



BRITISH
ATHLETICS

2013 ICXC - Senior Men

Pos	Time	No	Name	County	Pos	Time	No	Name	County
1	0:33:54	4213	Frank Tickner	Avon & Somerset	91	0:37:28	4487	Stuart Robinson	Lancashire
2	0:34:05	4412	Steve Vernon	Gt.Manchester	92	0:37:30	4540	Ryan McKinlay	Middlesex
3	0:34:11	4424	Andy Vernon	Hampshire	93	0:37:32	4509	Richard Brown	Lincolnshire
4	0:34:19	4576	Jonathan Taylor	North East	94	0:37:35	4266	Will Mackay	Cambridgeshire
5	0:34:32	4828	Mike Skinner	Blackheath & Bromley H	95	0:37:36	4750	Darryl Hards	Sussex
6	0:34:36	4820	Meles Ozbazghi	Yorkshire	96	0:37:38	4232	Carl Bradbury	Berkshire
7	0:34:56	4708	Philip Nicholls	Staffordshire	97	0:37:41	4474	Luca Russo	Kent
8	0:35:00	4825	James Wilkinson	Yorkshire	98	0:37:42	4523	Tom Madden	Merseyside
9	0:35:09	4566	Dan Garbutt	North East	99	0:37:42	4643	Joshua Entwistle	Oxfordshire
10	0:35:10	4512	Ben Livesey	Lincolnshire	100	0:37:43	4542	Richard Phillips	Middlesex
11	0:35:12	4772	James Walsh	Warwickshire	101	0:37:44	4443	Matthew Salt	Hertfordshire
12	0:35:13	4423	Alex Teuten	Hampshire	102	0:37:45	4244	Thomas Watkins	Berkshire
13	0:35:14	4220	Darren Deed	Bedfordshire	103	0:37:45	4473	Julien Rendell	Kent
14	0:35:15	4764	Jack Gray	Warwickshire	104	0:37:46	4760	Gary Blackman	Warwickshire
15	0:35:16	4570	Patrick Martin	North East	105	0:37:47	4660	Max McNeil	Scotland East
16	0:35:18	4827	Andrew Sherman	Swindon AC	106	0:37:48	4257	Charlie May	Buckinghamshire
17	0:35:20	4577	Lewis Timmins	North East	107	0:37:49	4744	James Baker	Sussex
18	0:35:22	4214	Phil Wylie	Avon & Somerset	108	0:37:52	4393	David Roper	Gloucestershire
19	0:35:31	4819	Ian Mitchell	Yorkshire	109	0:37:55	4769	Toby Spencer	Warwickshire
20	0:35:37	4534	Mohamud Aadan	Middlesex	110	0:37:56	4741	Andrew Penney	Surrey
21	0:35:37	4657	Ross Matheson	Scotland East	111	0:37:57	4379	Rob Warner	Essex
22	0:35:38	4717	Alex Dunbar	Suffolk	112	0:38:00	4679	Joe Brocklehurst	Shropshire
23	0:35:40	4242	Alex Tovey	Berkshire	113	0:38:02	4289	Dan Alsop	Cornwall
24	0:35:42	4571	Richard Morrell	North East	114	0:38:02	4488	Gary Shaw	Lancashire
25	0:35:44	4652	Andrew Buchart	Scotland East	115	0:38:03	4306	Kevin Bell	Cumbria
26	0:35:47	4815	Alan Buckley	Yorkshire	116	0:38:03	4726	Christopher Rooke	Suffolk
27	0:35:48	4504	Alistair Watson	Leicestershire	117	0:38:04	4211	James Rogers	Avon & Somerset
28	0:35:49	4519	Richard Burney	Merseyside	118	0:38:05	4341	Mark Jenkin	Devon
29	0:35:50	4742	Nick Torry	Surrey	119	0:38:07	4547	Hugh Torry	Middlesex
30	0:35:51	4736	James Kelly	Surrey	120	0:38:07	4548	Robert Wilson	Middlesex
31	0:35:52	4585	David Mountford	North Wales	121	0:38:08	4770	Richard Taylor	Warwickshire
32	0:35:54	4822	Jonathan Thewlis	Yorkshire	122	0:38:09	4238	Simon Millett	Berkshire
33	0:35:55	4655	Alex Hendry	Scotland East	123	0:38:09	4335	James Denne	Devon
