

Pos	Name	Race No.	Gender	Team Name	Finish Time	Wave No.
1	Shaun Chew	435	Male		00:56:48	Wave 1
2	Oliver Williams	3100	Male		00:57:53	Wave 1
3	Titus Kimani	1647	Male	B Coy 2 PARA	01:00:19	Wave 12
4	Nathan Missin	1940	Male	B Coy 2 PARA	01:00:23	Wave 12
5	Anthony Wood	3185	Male		01:00:39	Wave 1
6	Nick Palmer	2166	Male	Nickypalmerfitness.co.uk	01:01:07	Wave 1
7	Andy Dunn	787	Male		01:01:18	Wave 2
8	Robert Sparrow	2647	Male		01:01:37	Wave 1
9	Scott Wallace	2916	Male	Fishy Boots	01:01:47	Wave 1
10	Gary Wilberforce	3051	Male		01:01:48	Wave 4
11	Philip Davies	639	Male		01:01:49	Wave 1
12	Jamie Farmer	910	Male		01:01:51	Wave 1
13	Gavin Adams	13	Male	Rockets Health and Fitness Club	01:02:10	Wave 13
14	James Kemp	1632	Male	Leahs Gyms	01:02:40	Wave 11
15	Darryn Bushbye	345	Male	Darryn Bushbye	01:03:19	Wave 1
16	Iain Hammett	1209	Male	BOBS	01:03:20	Wave 4
17	Jason Brewer	289	Male	brewster	01:03:37	Wave 1
18	Steven Bone	235	Male	Optimum	01:03:52	Wave 1
19	Steven Westlake	3252	Male		01:03:53	Wave 1
20	Robert Vacalopoulos	2880	Male	Team Wowser	01:03:56	Wave 7
21	Nicola Duncan	784	Female		01:03:58	Wave 2
22	Alan Mcrae	1883	Male		01:03:58	Wave 1
23	Morris Attard	66	Male		01:04:02	Wave 2
24	Jason Rowley	2482	Male		01:04:15	Wave 5
25	Neil Caton	408	Male		01:04:17	Wave 4
26	Ben Robson	2452	Male	Ben Robson	01:04:21	Wave 6
27	Jonathan Procter	2316	Male	Team Freestylekinetics	01:04:22	Wave 1
28	Lee Glassbrook	1063	Male	Big Bad Swindon Running Club	01:04:26	Wave 9
29	Byron Hobbs	1330	Male	Slowpant Spongebobs	01:04:43	Wave 2
30	Arwel Roberts	2430	Male		01:04:45	Wave 1
31	Warren Disney	734	Male	21 sigs	01:04:47	Wave 12
32	Darren Wilson	3163	Male	Rhondda Rebles	01:04:52	Wave 1
33	Paul Healy	1298	Male	RaneFitness	01:04:54	Wave 11
34	Marc Smerdon	2604	Male		01:04:57	Wave 6
35	Christopher Lewis	1714	Male		01:04:59	Wave 1
36	David Standing	2663	Male		01:05:06	Wave 1
37	Carl Francis	978	Male	Rhondda Rebles	01:05:11	Wave 1
38	Antony Boyer	270	Male	B Coy 2 PARA	01:05:11	Wave 12
39	Laurence Thomson	2811	Male	B Coy 2 PARA	01:05:15	Wave 12
40	Nick Janvier	1490	Male		01:05:17	Wave 6
41	Tom Coombs	529	Male		01:05:31	Wave 4
42	Alex Lewis	1713	Male		01:05:34	Wave 1
43	Hugo Gemal	1033	Male		01:05:39	Wave 1
44	Matthew Reynolds	2388	Male		01:05:44	Wave 1
45	Michael Spencer	2650	Male	21 sigs	01:05:50	Wave 12
46	John George	1036	Male		01:05:53	Wave 4
47	Neil Jones	1541	Male		01:05:58	Wave 1
48	Keith Fairburn	906	Male		01:06:03	Wave 2
49	Jason Raffill	2339	Male		01:06:07	Wave 2
50	Jake Gilbert	1046	Male	B Coy 2 PARA	01:06:13	Wave 12
51	Steve Belfitt	158	Male	Rockets Health and Fitness Club	01:06:19	Wave 13

52	Ben Day	3253	Male	BOBS	01:06:33	Wave 1
53	Bennet Boham	228	Male	21 sigs	01:06:34	Wave 12
54	Wayne Smith	2635	Male		01:06:35	Wave 12
55	Daniel Lewis	1741	Male	B Coy 2 PARA	01:06:38	Wave 12
56	Wayne Cox	554	Male		01:06:40	Wave 1
57	Phil Bailey	81	Male	The Dirty Weasels	01:06:44	Wave 8
58	Jamie Rees	2360	Male		01:06:45	Wave 1
59	Carl Holliman	1348	Male		01:06:47	Wave 8
60	Leigh Ridgeway	2416	Male	Leighman	01:06:52	Wave 1
61	Iain Hissett	1328	Male	Reading Raptors	01:06:57	Wave 10
62	Rowan Brown	301	Male	Googolplex	01:07:01	Wave 3
63	David Paul Rees	2362	Male		01:07:18	Wave 1
64	Sid Lethbridge	1710	Male	Optimum	01:07:26	Wave 3
65	Michael Roderick	2457	Male		01:07:27	Wave 11
66	Rob Condliffe	516	Male		01:07:32	Wave 9
67	Stephen Morath	1965	Male	DC fitness	01:07:33	Wave 6
68	Matt Owen	2156	Male	The Dirty Weasels	01:07:43	Wave 8
69	Christian Adams	7	Male		01:07:45	Wave 1
70	James Bigwood	197	Male		01:07:51	Wave 10
71	Rob Newman	2069	Male	Infertile Tortoises	01:07:52	Wave 2
72	Richard Cheney	433	Male	Carmarthen Trainers	01:07:52	Wave 2
73	Dan Hone	1356	Male	welsh warriors	01:07:54	Wave 10
74	Michael Salmoni	2507	Male		01:08:01	Wave 1
75	Edward Brown	310	Male	sfoster	01:08:01	Wave 11
76	Ben Holmes	1352	Male		01:08:01	Wave 9
77	Neil Catling	406	Male		01:08:04	Wave 1
78	Ben Mousley	2024	Male		01:08:09	Wave 1
79	Iain Jones	1547	Male		01:08:18	Wave 2
80	Leanne Boardman	223	Female		01:08:20	Wave 1
81	Anthony Short	2571	Male		01:08:20	Wave 11
82	Matt Gardiner	1018	Male		01:08:22	Wave 1
83	Chris Hooper	1359	Male	B Coy 2 PARA	01:08:26	Wave 12
84	Paul Evans	854	Male		01:08:29	Wave 2
85	Samuel Milanese	1910	Male		01:08:30	Wave 8
86	James Harris	1256	Male	Leahs Gyms	01:08:32	Wave 11
87	Charlie Gingell	1057	Male	Reading Raptors	01:08:34	Wave 10
88	David Walters	2930	Male		01:08:45	Wave 5
89	Richard Christie	445	Male		01:08:47	Wave 2
90	Giles Sayer	2520	Male	Leahs Gyms	01:08:52	Wave 11
91	Llyr Lewis	1737	Male	Bulb	01:08:54	Wave 5
92	Andrew Boyce	269	Male	Big Bad Swindon Running Club	01:08:59	Wave 9
93	Daniel Triggs	2842	Male	TEAMMONO	01:09:02	Wave 3
94	Alfred Ferguson	927	Male		01:09:03	Wave 1
95	Matthew Edward	803	Male	Beatties & Co	01:09:11	Wave 4
96	Michael Collins	507	Male		01:09:17	Wave 8
97	Roy Jackson	1451	Male		01:09:22	Wave 13
98	Alun Howells	1383	Male		01:09:24	Wave 9
99	Daniel Jenkins	1508	Male		01:09:31	Wave 9
100	Adam Coates	482	Male	The Coates'	01:09:31	Wave 9
101	Jim Douglas	757	Male	Leahs Gyms	01:09:32	Wave 11
102	Jason Noakes	2090	Male	Time 4	01:09:40	Wave 11
103	Thomas Paterson	2199	Male	The Sharks	01:09:44	Wave 10

104	Mark Dennis	718	Male	BMF Falkirk	01:09:49	Wave 1
105	Chris Dunn	790	Male		01:09:50	Wave 7
106	Mark Hallatt	1200	Male		01:09:51	Wave 11
107	Daniel Oakenfull	2104	Male		01:09:52	Wave 7
108	David Davey	629	Male	Norfolk in Chance of Winning	01:09:52	Wave 3
109	James Trigg	2841	Male	The Dirty Weasels	01:09:53	Wave 8
110	Emma Hawkins	1280	Female		01:09:54	Wave 11
111	Gareth Beachus	137	Male		01:09:55	Wave 7
112	Rob Bugden	326	Male	St Athan Dragons	01:09:58	Wave 10
113	Darren Stokes	2691	Male	RaneFitness	01:10:00	Wave 11
114	Jordan Wandrum	2933	Male		01:10:03	Wave 11
115	Alex Bluett	221	Male	Rockets Health & Fitness Club	01:10:05	Wave 13
116	Michael Cope	536	Male		01:10:13	Wave 7
117	James Castro-Griffiths	404	Male		01:10:14	Wave 7
118	Justyn Rowley	2483	Male		01:10:15	Wave 5
119	Oliver Griffiths	1138	Male		01:10:18	Wave 8
120	Chris Ormond	2141	Male		01:10:19	Wave 11
121	William Headland	1294	Male	Reading Raptors	01:10:26	Wave 10
122	Brad Carter	392	Male		01:10:28	Wave 8
123	Corey Chaplin	426	Male		01:10:29	Wave 12
124	Campbell Appleton	54	Male	carmarthen circuits	01:10:37	Wave 2
125	Ollie Preston	2291	Male	RPM	01:10:39	Wave 1
126	Luke Jones	1550	Male	Quade3d	01:10:40	Wave 2
127	Rachel Godfrey	1070	Female		01:10:47	Wave 11
128	Tim Lewis	1717	Male	We Hate Pigeons	01:10:47	Wave 5
129	Steff Hughes	1395	Male	BOBS	01:10:55	Wave 4
130	Dominic Moore	1959	Male		01:11:00	Wave 8
131	Chris Corish	541	Male	BOBS	01:11:03	Wave 4
132	Marc Downey	761	Male		01:11:05	Wave 1
133	Stephen Williams	3108	Male	Aqua Terror	01:11:05	Wave 3
134	Carl McClure	1867	Male	Dead on Arrival	01:11:07	Wave 6
135	Richard Williams	3092	Male	Zach's Training 1	01:11:10	Wave 2
136	Matthew Rowe	2478	Male		01:11:12	Wave 2
137	Matthew Cassidy	402	Male	Cassidy 2	01:11:13	Wave 1
138	Robert Duggan	778	Male	welsh warriors	01:11:14	Wave 10
139	Ian Benskin	173	Male		01:11:15	Wave 9
140	Mathew Thomas	2784	Male	Team GID Clothing	01:11:16	Wave 8
141	Martin Price	2296	Male	carmarthen circuits 3	01:11:17	Wave 3
142	Richard Tiley	2820	Male	Cassidy	01:11:18	Wave 1
143	Christopher Williams	3073	Male		01:11:22	Wave 1
144	Nicky McWilliam	1888	Female	les croupiers	01:11:23	Wave 1
145	Jihad Dabab	604	Male		01:11:26	Wave 12
146	Patrick Martin	1841	Male		01:11:26	Wave 8
147	Carys Griffiths	1844	Female	Nickypalmerfitness.co.uk	01:11:28	Wave 1
148	Tomi Turner	2856	Male	The Westies	01:11:28	Wave 3
149	Gareth Edwards	822	Male	sfoster	01:11:31	Wave 11
150	Harry Bone	234	Male		01:11:39	Wave 3
151	Isy Bangurah	102	Male	Leahs Gyms	01:11:43	Wave 11
152	Christopher Thomas	2758	Male		01:11:54	Wave 2
153	Andrew Williams	3139	Male		01:11:55	Wave 8
154	Malcolm Clash	468	Male		01:11:57	Wave 5
155	Simon Mansfield	1823	Male	21 sigs	01:12:01	Wave 12

156	David Real	2354	Male	dav i am	01:12:04	Wave 13
157	Zac Newham	2067	Male	BRISTOL BNOCs	01:12:06	Wave 11
158	Drew Roberts	2437	Male	JARTS	01:12:08	Wave 9
159	Andy Petrylak	2237	Male	JARTS 2	01:12:08	Wave 9
160	Neil Reynolds	2389	Male		01:12:10	Wave 9
161	Brendan Patton	2205	Male		01:12:13	Wave 5
162	Jonathan Slade	2598	Male		01:12:21	Wave 9
163	Steve Concannon	514	Male	Team Wowser	01:12:23	Wave 7
164	Trystan Griffiths	1139	Male		01:12:25	Wave 9
165	Paul Davies	690	Male	The No Hopers	01:12:26	Wave 13
166	Anthony Higgins	1320	Male		01:12:27	Wave 1
167	Gareth Burbidge	332	Male		01:12:31	Wave 11
168	Lee Robertson	2448	Male		01:12:32	Wave 1
169	Simon Scurrall	2533	Male	Carmarthen Trainers	01:12:36	Wave 2
170	Simon Rees	2359	Male	Rhondda Rebles	01:12:38	Wave 1
171	Andrew Simpkins	2585	Male		01:12:41	Wave 1
172	Daniel Farmer	911	Male	Zach's Training 1	01:12:44	Wave 2
173	Colin Smerdon	2603	Male	Whole world of pain	01:12:45	Wave 4
174	Damien Rigby	2420	Male	Wiltshire Warriors	01:12:47	Wave 3
175	Jonathan Chadwick	416	Male		01:12:47	Wave 4
176	Christopher Walsh	2925	Male		01:12:48	Wave 11
177	Gethin Thomas	2770	Male	Gethin Thomas	01:12:48	Wave 7
178	Andrew Cowley	553	Male		01:12:58	Wave 2
179	Colin Wellstead	2988	Male	TEAMMONO	01:13:00	Wave 3
180	Luke Duncan	783	Male		01:13:02	Wave 1
181	Adam Davies	692	Male	Team Shite	01:13:04	Wave 11
182	Rory Follett	962	Male		01:13:05	Wave 2
183	Craig Black	207	Male	Rhondda Rebles	01:13:06	Wave 1
184	Daniel Cook	524	Male	S.W.A.T	01:13:09	Wave 7
185	Michael Butler	347	Male		01:13:15	Wave 2
186	Kristo Holm	1351	Male	Battery Powered	01:13:16	Wave 5
187	Duncan Campbell	367	Male		01:13:16	Wave 4
188	Andrew Jones	1545	Male	Bridgeenders	01:13:18	Wave 2
189	Thomas Wooldridge	3199	Male		01:13:18	Wave 12
190	Anthony Wilton	3174	Male		01:13:18	Wave 4
191	Darren Bowen	264	Male		01:13:27	Wave 11
192	Luke Hodson	1341	Male	Eye of the tiger	01:13:28	Wave 3
193	James Perryment	2233	Male		01:13:32	Wave 6
194	Michael Keefe	1620	Male		01:13:41	Wave 6
195	Adam O'brien	2111	Male		01:13:44	Wave 7
196	Adam Goy	1100	Male	Last minute SAVAGES	01:13:45	Wave 8
197	Ben Weale	2969	Male	Ben weale	01:13:49	Wave 8
198	Anthony Barker	107	Male		01:13:53	Wave 1
199	Daniel Thrift	2817	Male		01:13:55	Wave 3
200	Daniel Evans	900	Male		01:13:55	Wave 8
201	Mathew Nightingale	2088	Male	Faster than Sheep	01:13:57	Wave 2
202	Neil Sinclair	2590	Male	NEIL SINCLAIR	01:13:58	Wave 9
203	Neil James	1473	Male		01:14:03	Wave 7
204	Stewart Ellison	835	Male		01:14:05	Wave 11
205	Jonathan Hancock	1217	Male	carmarthen circuits 4	01:14:10	Wave 3
206	Simon Wells	2987	Male	Cockseywestiewellseypeteieandmattski	01:14:13	Wave 11
207	David Pickstone	2256	Male	Cockseywestiewellseypeteieandmattski	01:14:13	Wave 11

