

# Human Being Active

## GREAT WELSH MARATHON 2015 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP TIME
1	Oliver	Williams	MS	Les Croupiers	02:43:14	02:43:14
2	Oliver	Simon	MS	Team Nbcc	02:47:42	02:47:42
3	Steven	Conaty	MS		02:53:11	02:52:55
4	Mike	Evans	MS	Llanelli Aac	02:56:47	02:56:47
5	Tom	Garrod	M40	Wrekin Road Runners	02:56:57	02:56:56
6	Andrew	Hodgson	M40	Bridgend Ac	02:57:38	02:57:38
7	Steven	Williams	M40	Sospan Road Runners	02:58:04	02:58:04
8	Simon	Lewis	M40	Parc Bryn Bach	02:59:05	02:59:03
9	James	Bruce	M40	Les Croupiers	02:59:18	02:59:18
10	Lee	Watts	M40		03:00:59	03:00:57
11	Roc	Breathnach	MS		03:02:18	03:02:10
12	Geraint	Lewis	MS	Porthcawl Runners	03:02:24	03:02:24
13	Anthony	Cullinane	M40		03:03:12	03:03:10
14	Joedy	Batchelor	MS		03:03:30	03:03:30
15	Malcolm	Barbour	M40	Barbour	03:04:31	03:04:28
16	Billy	Harriss	MS		03:08:17	03:08:17
17	John	Llewellyn	MS		03:08:40	03:08:34
18	Daman	Jukes	M40	Parc Bryn Bach	03:09:23	03:09:21
19	Adrian	Kearns	M40	Exmouth Harriers	03:09:59	03:09:56
20	Sanna	Duthie	FS		03:10:06	03:09:54
21	Nicola	Gething	F45	Parc Bryn Bach	03:10:19	03:10:17
22	Andy	Chadburn	M40	Weston Ac	03:11:11	03:11:05
23	Toby	Laver	MS		03:11:40	03:11:40
24	Steve	Hooper	M40	Pontypridd Roadents Ac	03:12:43	03:12:41
25	Tasos	Papaloucas	M40		03:14:02	03:13:59
26	Sean	Rice	M40		03:14:48	03:14:45
27	Gareth	Rice	MS	Tri Training Harder	03:15:36	03:15:36
28	Marcus	Meyrick	M40	Les Croupiers	03:16:28	03:16:25
29	Pete	Clark	M40	Bitton Road Runners	03:16:32	03:16:29
30	Richard	Segust	M40		03:16:33	03:16:33
31	Henry	Hart	MS		03:17:13	03:17:10
32	Neil	Dyce	M50		03:17:47	03:17:43
33	Hugh	Pinner	MS		03:18:09	03:18:06
34	Jonathan	Carter	M40	Chepstow Harriers	03:18:48	03:18:47
35	Kevin	Raymond	M50	Cwm Ogwr Running Club	03:18:51	03:18:46
36	William	Ferguson	M50		03:20:22	03:20:18
37	Martin	Jones	MS	Islwyn Rc	03:21:12	03:21:08
38	Nigel	Davies	M40	Sarn Helen	03:22:08	03:22:08
39	Laura	Gush	FS	Clc Striders	03:22:13	03:22:13
40	Nick	Heard	M60		03:22:46	03:22:21
41	Jon	Carson	M40	100 Marathon Club	03:22:51	03:22:49
42	Dave	Rennick	MS		03:23:25	03:23:20
43	Craig	Ford	MS		03:23:56	03:23:51
44	James	Baker	MS		03:24:49	03:24:36
45	Jarrad	Morgan	M40		03:25:44	03:25:38

