

Offa's Orror
Tintern
Sunday 26-Apr-15 at 11:00
Organised by Chepstow Harriers
Race Results: 00

Pos'n	BIB Name	Cat	Gender	Club	Time	Gender Pos	CAT pos
1	234 Harry JONES		M	Mdc	1:20:39.0	1	
2	233 Andrew REYNOLDS		M	Neath Harriers	1:23:04.0	2	
3	238 Tom CARPENTER		M	Westbury Harriers	1:24:19.0	3	
4	231 Chris FULCHER	MV40	M	Neath Harriers	1:26:35.0	4	1
5	250 Matt STOTT		M	Mdc	1:29:30.0	5	
6	154 Dee BUCHANAN		M	San Domenico Rc	1:30:02.0	6	
7	232 Daniel TOMLINSON		M	Neath Harriers	1:30:27.0	7	
8	224 Daniel SANDFORD	MV40	M	Forest Of Dean Ac	1:30:55.0	8	2
9	175 Andy YAPP		M	Unattached	1:31:10.0	9	
10	149 Martin WRIGHT	MV40	M	Trail Running Association	1:32:02.0	10	3
11	76 Daniel BEVAN		M	Unattached	1:32:06.0	11	
12	237 James PHEASANT		M	Great Western Runners	1:32:27.0	12	
13	201 Andy TAYLOR	MV40	M	Hereford Tri Club	1:32:49.0	13	4
14	10 Rob COWLARD	MV40	M	Thornbury Rc	1:33:14.0	14	5
15	37 Steve THOMAS		M	3M Gorseinon Road Runners	1:33:57.0	15	
16	178 Barry DAVIES	MV40	M	Monross Trailblazers	1:34:06.0	16	6
17	236 Ben ANDERSON	MV40	M	Unattached	1:34:28.0	17	7
18	167 Gavin BRACE		M	Lliswerry Runners	1:34:34.0	18	
19	95 Ian MACKLIN	MV40	M	Unattached	1:35:52.0	19	8
20	183 Angela JONES	LV40	F	Fairwater Runners	1:36:35.0	1	1
21	123 Phil READ		M	Unattached	1:36:46.0	20	
22	230 Phil MANNING	MV50	M	Stroud Ac	1:37:07.0	21	1
23	150 Andrew DICKSON		M	Unattached	1:37:12.0	22	
24	220 Mark MATTHEWS	MV40	M	Forest Of Dean Ac	1:37:14.0	23	9
25	72 Matthew PEMBERTON		M	Unattached	1:37:21.0	24	
26	181 Luke JAMES		M	Monross Trailblazers	1:37:28.0	25	
27	159 Oliver SMITH		M	Unattached	1:37:50.0	26	
28	168 Mark ENGLISH	MV40	M	Lliswerry Runners	1:38:23.0	27	10
29	14 Andrew MORRIS		M	Unattached	1:38:37.0	28	
30	169 Adrian NOBLE	MV50	M	Weston Ac	1:38:46.0	29	2
31	161 Niki MORGAN	LV40	F	Chepstow Harriers	1:38:57.0	2	2
32	89 Shane RICHARDS	MV40	M	Unattached	1:39:07.0	30	11
33	258 Matthew LAWSON	MV40	M	Chepstow Harriers	1:39:27.0	31	12
34	166 Martyn WINSER		M	Chepstow Harriers	1:39:53.0	32	
35	111 Tom STOKES	MV50	M	Hot Chilli Triathletes	1:40:09.0	33	3
36	213 Amy JONES		F	Town And Country Harriers	1:41:18.0	3	
37	92 Alex BROWN		M	Unattached	1:41:45.0	34	

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38	217 Matthew HALL	MV40	M	Monross Trailblazers	1:41:48.0	35	13
39	229 Bryan STADDEN	MV50	M	Bitton Road Runners	1:41:54.0	36	4
40	195 Ceri DAVIES		M	San Domenico Rc	1:41:56.0	37	
41	19 Rhys ASBRIDGE		M	Unattached	1:42:04.0	38	
42	96 Phillip MILES	MV60+	M	Parc Bryn Bach Rc	1:42:27.0	39	1
43	208 Braam VAN DER WALT	MV40	M	Unattached	1:42:34.0	40	14
