

Offa's Oror - sponsored by Cymru Kitchens

Tintern: 20K

Sunday 24-Apr-16 at 11:00

Organised by: Chepstow Harriers

Race Results: ALL

Pos	Bib	Name	Cat	Gender	Club	Time	Gender Pos	Cat Pos
1	265	Daniel BODMAN		M	Aberdare	1:19:29.29	1	
2	281	Dee BUCHANAN		M	San Domenico Rc	1:27:56.06	2	
3	259	Matt JAMES		M	Hereford Couriers	1:28:33.94	3	
4	139	Rob COWLARD	MV40	M	Thornbury Rc	1:29:39.72	4	1
5	215	Ben ANDERSON	MV40	M	Westbury Harriers	1:30:24.48	5	2
6	173	Andy MOXON	MV40	M	Wye Valley Runners	1:30:46.43	6	3
7	75	James WALTERS		M	Gloucester Ac	1:31:16.27	7	
8	252	Dan SANDFORD	MV40	M	Forest Of Dean Ac	1:31:33.23	8	4
9	203	Joseph SHAW		M	Kings College London	1:31:58.42	9	
10	196	Clare PROSSER	FV40	F	Wells City Harriers	1:32:05.99	1	1
11	206	Mark BURLEY		M	Bristol & West Ac	1:32:42.43	10	
12	144	Dan POTTER		M	Unattached	1:33:46.34	11	
13	257	Tim HINDLE	MV40	M	Brecon Ac	1:34:04.11	12	5
14	237	Andy TAYLOR	MV40	M	Hereford Tri Club	1:34:54.87	13	6
15	50	Matt POWELL	MV40	M	Gloucester Ac	1:35:09.13	14	7
16	250	Mark NELSON	MV40	M	Mynydd Du	1:35:10.60	15	8
17	282	Amy CHALK	FV40	F	Bristol & West Ac	1:35:28.93	2	2
18	216	Lee TAYLOR		M	Unattached	1:35:44.92	16	
19	240	Luke JAMES		M	Monross Trailblazers	1:35:57.32	17	
20	224	John AGGLETON	MV60	M	Mdc	1:36:03.80	18	1
21	89	Phil THOMAS	MV40	M	Wye Valley Runners	1:36:28.62	19	9
22	254	Martyn WINSER		M	Chepstow Harriers	1:37:37.94	20	
23	90	Dave WHITFIELD	MV40	M	Unattached	1:38:30.59	21	10
24	14	Greg GRACE		M	Unattached	1:38:30.97	22	
25	221	Niki MORGAN	FV40	F	Chepstow Harriers	1:38:38.64	3	3
26	23	Gary MILES	MV40	M	Evesham Vale Rc	1:39:04.26	23	11
27	29	Robert PORTER		M	Unattached	1:39:34.44	24	
28	156	Helen BROWN	FV40	F	Forest Of Dean Ac	1:39:42.95	4	4
29	174	Geraint WILLIAMS	MV40	M	Aberdare	1:40:25.75	25	12
30	197	Ceri ROBERTS		M	Gwent Cardiac Rehab	1:40:42.32	26	
31	225	Terry JOWELL	MV50	M	Westbury Harriers	1:41:12.44	27	1
32	202	Gerwyn HARRIS		M	Batrunners	1:41:26.64	28	
33	140	Paul BRUTON	MV40	M	Lliswerry Runners	1:41:50.87	29	13
34	210	Richard CRONIN		M	Lliswerry Runners	1:41:55.91	30	
35	269	Andrew DICKENS	MV40	M	Pont-y-pwl And District Runners	1:42:09.80	31	14
36	248	Gavin BRACE		M	Unattached	1:42:14.39	32	
37	268	Lou SUMMERS	FV40	F	Pont-y-pwl And District Runners	1:42:34.08	5	5
38	241	Mark MATHEWS	MV40	M	Forest Of Dean Ac	1:42:47.70	33	15
39	192	Robert HOOK	MV50	M	Chepstow Harriers	1:42:59.94	34	2
40	176	Phillip BULLOCK	MV40	M	Maldwyn Harriers	1:43:22.50	35	16
41	147	David MULLIN	MV40	M	Mercia Fell Runners	1:43:44.44	36	17
42	155	Amy JONES		F	Bristol Tach	1:43:47.32	6	
43	194	Barry OWEN	MV40	M	Unattached	1:43:58.16	37	18
44	76	Tom STONE		M	Unattached	1:44:16.10	38	
45	85	Gareth LEACH	MV40	M	Unattached	1:44:21.58	39	19
46	24	Charles TAYLOR		M	Unattached	1:44:38.55	40	
47	104	Kate WHITFIELD	FV40	F	Mercia Fell Runners	1:44:51.50	7	6