# Human Being Active

## GREAT WELSH MARATHON 2015 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP TIME
46	Mark	Jenkins	M40		03:25:48	03:25:36
47	Jakub	Wlodarczak	MS		03:25:56	03:25:17
48	Garry	Merrell	MS		03:26:01	03:24:35
49	Cameron	Cumming	M40	Pontypridd Roadents Ac	03:26:35	03:26:28
50	Leon	Murnieks	MS		03:26:57	03:26:39
51	Peter	Hopes	M50	Bitton Road Runners	03:27:03	03:26:55
52	Andrew	Bowen	MS		03:27:12	03:27:08
53	Carlos	Constantino	M40		03:27:44	03:27:25
54	Paul	Evans	M50		03:27:45	03:27:29
55	John	Gardener	M60	Pembrokeshire Harriers	03:28:06	03:28:06
56	Rob	Bickel	M40		03:29:13	03:29:03
57	Phillip	Turner	M40	Sospan Road Runners	03:30:16	03:30:16
58	Meurig	Owen	MS		03:30:54	03:30:51
59	Ricci	Watts	MS	Pontypool Runners	03:31:05	03:30:31
60	Rosie	Sweetman	F35		03:31:43	03:31:38
61	John	Ross	M40	San Domenico Rc	03:31:55	03:31:52
62	Peter	Rodger	M50	Caerleon Running Club	03:32:23	03:31:58
63	Adam	Cooke	M40		03:34:29	03:34:20
64	Anthony	Thomas	MS		03:34:41	03:34:27
65	Phil	Adams	M50	100Km Association	03:35:06	03:35:00
66	Ingrid	Harris	F45	Almost Athletes	03:35:47	03:35:26
67	Peter	Cucz	MS		03:37:22	03:37:00
68	Laurie	Hughes	M50		03:38:13	03:38:06
69	Seth	Davies	MS	Cardiff Met	03:39:31	03:39:21
70	Aron	Jones	MS	3M Gorseinon Road Runners	03:39:38	03:39:08
71	Lewis	Bertorelli	MS		03:40:35	03:40:10
72	Mike	Slack	MS		03:42:38	03:42:17
73	Chris	Smith	MS		03:43:16	03:43:02
74	Antonio	Antoniazzi	M40		03:43:21	03:43:11
75	Rick	Wilson	M50		03:43:26	03:43:09
76	Nia	Davies	F35	Weston Ac	03:43:44	03:43:32
77	Andrew	White	M40		03:43:47	03:43:40
78	Marie	Hawke	FS		03:43:51	03:43:45
79	Tim	Fry	MS	Cardiff Aac	03:44:03	03:43:57
80	Chris	O'Brien	M40	Pontypool & District Runners	03:44:20	03:44:10
81	Mark	Thompson	M40	Slinn Allstars	03:45:02	03:44:40
82	Rhian	Sommers	F35		03:45:15	03:45:12
83	Danielle	Sapsford	F35	Chepstow Harriers	03:45:18	03:45:10
84	Tomos	Dugmore	MS		03:45:23	03:45:03
85	Matt	Collins	MS		03:45:25	03:45:25
86	Alan	Porter	M40		03:45:38	03:45:26
87	Ken	Knights	M40		03:45:53	03:45:34
88	Brad	Courtney-Pinn	MS		03:46:31	03:46:28
89	Craig	Harris	MS		03:46:45	03:46:29
90	James	Davies	MS		03:47:23	03:46:50

