

Cardiff Summer Series 2 mile

Friday 27th June 2014

pos	no.	name	club	age group	time
1	404	Ashleigh Harper	Aberdare VAAC	SM	00:09:58
2	698	Oliver Williams	Les Croupiers RC	SM	00:10:00
3	670	Matthew Edmunds	Newport Harriers	SM	00:10:10
4	686	Tom Jeffery	Les Croupiers RC	SM	00:10:14
5	681	Mukhtaar Farhan	Cardiff AAC	SM	00:10:17
6	769	Ian Withers	Unattached	SM	00:10:29
7	409	Dan Bradshaw	Aberdare VAAC	SM	00:10:37
8	408	Rob Sage	Les Croupiers RC	SM	00:10:38
9	683	Matt Hurford	Swansea Harriers	MV40	00:10:56
10	692	Anthony Williams	Aberdare VAAC	MV50	00:11:04
11	413	Emma Wookey	Lliswerry Runners	SW	00:11:15
12	667	Brian Dias	Les Croupiers RC	SM	00:11:20
13	690	Phil Bristow	San Domenico RR	MV50	00:11:28
14	758	Andrew Blair	Les Croupiers RC	MV40	00:11:36
15	699	Glyn Wise	Cardiff Uni	SM	00:11:42
16	406	Dave Coles	Les Croupiers RC	MV50	00:11:45
17	405	Davey Proud	Les Croupiers RC	MV40	00:11:45
18	401	John Craven	Unattached	SM	00:11:46
19	689	Laurence Pole	Pontypridd Roadents	SM	00:11:46
20	694	Gary Howgate	Les Croupiers RC	MV40	00:11:47
21	679	James Bruce	Les Croupiers RC	MV40	00:11:51
22	693	Tom Martin	Nike Run Club Cardiff	SM	00:11:52
23	685	Elio Lepore	Les Croupiers RC	MV60	00:11:53
24	687	Marcus Coles	Les Croupiers RC	MV40	00:11:57
25	673	Donovan Williams-Hale	Bridgend AC	U20M	00:11:59
26	691	Simon Hazel	Les Croupiers RC	MV40	00:11:59
27	678	Phil George	Les Croupiers RC	MV40	00:12:16
28	669	Mick McGeoch	Les Croupiers RC	MV50	00:12:21
29	671	Claire Beatty	Les Croupiers RC	FV35	00:12:29
30	799	John O'Shea	Les Croupiers RC	MV50	00:12:30
31	664	Dominic Shields	San Domenico RR	MV40	00:12:31
32	759	David E Williams	Les Croupiers RC	MV50	00:12:51
33	407	Marcus Meyrick	Les Croupiers RC	MV40	00:12:52
34	415	Daniel Lloyd	Nike Run Club Cardiff	SM	00:12:53
35	417	Matthew Borenstein	Unattached	SM	00:13:05
36	680	Clive Osmond	Les Croupiers RC	MV50	00:13:15
37	665	Marcia Gouveia	San Domenico RR	SW	00:13:17
38	410	Alan Mason	Les Croupiers RC	MV50	00:13:25
39	402	Hazel Craven	Les Croupiers RC	FV35	00:13:29
40	676	Aisling Pigott	Outdoor Fitness	SM	00:13:38
41	411	Huw Parry	Les Croupiers RC	MV50	00:13:39
42	695	Roy Silver	Les Croupiers RC	MV50	00:13:44
43	666	Andrew Cleverley	Pegasus RC	MV40	00:13:55
44	403	Gwen Richards	Pontypridd Roadents	U20W	00:13:58

45	675	Julie Scholey	Les Croupiers RC	FV55	00:14:02
46	707	Paul Chapman	Les Croupiers RC	MV40	00:14:15
47	414	Claire Jones	Les Croupiers RC	SW	00:14:36
48	677	Rhys Jones	Unattached	SM	00:14:46
49	668	Eric Hughes	Bridgend AC	MV70	00:14:50
50	700	Colin Crooks	Pegasus RC	MV50	00:14:50
51	674	Huw Williams	Bridgend AC	MV40	00:15:53
52	684	Jeff Aston	Les Croupiers RC	MV60	00:15:55
53	682	Amanda Thompson	Les Croupiers RC	FV45	00:16:35
54	800	Eirian Arwyn	Les Croupiers RC	FV55	00:17:11
55	697	Tracey Newman	Les Croupiers RC	FV35	00:17:15
56	412	Kath Hart	Unattached	SW	00:17:37
57	696	Rosemary Williams	Les Croupiers RC	FV55	00:17:49
58	672	Ruth Cochran	Pontypridd Roadents	FV45	00:19:29
59	688	Sarah Meah	Les Croupiers RC	FV45	00:19:50