48	57 Keith FIRKIN	M V50	M	Cirencester Ac	1:44:57.82	41	3
49	247 Mark ENGLISH	M V40	M	Lliswerry Runners	1:45:30.31	42	20
50	4 Hywel LONGMAN		M	Unattached	1:45:31.48	43	
51	190 David HARNES	M V40	M	San Domenico Rc	1:45:58.38	44	21
52	233 Andrew BLACKMORE	M V40	M	Mdc	1:46:40.69	45	22
53	59 Andrew POWELL	M V40	M	Unattached	1:46:45.13	46	23
54	261 Laura LELIEVRE		F	Monross Trailblazers	1:46:56.80	8	
55	12 Sally PATE		F	Unattached	1:47:30.47	9	
56	243 John NASH	M V50	M	Chepstow Harriers	1:47:39.36	47	4
57	43 Ben HOVANESSIAN	M V40	M	Unattached	1:47:43.29	48	24
58	25 Aneirin LABONTE JONES		M	Unattached	1:47:48.59	49	
59	62 Paul THOMAS	M V40	M	Almost Athletes	1:47:50.68	50	25
60	177 Jonathan HANCOCK	M V50	M	Usk Runners	1:47:57.91	51	5
61	10 Dave KNOPP	M V50	M	Didcot Runners	1:48:11.27	52	6
62	185 Paul THOMAS	M V40	M	Thornbury Rc	1:48:11.63	53	26
63	157 Joanne PLUMBLEY	F V40	F	Thornbury Rc	1:48:13.35	10	7
64	112 Tom REYNOLDS		M	Town And Country Harriers	1:49:26.97	54	
65	121 Liz NOAKES	F V50	F	Town And Country Harriers	1:49:47.98	11	1
66	201 Brian BEGG		M	Batrunners	1:49:51.44	55	
67	245 Antoinette DUMAYNE		F	Lliswerry Runners	1:49:56.87	12	
68	255 Paul COLLEYDAVIES	M V50	M	Croft Ambrey	1:50:05.67	56	7
69	272 James FLETCHER	M V40	M	Monross Trailblazers	1:50:13.81	57	27
70	47 David HEMMING	M V50	M	Cheltenham & County Harriers	1:50:20.94	58	8
71	110 Richard PHILLIPS		M	Trots	1:50:30.52	59	
72	278 Mark EVANS		M	Les Croupiers Rc	1:50:31.25	60	
73	238 David WATERS	M V40	M	Islwyn Rc	1:50:40.85	61	28
74	66 Thom STEPHENS		M	Almost Athletes	1:50:45.48	62	
75	198 Philip JEYES	M V40	M	Almost Athletes	1:50:46.20	63	29
76	204 John CROCKETT	M V40	M	Unattached	1:51:02.56	64	30
77	60 Martin BLAKEBROUGH	M V50	M	Spirit Of Monmouth Rc	1:51:14.12	65	9
78	118 Christopher MASON	M V50	M	Wye Valley Runners	1:51:23.36	66	10
79	17 Neil McCARTHY	M V40	M	Unattached	1:51:31.91	67	31
80	63 Neil GRINNELL	M V40	M	Ledbury Harriers	1:51:35.12	68	32
81	280 William FOX	M V50	M	Unattached	1:51:36.70	69	11
82	223 Rebecca COMINS	F V40	F	Chepstow Harriers	1:51:45.20	13	8
83	276 Martin SIMMONS	M V50	M	Unattached	1:52:00.42	70	12
84	207 Osian EVANS	M V40	M	Unattached	1:52:50.36	71	33
85	42 Mark JONES	M V40	M	Unattached	1:52:53.36	72	34
86	37 Eleri RIVERS	F V40	F	Sarn Helen	1:53:01.51	14	9
87	111 Imtiaz ILAHI	M V40	M	Unattached	1:53:04.82	73	35
88	235 Simon DAVIES	M V40	M	Unattached	1:53:13.79	74	36
89	8 Steven MELLING	M V50	M	Rosendale	1:53:28.39	75	13
90	285 Lauren LUSCOMBE		F	Burgess Salmon	1:53:32.71	15	
91	106 Aleksandr TURKIN		M	Ilr	1:53:37.64	76	
92	191 Stephan KAUL		M	Runner Brothers	1:54:04.94	77	
93	163 Jim STORRAR	M V50	M	Forest Of Dean Ac	1:54:06.05	78	14
94	258 Rebecca DANES		F	Wye Valley Runners	1:54:13.96	16	
95	249 Mike HARRIS	M V60	M	Westbury Harriers	1:54:18.69	79	2
96	133 Dean LUBIN	M V40	M	Unattached	1:54:21.48	80	37
97	74 Chris BAILEY	M V40	M	Wye Valley Runners	1:55:23.52	81	38
98	222 Kerry McCARTHY		M	Unattached	1:55:28.73	82	
99	256 Simon BLEASE	M V50	M	Brycheiniog	1:55:43.24	83	15
100	123 Andy FAGG	M V60	M	Town And Country Harriers	1:56:02.98	84	3
101	263 Aimee FERGUSON		F	Brecon Ac	1:56:17.48	17	