# Human Being Active

## GREAT WELSH MARATHON 2015 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP TIME
91	Geraint	Flye	MS		03:47:34	03:47:22
92	Adrian	Norsworthy	M40		03:47:57	03:47:51
93	Dave	Webster	M50		03:48:07	03:47:41
94	Alex	Davidson	MS		03:48:14	03:48:05
95	Gareth	Morgan	M40		03:48:47	03:48:16
96	Dan	Micola	M40		03:49:08	03:49:05
97	Ed	Dimmock	MS		03:49:10	03:49:02
98	Robin	Bell	MS		03:49:22	03:49:08
99	Jason	Dixon	M40	Islwyn Rc	03:49:27	03:49:23
100	Barry	Phillips	MS		03:49:54	03:49:37
101	Mandy	Draper	F45	Valero	03:50:30	03:50:30
102	Gary	Webber	M40	Rhondda Valley Runners	03:52:06	03:51:54
103	Lee	Edwards	MS		03:52:16	03:52:13
104	Abi	Jones	FS		03:52:17	03:52:09
105	Sharon	Austin	F35		03:52:54	03:52:50
106	Stephen	Jones	MS		03:53:02	03:52:38
107	Lisa	Jeffrey	F35	Chepstow Harriers	03:53:42	03:53:34
108	Kelly	Felstead	F35	Islwyn Rc	03:53:44	03:53:39
109	Abigail	Reynolds	F35		03:54:12	03:54:02
110	Thomas	Huw	M40		03:54:35	03:54:01
111	Simon	Rex	MS		03:54:50	03:54:37
112	David	Palmer	M50		03:55:44	03:55:34
113	Derek	Miles	M50	Quarhouse	03:55:48	03:55:32
114	Jon	Turtle	MS	Kent Police Ac	03:56:17	03:55:57
115	Alan	Littlejohns	M60	Launceston Road Runners	03:56:21	03:55:59
116	Bleddyn	Thomas	MS		03:56:22	03:56:02
117	Daffydd	Weetman	M40	Islwyn Rc	03:56:26	03:56:20
118	Jonathan	Davies	M40	Islwyn Rc	03:56:26	03:56:20
119	Stephen	Nicholas	MS	Dragons Running Club	03:57:12	03:56:55
120	Kevin	Sherry	M40		03:57:28	03:57:21
121	Toni	Matthew	F35	Kent Police Ac	03:57:36	03:57:16
122	Adam	Rymill	MS		03:58:21	03:57:53
123	Dave	Johnson	M50	Kings Heath Running Club	03:58:24	03:58:19
124	Glenn	Powell	MS	Penarth & Dinas Runners	03:58:37	03:58:37
125	Clive	Evans	M40	Cardigan	03:58:42	03:58:30
126	Paul	Mason	MS	Griffithstown Harriers	03:59:01	03:58:41
127	David	Wilson	MS		03:59:05	03:58:52
128	Stephen	Andrews	MS		03:59:21	03:59:08
129	Ken	Knights	M40		03:59:44	03:59:26
130	Nerina	Gill	F45	Clayton-Le-Moors Harriers	04:01:04	04:00:50
131	Cheryl	Morgan	F35	Pontypridd Roadents Ac	04:01:29	04:01:27
132	Nigel	Williams	M40		04:01:57	04:01:43
133	Rhodri	Rowlands	MS		04:02:24	04:02:08
134	Peter	Britton	M50		04:02:26	04:02:06
135	Sally	Grant	F35	Chepstow Harriers	04:02:39	04:02:30