208	Joshua Poyner	2289	Male	Team Freedom	01:14:18	Wave 2
209	Scott Macmichael	1808	Male	Gallusness.com	01:14:18	Wave 1
210	Matthew Poyner	2288	Male	Team Freedom	01:14:19	Wave 2
211	Richard Egan	826	Male		01:14:19	Wave 6
212	Paul Flanagan	952	Male		01:14:20	Wave 1
213	Daniel Rose	2470	Male		01:14:20	Wave 5
214	Andrew Stoneman	2694	Male		01:14:22	Wave 2
215	George	1034	Male		01:14:23	Wave 1
216	Gwyn Williams	3075	Male		01:14:24	Wave 1
217	Robert Chadderton	415	Male	Rob Chadderton	01:14:26	Wave 1
218	David Doogan	751	Male		01:14:32	Wave 5
219	Liam Edwards	821	Male		01:14:32	Wave 11
220	Matthew Tipper	3269	Male		01:14:37	Wave 12
221	Melissa Oliver	2130	Female		01:14:41	Wave 1
222	Debbie Mccarthy	1863	Female	Debbie mccarthy	01:14:43	Wave 1
223	Richard Marshall	1831	Male		01:14:47	Wave 1
224	Daniel Hughes	1402	Male	Witness the Fitness	01:14:49	Wave 8
225	Lizzie Nairn	2052	Female		01:14:54	Wave 8
226	Simon Stanford	2664	Male		01:14:54	Wave 7
227	Grant Morris	2014	Male		01:14:55	Wave 10
228	Craig Andrews	45	Male		01:14:55	Wave 5
229	Shawn Davies	677	Male	short fuse	01:14:56	Wave 7
230	Wyre Jones	1594	Male		01:14:57	Wave 9
231	Daniel Luffman	1788	Male		01:14:58	Wave 2
232	Wayne Harris	1245	Male	warehouse funky pumpers	01:14:59	Wave 6
233	Leon Murnieks	2036	Male	warehouse funky pumpers	01:14:59	Wave 6
234	Christopher Rothwell	2476	Male		01:14:59	Wave 3
235	Richard Phillips	2241	Male	carmarthen circuits 2	01:15:03	Wave 2
236	Richy Jenkins	1514	Male		01:15:04	Wave 1
237	Christopher Marsh	1829	Male		01:15:06	Wave 6
238	Gareth Willis	3160	Male		01:15:11	Wave 8
239	Nathan Hopkins	1361	Male		01:15:16	Wave 8
240	Darran Waite	2901	Male		01:15:20	Wave 4
241	Deane Wharton	3241	Male		01:15:22	Wave 7
242	Ewan Findlay	938	Male	murco I/E	01:15:23	Wave 7
243	Matt Joy	1617	Male	30+ Bootcamp	01:15:23	Wave 4
244	Ashley Reed	2358	Male		01:15:23	Wave 1
245	Richard Elsworthy	838	Male	Moulder	01:15:24	Wave 7
246	Matthew Kenny	1641	Male		01:15:25	Wave 10
247	Simon Lawton	1691	Male		01:15:26	Wave 9
248	Thomas Carlin	383	Male		01:15:26	Wave 5
249	David Williams	3134	Male		01:15:26	Wave 7
250	Ian Jenkyn	1515	Male		01:15:28	Wave 3
251	Luke Dolby	742	Male		01:15:28	Wave 13
252	Mark Dolby	743	Male		01:15:29	Wave 13
253	Gerald Brace	275	Male		01:15:29	Wave 5
254	David Peacock	2214	Male	David Peacock	01:15:33	Wave 2
255	John Moulton	2023	Male		01:15:34	Wave 1
256	Alun Williams	3095	Male		01:15:35	Wave 2
257	Peter Williams	3140	Male	Team GID Clothing	01:15:36	Wave 8
258	Ben McMahan	1880	Male		01:15:37	Wave 2
259	P Horrocks	1366	Male		01:15:37	Wave 9

260	Ivor Herring	1315	Male		01:15:40	Wave 8
261	Cameron Doster	754	Male	Zach's Training 2	01:15:40	Wave 2
262	Thomas Heal	1295	Male		01:15:40	Wave 11
263	Tim Thomas	2788	Male	The Sharks	01:15:43	Wave 10
264	Adam King	1652	Male	St Athan Dragons	01:15:45	Wave 10
265	Gareth Williams	3151	Male		01:15:45	Wave 10
266	Declan Evans	883	Male	Team GID Clothing	01:15:45	Wave 8
267	Marcus Sainsbury	2504	Male		01:15:46	Wave 2
268	Gary Jones	1595	Male		01:15:46	Wave 10
269	Wayne Williams	3129	Male	terry's troops	01:15:50	Wave 6
270	Hefin Davies	650	Male	The Bevatron	01:15:51	Wave 3
271	James Watson	2961	Male	james	01:15:52	Wave 2
272	Michael Sherman-Withers	2566	Male	The Sharks	01:15:54	Wave 10
273	Gary James	1458	Male		01:15:56	Wave 8
274	James Barrett	112	Male	The Westies	01:16:00	Wave 3
275	Ricki Morgan	1983	Male		01:16:00	Wave 9
276	Alec Mead	1893	Male	glynneath surgery 2	01:16:03	Wave 5
277	Steve Wall	2915	Male		01:16:07	Wave 1
278	Martin Gregory	1121	Male		01:16:09	Wave 5
279	Martin Talbot	2728	Male	The Second Coming	01:16:10	Wave 3
280	Tom Benjamin	164	Male	Zach's Training 2	01:16:12	Wave 2
281	Tom Barrett	114	Male		01:16:12	Wave 6
282	Peter Hunt	1404	Male	Im not sure why we are doing this again....!	01:16:15	Wave 2
283	Keil Fraser	989	Male	Sparta	01:16:17	Wave 3
284	Michael Attfield	68	Male		01:16:19	Wave 11
285	Guy Loader	1763	Male		01:16:21	Wave 10
286	Sam Smith	2619	Male	Spearos Heros	01:16:27	Wave 8
287	Samuel Fisher	942	Male		01:16:29	Wave 9
288	Jackie Chan	420	Male	Battery Powered	01:16:29	Wave 10
289	Matthew Haynes	1289	Male		01:16:33	Wave 8
290	Jamie Tilley	2822	Male		01:16:33	Wave 9
291	Daniel Argent	56	Male	Cunning Stunts	01:16:35	Wave 8
292	Dyfrig Gwent	1168	Male	Rhedeg HYP-XII	01:16:39	Wave 11
293	Sarah Mansfield	1824	Female		01:16:42	Wave 6
294	Andy Parry	2187	Male	East Midlands Unicyclists	01:16:43	Wave 5
295	Michael Tovey	2832	Male	Jones-Tovey	01:16:45	Wave 2
296	Simon Keight	1624	Male		01:16:49	Wave 2
297	David Elias	829	Male		01:16:50	Wave 10
298	Lloyd Strawbridge	2701	Male	Team Wowser	01:16:51	Wave 7
299	Jon James	1457	Male		01:16:51	Wave 1
300	Zach Gould	1095	Male	Zach's Training 2	01:16:51	Wave 2
301	Hamza Dabab	603	Male		01:16:53	Wave 12
302	James O'donovan	2122	Male		01:16:53	Wave 8
303	Alex Davies	640	Male		01:16:53	Wave 1
304	Jonathan Williams	3093	Male	Zach's Training 1	01:16:53	Wave 2
305	Mike Winch	3177	Male		01:16:54	Wave 9
306	Simon Phillips	2243	Male	BOBS	01:16:54	Wave 4
307	Benjamin Coles	495	Male	Team OB (Old B's or Ollie Bartlett)	01:16:55	Wave 9
308	Adam Waldram	2907	Male	Old Bristolians 5	01:16:56	Wave 9
309	Troy Wilson	3166	Male		01:16:59	Wave 3
310	Ross Cannon	374	Male	Dead on Arrival	01:17:00	Wave 6
311	Phillip Stone	2692	Male		01:17:02	Wave 1

312	Adam Crumplin	587	Male	carmarthen circuits 4	01:17:07	Wave 3
313	Shane Lewis	1719	Male	Shane Lewis	01:17:08	Wave 2
314	Tom Hurst	1409	Male	Eye of the tiger	01:17:10	Wave 3
315	David Davies	685	Male		01:17:13	Wave 10
316	Bernard Stricker	2703	Male	Big Bad Swindon Running Club	01:17:13	Wave 9
317	Karl Moon	1955	Male	Ystrad Rhondda circuits	01:17:14	Wave 9
318	Conor Mulholland	2029	Male	Anwen's Dogs of War	01:17:16	Wave 11
319	Mark D'orio	733	Male	The Canadian	01:17:19	Wave 9
320	Paul Thomas	2781	Male		01:17:19	Wave 9
321	Dave Rees	2363	Male	carmarthen circuits 4	01:17:19	Wave 3
322	D.c Kim	1646	Male	Cardiff Audi	01:17:20	Wave 2
323	Matthew Baber	77	Male		01:17:21	Wave 9
324	Stephen Andrews	44	Male		01:17:25	Wave 9
325	Rhys Wathan	2951	Male	We Hate Pigeons	01:17:26	Wave 5
326	Robert White	3031	Male		01:17:28	Wave 6
327	Mostyn Jones	1585	Male		01:17:30	Wave 8
328	Tim Callaghan	359	Male	Team Safelectrics	01:17:31	Wave 3
329	Steve Bater	129	Male	Team Swansea City	01:17:34	Wave 10
330	Carl Mason	1846	Male		01:17:34	Wave 11
331	Dan Lansdown	1685	Male	Zach's Training 2	01:17:34	Wave 10
332	Heath Barclay	106	Male		01:17:37	Wave 10
333	Joshua Doyal-Tanner	763	Male	Stow Hill Intense Training Squad	01:17:38	Wave 4
334	Gary Simmons	2582	Male		01:17:39	Wave 9
335	Jacob Booth	239	Male	Carmarthen Trainers	01:17:41	Wave 2
336	Andrew Dearlove	712	Male		01:17:41	Wave 2
337	Daniel Davies	648	Male		01:17:43	Wave 3
338	Simon Browning	313	Male		01:17:44	Wave 2
339	Chris Ayre	74	Male		01:17:46	Wave 7
340	Jack Bowen	257	Male	Zach's Training 2	01:17:47	Wave 2
341	Jack Sheehan	2554	Male		01:17:48	Wave 7
342	Michael Glover	1066	Male		01:17:49	Wave 4
343	Charles Thomas	2790	Male	Barry's Howellers	01:17:52	Wave 10
344	Daniel Pulley	3258	Male		01:17:55	Wave 10
345	Richard Crocker	580	Male		01:17:56	Wave 4
346	Caleb Miles	1913	Male		01:17:57	Wave 6
347	Russ Britton	295	Male	Leg ends	01:17:57	Wave 6
348	Ioan Richards	2398	Male		01:17:58	Wave 1
349	Tom Gunston	1164	Male	Drink Triple	01:17:58	Wave 7
350	Ian Ranft	2347	Male	Never Leave A Mans Behind	01:18:00	Wave 10
351	Martyn Wilson	3172	Male		01:18:01	Wave 11
352	Stewart Morley	1993	Male		01:18:02	Wave 2
353	Adam Collett	499	Male	Friends Life Hard - Core	01:18:02	Wave 11
354	John Bloomfield	3238	Male		01:18:03	Wave 3
355	Andy Weekes	2981	Male		01:18:06	Wave 8
356	Mark Thomas	2757	Male	Banana grabbers	01:18:08	Wave 2
357	Steven Healey	1297	Male	GO HARD OR GO HOME	01:18:08	Wave 1
358	Luke Jones	1606	Male		01:18:09	Wave 11
359	James Morgan	1985	Male		01:18:09	Wave 8
360	Ross Richings	2414	Male		01:18:10	Wave 8
361	Anthony Aberdeen	3	Male	The Salad Dodgers	01:18:10	Wave 10
362	Simon Toft	2830	Male	Mumbles Marauders	01:18:11	Wave 8
363	Nick Francis	987	Male		01:18:12	Wave 5