102	80	Vasco BARRETO	M V40	M	Unattached	1:56:20.54	85	39
103	34	Kieran MULROONEY	M V40	M	Unattached	1:56:23.10	86	40
104	275	Fiona TURNER	F V50	F	Forest Of Dean Ac	1:56:29.18	18	2
105	67	Graham GROUT	M V50	M	Bristol & West Ac	1:56:30.52	87	16
106	286	A GAUTON	M V50	M	Denbigh Harriers	1:56:41.49	88	17
107	161	Kevin ARNOLD	M V40	M	Thornbury Rc	1:56:50.90	89	41
108	260	Vanessa BALL		F	Monross Trailblazers	1:57:29.24	19	
109	244	Rory DEUCHAR		M	Chepstow Harriers	1:57:36.62	90	
110	87	Gary BOWEN-THOMSON	M V40	M	Outdoor Fitness Rc	1:57:44.08	91	42
111	142	Martin SAWYER		M	Unattached	1:57:46.31	92	
112	184	Stuart MIDDLEL	M V40	M	Slinn Allstars	1:57:49.07	93	43
113	236	Lisa RUCK	F V40	F	Hereford Ghost Runners	1:58:06.47	20	10
114	242	Graham JAMES	M V50	M	Forest Of Dean Ac	1:58:12.92	94	18
115	33	Aneurin JAMES	M V40	M	Sarn Helen	1:58:24.62	95	44
116	232	Dennis TOMLINSON	M V60	M	Unattached	1:58:38.80	96	4
117	81	Joanna WISNIEWSKA-BARRETO		F	Unattached	1:58:48.51	21	
118	181	Nick EACOCK	M V40	M	Black Pear Joggers	1:58:49.26	97	45
119	214	Matthew HALL	M V40	M	Monross Trailblazers	1:58:56.95	98	46
120	211	Phil BAKKER	M V50	M	Unattached	1:59:31.69	99	19
121	54	Neil HARRIES	M V40	M	Unattached	1:59:36.51	100	47
122	220	Paul RAE	M V50	M	Town And Country Harriers	1:59:52.44	101	20
123	239	Mark HASLAM	M V60	M	Stroud & District Ac	1:59:54.22	102	5
124	108	Hayley STOCKWELL		F	Stroud & District Ac	2:00:03.68	22	
125	114	Rachel JONES		F	Almost Athletes	2:00:21.19	23	
126	160	Mark HARVEY SNR	M V50	M	Chepstow Harriers	2:00:35.65	103	21
127	143	Simon HALL	M V50	M	Unattached	2:00:45.91	104	22
128	262	Mark SCRIVENS	M V40	M	Monross Trailblazers	2:01:04.24	105	48
129	122	Catherine FAGG	F V60	F	Town And Country Harriers	2:01:13.21	24	1
130	162	Richard NEWHOUSE	M V40	M	Chepstow Harriers	2:01:32.51	106	49
131	9	Alex MELLING		M	Unattached	2:01:44.96	107	
132	271	Emma BARNES		F	Thornbury Rc	2:01:52.42	25	
133	193	Kyra KIRKHAM	F V40	F	Unattached	2:02:00.51	26	11
134	32	Helen WILLOUGHBY	F V50	F	Sarn Helen	2:02:05.90	27	3
135	246	Fiona KOPP	F V40	F	Unattached	2:02:13.59	28	12
136	187	Guy FRELAU	M V50	M	Athlétic Pont-réan	2:02:50.36	108	23
137	93	Stuart CRANFIELD	M V50	M	Unattached	2:03:37.19	109	24
138	126	Rob JAMES		M	Chepstow Harriers	2:03:47.67	110	
139	77	Martin BLACKMORE	M V40	M	Unattached	2:04:09.62	111	50
140	148	Wendy SHARPE-NASH	F V50	F	Chepstow Harriers	2:04:16.62	29	4
141	56	Andy SARGENT	M V40	M	Unattached	2:04:50.79	112	51
142	283	Jonathan BARNARD	M V50	M	Nailsea Rc	2:05:07.09	113	25
143	169	Gayle SHEPPARD	F V40	F	Lliswerry Runners	2:05:24.63	30	13
144	141	Paula FERRIS	F V40	F	Honiton Running Club	2:05:40.12	31	14
145	277	Alexandre ROCHA	M V40	M	Spirit Of Monmouth Rc	2:06:01.33	114	52
146	186	Kate DALLAS	F V40	F	Unattached	2:06:23.91	32	15
147	132	Christopher HERRIOTT	M V40	M	Unattached	2:06:56.54	115	53
148	88	Stephen GODWIN	M V40	M	Cornelly Striders	2:07:00.82	116	54
149	264	Paul McAFEE	M V50	M	Spirit Of Monmouth Rc	2:07:20.02	117	26
150	70	Ali PHILLIPS	F V40	F	Spirit Of Monmouth Rc	2:07:20.60	33	16
151	234	R DUNWOODY	M V50	M	Unattached	2:07:25.45	118	27
152	16	Peter HARE	M V40	M	Unattached	2:07:59.39	119	55
153	170	John HOLT		M	Unattached	2:08:04.96	120	
154	149	Ashley HOLT	M V50	M	Birstall Running Club	2:08:23.14	121	28
155	219	Rachel HIPKISS		F	Chepstow Harriers	2:08:23.90	34	

