200.	Rebecca Aylward	3:47:33.4	w	Ladies Masters 45-54		305
201.	Bridgette Griffiths	3:48:59.0	w	Ladies Masters 45-54	Pontypridd Roadents AC	498
202.	Graham Bingham	3:49:00.6	m	Mens Masters 45-54	Pontypridd Roadents AC	312

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203.	Mark Odare	3:52:41.5	m	Mens Masters 45-54	Pontypridd Roadents AC	468
204.	Susan Lazarus	3:53:20.5	w	Ladies Masters 45-54	Women running penarth	440
205.	Helen Hodgson	3:53:20.7	w	Ladies Masters 45-54	Women Running Penarth	403
206.	Hannah Griffiths	3:54:59.0	w	Senior Ladies		390
207.	Caroline Rees	3:55:39.6	w	Ladies Masters 35-44		494
208.	Beth Beeres	3:56:20.3	w	Ladies Masters 35-44	Refail Runners	557
209.	Jules Jones	3:56:59.7	w	Ladies Masters 35-44	PORT TALBOT HARRIERS	431
210.	Helen Warrender	3:58:11.0	w	Ladies Masters 45-54		521
211.	Hannah Warrender	3:58:12.4	w	Senior Ladies		522
212.	Debra Davies	3:59:29.6	w	Ladies Masters 35-44	The Dragons Running Club	349
213.	Jo Gwynne	3:59:49.7	w	Ladies Masters 35-44	Pontypridd Roadents AC	393
214.	Emma Jones	4:00:41.0	w	Ladies Masters 35-44		427
215.	Sarah Jones	4:01:41.5	w	Ladies Masters 45-54	Cornelly striders	424
216.	Helen Welch	4:02:45.6	w	Ladies Masters 35-44	Pontypridd Roadents AC	527
217.	Diane Llewellyn	4:07:12.4	w	Ladies Masters 35-44	The Dragons Running Club	447
218.	Claire Rawle	4:07:12.4	w	Ladies Masters 35-44	The Dragons Running Club	490
219.	Lisa Williams	4:11:36.6	w	Ladies Masters 35-44	Pontypridd Roadents AC	528
220.	Eirian Griffiths	4:11:54.7	w	Senior Ladies		391
221.	Ruth Caddy	4:24:29.5	w	Ladies Masters 45-54	Pontypridd Roadents AC	324
222.	Hayley Pugh	4:26:52.4	w	Ladies Masters 35-44	Pontypridd Roadents AC	488
223.	Emma Hunt	4:27:01.4	w	Senior Ladies	Run JB	412
224.	Sara Kelly	4:42:23.4	w	Ladies Masters 35-44	Pontypridd Roadents AC	487
225.	Laura Pinney	4:54:46.4	w	Ladies Masters 35-44	Pontypridd Roadents AC	482
226.	Ruth Cochran	4:55:58.6	w	Ladies Masters 45-54	Pontypridd Roadents AC	336

Number of finishers: 226

Number of entries: 260