34	0:35:56	4639	David Bruce	Oxfordshire	124	0:38:10	4247	Tom Beedell	Buckinghamshire
35	0:35:58	4662	John Newsom	Scotland East	125	0:38:11	4746	Howard Bristow	Sussex
36	0:35:59	4276	Matthew Barnes	Cheshire	126	0:38:13	4507	Matt Blunden	Lincolnshire
37	0:35:59	4515	Aaron Scott	Lincolnshire	127	0:38:13	4528	Martin Svensson	Merseyside
38	0:36:01	4230	Daniel Woodgate	Bedfordshire	128	0:38:13	4476	Martyn Bell	Lancashire
39	0:36:05	4575	Ryan Stephenson	North East	129	0:38:15	4304	Jed Bartlett	Cumbria
40	0:36:09	4545	Chris Smith	Middlesex	130	0:38:16	4373	Angus Holford	Essex
41	0:36:09	4307	James Douglas	Cumbria	131	0:38:17	4489	Josh Tighe	Lancashire
42	0:36:09	4729	Ian Bailey	Surrey	132	0:38:18	4400	Josh Cole	Gt.Manchester
43	0:36:15	4470	Jason Prickett	Kent	133	0:38:19	4491	Simon Allen	Leicestershire
44	0:36:16	4485	Gary Priestley	Lancashire	134	0:38:19	4264	Paul Halford	Cambridgeshire
45	0:36:18	4206	Charlie Maclean	Avon & Somerset	135	0:38:20	4554	Nick Earl	Norfolk
46	0:36:21	4479	Simon Deakin	Lancashire	136	0:38:22	4219	Graham Breen	Bedfordshire
47	0:36:22	4749	Will Gray	Sussex	137	0:38:24	4235	Jack Gregory	Berkshire
48	0:36:24	4445	Edward Shepherd	Hertfordshire	138	0:38:29	4422	Graham Robinson	Hampshire
49	0:36:24	4224	John McDonnell	Bedfordshire	139	0:38:30	4526	James McNally	Merseyside
50	0:36:25	4378	Grant Twist	Essex	140	0:38:32	4414	Matthew Bennett	Hampshire
51	0:36:27	4739	Paskar Dwar	Surrey	141	0:38:33	4467	Alex Gibbon	Kent
52	0:36:29	4396	Thomas Russell	Gloucestershire	142	0:38:34	4387	Richard De Camps	Gloucestershire
53	0:36:30	4529	James Tartt	Merseyside	143	0:38:34	4762	Nick Corker	Warwickshire
54	0:36:32	4721	Elliott Palmer	Suffolk	144	0:38:35	4495	Edward Highton	Leicestershire
55	0:36:33	4205	Owain Jones	Avon & Somerset	145	0:38:36	4260	Steve Tuttle	Buckinghamshire
56	0:36:38	4818	Phillip Hoole	Yorkshire	146	0:38:36	4768	Harvey Speed	Warwickshire
57	0:36:41	4572	Matt Nicholson	North East	147	0:38:37	4710	James Perrin	Staffordshire
58	0:36:42	4344	Frank Bailey	Dorset	148	0:38:39	4743	Kieran White	Surrey
59	0:36:43	4522	Toby Loveridge	Merseyside	149	0:38:41	4468	Chris Greenwood	Kent
60	0:36:45	4759	Chris Bannon	Warwickshire	150	0:38:42	4221	Richard Henderson	Bedfordshire
61	0:36:46	4752	Kevin Mason	Sussex	151	0:38:43	4239	Henry Mitchell	Berkshire
62	0:36:46	4480	Chris Fell	Lancashire	152	0:38:45	4640	Aaron Burgess	Oxfordshire
63	0:36:47	4256	Chad Lambert	Buckinghamshire	153	0:38:46	4333	Shaun Antell	Devon
64	0:36:49	4691	Paul Ward	Shropshire	154	0:38:47	4290	Tony Brewer	Cornwall
65	0:36:49	4569	Jack Martin	North East	155	0:38:48	4649	Julian Richardson	Oxfordshire
66	0:36:53	4653	Andrew Crichton	Scotland East	156	0:38:49	4732	Tim Elsey	Surrey
67	0:36:56	4492	Mark Cauldwell	Leicestershire	157	0:38:51	4268	Mike Salt	Cambridgeshire
68	0:36:57	4395	Ander Russell	Gloucestershire	158	0:38:53	4418	Mike Cummings	Hampshire
