

## Llanthony Show Hill Race 030813

### RESULTS

<b>1 Paul Murrin</b>	<b>Chepstow H</b>	<b>M</b>	<b>29.47</b>
2 Jon Barnes	Mynydd Du	M	30.24
<b>3 Stuart Moore</b>	<b>Wye Valley</b>	<b>M40</b>	<b>32.08</b>
<b>4 Pete Gardner</b>		<b>M50</b>	<b>32.55</b>
5 Di Vorres	Mynydd Du	M50	33.54
6 Andy Broad	Hay Hotfooters	M40	34.00
7 Steve Harris	Chepstow H	M	34.34
<b>8 Jeremy Jehan</b>	Wye Valley	M40	34.54
9 Johnny Lam	San Domenico	M40	35.06
10 Gavin Brace		M	35.18
<b>11 Sam Harris</b>	<b>Chepstow H</b>	<b>F</b>	<b>35.41</b>
12 Martin Carter	Hay Hotfooters	M40	36.07
13 Steve HARRY	Lliswerry	M50	36.13
14 Laurie Carthorse	Chepstow H	M50	36.14
15 Judith Austerberry	Chepstow H	F	36.38
16 Glyn Sansom	San Domenico	M50	36.54
17 Mark Cason	Mynydd Du	M40	37.02
18 Lloyd Morgan	San Domenico	M	37.02
19 Timothy Rowlands		M	37.32
20 Andy Blackmore	MDC	M40	37.40
<b>21 Niki Morgan</b>	<b>Chepstow H</b>	<b>F40</b>	<b>37.47</b>
22 Luke Malarz	Chepstow H	M	37.58
23 Simon Dury	Chepstow H	M	38.09
<b>24 Dai Smout</b>	<b>Mynydd Du</b>	<b>M60</b>	<b>39.34</b>
25 Dom Shields	San Domenico	M40	39.42
26 Marcia Gouveia	San Domenico	F	40.43
<b>27 Sharon Woods</b>	<b>Mynydd Du</b>	<b>F50</b>	<b>41.33</b>
28 Rob Beves	Chepstow H	M40	41.52
29 Paul Symons	Mynydd Du	M40	41.59
30 Sandy Restall	DDMT	M	42.23
31 Kevin Barnes	Hereford	M50	42.32
32 Carl Brancher	Mynydd Du	M50	42.43
33 Jodie Broad	Hay Hotfooters	F	42.45
34 Gareth Jones	Chepstow H	M60	42.47
35 John Price	Hay Hotfooters	M50	43.42
36 John Darby	Mynydd Du	M60	43.51
37 Cheryl Willis		F	44.14
38 Allan McCall	Chepstow H	M40	44.28
39 Sue Tagg	Parc Bryn Bach	F40	44.58
40 Lauri Cowdell	Parc Bryn Bach	FU23	45.15
41 Carl Willis		M40	45.17
42 Toby Buckler		M50	45.23
43 Karen Elvers	Chepstow H	F40	45.36
44 Mike Evans	Chepstow H	M50	46.16
45 Wyn Davies	Mynydd Du	M40	46.33
46 Ian Wade	Chepstow H	M50	46.40
47 Stuart Duncan	Chepstow H	M50	46.46
48 George Jones		MU23	46.57
<b>49 Teresa Tranter</b>	<b>Chepstow H</b>	<b>F60</b>	<b>47.08</b>
50 David Stallard		M	47.09
51 Denise Evans	Chepstow H	F40	48.56
52 Jan Richards	Mynydd Du	F40	49.14

53 Alan Nicholls	Hay Hotfooters	M60	50.37
54 Becca Wade	Chepstow H	F40	50.39
55 Jane Bayliss	Chepstow H	F60	52.55
56 Joc Dodd	Chepstow H	F50	53.20
57 Sarah-Jane Restall	DDMT	F	53.40