44	192 Andy BRETNALL		M	Unattached	1:42:37.0	41	
45	25 Tony HOGG	MV50	M	Weston Ac	1:42:44.0	42	5
46	160 Rob HOOK	MV50	M	Chepstow Harriers	1:43:01.0	43	6
47	38 Howard OWEN		M	Les Croupiers Rc	1:43:36.0	44	
48	212 Lucy BAKER		F	Mdc	1:43:41.0	4	
49	165 Richard NEWHOUSE	MV40	M	Chepstow Harriers	1:44:20.0	45	15
50	209 Jesse TAYLOR		M	Unattached	1:44:24.0	46	
51	155 Emma COLLINS	LV50	F	Denbigh Harriers	1:45:11.0	5	1
52	13 Gareth LEACH	MV40	M	Unattached	1:45:16.0	47	16
53	189 David WATERS	MV40	M	Islwyn Rc	1:45:34.0	48	17
54	228 Colin EVANS	MV40	M	Langport Runners	1:45:37.0	49	18
55	172 Stu REES		M	Unattached	1:45:51.0	50	
56	173 Robert JOHN		M	Fairwater Runners	1:46:00.0	51	
57	184 Andrew CARRUTHERS	MV50	M	Halesowen Ac	1:46:03.0	52	7
58	9 Richard SELF	MV40	M	Les Croupiers Rc	1:46:06.0	53	19
59	93 Huw BOWEN		M	Unattached	1:46:11.0	54	
60	180 Simon DAVIES	MV40	M	Unattached	1:46:17.0	55	20
61	68 Peter VAUGHAN-FOWLER		M	Unattached	1:46:24.0	56	
62	163 Brian BEGG		M	Bat Runners	1:46:40.0	57	
63	12 Liam WHITELEGG		M	Unattached	1:46:45.0	58	
64	177 Gavin JONES		M	Monross Trailblazers	1:46:49.0	59	
65	170 Michael SKYRME	MV40	M	Fairwater Runners	1:47:05.0	60	21
66	204 Chris WILLIAMS	MV40	M	Unattached	1:47:08.0	61	22
67	252 James FLETCHER	MV40	M	Monross Trailblazers	1:47:17.0	62	23
68	156 Ashley GAUTON	MV50	M	Denbigh Harriers	1:47:23.0	63	8
69	245 Jason HANSON		M	Unattached	1:47:50.0	64	
70	61 Jeff WEBB	MV50	M	Outdoor Fitness Rc	1:47:58.0	65	9
71	121 Jon HANCOCK	MV50	M	Usk Runners	1:48:19.0	66	10
72	120 Gary MILES	MV40	M	Unattached	1:48:28.0	67	24
73	171 Philip HOSKINS	MV50	M	Unattached	1:48:32.0	68	11
74	253 Hywel MORGAN		M	Pontypridd Roadents	1:48:47.0	69	

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75	196 Simon HAZEL	MV40	M	Les Croupiers Rc	1:48:49.0	70	25
76	132 Clive OSMOND	MV50	M	Les Croupiers Rc	1:49:15.0	71	12
77	53 Ian CASSWELL		M	Unattached	1:49:18.0	72	
78	146 Vasco BARRETO	MV40	M	Unattached	1:49:25.0	73	26
79	164 Steve OWEN	MV60+	M	Chepstow Harriers	1:49:35.0	74	2
80	85 Richard REGAN	MV40	M	Pont-Y-Pwl And District Runners	1:50:02.0	75	27
81	144 Dave KNOPP	MV50	M	Didcot Runners	1:50:32.0	76	13
82	113 Jackie BARNHOUSE	LV40	F	Unattached	1:50:49.0	6	3
83	147 Joanna WISNIEWSKA-BARRETO		F	Unattached	1:51:11.0	7	
84	137 David THOMAS		M	Unattached	1:51:14.0	77	
85	248 Carl EDWARDS	MV40	M	Pontypridd Roadents	1:51:31.0	78	28
86	244 Gary BOWEN-THOMSON	MV40	M	Outdoor Fitness Rc	1:51:39.0	79	29
87	94 Robert NELSON	MV40	M	Spirit Of Monmouth Rc	1:52:03.0	80	30
88	194 Nicholas JONES	MV40	M	Mynydd Du	1:52:11.0	81	31
