59 Starters
59 Finishers
31:13 Average time top 5

2016 Craig yr Allt Fell Race - South Wales Summer Fell Series

Tuesday 7th June — **Weather: Dry, humid, 19 deg C**

RESULTS								Male								Female						
Pos.	Race no.	Time	Name		Club	M/F	Score	Open	U18	U23	U/40	O/40	O/50	O/60	O/70	Open	U18	U23	U/40	O/40	O/50	O/60
1	20	29:50	Peter	Ryder	Cardiff AAC/Brycheiniog	M	104.64	1			1											
2	12	30:50	Iwan	Morton	MMRT	M	101.24	2			2											
3	7	30:57	Matt	Stott	MDC	M	100.86	3			3											
4	6	32:04	Sam	Ryall	Pontypridd Roadents AC	MV40	97.35	4				1										
5	36	32:24	Mike	Erskine	Les Croupiers RC	M	96.35	5			4											
6	52	33:31	Martyn	Driscoll	MDC	M	93.14	6			5											
7	54	33:34	Darren	Bishop	Pontypridd Roadents AC	M	93.00	7			6											
8	35	34:28	Paul	Callum	Unaffiliated	M	90.57	8			7											
9	21	36:06	Robert	Sage	Les Croupiers RC	M	86.47	9			8											
10	59	36:16	D	Buchanan	San Domenico	M	86.08	10			9											
11	4	36:16	Mike	Gleeson	Swansea Harriers	MV40	86.08	11				2										
12	34	36:32	Phil	Read	Unaffiliated	MV40	85.45	12				3										
13	25	36:33	John	Aggleton	MDC	MV60	85.41	13						1								
14	45	36:36	Gavin	Brace	Lliswerry	M	85.29	14			10											
15	13	37:36	Ian	Macklin	MDC	MV40	83.02	15				4										
16	5	37:45	Craig	Fowler	Bridgend AC	MV50	82.69	16					1									
17	48	37:55	Clare	Dallimore	MDC	F	82.33									1			1			
18	55	37:55	Jamie	Bishop	Pontypridd Roadents AC	M	82.33	17			11											
19	29	38:46	Oliver	Lamford	MDC	M	80.52	18			12											
20	9	38:55	Jason	Brewer	Unaffilitated	MV40	80.21	19				5										
21	56	39:07	Howard	Owen	Les Croupiers RC	M	79.80	20			13											
22	38	39:08	Niki	Morgan	Chepstow Harriers	FV40	79.77									2				1		
23	53	39:17	Justin	Ross	Mynydd Du	M	79.47	21			14											
24	28	40:04	Jamie	Clode	Bridgend AC	M	77.91	22			15											
25	18	40:05	Marcus	Meyrick	Les Croupiers RC	MV40	77.88	23				6										
26	51	40:12	Lou	Summers	Mynydd Du	FV40	77.65									3				2		
27	10	40:14	Richard	Cronin	MDC	M	77.59	24			16											
28	2	40:27	Kevin	Hale	Blaenau Gwent Athletics	MV40	77.17	25				7										
29	17	41:34	Robin	Smith	Unaffiliated	M	75.10	26			17											
30	14	41:42	Andy	Stott	MDC	MV50	74.86	27					2									
31	32	41:56	Alice	Bedwell	MDC	FV50	74.44									4					1	
32	15	42:17	Stewart	Harding	CDF Runners	M	73.83	28			18											
33	11	42:25	David	Smout	Mynydd Du	MV60	73.60	29						2								
34	33	42:29	Neema	Mal	Les Croupiers RC	MU23	73.48	30		1												
35	1	43:09	Dominic	Shields	San Domenico	MV50	72.34	31					3									
36	44	43:15	Lucy	Baker	MDC	F	72.18									5			2			
37	42	44:30	Justin	Pocknell	Caerleon RC	MV40	70.15	32				8										
38	8	45:04	David	Jenkins	Forest of Dean AC	MV40	69.27	33				9										
39	31	45:32	Katy	Benson	MDC	F	68.56									6			3			
40	57	45:36	Mike	Davies	CDF Runners	MV50	68.46	34					4									
41	30	45:41	Gareth	Jenkins	Cwm Ogwr	M	68.33	35			19											
42	43	46:00	Karen	Elvers	MDC	FV40	67.86					10				7				3		
43	22	46:07	Peter	Havard	MDC	MV60	67.69	36						3								
44	16	46:25	Simon	McCann	Village Vipers	MV40	67.25	37				10										
45	27	46:26	Andrew	Underhill	San Domenico	M	67.23	38			20											
46	50	46:45	Sharon	Woods	Mynydd Du	FV50	66.77									8					2	
47	3	46:54	Christine	Farr	SWOC	FV40	66.56									9				4		
48	49	47:15	Stephen	Wood	Pegasus RC	M	66.07	39			21											
49	24	47:20	Ruth	Cann	Penarth and Dinas	F	65.95									10			4			
50	23	47:34	Caroline	Dallimore	MDC	FV60	65.63									11						1
51	41	49:06	Paul	Cahill	Unaffiliated	M	63.58	40			22											
52	26	49:40	Christopher	Maidment	Village Vipers	M	62.85	41			23											
53	47	52:30	Becky	Emmerson	Unaffiliated	F	59.46									12			5			
54	46	52:31	Amy	Davies	Unaffiliated	F	59.44									13			6			
55	58	53:57	Roman	Sacre	CDF Runners	M	57.86	42			24											
56	37	55:02	Gwenllian	Hughes	Vegan Runners	FV40	56.72									14				5		
57	39	56:51	Klara	Wagg	Unaffiliated	F	54.91									15			7			
58	40	57:00	Elizabeth	Iafrate	Unaffiliated	F	54.77									16			8			
59	19	58:08	Andrew	Paul	Unaffiliated	MV60	53.70	43						4								

Points	Team category (male)	Position
22	MDC Fell Running Club	1st
29	Pontypridd Roadents	2nd
35	Les Creoupiers RC	3rd

Points	Team category (female)	Position
84	MDC Fell Running Club	1st

Race organiser: Gary Davies (inc signage)
Assistant (registration): Dawn Davies & Gill Stott
Marshalls: Martin & Kay Lucas, Andy Creber, Alan Stone, Jane Aggleton, Mark Buxton, Pete Morfey, Keri & Pauline James, Gill Stott
Photographer: Nick Dallimore

Mountain View Ranch: Venue for parking, registration & prizegiving
A big thank you to the owners of the Mountain View Ranch for letting us use their facilities.
Landowners - A bigh thank you to the following for permission to use their land:
Rockwood Riding Centre - Tony and Alison Ashcombe
Ty Rhiw Cottage - Steve
Ty Rhiw Farm - Martin Tippells
Mountain View Ranch - Aaron and Klara Wagg