364	Angelo Caldora	357	Male	Stow Hill Intense Training Squad	01:18:12	Wave 4
365	Curon Davies	653	Male	carmarthen circuits 3	01:18:15	Wave 3
366	Aidan Smith	2616	Male	The Nut Crackers 2012	01:18:17	Wave 6
367	Allan Sale	2506	Male	The Nut Crackers 2012	01:18:17	Wave 6
368	Dale Morris	2007	Male	Homeforce	01:18:17	Wave 10
369	Stephen Muir	2028	Male		01:18:18	Wave 8
370	Greg Morgan	1986	Male		01:18:19	Wave 9
371	Robin Benton	175	Male	Mumbles Marauders	01:18:21	Wave 8
372	Paul Newell	2066	Male		01:18:23	Wave 8
373	James Wimshurst	3176	Male	A-Wimo-Way	01:18:24	Wave 6
374	Stephen Jones	1576	Male		01:18:24	Wave 6
375	Morwenna Crichton	576	Female	CCC: Claimed Climbed Conquered	01:18:25	Wave 6
376	Andrew Davies	638	Male		01:18:26	Wave 1
377	Phillip Evans	869	Male		01:18:27	Wave 9
378	Andrew Cox	559	Male		01:18:30	Wave 5
379	Michael Rees	2368	Male		01:18:30	Wave 6
380	Charlotte Hobrough	1333	Female	WILD CAVEWOMAN	01:18:31	Wave 2
381	Richard Friend	995	Male		01:18:33	Wave 4
382	David Goodman	1081	Male		01:18:34	Wave 1
383	Lee Millard	3260	Male		01:18:36	Wave 8
384	Matthew Melhuish	1897	Male		01:18:40	Wave 10
385	Simon Woodfield	3192	Male	10 of us for Tenovus	01:18:42	Wave 8
386	Dave Aitken	19	Male		01:18:42	Wave 7
387	Leigh Henson	1309	Male	Team Titshall	01:18:43	Wave 2
388	Ian Mccarthy	1865	Male		01:18:44	Wave 2
389	Ross Titshall	2828	Male	Team Titshall	01:18:44	Wave 2
390	Kevin Fry	1000	Male		01:18:49	Wave 6
391	Thomas Loveless	1782	Male		01:18:50	Wave 10
392	Andrew Mctiffen	1887	Male		01:18:51	Wave 8
393	Stuart Poole	2270	Male		01:18:52	Wave 6
394	Paul Grainger Jones	1574	Male		01:18:52	Wave 6
395	Peter Livingstone	1754	Male	RaneFitness	01:18:53	Wave 11
396	Mark Lewis	1716	Male	Bridgeenders	01:18:54	Wave 2
397	Christopher Jones	1543	Male	Chris Jones	01:18:56	Wave 1
398	Mark Hobrough	1334	Male		01:18:56	Wave 2
399	William Morgan	1966	Male	Dai Munt	01:18:58	Wave 1
400	Dai Train	2835	Male	warehouse funky pumpers	01:18:59	Wave 6
401	Anthony Byrne	352	Male	Surfin Turfs	01:18:59	Wave 3
402	James Bowen	262	Male	The Cluster Duck	01:18:59	Wave 10
403	Jack Cavill	413	Male		01:19:00	Wave 11
404	Rhodri Morris	2011	Male		01:19:01	Wave 5
405	Huw Jenkins	1505	Male		01:19:01	Wave 4
406	Oliver Hatfield	1273	Male		01:19:03	Wave 4
407	Sam Palmer	2168	Male	Evolution Fitness XHands	01:19:05	Wave 7
408	Mark Mcneil	1881	Male	pathetic athletic	01:19:05	Wave 7
409	Russell Johns	1528	Male	Banana grabbers	01:19:07	Wave 2
410	Keir Thompson	2806	Male	TEAM WURNU 1	01:19:14	Wave 5
411	Deri White	3027	Male	TEAM WURNU 1	01:19:15	Wave 5
412	James Cooper	535	Male	The Murfin 5	01:19:15	Wave 10
413	Thomas Edwards	806	Male		01:19:17	Wave 2
414	Paul Turville	2864	Male	Bradley Stoke Netball Club	01:19:19	Wave 8
415	Stephen Pitcher	2263	Male		01:19:21	Wave 1

416	Joseph Lee	1701	Male	Joey Lee	01:19:25	Wave 9
417	Oliver Park	2175	Male	Aqua Terror	01:19:29	Wave 3
418	Andy Shanahan	2545	Male		01:19:30	Wave 4
419	Matthew Wilton	3173	Male		01:19:30	Wave 4
420	Simon Phillips	2253	Male		01:19:32	Wave 11
421	Rob Polden	2268	Male	Aqua Terror	01:19:33	Wave 3
422	Glenn Loosemore	1775	Male		01:19:34	Wave 11
423	Christopher Carter	391	Male		01:19:35	Wave 5
424	Tim Luke	1791	Male	The Real Spartans	01:19:36	Wave 1
425	Meiron Evans	856	Male	carmarthen circuits 3	01:19:37	Wave 3
426	Damien Crombie	582	Male	Wonkey Donkeys	01:19:38	Wave 11
427	Simon Roche	2453	Male		01:19:39	Wave 11
428	James Chambers	419	Male	LC Slackers	01:19:39	Wave 11
429	Tim Beynon	189	Male	Leg ends	01:19:40	Wave 6
430	Martin Murphy	2040	Male	Universally CHallenged	01:19:45	Wave 10
431	Richard Taylor	2741	Male	Universally CHallenged	01:19:45	Wave 10
432	Oliver D'alberti	607	Male	murco I/E	01:19:46	Wave 7
433	Jonathan Beynon	191	Male		01:19:46	Wave 11
434	Paul Beynon	188	Male	Leg ends	01:19:47	Wave 6
435	Wayne Keetley	1623	Male		01:19:49	Wave 3
436	John Gosling	1089	Male		01:19:49	Wave 6
437	Jason Ahmed	16	Male		01:19:50	Wave 6
438	Lee Meyrick	1902	Male		01:19:50	Wave 2
439	Julian John	1523	Male	Hot Fuzz	01:19:50	Wave 4
440	Dave Ott	2149	Male	DC fitness	01:19:51	Wave 6
441	David Nuttall	2102	Male		01:19:54	Wave 4
442	Sam Edwards	820	Male	Team Shite	01:20:02	Wave 11
443	Matthew Lawrence	1689	Male	TEAM GTL	01:20:04	Wave 7
444	Jason Paterson	2200	Male		01:20:05	Wave 10
445	Daniel Smith	2617	Male	Lofty is Robben	01:20:07	Wave 6
446	Tim Burch	333	Male	Lofty is Robben	01:20:07	Wave 6
447	Rachel Williams	3121	Female		01:20:07	Wave 4
448	Scott Edwards	814	Male		01:20:08	Wave 6
449	Ryan Jacovides	1455	Male		01:20:09	Wave 7
450	Edward Vanstone	3251	Male		01:20:10	Wave 1
451	Jordan James	1483	Male	Rockets Health and Fitness Club	01:20:15	Wave 13
452	Rod Harris	1240	Male		01:20:15	Wave 1
453	Harry Mcdonald	1870	Male		01:20:16	Wave 11
454	David Browning	312	Male		01:20:16	Wave 1
455	Paul Cummins	594	Male	Team Shite	01:20:18	Wave 11
456	Ross Meadows	1894	Male	GDS Cardiff Killers	01:20:18	Wave 10
457	Robert Janney	1488	Male	Tri Hard with a Vengeance	01:20:21	Wave 1
458	Rob Tweed	2868	Male	TEAM CHAFF	01:20:21	Wave 8
459	Gareth Phillips	2249	Male	TEAM CHAFF	01:20:21	Wave 8
460	Ryan Barbour	104	Male		01:20:24	Wave 4
461	Noah Blamey	215	Male		01:20:25	Wave 8
462	Drew Shardlow	2547	Male	St Athan Dragons	01:20:28	Wave 10
463	Jasson Massey	1849	Male		01:20:28	Wave 10
464	Paul Williams	3077	Male		01:20:29	Wave 1
465	Jonathan Cook	525	Male		01:20:29	Wave 6
466	Steve Smith	2621	Male	The Dirty Weasels	01:20:30	Wave 8
467	Curtis Crees	572	Male	S.W.A.T	01:20:31	Wave 7

468	Lee Escrig	848	Male		01:20:31	Wave 6
469	Martin Wade	2897	Male		01:20:32	Wave 1
470	Adam Jackson	1450	Male		01:20:32	Wave 10
471	Lee Mayers	1856	Male	S.W.A.T	01:20:32	Wave 7
472	Colin Urquhart	2879	Male		01:20:32	Wave 6
473	Rebecca Milton	1938	Female	Dead on Arrival	01:20:35	Wave 6
474	Andrew Staphnill	2666	Male	Big Bad Swindon Running Club	01:20:36	Wave 9
475	Richard Hall	3268	Male		01:20:36	Wave 12
476	Gareth Davies	3267	Male		01:20:36	Wave 12
477	Robbie Harman	1234	Male	BRISTOL BNOCS	01:20:37	Wave 11
478	Dewi Evans	882	Male		01:20:38	Wave 8
479	Martin Condron	517	Male		01:20:39	Wave 4
480	Andrew Howells	1382	Male		01:20:39	Wave 8
481	William Jinks	1520	Male	BRISTOL BNOCS	01:20:39	Wave 11
482	Ceri George	1037	Male		01:20:40	Wave 8
483	Lauren Sones	2643	Female		01:20:40	Wave 1
484	Luke Holbrook	1342	Male	BRISTOL BNOCS	01:20:41	Wave 11
485	Stephen Mcsheedy	1884	Male		01:20:41	Wave 1
486	Euan Mcghee	1873	Male		01:20:43	Wave 8
487	John Crudgington	585	Male	The Dirty Weasels	01:20:46	Wave 8
488	Rob Kennedy	1636	Male	The Dirty Weasels	01:20:46	Wave 8
489	James Evans	889	Male	Nine Mates and chichy	01:20:46	Wave 11
490	Ashley Burton	344	Male	The Dirty Weasels	01:20:47	Wave 8
491	Andrew Williams	3152	Male	Wonkey Donkeys	01:20:49	Wave 11
492	Tom Richardson	2413	Male	The Sharks	01:20:50	Wave 10
493	Matthew Cook	522	Male		01:20:50	Wave 1
494	Ian Pringle	2312	Male		01:20:50	Wave 1
495	Rich Sheer	2556	Male	Lofty is Robben	01:20:53	Wave 6
496	Gary Bowen-Thomson	265	Male		01:20:57	Wave 1
497	Gary Walsh	2924	Male		01:21:00	Wave 6
498	Brijesh Patel	2198	Male		01:21:02	Wave 1
499	Ben Williams	3146	Male	GDS Cardiff Killers	01:21:03	Wave 7
500	George Britton	294	Male	balls of steal	01:21:03	Wave 7
501	Ashley Borthwick	244	Male		01:21:06	Wave 9
502	Barry Clarke	460	Male	Sports Wales Circuiteers	01:21:06	Wave 2
503	Alex Young	3227	Male	Evolution Fitness XHands	01:21:06	Wave 7
504	Philip Booker	237	Male		01:21:06	Wave 6
505	Anthony Wilkes	3064	Male	Jeremy Kyle Experience	01:21:07	Wave 7
506	James Pantuchow	2173	Male	the Jeremy Kyle experience	01:21:07	Wave 7
507	Nicholas Driscoll	770	Male		01:21:07	Wave 6
508	Scott Andrews	41	Male		01:21:08	Wave 4
509	Simon Parkhouse	2183	Male		01:21:08	Wave 2
510	Chris Nelmes	2060	Male	Lofty is Robben	01:21:09	Wave 6
511	Julian Harris	1254	Male	welsh warriors	01:21:10	Wave 10
512	Craig Duke	780	Male	TheDuke	01:21:11	Wave 1
513	James Booth	240	Male	pathetic athletic	01:21:12	Wave 7
514	Lloyd Howells	1385	Male	Nine Mates and chichy	01:21:13	Wave 11
515	Ben Innes	1429	Male	Chundercats	01:21:14	Wave 2
516	Matt John	1522	Male		01:21:14	Wave 2
517	Martyn Francis	984	Male	The Cluster Duck	01:21:15	Wave 10
518	Jason Brazier	286	Male		01:21:16	Wave 6
519	Graham Emery	842	Male		01:21:18	Wave 1

520	Katie Davies	664	Female	warehouse funky pumpers	01:21:19	Wave 6
521	Gavin Perkins	2225	Male	The Nut Crackers 2012	01:21:20	Wave 6
522	John Sutherland	2716	Male		01:21:20	Wave 10
523	Gareth Hutchings	1415	Male	Williams TKD	01:21:21	Wave 9
524	Liam Davies	647	Male	Confused.com	01:21:21	Wave 5
525	Thomas Harris	1253	Male	Williams TKD	01:21:22	Wave 9
526	Laurence Brown	308	Male	Reading Raptors	01:21:22	Wave 10
527	Simon Johnson	1532	Male		01:21:23	Wave 8
528	James Prothero	2321	Male		01:21:24	Wave 6
529	Malcolm Clash	469	Male		01:21:24	Wave 5
530	Aaron Thomas	2774	Male		01:21:24	Wave 6
531	Arwyn Williams	3098	Male	Carmarthen Trainers	01:21:25	Wave 2
532	Brian Dare	623	Male		01:21:25	Wave 11
533	Marie Beaney	141	Female		01:21:25	Wave 2
534	David Symes	2722	Male		01:21:27	Wave 2
535	Geri Taylor	2737	Female		01:21:27	Wave 7
536	John Preston	2294	Male		01:21:27	Wave 11
537	Alistair Thompson-Brown	2810	Male		01:21:28	Wave 5
538	Norman Ferguson	930	Male	Dick Whitt	01:21:28	Wave 10
539	Andy Brown	309	Male		01:21:28	Wave 10
540	Lewis Williams	3157	Male	Bruce Springsteam Born to Run	01:21:29	Wave 12
541	Greg Mccann	1860	Male		01:21:29	Wave 2
542	Liam James	1461	Male	Wiltshire Warriors	01:21:30	Wave 3
543	Edward Newman	2072	Male		01:21:31	Wave 9
544	Joe Thompson	2809	Male	GDS Cardiff Killers	01:21:34	Wave 10
545	Matt Collins	508	Male	GDS Cardiff Killers	01:21:34	Wave 10
546	Paul Hayward	1291	Male	The Murfin 5	01:21:35	Wave 10
547	Fraser Bonar	230	Male	Williams TKD	01:21:36	Wave 9
548	Steve Jones	1610	Male	Rockets Health and Fitness Club	01:21:38	Wave 13
549	Ollie Price	2300	Male		01:21:38	Wave 6
550	Ryan Thornton	2815	Male		01:21:40	Wave 11
551	Ceri Slyman	2600	Male	warehouse funky pumpers	01:21:43	Wave 6
552	Gareth Martin	1842	Male		01:21:43	Wave 9
553	Phil Ryder	2497	Male	We Hate Pigeons	01:21:43	Wave 5
554	Mike Dorney	752	Male		01:21:44	Wave 4
555	Jon-Marc Roberts	2441	Male		01:21:44	Wave 7
556	Alistair Dennis	719	Male	Cushty	01:21:47	Wave 5
557	Gareth Jones	1540	Male	Rhondda Rebles	01:21:47	Wave 1
558	Michael Rouse	2477	Male		01:21:48	Wave 6
559	James Jabarian	1441	Male		01:21:49	Wave 6
560	Daniel Thomas	2782	Male		01:21:51	Wave 9
561	Lee Dando	616	Male	Homeforce	01:21:53	Wave 10
562	Chris Jones	1612	Male		01:21:56	Wave 12
563	Marc Williams	3106	Male		01:21:57	Wave 3
564	Will Keyes	1645	Male		01:21:58	Wave 2
565	Lee Canning	371	Male		01:21:59	Wave 7
566	Sion Grove	1154	Male		01:21:59	Wave 2
567	David Collins	506	Male		01:21:59	Wave 7
568	Paul Airey	18	Male		01:22:00	Wave 6
569	Jason Thorne	2814	Male		01:22:03	Wave 5
570	Benjamin Cranwell	563	Male		01:22:04	Wave 5
571	Kenneth Williams	3079	Male		01:22:04	Wave 1