89	185 Rob SYMONS	MV50	M	Fairwater Runners	1:52:26.0	82	14
90	198 Scott HOWELLS	MV40	M	Unattached	1:52:42.0	83	32
91	102 Julie SCHOLEY	LV50	F	Les Croupiers Rc	1:52:46.0	8	2
92	193 Mick GAVIN	MV50	M	Unattached	1:52:49.0	84	15
93	247 William FOX	MV50	M	Unattached	1:52:51.0	85	16
94	211 Spencer JOSEPH	MV50	M	Southville Rc	1:53:01.0	86	17
95	200 Rebecca COMINS	LV40	F	Chepstow Harriers	1:53:14.0	9	4
96	255 Scott WINNARD	MV40	M	Unattached	1:53:36.0	87	33
97	143 Shawn DEAN	MV40	M	Unattached	1:53:40.0	88	34
98	41 Marcus STRAFFORD		M	Unattached	1:53:43.0	89	
99	179 Martin SIMMONS	MV50	M	Unattached	1:53:53.0	90	18
100	197 Lisa RUCK	LV40	F	Unattached	1:54:16.0	10	5
101	8 Paul NOWACZEK	MV40	M	Islwyn Rc	1:54:31.0	91	35
102	63 Jonathan PERERA		M	Unattached	1:54:37.0	92	
103	256 Claudia WILESMITH		F	Malvern Joggers	1:54:45.0	11	
104	205 Paul SARGEANT		M	Unattached	1:54:55.0	93	
105	235 Emilia ZIELIWSKA		F	Bad Tri	1:55:08.0	12	
106	65 Callum MCGIVERN		M	Unattached	1:55:09.0	94	
107	227 Hywel MORGAN		M	Unattached	1:55:10.0	95	
108	176 Gerry MEREDITH	MV40	M	Monross Trailblazers	1:55:16.0	96	36
109	206 Bruce MANNING	MV60+	M	Cosmic Hillbashers	1:55:18.0	97	3
110	152 Lorraine RYAN	LV40	F	Unattached	1:55:30.0	13	6
111	70 David FISH	MV40	M	Unattached	1:55:50.0	98	37

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112	187 Simon SLINN		M	Unattached	1:55:59.0	99	
113	254 Martyn BOOTH		M	Unattached	1:56:08.0	100	
114	73 Matt COMPTON		M	Unattached	1:56:38.0	101	
115	83 Jordan RATHBONE		M	Unattached	1:56:38.0	102	
116	225 Tom HUNT		M	Wrt	1:56:50.0	103	
117	136 Emily PARKINSON		F	Unattached	1:56:55.0	14	
118	56 Simon BURKE	MV50	M	Unattached	1:57:01.0	104	19
119	104 Cheryl HUDGELL		F	Unattached	1:57:24.0	15	
120	157 Benjamin MILES		M	Unattached	1:57:29.0	105	
121	219 Martyn JENKINS	MV50	M	Fairwater Runners	1:57:45.0	106	20
122	142 Bruce BOURNE	MV60+	M	Weston Ac	1:57:59.0	107	4
123	115 Mike HARRIS	MV60+	M	Westbury Harriers	1:58:12.0	108	5
124	39 David THOMAS		M	Unattached	1:58:44.0	109	
125	40 Adrian DAVIES		M	Unattached	1:58:45.0	110	
126	124 Jason RICHARDS	MV40	M	Unattached	1:58:58.0	111	38
127	240 John HOLT		M	Unattached	1:59:02.0	112	
128	21 Rachel HEATHCOTE		F	Hunters Bog Trotters	1:59:11.0	16	
129	129 Ashley PAYNE		M	Unattached	1:59:22.0	113	
130	246 Martin BLAKEBROUGH	MV50	M	Spirit Of Monmouth Rc	1:59:24.0	114	21
131	90 Carol REES	LV40	F	Les Croupiers Rc	1:59:45.0	17	7
132	117 Wayne LEWIS		M	Unattached	1:59:45.0	115	
133	2 Rory DEUCHAR		M	Unattached	2:00:04.0	116	
134	15 Adrian MULREADY	MV50	M	Unattached	2:00:10.0	117	22