156	212	Elizabeth STOKES	F V40	F	Griffithstown Harriers	2:08:29.25	35	17
157	171	Nick HOLT		M	Unattached	2:08:47.75	122	
158	172	Pippa MORGAN		F	White Rock Runners	2:08:56.74	36	
159	113	Mark WRATHALL	M V40	M	Unattached	2:09:44.68	123	56
160	120	Adrian COLLEY	M V50	M	Taff Ely Triathlon Club	2:09:51.62	124	29
161	200	Matthew REES		M	Lliswerry Runners	2:10:52.65	125	
162	287	Alan DENNIS	M V40	M	Unattached	2:11:55.44	126	57
163	166	Katy SHOESMITH		F	Bitton Road Runners	2:11:57.89	37	
164	35	Liz WILLIAMS	F V40	F	Outdoor Fitness Rc	2:13:12.83	38	18
165	209	Fiona GIBBS	F V40	F	Avon Valley Runners	2:13:16.29	39	19
166	189	Leigh ALLY		M	Aldridge Rc	2:13:44.61	127	
167	92	Peter MAINSTONE	M V60	M	Thornbury Rc	2:13:51.13	128	6
168	101	Rebecca POOLE		F	Unattached	2:14:01.74	40	
169	102	Greg POOLE		M	Unattached	2:14:02.27	129	
170	183	Judy MILLS	F V50	F	Thornbury Rc	2:14:28.34	41	5
171	55	Jana WEIDEMANN		F	Unattached	2:14:36.04	42	
172	46	Chris HASSAN		M	Unattached	2:15:20.85	130	
173	213	David JENKINS		M	Forest Of Dean Ac	2:15:33.05	131	
174	195	Jacqui WYNDS	F V60	F	Forest Of Dean Ac	2:15:57.77	43	2
175	41	Dannie JONES		F	Unattached	2:16:14.67	44	
176	127	Kevin PEACE	M V50	M	Bournville Harriers	2:16:59.50	132	30
177	199	Ellie BOURDEAUX	F V40	F	Town And Country Harriers	2:17:11.09	45	20
178	279	Chris BOURDEAUX	M V40	M	Unattached	2:17:11.75	133	58
179	231	Jen DANGER HARDING		F	Chepstow Harriers	2:17:31.81	46	
180	188	Nick TYLER	M V40	M	Ledbury Harriers	2:18:01.99	134	59
181	138	Raymond BOYCE	M V50	M	Cornelly Striders	2:18:25.19	135	31
182	205	Philip CROCKETT	M V40	M	Unattached	2:18:54.05	136	60
183	1	Steven SLOMAN	M V40	M	Unattached	2:19:12.98	137	61
184	82	David RICHARDS	M V60	M	Birstall Running Club	2:19:25.83	138	7
185	91	Louise PHILLIPS	F V40	F	Presteigne Pacers	2:19:30.06	47	21
186	119	Helen COLLEY	F V40	F	Taff Ely Triathlon Club	2:20:07.47	48	22
187	39	Bern LANGTON		M	Unattached	2:20:55.73	139	
188	180	Steve HOOPER		M	Unattached	2:21:12.66	140	
189	179	Steve TIPPETT	M V40	M	Unattached	2:21:12.89	141	62
190	151	Ros LLOYD		F	Hereford Ghost Runners	2:21:27.23	49	
191	165	Sue PARK	F V50	F	Ealing Eagles Rc	2:23:39.39	50	6
192	182	Kate EACOCK		F	Black Pear Joggers	2:24:35.40	51	
193	153	Diane ROWLANDS	F V50	F	Wye Valley Runners	2:25:44.30	52	7
194	78	Alice MARTIN		F	Aberystwyth Athletic Club	2:25:50.73	53	
195	86	Eliska SIKOROVA		F	Unattached	2:26:19.19	54	
196	69	Dan JONES	M V40	M	Unattached	2:26:25.05	142	63
197	51	Sam MILKINS	F V40	F	Town And Country Harriers	2:29:18.91	55	23
198	68	Alun DAVIES		M	Unattached	2:30:36.42	143	
199	251	Helen CLANCEY	F V40	F	Chepstow Harriers	2:31:17.69	56	24
200	53	William ROGERSON	M V50	M	Unattached	2:31:47.91	144	32
201	135	Nicola OLIVER	F V50	F	North Devon Road Runners	2:31:54.09	57	8
202	134	Simon OLIVER	M V50	M	North Devon Road Runners	2:32:06.43	145	33
203	230	Tony HARDY	M V50	M	Spirit Of Monmouth Rc	2:32:20.56	146	34
204	129	Kate BROOKS		F	Unattached	2:32:30.84	58	
205	152	Victoria WOODHALL	F V40	F	Hereford Ghost Runners	2:33:31.26	59	25
206	218	Simon BRIGEWATER		M	Unattached	2:33:40.00	147	
207	116	Sophie MATHER	F V40	F	Unattached	2:33:53.44	60	26
208	284	Duncan MILWARD	M V50	M	Unattached	2:34:08.02	148	35
209	217	Alex WONG		M	Unattached	2:34:14.75	149	