# Human Being Active

## GREAT WELSH MARATHON 2015 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP TIME
136	Sarah	Draper	F35	Merthyr Running Club	04:03:02	04:02:57
137	Ian	Tarr	M50		04:04:50	04:04:20
138	Katherine	Lewis	F35		04:05:22	04:05:17
139	Matthew Lee	Rogerson	M40		04:05:34	04:05:22
140	Alex	Kindred	MS		04:06:24	04:06:15
141	Sally	Strong	F35		04:06:48	04:06:20
142	Jason	Gray	M40		04:07:59	04:07:46
143	Andrew	Davies	MS		04:08:21	04:08:09
144	Ian-Keith	Taylor	M50	100 Marathon Club	04:08:41	04:08:22
145	Tim	Williams	M40		04:09:01	04:08:44
146	Brian	Watson	MS		04:09:20	04:09:12
147	Tracy	Davies	FS		04:10:03	04:09:36
148	Paul	Guest	M40		04:10:07	04:09:45
149	Martin	Stark	M40		04:10:25	04:09:47
150	Rachael	Ellard	F35		04:10:47	04:10:34
151	Andy	Elias	M40		04:11:00	04:10:43
152	Laura	Boothman	F35	London Heathside	04:11:31	04:11:30
153	Antony	Lewis	M40		04:11:44	04:11:12
154	Matthew	Griffiths	MS	Griffithstown Harriers	04:12:07	04:11:47
155	Allan	Green	M60	100 Marathon Club	04:15:14	04:14:44
156	Leon	Williams	MS		04:15:31	04:15:20
157	Steven	Slovan	M40		04:15:34	04:15:10
158	Jane	Stephens	F45	London Heathside	04:16:16	04:16:16
159	Christian	Davies	MS		04:16:34	04:16:12
160	Michael	Slee	M50		04:17:03	04:16:50
161	Tommy	Morgan	MS		04:17:55	04:17:45
162	Danothy	Bennett	MS	Team Am	04:20:28	04:20:08
163	Marc	King	M40		04:20:30	04:20:01
164	Matthew	Hearne	MS		04:20:53	04:20:28
165	Tina	Fecci	F45		04:22:28	04:22:15
166	Scott	Mclachlan	M40		04:22:42	04:22:15
167	Katie	Meredith	FS	Sparkhill Harriers	04:22:58	04:22:48
168	Angela	Evans	F45		04:25:05	04:25:04
169	Sam	Jones	FS	Wrekin Road Runners	04:25:05	04:24:50
170	Matthew	Gilbert	MS		04:25:06	04:24:47
171	Neil	Cook	M40		04:25:06	04:24:48
172	Paul	Bigmore	M50	Celtic Tri	04:25:48	04:25:20
173	M	D	M50	100 Marathon Club	04:26:40	04:26:28
174	Paul	Cummins	M40		04:27:18	04:27:15
175	Mark	Wotton	M50	Teignbridge Trotters	04:27:59	04:27:53
176	Juliette	Hathway	F45		04:29:04	04:28:45
177	Paul	Gander	M40		04:29:11	04:28:32
178	Amanda	Gilbert	F45	Run 4 All	04:29:17	04:28:43
179	Tracy	Govier	F35	Celtic Tri	04:29:34	04:29:09
180	Simon	Grigg-Williams	M40	Celtic Tri	04:29:34	04:29:09

# Human Being Active

## GREAT WELSH MARATHON 2015 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP TIME
181	Ian	Merrick	M50		04:30:21	04:30:02
182	Christine	Moore	F55	Bath Amphibians	04:30:45	04:30:40
183	Claire	Lawler	F35	Old Parish Maesteg	04:31:10	04:30:59
184	Wayne	Preece	M60	Yr Hen Blwyf	04:31:10	04:30:59
185	Nicola	Davies	F35		04:31:24	04:30:53
186	Celyn	Jenkins	FS	Sospan Road Runners	04:31:41	04:31:29
187	Steven	Jones	M40		04:31:54	04:31:46
188	Mark	Jeynes	M40		04:32:09	04:31:53
189	Jamie	Jenkins	MS		04:32:10	04:31:53
190	Allen	Stark	MS	Mumbles Milers	04:32:51	04:32:20
191	Kim	Provis	M50		04:33:23	04:32:54
192	Kate	Quick	F35		04:33:34	04:33:07
193	James	Owen	MS		04:33:49	04:33:15
194	Jill	Gundry	F55	London Heathside	04:33:59	04:33:59
195	Ruth	Dorrell	F35		04:34:51	04:34:33
196	Clare	Fear	F35	Frenchay Runners	04:34:57	04:34:39
197	Craig	Walton	M40		04:36:19	04:35:58
198	Elaine	Dean	F45		04:37:02	04:36:36
199	Philippa	Morgan	F35	Celtic Tri	04:39:32	04:39:06
200	Mark	Painter	M50		04:45:41	04:45:09
201	Kirsty	Holtham-Morgan	F35	Islwyn Rc	04:46:52	04:46:27
202	Kay	Dixon	F35	Islwyn Rc	04:46:52	04:46:27
203	Suzanne	Davidson	F35	Islwyn Rc	04:46:53	04:46:28
204	Miriam	Kempson	F45		04:47:09	04:46:37
205	Owen	Williams	MS		04:49:38	04:49:15
206	Kate	Spencer Ellis	F35		04:50:15	04:50:00
207	Jenna	Powell	F45		04:50:22	04:49:49
208	Sarah	Stevens	F35		04:50:51	04:50:27
209	Richard	Wellburn	M40	100 Marathon Club	04:51:13	04:50:45
210	Carl	Lewis	MS	Caerphilly Runners	04:51:14	04:51:05
211	Selina	Da Silva	F55	Marathon Club Ireland	04:51:39	04:51:13
212	Robert	Smith	M50		04:52:29	04:52:02
213	James	Wilcockson	MS		04:52:46	04:52:16
214	Anna	Rymill	FS		04:54:17	04:53:49
215	Anna	Jurska	FS		04:58:34	04:58:08
216	Ryan	Smith	MS		04:58:58	04:58:37
217	Jayne	Jones	F45	Pontypridd Roadents Ac	05:03:06	05:02:57
218	Anton	Duffy	MS		05:04:23	05:03:44
219	Sharon	Chambers	F35		05:06:25	05:05:56
220	Nia	Morgan	F35		05:06:28	05:05:58
221	Chris	Woodman	M40	Yeovil Town Rrc	05:08:58	05:08:24
222	Ruth	Cochran	F45	Pontypridd Roadents Ac	05:10:01	05:09:50
223	Amy	Butlin	FS		05:13:23	05:13:05
224	Gareth	Cavill	M40		05:17:07	05:16:27
225	Nick	Venables	MS	Sospan Road Runners	05:22:29	05:22:16