572	Paul Williams	3078	Male	4 years and counting	01:22:05	Wave 1
573	Craig Lewis	1731	Male	terry's troops	01:22:09	Wave 6
574	Simon Ridley	2418	Male	Aqua Terror	01:22:12	Wave 3
575	Adam Bradwell	3249	Male		01:22:12	Wave 3
576	Daniel Cuadrado	589	Male	Team Safelectrics	01:22:12	Wave 3
577	Craig Janik	1487	Male	Team Freedom	01:22:12	Wave 2
578	Mousley Alec	21	Male		01:22:13	Wave 13
579	Elanor Moore	1960	Female	RaneFitness	01:22:14	Wave 12
580	Duncan Law	1686	Male	fighting 51	01:22:15	Wave 11
581	Shey Watkins	2960	Male	fighting 51	01:22:15	Wave 11
582	Marcus Toft	2829	Male	Mumbles Marauders	01:22:15	Wave 8
583	Grant Evans	901	Male	fighting 51	01:22:16	Wave 11
584	Tommy Walsh	2926	Male	fighting 51	01:22:16	Wave 11
585	Jame Austin	71	Male		01:22:17	Wave 4
586	Paul Ford	964	Male		01:22:17	Wave 1
587	Stephen Calnan	361	Male	cockrells cronies	01:22:17	Wave 6
588	Philip Siddle	2573	Male		01:22:18	Wave 11
589	Max Girdler	1059	Male		01:22:20	Wave 4
590	Christophe Bourgeois	248	Male	Spearos Heros	01:22:21	Wave 8
591	Glenn Carlile	381	Male	Cassidy 2	01:22:23	Wave 1
592	Gary Beaumont-Morgan	150	Male	Bro Pedr Para...letics!	01:22:24	Wave 11
593	Arwel Jones	1601	Male	Bro Pedr Para...letics!	01:22:24	Wave 11
594	Jemma Pritchard	2315	Female	Homeforce	01:22:25	Wave 10
595	Emma Palfrey	2165	Female		01:22:26	Wave 5
596	Richard Hitchiner	1329	Male		01:22:26	Wave 4
597	Simon Jones	1607	Male	Simon Jones	01:22:28	Wave 11
598	Sion Owen	2153	Male		01:22:29	Wave 2
599	Robert Haley	1191	Male	Top Run	01:22:31	Wave 11
600	Wayne Morgan	1967	Male	Confused.com	01:22:31	Wave 5
601	David Blake	214	Male	Top Run	01:22:32	Wave 11
602	Mathew Faulkner	921	Male		01:22:34	Wave 5
603	Lee Driscoll	771	Male		01:22:34	Wave 9
604	Andy Malpass	34	Male		01:22:39	Wave 1
605	Simon Bartlett	120	Male		01:22:40	Wave 5
606	Nathan Williams	3155	Male	fighting 51	01:22:44	Wave 11
607	Terry Richards	2407	Male	Fat Boys	01:22:44	Wave 5
608	Jonnie Phillips	2244	Male	BOBS	01:22:45	Wave 4
609	Antoinette Dumayne	781	Female		01:22:45	Wave 5
610	Gareth Bray	284	Male		01:22:48	Wave 4
611	Karl Ronan	2466	Male		01:22:49	Wave 4
612	Dan Drake	766	Male	Leg ends	01:22:51	Wave 6
613	Craig O'shea	2147	Male	cockrells cronies	01:22:56	Wave 6
614	Matthew Cockrell	488	Male	cockrells cronies	01:22:56	Wave 6
615	Ray Ewen	904	Male		01:22:57	Wave 2
616	Robin D'arcy	622	Male		01:22:58	Wave 11
617	Richard Morris	2005	Male	Team biggs	01:22:59	Wave 10
618	Stephen Hardy	1228	Male	Team biggs	01:22:59	Wave 10
619	Ceri Thomas	2793	Male		01:22:59	Wave 5
620	Gerard Boyle	271	Male	Dead on Arrival	01:23:00	Wave 6
621	Richard Whitehurst	3042	Male		01:23:00	Wave 6
622	Carl Dawson	697	Male		01:23:05	Wave 7
623	Eifion Roberts	2440	Male	We got this on a Groupon	01:23:05	Wave 7

624	Andrew Murphy	2037	Male		01:23:06	Wave 11
625	Kevin Daley	609	Male		01:23:06	Wave 7
626	Kim Stockfelt	2690	Male	Fat Boys	01:23:06	Wave 5
627	Tom Owen	3233	Male		01:23:06	Wave 1
628	Oliver Noble	2091	Male	RaneFitness	01:23:07	Wave 11
629	Craig Wilkinson	3069	Male		01:23:07	Wave 7
630	Andrew Lloyd	1758	Male		01:23:08	Wave 2
631	Joseph Stevens	2680	Male	pathetic athletic	01:23:08	Wave 7
632	Tim Beswick	182	Male		01:23:08	Wave 8
633	Jimmy Caddick	354	Male	S.W.A.T	01:23:09	Wave 7
634	Scott Day	702	Male		01:23:10	Wave 6
635	Jonathan Waite	2904	Male		01:23:10	Wave 5
636	Jason Rayner	3257	Male	angry dragons	01:23:11	Wave 9
637	Tim Emberton	841	Male	angry dragons	01:23:11	Wave 9
638	Craig Trotman	2845	Male	warehouse funky pumpers	01:23:11	Wave 6
639	Daniel Middleton	1907	Male		01:23:12	Wave 6
640	David Fulcher	1003	Male		01:23:13	Wave 11
641	Huw Triggs	2843	Male		01:23:15	Wave 8
642	Christopher Thomas	2765	Male		01:23:15	Wave 6
643	Chris True.	3231	Male		01:23:15	Wave 11
644	Nicholas Weston	3004	Male		01:23:15	Wave 8
645	James Moore	1957	Male	Dead on Arrival	01:23:16	Wave 6
646	Mathew Daniel	618	Male		01:23:16	Wave 8
647	Nizar Mhani	1903	Male	We got this on a Groupon	01:23:16	Wave 7
648	Lloyd Jones	1599	Male	Never Leave A Mans Behind	01:23:17	Wave 10
649	Callum Swift	2720	Male	Beaver	01:23:17	Wave 3
650	Steven John	1525	Male	warehouse funky pumpers	01:23:17	Wave 6
651	David Ball David Ball	633	Male	Old Bristolians 5	01:23:19	Wave 9
652	Eric Morgan	1987	Male	Team OB (Old B's or Ollie Bartlett)	01:23:19	Wave 9
653	Garry Taylor	2738	Male		01:23:20	Wave 8
654	Matthew Turner	2860	Male		01:23:20	Wave 8
655	David Mark Harris	1242	Male	Bridgeenders	01:23:20	Wave 2
656	Samuel Johnson	1529	Male		01:23:21	Wave 3
657	Chris Saunders	2515	Male		01:23:22	Wave 9
658	Pete Grimes	1150	Male		01:23:24	Wave 5
659	Francesca Gerbino	1041	Female		01:23:26	Wave 8
660	Sarah Vaughan	2888	Female		01:23:26	Wave 11
661	Huw Jarrett	1491	Male		01:23:26	Wave 4
662	Fadi Baydoun	135	Male	Cardiff Audi	01:23:26	Wave 2
663	David Gorwill	1088	Male	DGPT Healthy Living	01:23:27	Wave 6
664	Rhodri Jenkins	1503	Male	WJEC	01:23:29	Wave 9
665	Peter Belmonte	162	Male		01:23:29	Wave 8
666	Carwyn Griffiths	1136	Male	TEAM CHAFF	01:23:29	Wave 8
667	Ian Jones	1608	Male	sfoster	01:23:29	Wave 11
668	Philip Smith	2630	Male		01:23:29	Wave 10
669	Rhydian Dunn	791	Male		01:23:29	Wave 9
670	Daniel Stuart	2705	Male	Team Alpha	01:23:30	Wave 3
671	Benjamin Thomas	2766	Male		01:23:30	Wave 6
672	Simon Welbirg	2983	Male		01:23:32	Wave 11
673	James Sherwood	2568	Male	Slowpant Spongebobs	01:23:33	Wave 2
674	Lee Watkins	2955	Male	pathetic athletic	01:23:33	Wave 7
675	Andy Hayes	1283	Male	pathetic athletic	01:23:33	Wave 7

676	Angharad Rhys	2392	Female		01:23:33	Wave 1
677	Lambert Kleinjans	1656	Male	Team Slow & Steady	01:23:35	Wave 8
678	Louise Macdonald	1799	Female		01:23:37	Wave 1
679	Andrew Stott	2696	Male		01:23:38	Wave 5
680	Paul Hussey	1410	Male		01:23:38	Wave 4
681	Karim Dharamshi	727	Male	Team GID Clothing	01:23:40	Wave 8
682	Christopher Cardinali	377	Male	Team GID Clothing	01:23:41	Wave 8
683	Ben Johnson	1533	Male		01:23:42	Wave 8
684	Carrie Berry	179	Female		01:23:42	Wave 5
685	Andy Jay	1492	Male		01:23:43	Wave 8
686	Dylan Mccann	1862	Male	RaneFitness	01:23:43	Wave 11
687	Mark Canning	372	Male	Your Arrogance Offends Me!	01:23:44	Wave 12
688	David Games	1014	Male		01:23:45	Wave 8
689	Michael Rose	2471	Male	Your Arrogance Offends Me!	01:23:46	Wave 12
690	Ryan Parry	2189	Male	Supremebeings	01:23:48	Wave 10
691	Jake Wood	3188	Male		01:23:48	Wave 12
692	Grant Midgley	1909	Male	Your Arrogance Offends Me!	01:23:50	Wave 12
693	Lucas Cotgrave	546	Male	Your Arrogance Offends Me!	01:23:51	Wave 12
694	Johanna Murray	2041	Female	Top Team	01:23:51	Wave 5
695	Brad Hodgson	1340	Male	Your Arrogance Offends Me!	01:23:52	Wave 12
696	Aaron Warner	2948	Male	Aaron	01:23:54	Wave 7
697	Stuart Harvey	1269	Male		01:23:54	Wave 11
698	Craig Hedges	1301	Male	Whole world of pain	01:23:55	Wave 4
699	Ross Sadler	2502	Male	Whole world of pain	01:23:57	Wave 4
700	Rhodri Davies	693	Male		01:23:57	Wave 10
701	Richard Hobbs	1331	Male	Lofty is Robben	01:23:58	Wave 6
702	Richard Lawlor	1687	Male	Revolution	01:23:59	Wave 10
703	Chris Knox	1667	Male		01:24:00	Wave 7
704	Taylor Neville	2063	Male	Rockets Health and Fitness Club	01:24:00	Wave 13
705	Jacob Fitzgerald	948	Male	Reading Raptors	01:24:01	Wave 10
706	Darran Cowell	551	Male		01:24:02	Wave 10
707	Emily Parker	2176	Female	Cushty	01:24:05	Wave 5
708	Lee Hill	1325	Male		01:24:06	Wave 12
709	Jeremy Knox	1666	Male		01:24:06	Wave 7
710	James Lewis	1736	Male		01:24:07	Wave 5
711	Tom Osborne	2146	Male	murco I/E	01:24:08	Wave 7
712	Russell Gardner	1021	Male		01:24:08	Wave 4
713	Sam Rees	2370	Male	murco I/E	01:24:08	Wave 7
714	Ryan Collard	497	Male	The Sharks	01:24:09	Wave 10
715	Rhys Benyon	176	Male	Norfolk in Chance of Winning	01:24:10	Wave 3
716	Scott Squire	2657	Male	Norfolk in Chance of Finishing	01:24:10	Wave 3
717	Robert James Guy	1166	Male	We got this on a Groupon	01:24:11	Wave 7
718	Simon Griffiths	1132	Male	simon griffiths	01:24:11	Wave 6
719	Luca Moranzoni	1964	Male	We got this on a Groupon	01:24:12	Wave 7
720	Rhys Morgan	1982	Male	We got this on a Groupon	01:24:14	Wave 7
721	Matthew Dent	721	Male	Monkey Magic	01:24:15	Wave 9
722	Ian Sherwin	2567	Male		01:24:16	Wave 7
723	Marc Jones	1592	Male	Ystrad Rhondda circuits	01:24:16	Wave 9
724	Daniel Thomas	2779	Male	Cunning Stunts	01:24:18	Wave 8
725	Andrew Mackay	1801	Male	Cunning Stunts	01:24:18	Wave 8
726	Martyn Smith	2618	Male	We got this on a Groupon	01:24:21	Wave 7
727	Daniel Jones	1590	Male		01:24:23	Wave 9

728	Thomas Collins	509	Male	Fat kids always win at see-saw	01:24:24	Wave 10
729	Gavin Harmer	1235	Male	Fat kids always win at see-saw	01:24:24	Wave 10
730	James Bater	128	Male	BOBS	01:24:24	Wave 4
731	Martin Vaughan	2885	Male	Team Badger	01:24:25	Wave 1
732	Ian Harding	1223	Male		01:24:25	Wave 3
733	Marcus Wardill	2942	Male	GDS Cardiff Killers	01:24:27	Wave 10
734	Paul Glaeser	1062	Male		01:24:27	Wave 3
735	William Goodliffe	1080	Male	Team Slow & Steady	01:24:29	Wave 8
736	Mark Greedy	1110	Male	Faster than Sheep	01:24:29	Wave 2
737	Anthony Garrett	1028	Male	Faster than Sheep	01:24:29	Wave 2
738	Karen Parker	2177	Female	Bradley Stoke Netball Club	01:24:29	Wave 8
739	Caradog Rogers	2461	Male	Cwm Rhymini	01:24:30	Wave 6
740	Rhys Andrews	38	Male	Faster than Sheep	01:24:31	Wave 2
741	George Glover	1067	Male		01:24:32	Wave 4
742	Ian Thorne	2813	Male		01:24:33	Wave 6
743	Neil Howells	1381	Male		01:24:34	Wave 6
744	Rob Green	1111	Male	Infertile Tortoises	01:24:35	Wave 2
745	Katie Harris	1241	Female	Faster than Sheep	01:24:36	Wave 2
746	Graham Andrews	37	Male	Faster than Sheep	01:24:37	Wave 2
747	Anne-Marie Selway	2540	Female	fit farmers	01:24:39	Wave 4
748	Ian Selway	2541	Male	fit farmers	01:24:39	Wave 4
749	Rob Towell	2833	Male	Lofty is Robben	01:24:39	Wave 6
750	Hywel Rees	2373	Male	We got this on a Groupon	01:24:40	Wave 7
751	Daniel Botten	246	Male		01:24:43	Wave 9
752	Phillip Jeffrey	1495	Male		01:24:43	Wave 9
753	Brian Stephens	2674	Male	Stephens	01:24:46	Wave 10
754	Christopher Haighton	1178	Male		01:24:46	Wave 5
755	Samuel Stephens	2673	Male	Stephens	01:24:47	Wave 10
756	Gareth Fairie	907	Male		01:24:48	Wave 4
757	Louis-Guillaume Morand	1963	Male	lolin' lolors	01:24:49	Wave 5
758	Nathanael Morris	2010	Male		01:24:49	Wave 11
759	Kate Davies	644	Female	Faster than Sheep	01:24:49	Wave 2
760	Steffan Davies	686	Male		01:24:50	Wave 11
761	Stephen Booth	243	Male	Bruce Springsteam Born to Run	01:24:50	Wave 12
762	Sam Beeson	156	Male	Bruce Springsteam Born to Run	01:24:50	Wave 12
763	Mike Harte	1264	Male	Rockets Health and Fitness Club	01:24:50	Wave 13
764	Adam Jolley	1539	Male	Bruce Springsteam Born to Run	01:24:50	Wave 12
765	Samuel Allsopp	31	Male	Stow Hill Intense Training Squad	01:24:51	Wave 4
766	Matthew Colley	502	Male	Bruce Springsteam Born to Run	01:24:51	Wave 12
767	Nicolas Lemoine	1709	Male	lolin' lolors	01:24:52	Wave 5
768	Nigel Whitfield	3043	Male		01:24:54	Wave 7
769	Richard Bowen	261	Male		01:24:54	Wave 8
770	Michael Thomas	2796	Male	GDS Cardiff Killers	01:24:54	Wave 10
771	Leigh Elsworthy	839	Male		01:24:55	Wave 8
772	Declan O'doherty	2119	Male	The Magnificent ODs	01:24:55	Wave 2
773	Sam Webb	2974	Male		01:24:56	Wave 8
774	Gareth Slocombe	2599	Male		01:24:58	Wave 9
775	Ian Gummery	1162	Male		01:24:59	Wave 3
776	Matthew Whitfield	3044	Male		01:24:59	Wave 7
777	Regan Pauly	2207	Male	Nine Mates and chichy	01:25:02	Wave 11
778	Sam Whitfield	3045	Male		01:25:02	Wave 7
779	Damian Morgan	1978	Male	murco I/E	01:25:03	Wave 7

