

## VETS ON STANDARD

1	DANIEL THOROGOOD	YSTWYTH CC	V52	+53:12
2	PAULA MOSELEY	CLIMB ON BIKES RT	LV41	+50:00
3	ROB ELLIS	BYNEA CC	V49	+46:51
4	PAUL COLMAN	PEMBROKESHIRE VELO	V53	+44:18
5	RICHARD WILDER	SAN DOMENICO	V40	+29:23
6	JUSTIN FORD	CC BLAENAU GWENT	V40	+28:28
7	ARWEL DAVIES	BYNEA CC	V41	+24:32
8	CATHERINE ETCHELL	BRECON WHS	LV51	+24:19
9	CHRIS MARTIN	YEOVIL CC	V47	+23:58
10	ANDREW SPARKS	HEREFORD WHS	V52	+22:00
11	ANTHONY HUDSON	CC BLAENAU GWENT	V55	+11:24
12	NIGEL JONES	HEREFORD WHS	V45	+8:09
13	PAUL THOMAS	PORT TALBOT WHS	V45	+3:43
14	HEATHER DENNIS	CARDIFF AJAX CC	LV41	-6:05
15	IAN BAINBRIDGE	CLEVEDON & DIST' RC	V62	-9:45
16	PAUL GRIFFITHS	CARDIFF AJAX CC	V59	-19:16
17	JASON STRANGE	OGMORE VALLEY WHS	V41	-23:26

THANK YOU!

Thanks to all competitors for having a crack at the West Wales 100! Tell your friends how much fun you had and we look forward to seeing you again in 2015.

Special thanks to Robin '4x4' Field (Cardiff Byways) for marshalling the Brecon turn and also timekeeping the finish. Thanks also to Peter Jones (Port Talbot Whs) for pushing off and marshalling and to John Shehan (Bynea CC) and David Brice (Bynea CC) for marshalling the western end of this wonderful course.

Thanks to Jill Colman (Pembs Velo) for the sandwiches and cake and to Marilyn Shehan (Bynea CC) for giving Mandy a welcome hand with the catering and also for bringing us all up to speed with the latest gossip ; )



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Promoted for and on behalf on Cycling Time Trials under their Rules and Regulations

# RESULT SHEET

## THE WEST WALES CYCLISTS' LEAGUE



PRESENTED AN OPEN 100-MILE TIME-TRIAL

On Sunday, June 15<sup>th</sup>, 2014 on the R100/1 course

### AWARD WINNERS

Fastest Rider – Daniel Thorogood (Ystwyth CC) 4.05:31

2<sup>nd</sup> Fastest – Daniel Colman (Pembs Velo) 4.07:51

3<sup>rd</sup> Fastest – Rob Ellis (Bynea CC) 4.08:43

Fastest Lady Rider – Paula Moseley (Climb on Bikes RT) 4.20:04

2<sup>nd</sup> Fastest Lady Rider - Catherine Etchell (Brecon Whs) 4.57:10

3<sup>rd</sup> Fastest Lady Rider – Heather Dennis (Cardiff Ajax) 5.16:09

Fastest Vet/Std – Paul Colman (Pembs Velo) +44:18

Fastest Team of 3 Riders – Pembs Velo 13.31:52  
(D. Colman 4.07:51, P. Colman 4.15:31, C. Scott 5.08:30)

Pos.	NAME	CLUB/TEAM	CAT	VET STD	ACTUAL	VET +/-
1	DANIEL THOROGOOD	YSTWYTH CC	V52	4.58:43	4.05:31	+53:12
2	DAN COLMAN	PEMBROKESHIRE VELO			4.07:51	
3	ROB ELLIS	BYNEA CC	V49	4.55:34	4.08:43	+46:51
4	PAUL COLMAN	PEMBROKESHIRE VELO	V53	4.59:49	4.15:31	+44:18
5	RICHARD WILDER	SAN DOMENICO	V40	4.46:07	4.16:44	+29:23
6	JUSTIN FORD	CC BLAENAU GWENT	V40	4.46:07	4.17:39	+28:28
7	PAULA MOSELEY	CLIMB ON BIKES RT	LV41	5.10:04	4.20:04	+50:00
8	ARWEL DAVIES	BYNEA CC	V41	4.47:16	4.22:44	+24:32
9	JAMES WILTSHIRE	ST AUSTELL WHS			4.25:31	
10	DAVID MEDHURST	CARDIFF AJAX CC			4.25:37	
11	ROB JONES	OGMORE VALLEY WHS			4.26:31	
12	DAN TAYLOR	ACME WHS			4.27:59	
13	CHRIS MARTIN	YEOVIL CC	V47	4.53:33	4.29:35	+23:58
14	ANDREW SPARKS	HEREFORD WHS	V52	4.58:43	4.36:43	+22:00
15	NIGEL JONES	HEREFORD WHS	V45	4.51:31	4.43:22	+8:09
16	RHYDIAN EVANS	CC BLAENAU GWENT			4.43:28	
17	PAUL THOMAS	PORT TALBOT WHS	V45	4.51:31	4.47:48	+3:43
18	ANTHONY HUDSON	CC BLAENAU GWENT	V55	5.02:08	4.50:44	+11:24
19	CHRIS ALLEN	PORT TALBOT WHS			4.52:20	
20	CATHERINE ETCHELL	BRECON WHS	LV51	5.21:29	4.57:10	+24:19

Pos.	NAME	CLUB/TEAM	CAT	VET STD	ACTUAL	VET +/-
21	RICHARD DANKS	CLIMB ON BIKES RT			5.00:32	
22	CARL SCOTT	PEMBROKESHIRE VELO			5.08:30	
23	JASON STRANGE	OGMORE VALLEY WHS	V41	4.47:16	5.10:44	-23:26
24	HEATHER DENNIS	CARDIFF AJAX CC	LV41	5.10:04	5.16:09	-6:05
25	IAN BAINBRIDGE	CLEVEDON & DIST' RC	V62	5.12:00	5.22:15	-9:45
26	PAUL GRIFFITHS	CARDIFF AJAX CC	V59	5.07:21	5.26:37	-19:16
	KEVIN BARTLEMORE	ACME WHS	V46	4.52:32	DNF	
	GUY EVANS	HEREFORD WHS	V55	5.02:08	DNF	
	DAVID FRANCIS	TEAM NBCC	V42	4.48:22	DNF	
	GARY FLOWER	ACME WHS	V45	4.51:31	DNSA	
	STEVEN MADELEY	OGMORE VALLEY WHS	V52	4.58:43	DNSA	
	ROSS PHILLIPS	CWMCARN PARAGON			DNSA	
	ELINOR THOROGOOD	YSTWYTH CC	L		DNSA	
	NICK BROWN	TEAM NBCC	V56	5.03:21	DNSA	
	GRAHAM BROOKHOUSE	VC MONTPELLIER	V51	4.57:39	DNS	
	TONY CULLEN	TOTAL TRI TRAINING	V40	4.46:07	DNS	
	RHYS JORDAN	TEAM NBCC			DNS	
	MIKE LAWRENCE	TEAM NBCC	V57	5.04:37	DNS	
	MARK NOTT	OGMORE VALLEY WHS	V45	4.51:31	DNS	
	RHYS PAYNE	PORTH & DISTRICT			DNS	