135	106 Stephen CANNONS	MV50	M	Unattached	2:00:26.0	118	23
136	186 Gilles COMEAU		M	Unattached	2:00:28.0	119	
137	162 Mark NICHOLLS	MV40	M	Bat Runners	2:00:40.0	120	39
138	221 Graham JAMES	MV50	M	Forest Of Dean Ac	2:00:51.0	121	24
139	128 Andrew PAGE		M	Unattached	2:01:12.0	122	
140	112 Donna THOMAS	LV40	F	Les Croupiers Rc	2:01:35.0	18	8
141	34 Sam SHARROCK		M	Unattached	2:01:36.0	123	
142	69 Catherine FAGG	LV60+	F	Town And Country Harriers	2:02:50.0	19	1
143	100 Kate HALL	LV40	F	Unattached	2:02:53.0	20	9
144	18 Nikki TYLER	LV40	F	Wye Valley Runners	2:03:06.0	21	10
145	133 Kieran MULROONEY	MV40	M	Unattached	2:03:35.0	124	40
146	188 Chris ARNOLD		M	Unattached	2:03:36.0	125	
147	135 John WARR	MV50	M	Unattached	2:03:54.0	126	25
148	141 Mark TUDOR	MV40	M	Unattached	2:03:56.0	127	41

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149	243 Dewi GWYNEDD	MV40	M	Unattached	2:04:17.0	128	42
150	125 David BASHAM	MV60+	M	Alchester Rc	2:05:00.0	129	6
151	55 Alun WILLIAMS		M	Unattached	2:05:01.0	130	
152	251 Louise CROCKETT	LV50	F	Chepstow Harriers	2:05:44.0	22	3
153	148 Peter COX	MV50	M	Unattached	2:05:50.0	131	26
154	249 Jan EDWARDS	LV40	F	Pontypridd Roadents	2:06:31.0	23	11
155	139 Emily WILFORD		F	Unattached	2:06:34.0	24	
156	103 Jay HOFFMAN	MV40	M	Outdoor Fitness Rc	2:06:46.0	132	43
157	191 Christine PEIRCE	LV40	F	Ffa Cmo Bassens	2:06:49.0	25	12
158	190 Rob PEIRCE	MV40	M	Garbon Blanc Triathlon	2:06:51.0	133	44
159	203 Michelle AMBLIN		F	Les Croupiers Rc	2:07:39.0	26	
160	226 Anne KELLY	LV40	F	Ferc	2:07:47.0	27	13
161	140 Alyssia FIANDER		F	Unattached	2:07:50.0	28	
162	1 Ruth MORGAN		F	Unattached	2:07:54.0	29	
163	151 Simon BAYNES	MV50	M	Unattached	2:08:47.0	134	27
164	59 Georgina COUPE		F	Unattached	2:09:12.0	30	
165	216 Jeanette JENKINS	LV50	F	Fairwater Runners	2:09:30.0	31	4
166	47 Neil HARRIES	MV40	M	Unattached	2:10:09.0	135	45
167	35 Liz WILLIAMS	LV40	F	Unattached	2:10:12.0	32	14
168	241 Jeremy CREASEY	MV40	M	Spirit Of Monmouth Rc	2:11:36.0	136	46
169	127 Richard ELLAM	MV40	M	Unattached	2:12:31.0	137	47
170	259 Jacqui WYNDS	LV60+	F	Forest Of Dean Ac	2:12:53.0	33	2
171	88 Alana JENKINS		F	Unattached	2:13:09.0	34	
172	182 Ian KILGARRIFF	MV50	M	Unattached	2:13:56.0	138	28
173	153 Mark GRINDAL	MV50	M	Unattached	2:14:00.0	139	29
174	11 Helen KING	LV40	F	Town And Country Harriers	2:14:15.0	35	15
175	202 Ian FOSTER	MV40	M	Hereford Tri Club	2:14:21.0	140	48
176	87 Hayley JEAUVONS		F	Unattached	2:14:23.0	36	
177	145 Emmy AKIN		F	Didcot Runners	2:15:33.0	37	
178	84 Harvey ROSS		M	Unattached	2:15:47.0	141	
179	86 Callum DOUGHTY		M	Unattached	2:15:59.0	142	