780	Tracy Mills	1929	Female		01:25:04	Wave 6
781	Luke Giles	1050	Male	Nine Mates and chichy	01:25:05	Wave 11
782	Christopher Wiltshire	3175	Male	Friends Life Hard - Core	01:25:07	Wave 11
783	Steven Havard	1277	Male		01:25:09	Wave 1
784	Barry Howells	1384	Male	Barry's Howellers	01:25:09	Wave 10
785	Gavin Williams	3103	Male	carmarthen circuits 2	01:25:11	Wave 2
786	David Duffett	776	Male	Friends Life Hard - Core	01:25:14	Wave 11
787	Tom Williams	3099	Male	Carmarthen Trainers	01:25:14	Wave 2
788	Ian Turner	2855	Male	carmarthen circuits	01:25:15	Wave 2
789	Diana Apperley	53	Female	Warriors & Freaks	01:25:16	Wave 7
790	Luke Fisher	943	Male		01:25:17	Wave 8
791	Stefano Russo	2495	Male		01:25:17	Wave 8
792	Kyle Proctor	2317	Male		01:25:18	Wave 5
793	Colin Bowen	256	Male	Zach's Training 1	01:25:18	Wave 2
794	Roger Clark	453	Male		01:25:19	Wave 1
795	John Thomas	2753	Male	solarforce	01:25:20	Wave 2
796	Benjamin Tonge	2831	Male		01:25:21	Wave 6
797	Andrew Greenslade	1120	Male		01:25:21	Wave 7
798	Paul Bridges	290	Male	Zach's Training 1	01:25:23	Wave 2
799	Russell Davies	641	Male	TEAMMONO	01:25:23	Wave 3
800	Andrew Macpherson	1809	Male	Barry's Howellers	01:25:23	Wave 10
801	Thomas Rees	2380	Male		01:25:23	Wave 11
802	Michael Turfery	2853	Male	Surfin Turfs	01:25:24	Wave 3
803	Mark Lovegrove	1780	Male		01:25:27	Wave 3
804	Ian Meyrick	1901	Male		01:25:27	Wave 2
805	Michael Wilcox	3055	Male		01:25:27	Wave 11
806	Cheryl Willis	2894	Female	Team Mish Mash	01:25:27	Wave 12
807	Stuart Morris	2006	Male	The Murfin 5	01:25:27	Wave 10
808	Neil Smith	2636	Male		01:25:29	Wave 3
809	Jonathan Wray	3205	Male	Homeforce	01:25:30	Wave 10
810	Kenyon Sheppard	2564	Male		01:25:30	Wave 8
811	James Taylor	2736	Male	Lofty is Robben	01:25:31	Wave 6
812	Adrienne Mackintosh	1806	Female	carmarthen circuits 2	01:25:33	Wave 2
813	Joe Turner	2858	Male		01:25:34	Wave 7
814	Carl Willis	2895	Male	Team Mish Mash	01:25:35	Wave 12
815	Ellis Roberts	2445	Male	Rhedeg HYP-XII	01:25:35	Wave 11
816	Julie Jones	1597	Female		01:25:36	Wave 11
817	Jaime Miralles Gimenez	1939	Male	Me absolute minority	01:25:37	Wave 2
818	Jason Kennedy	1635	Male		01:25:37	Wave 3
819	John Wintle	3182	Male		01:25:37	Wave 3
820	Daniel Read	2352	Male	Team Tanyard	01:25:38	Wave 5
821	Ceri Martin	1839	Male	Whole world of pain	01:25:40	Wave 4
822	Ross Owen	2154	Male		01:25:40	Wave 7
823	Barry Yates	3214	Male		01:25:41	Wave 5
824	Nathan Edwards	805	Male	Zach's Training 2	01:25:44	Wave 2
825	Kristian Biggs	196	Male		01:25:45	Wave 10
826	Gregory Matthews	1852	Male		01:25:46	Wave 3
827	Matt Jansen	1489	Male		01:25:48	Wave 6
828	Gregory Hatfield	1274	Male		01:25:49	Wave 4
829	Carl James	1468	Male	Whole world of pain	01:25:50	Wave 4
830	Iain Marnoch	1827	Male		01:25:52	Wave 4
831	Ryan Milner	1937	Male		01:25:59	Wave 7

832	Mark James	1459	Male	TEAMMONO	01:25:59	Wave 3
833	James Walsh	2923	Male		01:26:01	Wave 5
834	Garry Penfold	2221	Male		01:26:01	Wave 2
835	Oliver Dearden	711	Male		01:26:03	Wave 9
836	Keir Davies	656	Male	Stow Hill Intense Training Squad	01:26:03	Wave 4
837	Delme Price	2304	Male	Fit Academy	01:26:05	Wave 9
838	Mike Faulds	920	Male	sfoster	01:26:06	Wave 11
839	Dewi Evans	897	Male	Bro Pedr Para...letics!	01:26:12	Wave 11
840	Matt Francis	985	Male	Admiral All Stars	01:26:12	Wave 5
841	Jamie Long	1773	Male	Admiral All Stars	01:26:12	Wave 5
842	Craig Vardon	2884	Male	Vards the big gay bender	01:26:16	Wave 5
843	Paul Davey	631	Male	Davey	01:26:17	Wave 5
844	Chris Harris	1239	Male	Team Bannatyne	01:26:19	Wave 1
845	Craig Atter	67	Male	10 of us for Tenovus	01:26:21	Wave 8
846	Graham Mathews	1851	Male	Penarth WCBC	01:26:23	Wave 11
847	Douglas Tilston	2823	Male	BRISTOL BNOCS	01:26:24	Wave 11
848	Katie Bevan	186	Female		01:26:24	Wave 10
849	Jon Lane	1681	Male	Bridgeenders	01:26:24	Wave 2
850	Thomas Hockey	1335	Male	Confused.com	01:26:26	Wave 5
851	Kev Butterworth	349	Male	St Athan Dragons	01:26:28	Wave 10
852	Gavin James	1466	Male		01:26:30	Wave 4
853	Cedryn James	1465	Male		01:26:30	Wave 4
854	Martin Lewis	1738	Male	Penarth WCBC	01:26:30	Wave 11
855	Nicholas Jenkins	1499	Male	TEAMMONO	01:26:31	Wave 3
856	Phil Woodland	3196	Male	TEAM GTL	01:26:32	Wave 7
857	Geraint Smith	2611	Male	TEAMMONO	01:26:33	Wave 3
858	Anna Britton	293	Female		01:26:34	Wave 5
859	Glen Gameson-Burrows	1015	Male		01:26:35	Wave 6
860	Rhys Morris	2002	Male	WJEC	01:26:36	Wave 9
861	James Mackechnie	1802	Male	warehouse funky pumpers	01:26:36	Wave 6
862	Clare Cassidy	401	Female	Cassidy 2	01:26:37	Wave 1
863	Timothy Wooldridge	3200	Male		01:26:37	Wave 12
864	Mark Westcott	3001	Male	Team Alpha	01:26:40	Wave 3
865	Karl Saunders	2513	Male		01:26:40	Wave 5
866	Shamus Bryant	318	Male	Brotherhood of Ron	01:26:40	Wave 7
867	Tim English	845	Male	Tim English	01:26:40	Wave 5
868	James Davies	2426	Male	warehouse funky pumpers	01:26:42	Wave 6
869	Chris Leeke	1705	Male	Team Alpha	01:26:43	Wave 3
870	Harry Phelps	2238	Male	BRISTOL BNOCS	01:26:43	Wave 11
871	David Alvarez	32	Male	Pain is Temporary	01:26:44	Wave 9
872	Guto Hughes	1397	Male	Cwm Rhywni	01:26:45	Wave 6
873	Lloyd Davies	695	Male	sfoster	01:26:46	Wave 11
874	David Anslow	49	Male	carmarthen circuits	01:26:47	Wave 2
875	Adam Coates	480	Male	Team Alpha	01:26:50	Wave 3
876	Josie Lockwood	1769	Female	Connor and Josie	01:26:53	Wave 5
877	Sanjay Farmahan	909	Male	Bang Tidy	01:26:54	Wave 9
878	Daryl Cann	370	Male	Me and my boys	01:26:55	Wave 9
879	Keenan Perrett	2229	Male	Me and my boys	01:26:55	Wave 9
880	Connor Richardson	2410	Male	Connor and Josie	01:26:55	Wave 5
881	Lee Carson	390	Male	Stretch Huff and Puff	01:26:56	Wave 2
882	Matthew Cox	556	Male		01:26:56	Wave 2
883	Huw Thomas	2755	Male		01:26:56	Wave 2

884	Daniel Hurford	1408	Male		01:26:56	Wave 6
885	Kirsty Smith	2637	Female	Team Mish Mash	01:26:57	Wave 12
886	Darryl Griffiths	1147	Male	Team Mish Mash	01:26:57	Wave 12
887	Richard Percivil	2224	Male	Penarth WCBC	01:26:57	Wave 11
888	Stephen Head	1293	Male		01:26:57	Wave 6
889	Dafydd Owen	3234	Male		01:26:58	Wave 1
890	Anthony Davies	3266	Male		01:27:01	Wave 12
891	Jason Thomas	2797	Male	GDS Cardiff Killers	01:27:03	Wave 10
892	Arkadiusz Surowiecki	2714	Male		01:27:06	Wave 11
893	Elliot Goodman	1083	Male	Time 4	01:27:07	Wave 11
894	Matthew Wilson	3170	Male	Top Run	01:27:07	Wave 11
895	Alex Worlock	3203	Male	Time 4	01:27:07	Wave 11
896	Kai Done	745	Male	Time 4	01:27:07	Wave 11
897	Thomas Mayo	1857	Male		01:27:09	Wave 5
898	Luke Jones	1575	Male	Warriors & Freaks	01:27:10	Wave 7
899	Claire Vicker	2892	Female	Warriors & Freaks	01:27:10	Wave 7
900	Christopher Morris	2003	Male		01:27:10	Wave 4
901	Mark Jones	1562	Male		01:27:11	Wave 4
902	Eirwen Benjamin	165	Female		01:27:11	Wave 4
903	Michael Griffiths	1146	Male		01:27:13	Wave 9
904	Andrew Neil	2059	Male		01:27:14	Wave 7
905	John Bruton	315	Male	Top Team	01:27:14	Wave 5
906	Andy Flaxman	954	Male	Friends Life Hard - Core	01:27:15	Wave 11
907	Owain Williams	3128	Male		01:27:15	Wave 7
908	Richard Flaxman	953	Male	Friends Life Hard - Core	01:27:16	Wave 11
909	Jason Millership	1925	Male		01:27:17	Wave 7
910	Philip Jacobs	1453	Male		01:27:19	Wave 9
911	Daniel Comber	513	Male		01:27:20	Wave 10
912	Gareth Avery	72	Male	The Salad Dodgers	01:27:20	Wave 10
913	Saad Masood	1847	Male	Beards of Wisdom	01:27:20	Wave 7
914	Patrick Rickerby	2415	Male	Beards of Wisdom	01:27:20	Wave 7
915	Andy Fraser	990	Male		01:27:23	Wave 4
916	Dyfan Evans	890	Male	Rhedeg HYP-XII	01:27:25	Wave 11
917	Rhodri Asby	60	Male		01:27:27	Wave 4
918	David Langford	1684	Male		01:27:28	Wave 2
919	Laura Thomas	2767	Female		01:27:28	Wave 6
920	Benjamin Simmons	2583	Male		01:27:29	Wave 6
921	Ian Jehu	1497	Male	Cardiff Audi	01:27:29	Wave 2
922	Carl Sutherley	2717	Male	Team biggs	01:27:30	Wave 10
923	Oliver Bailey-Pearce	84	Male	We thought this was Zumba	01:27:32	Wave 7
924	Rob Harris	1252	Male	Bang Tidy	01:27:33	Wave 9
925	Daniel Chant	423	Male	We thought this was Zumba	01:27:33	Wave 7
926	Matt Leech	1703	Male		01:27:34	Wave 7
927	Russell Strachan	2697	Male		01:27:36	Wave 9
928	Paul Amos	33	Male	Beatties & Co	01:27:36	Wave 4
929	Alun Davies	687	Male	Rhedeg HYP-XII	01:27:37	Wave 11
930	Edward John	1521	Male		01:27:37	Wave 2
931	Simon Luke	1790	Male	The Real Spartans	01:27:37	Wave 1
932	Sean Clark	457	Male		01:27:38	Wave 11
933	Keith Sullivan	2710	Male	Top Team	01:27:40	Wave 5
934	Ricard Michael	1904	Male		01:27:41	Wave 10
935	Faye Smallman	2601	Female		01:27:43	Wave 8