69	0:37:02	4501	Josh Norman	Leicestershire	159	0:38:54	4380	Grant Webb	Essex
70	0:37:02	4241	Dan Thorne	Berkshire	160	0:38:55	4497	Tom Lupton	Leicestershire
71	0:37:03	4419	Mark Greenwood	Hampshire	161	0:38:56	4248	Tom Comerford	Buckinghamshire
72	0:37:03	4328	Jaimie Roden	Derbyshire	162	0:38:57	4546	Robert Thompson	Middlesex
73	0:37:05	4465	Tom Collins	Kent	163	0:38:57	4370	Dave Fewell	Essex
74	0:37:06	4821	Jack Simpson	Yorkshire	164	0:38:58	4383	Harold Wyber	Essex
75	0:37:07	4478	Tom Cornthwaite	Lancashire	165	0:38:58	4325	Darren King	Derbyshire
76	0:37:09	4252	Tim Gardner	Buckinghamshire	166	0:38:58	4702	Liam Hendicken	Staffordshire
77	0:37:11	4644	Paul Fernandez	Oxfordshire	167	0:38:59	4595	Tom Bark	Northamptonshire
78	0:37:12	4816	Mike Burrett	Yorkshire	168	0:39:02	4279	Marc Hartley	Cheshire
79	0:37:12	4654	Patryk Gierjatowicz	Scotland East	169	0:39:05	4417	Paul Cardy	Hampshire
80	0:37:13	4773	Huw Evans	West Wales	170	0:39:06	4803	Richard Lomas	Worcester
81	0:37:15	4776	Dewi Griffiths	West Wales	171	0:39:08	4295	Michael Robinson	Cornwall
82	0:37:18	4218	Matt Bergin	Bedfordshire	172	0:39:09	4748	Andrew Donno	Sussex
83	0:37:18	4441	Luke Humphreys	Hertfordshire	173	0:39:10	4684	Graham Jones	Shropshire
84	0:37:20	4514	Shane Robinson	Lincolnshire	174	0:39:11	4227	Craig Palmer	Bedfordshire
85	0:37:21	4472	Kieran Reilly	Kent	175	0:39:12	4338	Jonathan Herrera	Devon
86	0:37:21	4800	Matt Granger	Worcester	176	0:39:13	4210	Ben Pointing	Avon & Somerset
87	0:37:23	4502	Mark Powell	Leicestershire	177	0:39:14	4296	Dan Rodgers	Cornwall
88	0:37:24	4754	Kevin Rojas	Sussex	178	0:39:17	4315	Todd Oates	Cumbria
89	0:37:26	4687	Olly Laws	Shropshire	179	0:39:17	4254	Steve Green	Buckinghamshire
90	0:37:27	4630	Andrew Peat	Nottinghamshire	180	0:39:18	4706	Carl Moulton	Staffordshire

2013 ICXC - Senior Men

Pos	Time	No	Name	County	Pos	Time	No	Name	County
181	0:39:18	4582	Lee Jones	North Wales	281	0:44:38	4455	Mark Nettleton	Humberside
182	0:39:19	4314	John Mason	Cumbria	282	0:44:41	4580	Andrew Davies	North Wales
183	0:39:20	4638	James Bolton	Oxfordshire	283	0:44:59	4427	Mark Lamonby	Herefordshire
184	0:39:21	4733	Nicholas Gould	Surrey	284	0:45:05	4345	Neil Biss	Dorset
185	0:39:22	4352	Simon Munro	Dorset	285	0:45:15	4460	David Vickers	Humberside
186	0:39:24	4722	Sebastian Palmer	Suffolk	286	0:45:56	4779	Jonathon Jones	West Wales
187	0:39:24	4462	Daniel Bradley	Kent	287	0:46:33	4790	Carl Davies	Wiltshire
188	0:39:25	4287	Peter Speake	Cheshire	288	0:46:49	4826	Glyn Sanson	San Domenico
189	0:39:26	4245	Jack Williams	Berkshire	289	0:47:02	4588	Edward Partridge	North Wales
190	0:39:26	4482	Joe Johnston	Lancashire	290	0:48:39	4698	David Williams	South Wales
191	0:39:28	4265	Josh Lunn	Cambridgeshire					
192	0:39:29	4711	Dean Richardson	Staffordshire					
193	0:39:31	4532	Joe Viz	Merseyside					