210	145	Gemma WATKINS		F	Unattached	2:34:15.22	61	
211	154	Claire BROWN		F	Hereford Ghost Runners	2:34:34.11	62	
212	158	Nicola HIGGS		F	Unattached	2:35:45.75	63	
213	84	Jan BURBIE	FV50	F	Unattached	2:36:20.59	64	9
214	83	Robert WOOD	MV40	M	Unattached	2:37:05.36	150	64
215	115	Sarah BILLING		F	Unattached	2:37:07.79	65	
216	137	David RUTTER	MV60	M	Spirit Of Monmouth Rc	2:39:27.04	151	8
217	125	Deborah WHITE	FV40	F	Forest Of Dean Ac	2:39:43.37	66	27
218	45	Anastasia MALAKHOV		F	Unattached	2:40:38.45	67	
219	178	Mike KING	MV60	M	Nailsea Rc	2:42:39.78	152	9
220	273	Gerry BLAKE	MV40	M	Brecon Ac	2:42:51.65	153	65
221	274	Penny MAISEY	FV40	F	Unattached	2:42:58.65	68	28
222	270	Tomas JURCIK		M	Unattached	2:43:53.58	154	
223	38	Lesley PYMM	FV60	F	Bournville Harriers	2:44:49.49	69	3
224	117	Eleanor PREECE		F	White Rock Runners	2:46:28.97	70	
225	105	Lee HARDING		M	White Rock Runners	2:46:39.94	155	
226	40	Harriet MARTIN		F	Unattached	2:48:33.77	71	
227	253	Carol DUNSBEЕ	FV40	F	Chepstow Harriers	2:49:34.51	72	29
228	124	Gobind KANDA	MV40	M	Unattached	2:51:06.76	156	66
229	94	Sian-Eleri FUDGE		F	Outdoor Fitness Rc	2:52:53.45	73	
230	266	Terry LEWIS	MV50	M	Islwyn Rc	2:53:25.75	157	36
231	267	Julie LEWIS	FV40	F	Islwyn Rc	2:53:28.12	74	30