936	Mark Moakes	1947	Male		01:27:43	Wave 8
937	Gareth Middleton	1906	Male		01:27:43	Wave 1
938	Ian Rowson	2484	Male		01:27:45	Wave 4
939	Dan Welsh	2991	Male	Magic Rolls	01:27:46	Wave 11
940	Dan Cowen	552	Male		01:27:46	Wave 11
941	Lloyd Price	2302	Male		01:27:46	Wave 6
942	Peter Burne	338	Male		01:27:52	Wave 1
943	Mark Jeynes	1518	Male		01:27:52	Wave 6
944	Adam Stephens	2672	Male	Moulder	01:27:53	Wave 7
945	Paul Chamberlain	418	Male		01:27:53	Wave 5
946	Ben Hammond	1212	Male		01:27:53	Wave 11
947	Rhiannon Oliver	2134	Female		01:27:54	Wave 11
948	Catherine Sharples	2552	Female		01:27:57	Wave 2
949	Rhys Hatherall	1276	Male		01:27:58	Wave 11
950	Sophie Warner	2946	Female	Bradley Stoke Netball Club	01:27:58	Wave 8
951	Dominique Oughton	2150	Female	Bradley Stoke Netball Club	01:27:58	Wave 8
952	Jonathan Hughes	1392	Male	Zach's Training 1	01:27:58	Wave 2
953	Harvey Sandhu	3242	Male		01:28:00	Wave 5
954	Christian Davies	691	Male	Supremebeings	01:28:02	Wave 10
955	Paul Ritchie	2422	Male	St Athan Dragons	01:28:04	Wave 10
956	Claire Moran	1962	Female		01:28:05	Wave 8
957	Lucy Millard	1917	Female		01:28:05	Wave 5
958	George Metcalfe	1899	Male	Billy's Second Chance	01:28:05	Wave 9
959	Scott Mitchell	1944	Male		01:28:06	Wave 8
960	Mathew Hall	1198	Male	sfoster	01:28:06	Wave 11
961	Richard Crean	569	Male	Nine Mates and chichy	01:28:09	Wave 11
962	Jessica Element	827	Female		01:28:10	Wave 3
963	John Moody	1954	Male		01:28:12	Wave 1
964	Vikki Powell	2282	Female		01:28:12	Wave 10
965	Dean Waite	2903	Male		01:28:12	Wave 4
966	Carly Wentworth	2992	Female		01:28:12	Wave 10
967	Jon Wilks	3071	Male	Team Mish Mash	01:28:13	Wave 12
968	James Elsworth	837	Male	Moulder	01:28:14	Wave 7
969	Jason Willis	3159	Male		01:28:14	Wave 4
970	Joel Simpson	2587	Male	Norfolk in Chance of Winning	01:28:14	Wave 3
971	Stuart Pownall	2286	Male	Norfolk in Chance of Winning	01:28:15	Wave 3
972	Owen Jones	1596	Male	Nine Mates and chichy	01:28:17	Wave 11
973	Richard Barbour	105	Male	Richard Barbour	01:28:18	Wave 11
974	Kevin Goodwill	1085	Male		01:28:20	Wave 11
975	Laura Keeley	1621	Female	Laura Keeley	01:28:22	Wave 10
976	Rebecca Gosney	1091	Female	Swansea Uni Ladies Hockey	01:28:22	Wave 10
977	Sarah Morris	2012	Female	Swansea Uni Ladies Hockey	01:28:22	Wave 10
978	Anthony Mcgrath	1875	Male		01:28:23	Wave 10
979	Steve Harrsion	1263	Male		01:28:24	Wave 11
980	Martin Ferris	933	Male	you can do it	01:28:24	Wave 6
981	Andrew Beale	139	Male	you can do it	01:28:24	Wave 6
982	Nick Heath	1299	Male	RPM	01:28:30	Wave 2
983	Adam Martin	1840	Male	Spearos Heros	01:28:33	Wave 8
984	Mark Hayes	1284	Male		01:28:35	Wave 8
985	Peter Watts	2967	Male	Top Team	01:28:35	Wave 5
986	Mark Soderland	2640	Male		01:28:38	Wave 1
987	Wayne Murphy	2039	Male	Nine Mates and chichy	01:28:43	Wave 11

988	Rhys Jones	1583	Male		01:28:44	Wave 8
989	Joe Craxford	567	Male	murco I/E	01:28:45	Wave 7
990	Jack Stainthorpe	2661	Male		01:28:48	Wave 6
991	Claire Maksimovic	1817	Female		01:28:50	Wave 9
992	Jonathon Ogden	2124	Male		01:28:51	Wave 4
993	Matthew Hudson	1389	Male		01:28:52	Wave 8
994	Kevin Bowen	259	Male	carmarthen circuits	01:28:52	Wave 2
995	Dean Gooderson	1075	Male	Cassidy	01:28:53	Wave 1
996	Rich Young	3221	Male	Cassidy 2	01:28:53	Wave 1
997	Jane Holmes	1353	Female	Cassidy 2	01:28:53	Wave 1
998	Kevin O'donnell	2121	Male		01:28:54	Wave 9
999	Phillipe Chichester	436	Male	Nine Mates and chichy	01:28:56	Wave 11
1000	Vicki Cole	490	Female		01:28:57	Wave 1
1001	Corey Richards	3250	Male		01:28:58	Wave 1
1002	Steve Ward	3293	Male	welsh warriors	01:28:59	Wave 10
1003	Sanna Duthie	793	Female		01:29:02	Wave 9
1004	Ian Davies	635	Male		01:29:03	Wave 1
1005	David Bock	224	Male	David Bock	01:29:05	Wave 7
1006	David Creamy	568	Male	Nine Mates and chichy	01:29:05	Wave 11
1007	Matthew Phillips	2250	Male		01:29:06	Wave 8
1008	George Holdstock	1345	Male	RaneFitness	01:29:07	Wave 11
1009	Steve Summerill	2712	Male	Team Wowser	01:29:10	Wave 7
1010	Stephen Alecock	22	Male		01:29:12	Wave 5
1011	Daniel O'brien	2115	Male	RaneFitness	01:29:12	Wave 11
1012	Rhiannan Simpson	2588	Female		01:29:14	Wave 4
1013	Rick Ellis	833	Male	RaneFitness	01:29:15	Wave 11
1014	Leanne Fox	975	Female		01:29:16	Wave 4
1015	Richard Hale	1189	Male		01:29:17	Wave 9
1016	Jason White	3023	Male	Cassidy 2	01:29:18	Wave 1
1017	Denis Underwood	2874	Male		01:29:20	Wave 5
1018	Darren Rogers	2462	Male		01:29:20	Wave 9
1019	Ben Cole-Edwards	492	Male		01:29:21	Wave 10
1020	Neil Biscoe	204	Male	Barry's Howellers	01:29:22	Wave 10
1021	Steve Perrett	2228	Male	Me and my boys	01:29:22	Wave 9
1022	Richard Bourke	249	Male		01:29:22	Wave 7
1023	William Moore	1958	Male		01:29:23	Wave 5
1024	Chris Preston	2292	Male	Team Freedom	01:29:25	Wave 2
1025	Ollie Gill	1051	Male	Optimum	01:29:25	Wave 3
1026	Richard Geraci	1040	Male	Admiral All Stars	01:29:26	Wave 5
1027	Dewi Thomas	2798	Male		01:29:28	Wave 10
1028	Keziah Paxton	2210	Female		01:29:29	Wave 10
1029	Susanna Goffe	1072	Female		01:29:29	Wave 10
1030	Daniel Peart	2217	Male	Cushty	01:29:30	Wave 5
1031	Rick Lewis	1730	Male		01:29:31	Wave 6
1032	Gareth Peake	2215	Male		01:29:33	Wave 10
1033	Dave Shefford	2557	Male	Lick my teeth	01:29:34	Wave 8
1034	Richard Wheeler	3017	Male	Lick my teeth	01:29:34	Wave 8
1035	Paul Miles	1912	Male	Bridgeenders	01:29:35	Wave 2
1036	Stuart Clarke	465	Male		01:29:36	Wave 10
1037	Gregory Hodder	1336	Male		01:29:38	Wave 8
1038	Darren Gwilym	1169	Male		01:29:38	Wave 5
1039	Stephen Fellows	925	Male		01:29:39	Wave 11

1040	Robin Kennea	1634	Male	pathetic athletic	01:29:40	Wave 7
1041	Gary Wilson	3164	Male		01:29:40	Wave 2
1042	Andy Spratt	2653	Male		01:29:40	Wave 2
1043	Jason Millar	1916	Male		01:29:42	Wave 8
1044	Alan King	1648	Male		01:29:43	Wave 1
1045	Catherine Hassall	1270	Female	Bradley Stoke Netball Club	01:29:52	Wave 8
1046	Peter James	1475	Male	Bradley Stoke Netball Club	01:29:52	Wave 8
1047	Chris Tilley	2821	Male	Bradley Stoke Netball Club	01:29:53	Wave 8
1048	Alex Smith	2610	Male	Team Titshall	01:29:53	Wave 2
1049	Mark Lucas	1786	Male		01:29:59	Wave 6
1050	Neil Davey	632	Male		01:30:01	Wave 11
1051	Nick Carter	393	Male	St Athan Dragons	01:30:02	Wave 10
1052	Robert Rietz	2419	Male		01:30:03	Wave 5
1053	Mike Flint	957	Male	10 of us for Tenovus	01:30:03	Wave 8
1054	David Pszenycznyj	2323	Male		01:30:06	Wave 10
1055	Niall Smith	2631	Male		01:30:07	Wave 5
1056	Alan Ingram	1425	Male	Cassidy	01:30:07	Wave 1
1057	Lloyd Treharne	2838	Male		01:30:10	Wave 5
1058	Dudley Bond	232	Male	Aqua Terror	01:30:10	Wave 3
1059	Marc Fitzgibbon	949	Male		01:30:12	Wave 5
1060	Warren Morgan	1971	Male	Aqua Terror	01:30:12	Wave 3
1061	Rhys Griffiths	1135	Male	wolf pack	01:30:13	Wave 7
1062	Lucy Mills	1931	Female		01:30:14	Wave 6
1063	Tristan Fowler	974	Male	Team OB (Old B's or Ollie Bartlett)	01:30:15	Wave 9
1064	Gareth Jones	1578	Male	Dug's Stag	01:30:15	Wave 7
1065	Dean Owens	2159	Male		01:30:17	Wave 10
1066	Aaron David Phillips	2242	Male	Team Safelectrics	01:30:18	Wave 3
1067	Gregg Westwood	3005	Male	Cockseywestiewellseypeteieandmattski	01:30:18	Wave 11
1068	Holly Janes	1486	Female	Swansea Uni Ladies Hockey	01:30:18	Wave 10
1069	Dean Howels	1387	Male		01:30:18	Wave 11
1070	Andrew Clementson	473	Male		01:30:20	Wave 6
1071	Justin Belle	161	Male	sfoster	01:30:20	Wave 11
1072	Matt Miles	1914	Male	Reading Raptors	01:30:22	Wave 10
1073	Rhodri Thomas	2773	Male	Dug's Stag	01:30:22	Wave 7
1074	Matt Bartlett	119	Male	Cockseywestiewellseypeteieandmattski	01:30:24	Wave 11
1075	Colin Capner	376	Male		01:30:25	Wave 1
1076	Nathan Webber	2977	Male		01:30:26	Wave 5
1077	Lindsay Webber	2978	Female		01:30:26	Wave 5
1078	Ian Culverhouse	486	Male	Cockseywestiewellseypeteieandmattski	01:30:26	Wave 11
1079	Simon Clarke	463	Male	Dug's Stag	01:30:29	Wave 7
1080	Sharon Louise Penhale	2222	Female	Team Swansea City	01:30:30	Wave 10
1081	Christian Rees	2378	Male	Trainer BMW	01:30:32	Wave 9
1082	Marcus Whitlow	3046	Male	Amelia's Angels 2	01:30:32	Wave 2
1083	Christian Evans	884	Male	Trainer BMW	01:30:33	Wave 9
1084	Andrew Oliver	2132	Male	Old Bristolians 5	01:30:34	Wave 9
1085	Neil Trainer	2836	Male	Trainer BMW	01:30:34	Wave 9
1086	Mark Condick	515	Male	Billy no friends	01:30:34	Wave 11
1087	Dean Darlow	624	Male	Carmarthenshire coming at ya!	01:30:34	Wave 4
1088	James Smith	2633	Male		01:30:35	Wave 11
1089	Alexandra Bach	78	Female	carmarthen circuits 2	01:30:36	Wave 2
1090	Andrew Bucknall	322	Male		01:30:38	Wave 10
1091	Terry Kirby	1654	Male		01:30:41	Wave 5

1092	Steven McMahon	3254	Male		01:30:43	Wave 5
1093	Rhys Horsman	1367	Male		01:30:44	Wave 9
1094	Daryl O'brien	2112	Male	The Cluster Duck	01:30:44	Wave 10
1095	Stuart Kellock	1626	Male	Crazy Bristolians	01:30:46	Wave 5
1096	Aled Evans	892	Male	Rhedeg HYP-XII	01:30:48	Wave 11
1097	Christopher Powell	2281	Male		01:30:49	Wave 9
1098	Paul Davies	673	Male		01:30:53	Wave 6
1099	Faith Neville	2062	Female	Rockets Health and Fitness Club	01:30:53	Wave 13
1100	Liam Huxtable	1420	Male		01:30:55	Wave 8
1101	James Lewis	1733	Male	Williams TKD	01:30:55	Wave 9
1102	Michael Tune	2851	Male	Bannatynes	01:30:58	Wave 1
1103	Robert Davies	663	Male		01:30:58	Wave 5
1104	Katy Harris	1247	Female	warehouse funky pumpers	01:30:58	Wave 6
1105	Zoe Harris	1246	Female	warehouse funky pumpers	01:30:58	Wave 6
1106	Richard Taylor	2739	Male	Williams TKD	01:31:00	Wave 9
1107	Chris Griffiths	1145	Male		01:31:00	Wave 11
1108	Clarke Taylor	2735	Male	The Risk	01:31:02	Wave 4
1109	Graham Dearden	710	Male		01:31:04	Wave 3
1110	Ryan Olden	2127	Male		01:31:05	Wave 7
1111	Geraint Hampson-Jones	1215	Male		01:31:05	Wave 3
1112	Martin Holder	1344	Male		01:31:06	Wave 8
1113	Cerys Evans	886	Female		01:31:08	Wave 9
1114	Robert Oley	2129	Male	Cassidy	01:31:09	Wave 1
1115	Penny Park-Pearson	2185	Female		01:31:12	Wave 8
1116	Kevin C Fulthorpe	1005	Male	Sport Wales Circuiteers	01:31:13	Wave 2
1117	Alexander Szygowski	2724	Male	Camelot	01:31:14	Wave 8
1118	Helen Henry	1307	Female		01:31:15	Wave 2
1119	Katie Breeze	287	Female	Amelia's Angels 2	01:31:15	Wave 2
1120	Richard Henry	1308	Male		01:31:15	Wave 2
1121	Nathan Thomas	2754	Male	Team Nathan	01:31:19	Wave 3
1122	Gill Simpson	2586	Female	Amelia's Angels 2	01:31:20	Wave 2
1123	Danny Abbott	1	Male	Team Safelectrics	01:31:21	Wave 3
1124	Daniel Abbott	2	Male	Team Safelectrics	01:31:21	Wave 3
1125	Simon Hatch	1272	Male	The Risk	01:31:23	Wave 4
1126	Alex Lord	1776	Male	angry dragons	01:31:24	Wave 9
1127	Chris Bradshaw	280	Male		01:31:24	Wave 10
1128	Eleanor Jackson	1446	Female		01:31:26	Wave 7
1129	J Rodriguez	2458	Male		01:31:27	Wave 5
1130	Aled Edwards	807	Male		01:31:28	Wave 7
1131	Patrick Mupereki	2034	Male		01:31:28	Wave 8
1132	Matthew Parsons	2191	Male		01:31:28	Wave 5
1133	Graham Roosmalen	2468	Male		01:31:29	Wave 3
1134	Tom Kayes	1619	Male	angry dragons	01:31:29	Wave 9
1135	Wayne Williams	3132	Male	Dug's Stag	01:31:29	Wave 7
1136	Sissons Ross	2474	Male	St Athan Dragons	01:31:35	Wave 10
1137	Vince Hampton	1216	Male	Homeforce	01:31:36	Wave 10
1138	Geraint Wilson	3169	Male	FamilyCircle	01:31:37	Wave 8
1139	Andrew Yeoman	3216	Male	FamilyCircle	01:31:37	Wave 8
1140	Rachel Sanders	2510	Female	warehouse funky pumpers	01:31:39	Wave 6
1141	Adam Russell	2491	Male	Slowpant Spongebobs	01:31:40	Wave 2
1142	Michelle Turner	2859	Female	Team Turner	01:31:42	Wave 8
1143	Colin Whitbread	3022	Male		01:31:43	Wave 12