194	0:39:31	4401	Rob Downs	Gt.Manchester					
195	0:39:33	4437	Andrew Cracknell	Hertfordshire					
196	0:39:35	4459	Phillip Taylor	Humberside					
197	0:39:37	4225	Andrew McMulkin	Bedfordshire					
198	0:39:40	4444	Oliver Saville	Hertfordshire					
199	0:39:41	4650	Maxwell Robinson	Oxfordshire					
200	0:39:43	4309	Steve Hebblethwaite	Cumbria					
201	0:39:44	4712	David Smith	Staffordshire					
202	0:39:45	4376	Chris Sellens	Essex					
203	0:39:47	4543	Sean Renfer	Middlesex					
204	0:39:48	4425	Jonathan Barnes	Herefordshire					
205	0:39:52	4202	David Coales	Avon & Somerset					
206	0:39:54	4621	Kyle Craib	Nottinghamshire					
207	0:39:54	4793	Peter Merritt	Wiltshire					
208	0:39:56	4446	Peter Townsend	Hertfordshire					
209	0:39:58	4524	Ben Martin	Merseyside					
210	0:39:58	4399	Matthew Clark	Gt.Manchester					
211	0:40:00	4728	Daniel Simpson	Suffolk					
212	0:40:05	4753	James McCarthy	Sussex					
213	0:40:07	4282	Chris McCarthy	Cheshire					
214	0:40:10	4448	Gregan Clarkson	Humberside					
215	0:40:12	4802	Adam Lloyd	Worcester					
216	0:40:13	4386	Richard Dare	Gloucestershire					
217	0:40:13	4593	Daniel Weston	North Wales					
218	0:40:16	4410	James Scott-Buccleuch	Gt.Manchester					
219	0:40:18	4204	Dan Jones	Avon & Somerset					
220	0:40:21	4622	Richard Darling	Nottinghamshire					
221	0:40:22	4270	Alan Turnbull	Cambridgeshire					
222	0:40:27	4493	Tim Doran	Leicestershire					
223	0:40:29	4556	Joseph Hawes	Norfolk					
224	0:40:33	4436	Wayne Bell	Hertfordshire					
225	0:40:33	4274	Dave Alexander	Cheshire					
226	0:40:42	4699	Steven Bazell	Staffordshire					
227	0:40:42	4755	Ross Skelton	Sussex					
228	0:40:44	4604	Christopher Perez	Northamptonshire					
229	0:40:48	4798	Johnny Cullen	Worcester					
230	0:40:48	4277	Tom Bush	Cheshire					
231	0:40:50	4286	Matthew Smith	Cheshire					
232	0:40:53	4234	Peter Crisp	Berkshire					
233	0:40:53	4792	Stuart Henderson	Wiltshire					
234	0:40:54	4389	Marc Fallows	Gloucestershire					
235	0:40:58	4402	Ed Fazakerley	Gt.Manchester					
236	0:40:59	4394	James Rose	Gloucestershire					
237	0:41:00	4808	Richard White	Worcester					
238	0:41:04	4293	Andrew Martin	Cornwall					
239	0:41:09	4261	Mike Chapman	Cambridgeshire					
240	0:41:15	4559	Che Plant	Norfolk					
241	0:41:15	4784	Adam Roberts	West Wales					
242	0:41:17	4636	John Atyeo	Oxfordshire					
243	0:41:17	4294	Richard Pascoe	Cornwall					
244	0:41:18	4801	Tom Kenderdine	Worcester					
245	0:41:20	4348	Graeme Furley	Dorset					
246	0:41:21	4716	Matt Cook	Suffolk					
247	0:41:24	4250	Justin Fowler	Buckinghamshire					
248	0:41:25	4322	Ashley Deeming	Derbyshire					
249	0:41:31	4337	Ian Gooding	Devon					
250	0:41:32	4598	Seb Goodall	Northamptonshire					
251	0:41:34	4255	Steve Herring	Buckinghamshire					
252	0:41:38	4796	James Baird	Worcester					