2	Robert PRINGLE		M	Unattached	Not finished
3	Ffion EVANS		F	Unattached	Not finished
5	David HAWKINS		M	Unattached	Not finished
6	Andrew NEIL		M	Unattached	Not finished
7	Adam WATKINS		M	Unattached	Not finished
11	Emmy AKIN		F	Didcot Runners	Not finished
13	Keith BALDWIN		M	Unattached	Not finished
15	Andrew BARKER	MV40	M	Unattached	Not finished
18	Caroline MADLEY		F	Unattached	Not finished
19	Jack MADLEY		M	Unattached	Not finished
20	Elliot DOWNS		M	Unattached	Not finished
21	Brittany DOWNS		F	Unattached	Not finished
22	Jen WALKER	FV40	F	Unattached	Not finished
26	Victoria BUTTERS		F	Unattached	Not finished
27	Christopher ARNOLD		M	Unattached	Not finished
28	Matthew WOOD		M	Unattached	Not finished
30	Tim BUCKLEY	MV40	M	Chepstow Harriers	Not finished
31	Gerald KILLEN	MV60	M	Maidenhead Athletic Club	Not finished
36	Peter MATTHEWS	MV40	M	Unattached	Not finished
44	David BILLINGHAM	MV50	M	Clc Striders	Not finished
48	Laura GWATKIN		F	Unattached	Not finished
49	John GWATKIN		M	Unattached	Not finished
52	Julianne JAMESON	FV40	F	Almost Athletes	Not finished
58	Colin RIMMER	MV50	M	Birstall Running Club	Not finished
61	Joanna MERRY		F	Wye Valley Runners	Not finished
64	Richard ELLAM	MV40	M	Unattached	Not finished
65	Jeremy HAYES		M	Unattached	Not finished
71	Caroline CREWE-READ	FV40	F	Unattached	Not finished
73	Jamie SMITH		M	Caerphilly Runners	Not finished
79	Chris THOMPSON	MV40	M	West Bromwich Harriers	Not finished
95	Zane KHOKHAR		M	Unattached	Not finished
96	Shaun CALLAGHAN	MV50	M	Steeholme Pirates	Not finished
97	Teresa KORUN		F	Wye Valley Runners	Not finished

2	Robert PRINGLE		M	Unattached	Not finished
3	Ffion EVANS		F	Unattached	Not finished
5	David HAWKINS		M	Unattached	Not finished
6	Andrew NEIL		M	Unattached	Not finished
7	Adam WATKINS		M	Unattached	Not finished
11	Emmy AKIN		F	Didcot Runners	Not finished
98	Joanne LOWRY		F	Unattached	Not finished
99	Lucy JONES		F	Unattached	Not finished
100	Liam JONES		M	Unattached	Not finished
103	Jamie BEST	MV40	M	Sospan Road Runners	Not finished
107	Maria SPURLING	FV40	F	Shropshire Shufflers	Not finished
109	Martin WRIGHT	MV40	M	Trail Running Association	Not finished
128	Jonathan ANTILL		M	Unattached	Not finished
130	Liam HENRY		M	Unattached	Not finished
131	Gareth DAVIES	MV40	M	Unattached	Not finished
136	James FOTHERINGHAM		M	Unattached	Not finished
146	Phil WHITNEY		M	Unattached	Not finished
150	Karen HOLT	FV40	F	Birstall Running Club	Not finished
159	Maxine RHODES	FV40	F	Pont-y-pwl And District Runners	Not finished
164	Jac HUGHES		M	Unattached	Not finished
167	Valerie VINCE	FV40	F	Unattached	Not finished
168	Rob DAVIES	MV40	M	Llisbury Runners	Not finished
175	Kevin RUSSELL	MV50	M	Llisbury Runners	Not finished
208	Ian RUCK	MV40	M	Westbury Harriers	Not finished