1144	Lyn Evans	871	Male	DC fitness	01:31:44	Wave 6
1145	Paul Kennerson	1638	Male		01:31:45	Wave 3
1146	Matthew Kennerson	1637	Male		01:31:45	Wave 3
1147	Anthony Kennerson	1639	Male		01:31:45	Wave 3
1148	Nazia White	3032	Female	Team Turner	01:31:46	Wave 8
1149	Phil Boughton	247	Male	Team Treacle	01:31:47	Wave 3
1150	Darren Richards	2399	Male	Team Treacle	01:31:47	Wave 3
1151	Joel Armitt	57	Male	Team Treacle	01:31:47	Wave 3
1152	David Williams	3153	Male		01:31:49	Wave 12
1153	Caroline Nightingale	2087	Female	Faster than Sheep	01:31:51	Wave 2
1154	Karen Harrison	1257	Female	Cushty	01:31:52	Wave 5
1155	Jason Monks	1951	Male	Team Turner	01:31:52	Wave 8
1156	Thomas Murtagh	2044	Male	The Boarder Men	01:31:52	Wave 9
1157	Luke Collard	496	Male	Dead on Arrival	01:31:53	Wave 6
1158	James Jefferies	1493	Male	Team super rabbit	01:31:54	Wave 2
1159	Nicola Gray	1106	Female	Faster than Sheep	01:31:57	Wave 2
1160	Stuart Jacobs	1454	Male		01:32:00	Wave 7
1161	Daryn Whitehouse	3041	Male		01:32:00	Wave 7
1162	David Flynn	958	Male		01:32:01	Wave 2
1163	Adrian John	1527	Male	pathetic athletic	01:32:02	Wave 7
1164	Marc Rhodri Davies	676	Male	pathetic athletic	01:32:02	Wave 7
1165	Matthew Smith	2620	Male		01:32:02	Wave 9
1166	Matthew Gray	1109	Male		01:32:03	Wave 6
1167	Andrew Carver	398	Male		01:32:05	Wave 7
1168	Dan Harries	1238	Male		01:32:05	Wave 3
1169	Joe Vickery	2893	Male	Zach's Training 1	01:32:06	Wave 2
1170	Paul Jones	1581	Male		01:32:06	Wave 9
1171	Edward Oliver	2133	Male	Friends Life Hard - Core	01:32:07	Wave 11
1172	Christopher Williams	3076	Male	Tri Hard with a Vengeance	01:32:08	Wave 1
1173	Mr T J Harries	1237	Male		01:32:09	Wave 3
1174	Ben Caddick	353	Male	S.W.A.T	01:32:10	Wave 7
1175	Steven Morris	2016	Male		01:32:13	Wave 3
1176	Alan O'doherty	2120	Male	The Magnificent ODs	01:32:13	Wave 2
1177	Nathan Rafferty	2338	Male	hot fuzz 2	01:32:16	Wave 4
1178	Cai Parry	3282	Male		01:32:17	Wave 7
1179	Alex Grove	1155	Male		01:32:18	Wave 11
1180	Amelia Palmer	2169	Female	Bradley Stoke Netball Club	01:32:18	Wave 8
1181	James Wilch	3052	Male	Bradley Stoke Netball Club	01:32:18	Wave 8
1182	Roger Mcpherson	1882	Male	Anwen's Dogs of War	01:32:20	Wave 11
1183	Shaun Butler	346	Male		01:32:21	Wave 3
1184	Kate Isger	1437	Female	Swansea Uni Ladies Hockey	01:32:21	Wave 10
1185	Martyn Broughton	299	Male	Wonkey Donkeys	01:32:21	Wave 11
1186	Rob Gunny	1163	Male	hot fuzz 2	01:32:21	Wave 4
1187	David Cross	584	Male		01:32:24	Wave 7
1188	David Williams	3112	Male		01:32:24	Wave 4
1189	Kieran Cooling	528	Male		01:32:24	Wave 11
1190	Daniel Williams	3111	Male		01:32:24	Wave 4
1191	Rhun Llewelyn	1756	Male	Camelot	01:32:25	Wave 8
1192	Dave Roderick	2456	Male	JARTS 2	01:32:29	Wave 9
1193	Medyr Llewelyn	1755	Male	Camelot	01:32:31	Wave 8
1194	Aisling Syme	2721	Female	Big Bad Swindon Running Club	01:32:31	Wave 9
1195	Richard Dowden	758	Male	S.W.A.T	01:32:33	Wave 7

1196	Daniel Taylor	2740	Male	BRISTOL BNOcs	01:32:33	Wave 11
1197	Dan Baker	92	Male	JARTS 2	01:32:33	Wave 9
1198	Andrew Attack	64	Male	Norfolk in Chance of Winning	01:32:33	Wave 3
1199	Jamie Heathcote	1300	Male		01:32:34	Wave 8
1200	Zoe Haines	1185	Female		01:32:34	Wave 10
1201	Simion Lingard	1751	Male	Simon Big Nuts	01:32:35	Wave 10
1202	Amy Bergiers	177	Female		01:32:35	Wave 4
1203	Gareth Lynch	1794	Male		01:32:35	Wave 9
1204	Janette Morgan	1975	Female		01:32:36	Wave 4
1205	James Cooper	533	Male	JARTS 2	01:32:37	Wave 9
1206	Josh Quartey	2333	Male	BRISTOL BNOcs	01:32:38	Wave 11
1207	Mick Brown	306	Male	JARTS 2	01:32:38	Wave 9
1208	Gareth Davies	657	Male	Norfolk in Chance of Finishing	01:32:39	Wave 3
1209	Joel Smythe	2638	Male	JARTS 2	01:32:40	Wave 9
1210	Gary Stock	2689	Male	Norfolk in Chance of Winning	01:32:41	Wave 3
1211	Nerys Stephens	2675	Female	Bro Pedr Para...letics!	01:32:42	Wave 11
1212	Jaime Connell	520	Male	JARTS	01:32:42	Wave 9
1213	Iestyn Hampson - Jones	1214	Male	Camelot	01:32:44	Wave 8
1214	Chris Bloodworth	218	Male	sfoster	01:32:44	Wave 11
1215	Anthony Benskin	174	Male		01:32:45	Wave 9
1216	Jay Weller	2984	Male	JARTS 2	01:32:45	Wave 9
1217	Carys Prytherch	2322	Female	TEAM GTL	01:32:47	Wave 7
1218	Peter Vetterlein	2891	Male	TEAM GTL	01:32:47	Wave 7
1219	Andy Bowers	266	Male	JARTS	01:32:47	Wave 9
1220	Nerys Rees	2383	Female	Bro Pedr Para...letics!	01:32:48	Wave 11
1221	Matthew Nailor	2051	Male	The McBeas	01:32:51	Wave 3
1222	Callum Walker	2911	Male		01:32:51	Wave 1
1223	Midge Ferguson	929	Male	Camelot	01:32:52	Wave 8
1224	Ronnie Evans	875	Male	JARTS 2	01:32:53	Wave 9
1225	Pascale O'neil	2136	Female	Buggyfit babes and boys	01:32:54	Wave 8
1226	Graham Dawson	698	Male	Trainer BMW	01:32:55	Wave 9
1227	Phil Higgins	1321	Male		01:32:56	Wave 5
1228	David Hammond	1210	Male	BZN MSF	01:32:57	Wave 4
1229	Owen Lewis	1726	Male	BOBS	01:32:58	Wave 4
1230	Ceri-Ann Palmer	2170	Female	Buggyfit babes and boys	01:32:59	Wave 8
1231	Lloyd David Coles	494	Male	Buggyfit babes and boys	01:33:00	Wave 8
1232	Antonio Molina	1950	Male		01:33:00	Wave 8
1233	Rick Lees	1706	Male		01:33:01	Wave 2
1234	Ricky Thomas	2800	Male		01:33:02	Wave 11
1235	Angela Hughes	1390	Female	Rhondda Rebles	01:33:05	Wave 1
1236	Tiffany Narbeth	2053	Female		01:33:06	Wave 8
1237	Dimitri Batrouni	3262	Male		01:33:06	Wave 12
1238	Rob Newton	2074	Male	Slowpant Spongebobs	01:33:07	Wave 2
1239	Jamie Wilson	3165	Male	Im not sure why we are doing this again....!	01:33:07	Wave 2
1240	Rhodri Clarki	467	Male	Carmarthen Trainers	01:33:09	Wave 2
1241	Lucie Ataya	65	Female	Aqua Terror	01:33:14	Wave 3
1242	Carys Jones	1600	Female		01:33:14	Wave 11
1243	Chris Dean	708	Male	CCC: Claimed Climbed Conquered	01:33:15	Wave 4
1244	Anwen Jones	1593	Female	Anwen	01:33:15	Wave 9
1245	Rita Kingdon	1653	Female		01:33:15	Wave 5
1246	Michael Hackman	1176	Male		01:33:15	Wave 11
1247	Simon Balchin	96	Male	Team Wowser	01:33:16	Wave 7

1248	Steve Joseph	1615	Male	The No Hopers	01:33:16	Wave 13
1249	Fran Nadin	2048	Female	Lick my teeth	01:33:16	Wave 8
1250	Richard Skyrme	2597	Male		01:33:18	Wave 11
1251	John Ebdon	800	Male		01:33:18	Wave 5
1252	Adrian Evans	902	Male		01:33:18	Wave 5
1253	Martin Wetherill	3007	Male	Martin Wetherill	01:33:18	Wave 11
1254	Oliver Wetzig	3008	Male	Lick my teeth	01:33:19	Wave 8
1255	Meurig Morgan	1970	Male	carmarthen circuits 2	01:33:20	Wave 2
1256	Catherine Williams	3118	Female		01:33:20	Wave 4
1257	Matthew Steed	2668	Male		01:33:20	Wave 6
1258	Nick Foley	961	Male	Team OB (Old B's or Ollie Bartlett)	01:33:21	Wave 9
1259	Philip White	3035	Male		01:33:21	Wave 11
1260	Sarah Bartlett	117	Female		01:33:22	Wave 4
1261	David Williams	3097	Male	Beaver	01:33:23	Wave 3
1262	Glyn Young	3222	Male	Optimum	01:33:23	Wave 3
1263	Daniel Jones	1577	Male	terry's troops	01:33:24	Wave 6
1264	Michael Cutler	601	Male	BZN MSF	01:33:24	Wave 4
1265	Ianto Millward	1936	Male		01:33:29	Wave 1
1266	Andy Reardon	2355	Male	angry dragons	01:33:32	Wave 9
1267	Rhydian Jones	1602	Male	Bro Pedr Para...letics!	01:33:32	Wave 11
1268	Jeff Lewis	1712	Male		01:33:32	Wave 1
1269	David Mcdonald	1871	Male		01:33:32	Wave 11
1270	Nicole Griffiths	1124	Female	Faster than Sheep	01:33:33	Wave 2
1271	Matthew Andrews	40	Male	BZN MSF	01:33:34	Wave 4
1272	Nicholas Raikes	2341	Male		01:33:34	Wave 1
1273	Naomi Elias	828	Female	The Westies	01:33:35	Wave 3
1274	Stephen Raikes	2342	Male		01:33:35	Wave 1
1275	Paul Burke	335	Male	The Westies	01:33:35	Wave 3
1276	Elliott Drake	765	Male	BZN MSF	01:33:36	Wave 4
1277	James Dixon	738	Male		01:33:36	Wave 8
1278	Gareth Morse	2018	Male	Myrddin 5	01:33:38	Wave 9
1279	Michael Hall	1197	Male	sfoster	01:33:38	Wave 11
1280	Edward Evans	885	Male	Myrddin 5	01:33:41	Wave 9
1281	Tom Garrard	1026	Male	Myrddin 5	01:33:42	Wave 9
1282	Owain Jones	1587	Male	Myrddin 5	01:33:42	Wave 9
1283	Kirsty Roberts	2432	Female	Infertile Tortoises	01:33:43	Wave 2
1284	Marc Smiddy	2606	Male	RPM	01:33:43	Wave 1
1285	David Hodges	1338	Male	Infertile Tortoises	01:33:43	Wave 2
1286	Gary Bodman	226	Male	Infertile Tortoises	01:33:44	Wave 2
1287	Andrew Beese	155	Male	beese knees	01:33:44	Wave 5
1288	Ben Mills	1927	Male	Slowpant Spongebobs	01:33:45	Wave 2
1289	Megan Pratt	2290	Female		01:33:46	Wave 2
1290	Simon Denny	720	Male		01:33:48	Wave 3
1291	Richard Copland	538	Male		01:33:49	Wave 9
1292	Jaco Smit	2607	Male		01:33:49	Wave 2
1293	Jonathan Rix	2423	Male	RPM	01:33:53	Wave 1
1294	Adam Mulvaney	2030	Male		01:33:54	Wave 10
1295	Chris Weaver	2973	Male	Dead last	01:33:54	Wave 12
1296	Chris Lane	1680	Male	RPM	01:33:54	Wave 1
1297	Adam Rix	2424	Male	RPM	01:33:54	Wave 1
1298	Clare Wheeler	3015	Female	Buggyfit babes and boys	01:33:54	Wave 8
1299	Martyn Wheeler	3016	Male	Buggyfit babes and boys	01:33:54	Wave 8