253	0:41:42	4600	Martin Johnson	Northamptonshire					
254	0:41:50	4329	Tom Roethenbaugh	Derbyshire					
255	0:41:50	4332	Dean Taylor	Derbyshire					
256	0:41:53	4774	Mike Evans	West Wales					
257	0:41:57	4447	Peter Baker	Humberside					
258	0:41:57	4558	James O'Neil	Norfolk					
259	0:42:02	4562	Robert Simmonds	Norfolk					
260	0:42:09	4297	Steven Sims	Cornwall					
261	0:42:10	4607	Phil West	Northamptonshire					
262	0:42:11	4591	Steffan Sayer	North Wales					
263	0:42:14	4340	Andrew Ingle	Devon					
264	0:42:15	4601	Danny Keating	Northamptonshire					
265	0:42:16	4449	Gary Crompton	Humberside					
266	0:42:18	4357	Owen Flage	East Wales					
267	0:42:19	4557	Joe Kirton	Norfolk					
268	0:42:24	4810	Adam Wilks	Worcester					
269	0:42:26	4390	Mike Mansfield	Gloucestershire					
270	0:42:32	4392	Dave Rantell	Gloucestershire					
271	0:42:42	4597	Dan Doherty	Northamptonshire					
272	0:42:47	4692	Greg Wilson	Shropshire					
273	0:42:51	4330	Gordon Smith	Derbyshire					
274	0:42:54	4719	Jonathan Ling	Suffolk					
275	0:43:12	4778	Daryl John	West Wales					
276	0:43:13	4606	Stephen Thompson	Northamptonshire					
277	0:43:21	4454	Lewis Holloway	Humberside					
278	0:43:43	4351	Alan Metcalfe	Dorset					
279	0:44:34	4690	Robert Sharam	Shropshire					
280	0:44:36	4799	Matt Giles	Worcester					

Team Results:

Pos	Points	County	Placings
1	108	North East	(4 9 15 17 24 39)
2	147	Yorkshire	(6 8 19 26 32 56)
3	259	Scotland East	(21 25 33 35 66 79)
4	410	Surrey	(29 30 42 51 110 148)
5	412	Avon & Somerset	(1 18 45 55 117 176)
6	419	Warwickshire	(11 14 60 104 109 121)
7	432	Lancashire	(44 46 62 75 91 114)
8	468	Bedfordshire	(13 38 49 82 136 150)
9	491	Middlesex	(20 40 92 100 119 120)
10	504	Merseyside	(28 53 59 98 127 139)
11	522	Hampshire	(3 12 71 138 140 158)
12	523	Sussex	(47 61 88 95 107 125)
13	527	Leicestershire	(27 67 69 87 133 144)
14	542	Kent	(43 73 85 97 103 141)
15	550	Berkshire	(23 70 96 102 122 137)
16	675	Buckinghamshire	(63 76 106 124 145 161)
17	700	Oxfordshire	(34 77 99 152 155 183)
18	777	Essex	(50 111 130 159 163 164)
19	820	Gloucestershire	(52 68 108 142 216 234)
20	833	Hertfordshire	(48 83 101 195 198 208)
21	835	Suffolk	(22 54 116 186 211 246)
22	845	Cumbria	(41 115 129 178 182 200)
23	893	Staffordshire	(7 147 166 180 192 201)
24	989	Shropshire	(64 89 112 173 272 279)
25	991	Gt.Manchester	(2 132 194 210 218 235)
26	1036	Cambridgeshire	(94 134 157 191 221 239)
27	1060	Cheshire	(36 168 188 213 225 230)
28	1081	Devon	(118 123 153 175 249 263)
29	1096	Cornwall	(113 154 171 177 238 243)
30	1181	Worcester	(86 170 215 229 237 244)
31	1219	West Wales	(80 81 241 256 275 286)
32	1262	North Wales	(31 181 217 262 282 289)
33	1267	Derbyshire	(72 165 248 254 255 273)
34	1382	Norfolk	(135 223 240 258 259 267)
35	1423	Northamptonshire	(167 228 250 253 261 264)
36	1490	Humberside	(196 214 257 265 277 281)