

Cardiff Summer Series 2 mile

Friday 20th June 2015

pos	no.	name	club	age group	time
1	432	Dan Nash	East Cornwall Harriers	SM	00:09:32
2	418	James Thie	Cardiff AAC	SM	00:09:39
3	413	Adam Davies	u/a	SM	00:09:47
4	448	Tes Goitom	Les Croupiers	SM	00:10:02
5	434	Huw Evans	Les Croupiers	M40	00:10:03
6	441	Nick Wood	Cardiff Met Uni	SM	00:10:13
7	445	Oliver Williams	Les Croupiers	SM	00:10:13
8	455	Ashleigh Harper	Aberdare VAAC	SM	00:10:16
9	406	Daniel Bodman	Aberdare VAAC	SM	00:10:21
10	417	Lee Aherne	Parc Bryn Bach	M45	00:10:22
11	447	Sam Longville	Cardiff AAC	SM	00:10:33
12	436	Chris Millington	Les Croupiers	SM	00:10:37
13	402	Rhys Annett	San Domenico	SM	00:10:44
14	438	Hugh Saunders	u/a	SM	00:10:56
15	416	Matt Hurford	Les Croupiers	M40	00:10:59
16	421	Martin Williams	Les Croupiers	M50	00:11:04
17	449	Nick Mahoney	Les Croupiers	SM	00:11:06
18	420	Tyrone Fowler	Newport Harriers	SM	00:11:11
19	321	Emma Wookey	Lliswerry	SW	00:11:12
20	310	Lucy Marland	Cardiff AAC	SW	00:11:13
21	423	Daniel Lewis	San Domenico	SM	00:11:13
22	426	Andrew Blair	Les Croupiers	M50	00:11:13
23	433	Robert Hislop	Aldershot Farnham & District	SM	00:11:18
24	401	Mark Joyce	Les Croupiers	M40	00:11:24
25	404	Brian Dias	Les Croupiers	SM	00:11:26
26	302	Clara Evans	Pontypridd Roadents	SW	00:11:43
27	422	Andy Wilton	San Domenico	SM	00:11:51
28	453	John Craven	u/a	SM	00:11:55
29	446	Johnny Lam	San Domenico	M40	00:11:58
30	415	David Proud	Les Croupiers	M45	00:12:09
31	457	Richard Holmes	Les Croupiers	SM	00:12:20
32	403	Paul Graham	Pontypridd Roadents	SM	00:12:26
33	454	Rhys Williams	Aberdare VAAC	SM	00:12:30
34	405	Dan Lloyd	Nike Run Club	M40	00:12:33
35	431	Howard Kent	Les Croupiers	M60	00:12:36
36	319	Janet Holmes	Les Croupiers	SW	00:12:41
37	407	John O'Shea	Les Croupiers	M60	00:12:48
38	435	Matt Henson	u/a	SM	00:12:52
39	408	Dominic Shields	San Domenico	M50	00:12:52
40	409	Steven Sheard	Les Croupiers	M40	00:12:54
41	451	Caerwyn Phillips	Cardiff AAC	U15B	00:13:02
42	309	Danielle Phillips	Parc Bryn Bach	SW	00:13:07
43	304	<i>Marcia Gouveia (+ Dog)</i>	<i>San Domenico</i>	<i>SW</i>	<i>00:13:09</i>
44	411	Clive Osmond	Les Croupiers	M55	00:13:10

45	313	Jo Tucker	Les Croupiers	F40	00:13:11
46	322	Hazel Craven	Les Croupiers	F35	00:13:14
47	440	Steve Chadwell	u/a	M40	00:13:19
48	323	Aine Kenny	Les Croupiers	SW	00:13:20
49	325	Maria Zubizarreta	Les Croupiers	F45	00:13:22
50	412	Stewart Harding	Nike Run Club	SM	00:13:23
51	430	John Light	u/a	SM	00:13:26
52	315	Julie Scholey	Les Croupiers	F55	00:13:29
53	134	Nigel Bleach	u/a	M45	00:13:44
54	425	Alun Williams	u/a	SM	00:14:10
55	414	Graeme Donnan	Les Croupiers	M60	00:14:11
56	456	Gwyn Jones	Les Croupiers	M50	00:14:19
57	429	David McDonald	Les Croupiers	M45	00:14:39
58	443	Sai Gopal	Les Croupiers	M45	00:14:41
59	419	Andrew Sedgmond	Les Croupiers	M60	00:14:50
60	444	Luke Heslop	Les Croupiers	SM	00:15:09
61	439	Ewan Chadwell	u/a	U13B	00:15:11
62	311	Abby Forster	u/a	SW	00:15:18
63	428	Michael Bruce	Cardiff AAC	U13B	00:15:26
64	427	James Bruce	Les Croupiers	M40	00:15:27
65	317	Anne Follan	Pontypridd Roadents	F40	00:15:34
66	450	Huw Phillips	Cardiff AAC	M40	00:15:36
67	452	Colin Crooks	Pegasus RC	M55	00:15:45
68	301	Tina Rossiter	Les Croupiers	F50	00:15:51
69	316	Karen Chadwell	Les Croupiers	F45	00:16:05
70	306	Eirian Arwyn	Les Croupiers	F60	00:16:14
71	424	Dirk Schmaljohann	Les Croupiers	M45	00:16:23
72	442	Dan Chapple	u/a	SM	00:16:29
73	312	Zoe Kind	Les Croupiers	F40	00:16:31
74	437	Jeff Aston	Les Croupiers	M65	00:16:35
75	308	Julie Lewis	Les Croupiers	F55	00:16:37
76	307	Amanda Thompason	Les Croupiers	F55	00:17:40
77	320	Tracey Newman	Les Croupiers	F45	00:17:59
78	303	Sarah Meah	Les Croupiers	F50	00:18:05
79	318	Bridgette Griffiths	Pontypridd Roadents	F50	00:18:29
80	314	Sandra Caveney	Les Croupiers	F50	00:19:12
81	324	Ruth Caddy	Pontypridd Roadents	F45	00:19:28
82	305	Jo Gwynne	Pontypridd Roadents	F40	00:20:28
83	410	Mike Gwynne	Pontypridd Roadents	M45	00:20:28