

Finish Pos	Race No	First Name	Last Name	Finish Time
1	22	Deri	Stewart	28.31
2	10	Ben	Bartlett	30.21
3	45	Luc	Bartlett	30.31
4	24	Emyr	Thomas	31.04
5	41	keenan	napper	31.06
6	58	Rhys	Jones	34.11
7	27	Gemma	Roche-clarke	34.21
8	19	Darren	Bishop	34.49
9	66	steven	bridges	35.11
10	59	Richard	Elgar	35.11
11	77	Rhys	Adams	35.56
12	81	Simon	Crowther	36.1
13	84	Chris	Price	36.19
14	8	Ashley	Owen	36.41
15	34	Jake	Brooke-Smith	37.02
16	68	Stuart	Edgar	37.38
17	23	Desmond	Astley	37.59
18	73	Tom	overton	38.41
19	2	Alun	Edwards	38.49
20	64	Simon	Fairclough	38.51
21	91	Laura	Jackson	38.53
22	48	Mathew	Ellis	39.01
23	61	Ruth	Davies	39.18
24	60	Russell	White	39.24
25	86	steven	Howell	39.26
26	52	Nathan	Bevan	39.29
27	33	ian owen	williams	39.47
28	14	Claire	Bunce	39.48
29	79	Julian	Jarvis	40.14
30	32	Huw	Jones	40.26
31	87	Peter	Llewellyn	40.28
32	39	Jonathon	Hatfield	40.38
33	20	David	Parfitt	40.43
34	31	Helen	Colley	41.08
35	1	Adrian	Colley	41.42
36	21	Debbie	Bishop	41.37 Relay
37	78	Joel	Valcic	41.57
38	89	Andrew	Wright	42.16
39	71	Terry	Jones	42.22
40	46	Lucy	Middleton	42.22
41	44	Louise	Miskell	42.26
42	80	Andrew	Bolton	42.27
43	9	Becks	Harris	42.31
44	70	Angharad	Pocock	42.34
45	6	Anouska louise	Beaumont	42.37 Relay
46	74	Tomos	Jones	43.02
47	4	Andrew	Collins	43.31
48	67	Stuart	Davies	44.04
49	47	Mandy	Morris	44.12

50	57 Rhodri	Evans	44.25
51	53 nicholas	pounder	44.45
52	35 James	Owen	44.52
53	11 Bernadette	Wilkinson	45.11
54	75 Zara	Williams	45.13
55	40 Julie	Roche	45.17
56	43 Lorna	Domachowski	48.11
57	42 Linda	Spillane	48.17
58	88 Jack	Davies	48.35
59	17 Cyril	Williams	49.02
60	3 Amy	Bevan	49.36
61	50 Melonie	Senior	51.02
62	18 Daniel	James	51.14
63	5 Andrew	Gilbert	52.42
64	69 Suzanne	williams	53
65	29 Helen	Jones	53.09
66	63 Sian	Hollins	53.52
67	85 Louisa	Addiscott	54.26
68	90 Johan	Klawitter	54.32
69	30 Helen	Griffiths	54.57
70	12 Carwyn	Evans	58.07
DNF	25 Fiona	Evans	
DNF	37 john	hopkins	
Swim Only	15 Clare	Kingdon	
Swim Only	16 Colin	Wallace	
swim only	62 Sarah	Watkins	
swim only	82 Haydn	Osmond	
swim only	83 Lloyd	Evans	