# Human Being Active

## GREAT WELSH MARATHON 2015 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP TIME
226	Mike	Ridout	M60		05:26:38	05:26:27
227	James	Thomas	M50	Old Parish Maesteg	05:26:39	05:26:28
228	James	Roach-John	M40	Pembrokeshire Harriers	05:28:19	05:27:55
229	David	Moles	M60	100 Marathon Club	05:29:31	05:28:34
230	Mark	Williams	M40		05:34:49	05:34:17
231	Louise	Jennings	FS		05:35:17	05:34:47
232	Stuart	Howe	MS	Runners Of Westeros	05:35:50	05:35:18
233	Mary-Ellen	Parry	FS		05:37:46	05:37:24

## UPCOMING HUMAN BEING ACTIVE EVENTS

**FUSION 5K - SUMMER SERIES**

**... JUN-JUL-AUG 2015**

**PEMBREY BEACH 10K FUN RUN**

**... SEPTEMBER 2015**

*incorporating the HBA Family Adventure Challenge*

**HBA - LLANELLI TO CARDIFF WALKATHON**

**... SEPTEMBER 2015**

**HBA SANTA DASH - LLANELLI CARNIVAL**

**... NOVEMBER 2015**

**HBA OFF-ROAD DUATHLON**

**... 2015**

**LLANELLI WATERSIDE HALF MARATHON**

**... 13th MARCH 2016**

**HBA-5-10-20 MILES**

**... 3rd APRIL 2016**

**GREAT WELSH MARATHON**

**... 24th APRIL 2016 - Provisional**

*incorporating the Great Welsh Half Marathon*

*..... and many others to be announced soon*

Our thanks to all from the community that continue to support this and other Human Being Active Events. We look forward to seeing you at the next one ...