180	105 Claire DATE		F	Unattached	2:17:02.0	38	
181	62 Mark THOMAS	MV50	M	The Stragglers	2:17:36.0	143	30
182	107 Diane ROUXEL		F	Unattached	2:17:48.0	39	
183	3 Liam JONES		M	Unattached	2:18:31.0	144	
184	4 Lucy JONES		F	Unattached	2:18:34.0	40	
185	91 Therezia DUFFY	LV50	F	Unattached	2:19:06.0	41	5

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186	138 Robert POWELL		M	Unattached	2:19:09.0	145	
187	257 Fred BURSTAL		M	Unattached	2:19:11.0	146	
188	6 Jeffrey MOGFORD	MV50	M	Unattached	2:19:39.0	147	31
189	78 Joe DOUGHTY		M	Unattached	2:20:16.0	148	
190	223 Coen DE GROOT	MV50	M	Unattached	2:20:45.0	149	32
191	218 Gary TOOFANY		M	Great Western Runners	2:21:38.0	150	
192	52 Andrea MCEWAN	LV40	F	Unattached	2:22:56.0	42	16
193	50 Philippe WEREY	MV50	M	Southville Rc	2:23:07.0	151	33
194	119 Faye SIMONS		F	Unattached	2:25:22.0	43	
195	134 Andy PARKES	MV40	M	Unattached	2:25:28.0	152	49
196	130 Phil SUPPLE	MV40	M	Unattached	2:25:33.0	153	50
197	118 Karen CHADWELL	LV40	F	Les Croupiers Rc	2:25:40.0	44	17
198	51 Roger LONG	MV60+	M	Westbury Harriers	2:26:54.0	154	7
199	101 Cecilia THOMAS	LV60+	F	Outdoor Fitness Rc	2:27:11.0	45	3
200	5 Mark ASTON	MV60+	M	Town And Country Harriers	2:27:14.0	155	8
201	214 Sarah-Jane RESTALL		F	Dirty Daps Muddy Tracks	2:27:48.0	46	
202	45 Joshua FRETWELL		M	Unattached	2:28:28.0	156	
203	210 Maxine RHODES	LV40	F	Pont-Y-Pwl And District Runners	2:29:06.0	47	18
204	27 Carl MANN	MV50	M	Unattached	2:30:22.0	157	34
205	49 Emma WILLIAMS		F	Unattached	2:30:43.0	48	
206	99 Ffion BARHAM		F	Unattached	2:32:11.0	49	
207	98 Sarah BARHAM	LV50	F	Unattached	2:32:13.0	50	6
208	126 Anna HELSING	LV50	F	Penarth And Dinas	2:32:28.0	51	7
209	242 Jane BLETHYN	LV50	F	Penarth And Dinas	2:32:31.0	52	8
210	46 Ceri MORGAN		M	Unattached	2:34:34.0	158	
211	75 Deborah WHITE	LV40	F	Unattached	2:36:11.0	53	19
212	20 Alison HANLON		F	Unattached	2:37:53.0	54	
213	158 Rachael ROGERS	LV40	F	Unattached	2:39:32.0	55	20
214	239 Michelle BROWN		F	Unattached	2:39:38.0	56	
215	222 Mike KING	MV60+	M	Nailsea Rc	2:40:04.0	159	9
216	81 Holly ROSS		F	Unattached	2:42:39.0	57	
217	174 Emma GUNTER		F	Unattached	2:52:55.0	58	
218	122 Jamie GITTINS		M	Unattached	2:52:55.0	160	
219	28 Sian-Eleri FUDGE		F	Unattached	2:55:00.0	59	
220	108 Dominique ROUXEL	MV50	M	Unattached	2:55:19.0	161	35
221	67 Janine LEWIS	LV40	F	Unattached	2:58:25.0	60	21
222	66 Sarah GOULD	LV40	F	Unattached	2:58:26.0	61	22

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223	79 Chris LERWELL		M	Unattached	3:04:33.0	162	
224	80 Ben PUGH		M	Unattached	3:17:21.0	163	