**[www.humanbeingactive.org](http://www.humanbeingactive.org)**

Total event management and info services for sports events and active lifestyles

# Human Being Active

## GREAT WELSH HALF MARATHON 2015 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP TIME
1	Raul	Reismann	M40	Swansea Harriers	01:21:05	01:21:05
2	Simon	Bagguley	MS		01:22:59	01:22:59
3	Alex	Scott	MS		01:26:29	01:26:28
4	Dameon	Windsor	MS		01:27:08	01:27:05
5	Damian	Capps	M40	Team Cemais	01:27:23	01:27:18
6	Sean	Birch	M40	Islwyn Rc	01:27:36	01:27:32
7	James	Tucker	MS	Chepstow Harriers	01:27:58	01:27:58
8	Peter	Paprcka	MS	Massey Ferguson Rc	01:28:46	01:28:42
9	Geoffrey	Robinson	M40		01:30:17	01:30:13
10	Janet	Holmes	FS	Les Croupiers	01:31:33	01:31:30
11	Llyr	Roberts	MS		01:31:38	01:31:31
12	David	Hawkins	MS	Pembrokeshire Harriers	01:31:47	01:31:45
13	Huw	Tillman	MS		01:31:57	01:31:51
14	Daniel	Luffman	M40	Les Croupiers	01:32:30	01:32:28
15	Andrew	Mathias	MS		01:32:56	01:32:42
16	Hywel	Jones	M50	Amman Valley Harriers	01:34:13	01:34:11
17	Nick	Stocker	M40	Bridgend Ac	01:34:25	01:34:21
18	Mark	Bryant	MS		01:34:32	01:34:32
19	Craig	Flannery	MS	Celtic Tri	01:34:52	01:34:30
20	Richard	Webster	M60	3M Gorseinon Road Runners	01:34:59	01:34:56
21	Dean	Thomas	M40		01:36:12	01:36:07
22	Richard	Passmore	MS		01:38:44	01:38:39
23	Stuart	Cranfield	M50		01:39:20	01:39:13
24	Laurence	Jones	MS		01:40:39	01:40:25
25	Roy	Silver	M50	Les Croupiers	01:41:06	01:40:55
26	Katie	Moris	FS	Sospan Road Runners	01:41:12	01:41:04
27	Caryl	Williams-Ford	F35	Sospan Road Runners	01:41:31	01:41:23
28	David	Lamb	MS		01:41:46	01:41:37
29	Steve	Brown	M50	Pembrokeshire Harriers	01:42:46	01:42:25
30	Christian	Jones	MS	Run 4 All	01:42:47	01:42:36
31	Sian	Williams	F35	Pembrokeshire Triathlon Club	01:44:09	01:44:06
32	Debbie	Cockram	F45	Fairwater Runners Cwmbran	01:44:26	01:44:13
33	Lee	Morgan	M40		01:44:42	01:44:34
34	Mark	Passmore	MS		01:44:59	01:44:54
35	Jeff	Jones	M50	Rhondda Tri Club	01:45:56	01:45:48
36	Heidi Louise	Thomas	FS		01:46:32	01:46:23
37	Stuart	Howells	M40	Human Being Active	01:46:46	01:46:28
38	Rhys	Brothers	MS		01:47:05	01:46:49
39	Ian	Fiddes	M40	Vegan Runners	01:47:21	01:47:16
40	Bryan	Welsh	M50		01:49:03	01:48:57
41	Mark	Day	M40		01:49:21	01:49:12
42	Arwyn	Wilson	FS		01:50:32	01:50:14
43	Dean	David	MS	Celtic Tri	01:50:36	01:50:18
44	Damion	Evans	MS		01:50:39	01:50:27
45	Steve	Jones	M40		01:50:45	01:50:29
46	Gemma	Thomas	FS		01:50:45	01:50:31
47	Lynn	Davies	M40		01:51:02	01:50:25
48	Darren	Conway	MS		01:51:10	01:51:02

# Human Being Active

## GREAT WELSH HALF MARATHON 2015 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP TIME
49	David	Thomas	M40	Pembrokeshire Harriers	01:51:26	01:51:06
50	Jack	Thomas	M40	Uknetrunner.Co.Uk	01:51:31	01:51:22
51	Gemma	Griffiths	FS		01:51:31	01:51:11
52	Tina	Bevan	F35	Pembrokeshire Harriers	01:51:35	01:51:34
53	Andrew	Morgan	M40	South Wales Police	01:51:37	01:51:22
54	Laura	Edmonds	F35		01:51:37	01:51:23
55	Dave	Loveless	M40	Cr@P Tri	01:51:37	01:51:21
56	Pamela	Carter	FS		01:51:57	01:51:28
57	Helen	Hughes	FS		01:52:06	01:51:59
58	Peter	Garrod	M40		01:52:33	01:52:03
59	Rachel	Biggar	FS		01:52:37	01:52:26
60	James	Gregory	MS	Pembrokeshire Harriers	01:52:41	01:52:21
61	Chris	Bluck	M40	Swp Triathlon	01:52:42	01:52:26
62	Torrey	Stillman	MS		01:52:51	01:52:25
63	Phillip	Heaton	M50		01:53:02	01:52:47
64	Sue	Lloyd	F45	Pembrokeshire Harriers	01:53:12	01:52:49
65	Jamie	Dougherty	MS		01:53:24	01:53:10
66	Alison	Thomas	F35	Sanshirokwai	01:53:26	01:53:11
67	Joanne	Ryan	F35	Rhondda Valley Runners	01:53:45	01:53:39
68	Brian	Lewis	M50		01:53:47	01:53:30
69	Gwen	Smith	F45		01:54:24	01:54:10
70	Martin	Oliver	M40		01:55:04	01:54:37
71	Coleen	Birch	F35	Islwyn Rc	01:55:10	01:54:58
72	Andrew	Purser	MS		01:55:16	01:55:00
73	Nicki	Bowen	F35		01:55:50	01:55:43
74	Barry	James	M60	Porthcawl Runners	01:56:07	01:55:35
75	Chris	Edmonds	M60		01:56:58	01:56:44
76	Kenneth Wayne	Oliver	M50	Islwyn Rc	01:58:08	01:57:53
77	John	Williams	M40		01:58:14	01:57:34
78	Matthew	Doyle	F35		01:58:19	01:58:12
79	Cheryl	Parkhouse	F35	Royal Navy Reserve	01:58:22	01:58:04
80	Catrin	Simon	F35	Vegan Runners	01:58:24	01:57:55
81	Vivienne	Gush	F45	Clc Striders	01:58:56	01:58:35
82	Lyn	Evans	F55	London Heathside	01:59:41	01:59:41
83	Gareth	Sullivan	MS		02:00:00	01:59:45
84	Anne	Philpott	F55	Ranelagh Harriers	02:00:01	01:59:31
85	Nicholas	Drage	M40		02:00:11	02:00:00
86	Tudur	Davies	M50		02:01:52	02:01:32
87	Emma	Vaux	F35		02:02:22	02:01:54
88	Martin	Croshaw	M40		02:02:53	02:02:32
89	Martin	Jones	M50		02:03:06	02:02:40
90	Janet	Heaton	F45		02:03:41	02:03:27
91	Kate	Thomas	FS		02:03:58	02:03:48
92	Daniel	Hawke	MS		02:04:41	02:04:21
93	Andrew	Evans	MS	Sospan Road Runners	02:04:45	02:04:36
94	Gillian	Cross	FS		02:06:14	02:05:54
95	Andrew	Lustig	MS	Celtic Tri	02:06:50	02:06:24
96	Sue	Phillips	F45		02:07:11	02:07:04



# Human Being Active

## GREAT WELSH HALF MARATHON 2015 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP TIME
97	Eryl	Jones	M40		02:07:36	02:07:17
98	Eloise	Heap	FS		02:07:48	02:07:39
99	Robin	Geller	F45		02:08:24	02:07:54
100	Christopher	Hyom	M50		02:08:25	02:07:45
101	Elinor	Thomas	FS	Celtic Tri	02:08:27	02:08:08
102	Simon	Thomas	MS		02:08:28	02:08:28
103	Karla	Evans	FS		02:08:28	02:08:28
104	Tania Louise	Evans	F45		02:10:36	02:10:25
105	Tim	Colebrook	MS		02:10:40	02:09:59
106	Joanne	Churchill	F35		02:11:01	02:10:50
107	Deb	Garner	F45	Pembrokeshire Harriers	02:11:14	02:10:50
108	Helen	Jenkins	FS		02:11:39	02:11:15
109	Debbie	Cleary	F35		02:11:41	02:11:10
110	Jack	Sewter	MS		02:12:36	02:12:22
111	Sarah	Hawker	F35		02:13:07	02:12:43
112	Penny	Walton	F45		02:13:13	02:12:59
113	Vince	Oak	M50		02:13:14	02:13:14
114	Tracy	Evans	F35		02:13:14	02:13:14
115	Louis	Morgan	MS	Islwyn Rc	02:14:30	02:14:17
116	Kate	Ennis	F35		02:15:26	02:15:04
117	Callum	Price	MS		02:16:08	02:15:45
118	Nigel	Jones	M60		02:16:35	02:16:05
119	Julie	Haigh	F55		02:18:25	02:17:52
120	Dawn	French	F45	Rhondda Runners	02:20:13	02:20:07
121	Karen	Smith Marks	F45		02:20:47	02:20:19
122	Neil	Gladwin	M40		02:20:57	02:20:39
123	Stephen	Glynn	M50	Pembrokeshire Harriers	02:21:15	02:20:51
124	Carrie	Grant	FS		02:21:17	02:21:10
125	Lynnette	Sewter	F45		02:21:30	02:21:15
126	Benjamin	Biggs	M40		02:23:04	02:22:38
127	Sally	Barber	F35		02:23:52	02:23:28
128	James	Thomas	M40		02:24:01	02:23:34
129	Pauline	Charlett	F45	Pembrokeshire Harriers	02:24:14	02:23:51
130	Ria	Jones	FS	Pembrokeshire Harriers	02:25:05	02:24:42
131	Chris	Kehoe	MS		02:25:08	02:24:49
132	Stacey	Kehoe	FS		02:25:08	02:24:49
133	Alice	Bagley	FS		02:26:39	02:26:23
134	Huw	Jones	M60		02:27:23	02:26:42
135	Elizabeth	Lockwood	FS	Vegan Runners	02:28:20	02:27:52
136	Corrine	Williams	FS		02:30:21	02:29:49
137	Tash	Smith	FS		02:30:21	02:30:02
138	Grace	Powell	F35		02:31:12	02:31:01
139	Dan	Jervis	MS		02:32:35	02:32:07
140	Emily	Williams	FS		02:32:36	02:32:07
141	Emma	Campbell	FS		02:36:10	02:35:47
142	Sarah	Rees	FS		02:37:50	02:37:25
143	Jaime	Evans	MS		02:38:06	02:38:04
144	Lucy	Allen	FS		02:39:11	02:38:48

# Human Being Active

## GREAT WELSH HALF MARATHON 2015 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP TIME
145	Kate	Harris	F45	Yeovil Town Rrc	02:41:19	02:40:46
146	Lesley	Bigmore	F55		02:49:48	02:49:05
147	Claire	Ainsworth	FS		02:52:48	02:52:17
148	Emma	Beenham	FS		02:53:30	02:53:08

## UPCOMING HUMAN BEING ACTIVE EVENTS

**FUSION 5K - SUMMER SERIES**

**... JUN-JUL-AUG 2015**

**PEMBREY BEACH 10K FUN RUN**

**... SEPTEMBER 2015**

*incorporating the HBA Family Adventure Challenge*

**HBA - LLANELLI TO CARDIFF WALKATHON**

**... SEPTEMBER 2015**

**HBA SANTA DASH - LLANELLI CARNIVAL**

**... NOVEMBER 2015**

**HBA OFF-ROAD DUATHLON**

**... 2015**

**LLANELLI WATERSIDE HALF MARATHON**

**... 13th MARCH 2016**

**HBA-5-10-20 MILES**

**... 3rd APRIL 2016**

**GREAT WELSH MARATHON**

**... 24th APRIL 2016 - Provisional**

*incorporating the Great Welsh Half Marathon*

*..... and many others to be announced soon*

Our thanks to all from the community that continue to support this and other Human Being Active Events. We look forward to seeing you at the next one ...

**[www.humanbeingactive.org](http://www.humanbeingactive.org)**

Total event management and info services for sports events and active lifestyles