1300	Natasha Haberfield	1173	Female	Buggyfit babes and boys	01:33:55	Wave 8
1301	Lucas Prosser	2320	Male		01:33:55	Wave 9
1302	Gavin Cadman-Biggs	355	Male		01:33:55	Wave 10
1303	Simon Hacking	1175	Male		01:33:57	Wave 10
1304	Tom Bell	160	Male		01:33:57	Wave 9
1305	Adrian Price	2308	Male	Wonkey Donkeys	01:34:00	Wave 11
1306	Nick Skipworth	2596	Male	Field 5	01:34:00	Wave 6
1307	Craig Wheeler	3012	Male		01:34:00	Wave 1
1308	Daniel Miller	1920	Male	Field 5	01:34:02	Wave 6
1309	Alex De Sa Isted	707	Male	B Coy 2 PARA	01:34:02	Wave 12
1310	Henry Loweth	1784	Male		01:34:03	Wave 9
1311	Rebecca Haynes	1290	Female		01:34:03	Wave 9
1312	Paul Crutcher	588	Male	Mumbles Marauders	01:34:04	Wave 8
1313	Sam Lucas	1787	Male		01:34:06	Wave 8
1314	Daniel Davies	667	Male	Dead on Arrival	01:34:06	Wave 6
1315	Jason Wilcox	3054	Male		01:34:07	Wave 11
1316	David Morgan	1981	Male		01:34:08	Wave 6
1317	Jamie Jenkins	1507	Male		01:34:08	Wave 6
1318	Harriet Mccann	1861	Female		01:34:09	Wave 10
1319	Jolene Podmore	2267	Female		01:34:09	Wave 4
1320	Mark Wheatley	3011	Male		01:34:09	Wave 8
1321	Matthew Wales	2910	Male	Nine Mates and chichy	01:34:10	Wave 11
1322	Matthew Tucker	2849	Male		01:34:11	Wave 10
1323	M J King	1651	Male	kings of pain	01:34:12	Wave 6
1324	Malcolm Wilson	3168	Male		01:34:12	Wave 7
1325	Christopher Ulyatt	2873	Male		01:34:13	Wave 3
1326	Thomas Gibson	1044	Male	Aqua Terror	01:34:13	Wave 3
1327	Andrew Rees	2385	Male		01:34:13	Wave 9
1328	Elizabeth Neville	2061	Female	dizzy's tough guys	01:34:14	Wave 4
1329	Mike Watkins	2953	Male	dizzy's tough guys	01:34:14	Wave 4
1330	Stacey Knight	1659	Female	Booty Campers	01:34:17	Wave 3
1331	David Metcalfe	1900	Male		01:34:19	Wave 8
1332	Ryan King	1650	Male	carmarthen circuits 3	01:34:19	Wave 3
1333	Brian Jones	1563	Male	dizzy's tough guys	01:34:19	Wave 4
1334	Luke Thomas	2802	Male		01:34:21	Wave 6
1335	Duncan Cooper	530	Male	Lucky Lindens	01:34:26	Wave 2
1336	Leigh Bailey-Pearce	83	Male	We thought this was Zumba!	01:34:29	Wave 7
1337	Joanne Avis	73	Female	Lucky Lindens	01:34:30	Wave 2
1338	Jim Steers	2671	Male		01:34:32	Wave 6
1339	Lisa Evans	880	Female		01:34:32	Wave 6
1340	Gavin Thirlwall	2746	Male		01:34:32	Wave 6
1341	Christopher Ayres	75	Male		01:34:33	Wave 7
1342	Rachel Ayres	76	Female		01:34:33	Wave 7
1343	Stephen Morris	1998	Male		01:34:34	Wave 2
1344	Hannah Morris	1999	Female		01:34:34	Wave 2
1345	Thomas Hughson	1403	Male	Warriors & Freaks	01:34:35	Wave 7
1346	Victoria Critcher	579	Female		01:34:36	Wave 10
1347	Helen Davies	689	Female		01:34:36	Wave 10
1348	Gareth Anson-Harries	50	Male		01:34:37	Wave 5
1349	Craig Sparey	2646	Male		01:34:38	Wave 7
1350	Allan Xavier	3213	Male		01:34:38	Wave 6
1351	Ben Allen	27	Male	TEAM WURNU 1	01:34:39	Wave 5

1352	Elliot Gardner	1022	Male		01:34:39	Wave 8
1353	Paul Lewis	1734	Male	Team biggs	01:34:40	Wave 10
1354	Mark Stacey	2659	Male		01:34:40	Wave 2
1355	Leigh Watkins	2958	Male		01:34:41	Wave 12
1356	Andrew Reed	2357	Male		01:34:43	Wave 4
1357	Aaron Biggs	195	Male	Team biggs	01:34:46	Wave 10
1358	Timothy Colton	510	Male	Team OB (Old B's or Ollie Bartlett)	01:34:46	Wave 9
1359	Ian Mackenzie	1803	Male	Infertile Tortoises	01:34:47	Wave 2
1360	Mark Miller	1922	Male	Warriors & Freaks	01:34:47	Wave 7
1361	Warren Davies	679	Male	Jason Orchard Fitness	01:34:48	Wave 8
1362	Jason Beckhurst	152	Male	Inspiration fitness	01:34:48	Wave 5
1363	Christopher Naylor	3255	Male		01:34:48	Wave 5
1364	Aled Ap Iwan	52	Male		01:34:49	Wave 10
1365	Angharad Jones	1604	Female		01:34:49	Wave 11
1366	Nicholas Evans	878	Male		01:34:51	Wave 7
1367	Michael Haines	1180	Male		01:34:51	Wave 2
1368	Natalie Richards	2408	Female	nutnat	01:34:51	Wave 9
1369	Becky Thomas	2756	Female	carmarthen circuits 2	01:34:56	Wave 2
1370	James Phillips	2246	Male	murco I/E	01:34:59	Wave 7
1371	Sarah Ford	965	Female		01:35:00	Wave 6
1372	Nadine McBride	1859	Female	geo	01:35:00	Wave 10
1373	Louisa Hazell	1292	Female		01:35:00	Wave 6
1374	Paula Greene	1117	Female		01:35:00	Wave 6
1375	Wes Limbrick	1748	Male	geo	01:35:01	Wave 10
1376	Chloe Brown	307	Female		01:35:01	Wave 6
1377	Emma Parfitt	2174	Female		01:35:01	Wave 6
1378	Sarah Casson	403	Female	Cassidy 2	01:35:02	Wave 1
1379	Brett Ball	99	Male	Cassidy	01:35:03	Wave 1
1380	Sophie Angell - Jones	46	Female		01:35:03	Wave 11
1381	Matthew Mckenny	1876	Male		01:35:03	Wave 11
1382	Rob Knight	1663	Male	Revolution	01:35:04	Wave 10
1383	Nigel Oatley	2108	Male		01:35:04	Wave 7
1384	Stuart Meek	1895	Male		01:35:05	Wave 8
1385	Michael Rolfe	2465	Male	Pain is Temporary	01:35:06	Wave 9
1386	Mike Summers	2713	Male		01:35:06	Wave 7
1387	Rhys Davies	683	Male	Revolution	01:35:07	Wave 10
1388	Samantha Singh	2591	Female	warehouse funky pumpers	01:35:07	Wave 6
1389	Sarah Prickett	2309	Female		01:35:07	Wave 6
1390	Jennifer Davies	649	Female	There's usually seven of us	01:35:07	Wave 2
1391	Elen Evans	851	Female	There's usually seven of us	01:35:08	Wave 2
1392	Michael Prickett	2310	Male		01:35:08	Wave 6
1393	Mimi Johnson Fuller	1537	Female	Crazy Bristolians	01:35:09	Wave 5
1394	Dave Neal	2058	Male	Penarth WCBC	01:35:09	Wave 11
1395	David Sims	2589	Male	Team LIMS	01:35:10	Wave 5
1396	Allan Bateman	127	Male	Team LIMS	01:35:11	Wave 5
1397	Stephanie Foulkes	971	Female		01:35:11	Wave 8
1398	Steven Stone	2693	Male	Team LIMS	01:35:12	Wave 5
1399	Andrew Smetham	2605	Male	Amelia's Angels	01:35:14	Wave 2
1400	Joe Connolly	521	Male		01:35:18	Wave 1
1401	Elliot Stitfall	2687	Male	WJEC	01:35:21	Wave 10
1402	Jon Nixon	2089	Male		01:35:21	Wave 3
1403	David Lem	1708	Male		01:35:23	Wave 9

1404	Alexander Rice	2395	Male	Fat kids always win at see-saw	01:35:24	Wave 10
1405	Gary Dowthwaite	762	Male		01:35:24	Wave 9
1406	Mark Jones	1572	Male	The Nut Crackers 2012	01:35:25	Wave 6
1407	Joe Bragg	282	Male	The Nut Crackers 2012	01:35:25	Wave 6
1408	Radoslaw Senator	2542	Male	Trainer BMW	01:35:26	Wave 9
1409	Chris Wyatt	3210	Male	Team LIMS	01:35:27	Wave 5
1410	Gareth Watkins	2956	Male	Bang Tidy	01:35:29	Wave 9
1411	Brian Szajda	2723	Male		01:35:30	Wave 10
1412	Kia Spong	2651	Female	warehouse funky pumpers	01:35:30	Wave 6
1413	Chris Wilkes	3059	Male		01:35:32	Wave 3
1414	James Green	1113	Male	The Dirty Weasels	01:35:32	Wave 8
1415	Ben Smith	2622	Male	The Dirty Weasels	01:35:32	Wave 8
1416	Daniel Gornall	1087	Male		01:35:33	Wave 1
1417	James English	846	Male	Fat Boys	01:35:34	Wave 5
1418	Shaun Scorrer	2526	Male	Fat Boys	01:35:34	Wave 5
1419	Billy Williams	3144	Male	Fat Boys	01:35:34	Wave 5
1420	Steven Gosling	1090	Male	Fat kids always win at see-saw	01:35:37	Wave 10
1421	Mandy Howells	1380	Female	warehouse funky pumpers	01:35:38	Wave 6
1422	Michael Randall	2346	Male		01:35:38	Wave 5
1423	Jody Specht	2649	Male		01:35:38	Wave 5
1424	Adam Purser	2329	Male	Rhondda Rebles	01:35:39	Wave 1
1425	Mark Griffiths	1142	Male	Bang Tidy	01:35:39	Wave 9
1426	Helen Bennett	170	Female		01:35:40	Wave 10
1427	Camille West-Davies	3003	Female	warehouse funky pumpers	01:35:40	Wave 6
1428	Lesley Mainwaring	1815	Female		01:35:40	Wave 10
1429	Daniel Mitchell	1942	Male	S.W.A.T	01:35:40	Wave 7
1430	Clive Jones	1567	Male	Super Heroes In Training	01:35:40	Wave 4
1431	Glen Bradford	276	Male		01:35:41	Wave 9
1432	James Coupland	550	Male	Blood Sweat and No Tears	01:35:43	Wave 10
1433	Owen Newton	2078	Male	Blood Sweat and No Tears	01:35:44	Wave 10
1434	Gwyn Rees	2381	Male	Team LIMS	01:35:46	Wave 5
1435	Keith Powell	2283	Male	Team LIMS	01:35:46	Wave 5
1436	Paul Moulder	2022	Male	Moulder	01:35:48	Wave 7
1437	Christopher Webber	2976	Male		01:35:53	Wave 5
1438	Matthew Rumble	2487	Male		01:35:54	Wave 5
1439	Ellie Thomas	2761	Female	Stow Hill Intense Training Squad	01:35:56	Wave 4
1440	Ian Fisher	945	Male	Blood Sweat and No Tears	01:35:58	Wave 10
1441	David Nunn	2100	Male	The Risk	01:35:58	Wave 4
1442	Dee Lawrence	1688	Male	Team Tanyard	01:35:59	Wave 5
1443	Nick John	1524	Male	warehouse funky pumpers	01:35:59	Wave 6
1444	Clare Galen-Bisping	1011	Female		01:36:00	Wave 5
1445	Charles Cook	523	Male		01:36:00	Wave 5
1446	Gareth Beynon	187	Male	Super Heroes In Training	01:36:00	Wave 4
1447	Simon Halford	1192	Male	Team Target	01:36:07	Wave 2
1448	Nuala Evans	896	Female	Swansea Uni Ladies Hockey	01:36:08	Wave 10
1449	Leanne Catherine Wales	2909	Female	Buggyfit babes and boys	01:36:10	Wave 8
1450	Catherine Bradshaw	281	Female		01:36:11	Wave 10
1451	Deb Daz	705	Male		01:36:16	Wave 10
1452	Ross Harris	1243	Male		01:36:17	Wave 4
1453	Andrew Denner	717	Male		01:36:20	Wave 5
1454	Stephen Hutchings	1416	Male		01:36:20	Wave 10
1455	Gavin Weaver	2972	Male		01:36:20	Wave 5

1456	Tom Sheppard	2562	Male		01:36:21	Wave 6
1457	Stephen Vaughan	2886	Male		01:36:26	Wave 7
1458	Mike Store	2695	Male	B Coy 2 PARA	01:36:30	Wave 10
1459	Angharad Jones	1605	Female		01:36:30	Wave 11
1460	Claire Williams	3148	Female		01:36:31	Wave 10
1461	Craig Britton	296	Male		01:36:34	Wave 8
1462	Phill Pennick	2223	Male	Billy's Second Chance	01:36:35	Wave 9
1463	Gareth Haines	1182	Male	uncle and nephews	01:36:36	Wave 4
1464	Andrew Bournier	252	Male	Blood Sweat and No Tears	01:36:37	Wave 10
1465	Matthew Sutton	2718	Male		01:36:37	Wave 2
1466	Christ Roberts	2443	Male		01:36:38	Wave 8
1467	Christopher Daniels	621	Male	uncle and nephews	01:36:38	Wave 4
1468	Sam Richards	2403	Male	pathetic athletic	01:36:39	Wave 7
1469	Gareth O'callaghan	2116	Male	Blood Sweat and No Tears	01:36:39	Wave 10
1470	Mark Tait	2725	Male	Blood Sweat and No Tears	01:36:39	Wave 10
1471	Daniel Goodfellow	1079	Male		01:36:40	Wave 5
1472	Leah Holland	1347	Female	Dead on Arrival	01:36:40	Wave 6
1473	Paul Goncalves	1074	Male		01:36:42	Wave 5
1474	Paul Saville	2516	Male	The Five Amigos	01:36:42	Wave 3
1475	Barry Young	3224	Male	The Five Amigos	01:36:42	Wave 3
1476	Steve Saville	2517	Male	The Five Amigos	01:36:42	Wave 3
1477	Mark Watkins	2952	Male	The Five Amigos	01:36:42	Wave 3
1478	Gerry West	2994	Male	The Five Amigos	01:36:42	Wave 3
1479	Joe Smith	2628	Female	St Athan Dragons	01:36:43	Wave 10
1480	Patrick Woodhead	3193	Male		01:36:45	Wave 1
1481	Anwen James	1480	Female	Anwen's Dogs of War	01:36:45	Wave 11
1482	Desmond O'duffy	2123	Male	Anwen's Dogs of War	01:36:46	Wave 11
1483	Daniel Morris	2015	Male	Anwen's Dogs of War	01:36:47	Wave 11
1484	Jenny Wood	3189	Female		01:36:50	Wave 4
1485	Sam Chucas	446	Male	Cwm Rhymni	01:36:51	Wave 6
1486	Craig Alexander	23	Male	Blood Sweat and No Tears	01:36:52	Wave 10
1487	Chris Williams	3088	Male	Confused.com	01:36:53	Wave 5
1488	Jacquelyn Harding	1225	Female		01:36:54	Wave 4
1489	Aled Evans	873	Male	Cwm Rhymni	01:36:55	Wave 6
1490	David Mccarthy	1864	Male	Team Target	01:36:56	Wave 2
1491	Nick Sharp	2550	Male	Confused.com	01:36:56	Wave 5
1492	Christpoper Williams	3115	Male	Cushty	01:36:57	Wave 5
1493	Rebecca Clerey	474	Female	Blood Sweat and No Tears	01:37:00	Wave 10
1494	Nicola Fisher	944	Female	Blood Sweat and No Tears	01:37:00	Wave 10
1495	Alex Bournier	251	Female	Blood Sweat and No Tears	01:37:01	Wave 10
1496	Oliver Huxley	3256	Male		01:37:02	Wave 5
1497	Claire Workman	3202	Female		01:37:02	Wave 11
1498	Bharat Nagrani	2049	Male	We got this on a Groupon	01:37:03	Wave 7
1499	Samantha Hall	3263	Female		01:37:04	Wave 12
1500	Neil Fitzgerald	946	Male		01:37:05	Wave 3
1501	Nic Nicholson	2086	Male	Amelia's Angels 2	01:37:06	Wave 2
1502	Timothy Frost	996	Male	Amelia's Angels 2	01:37:06	Wave 2
1503	Justin Williams	3131	Male		01:37:06	Wave 7
1504	Ashley Jensen	1517	Female	Amelia's Angels 2	01:37:06	Wave 2
1505	Kar Wong	3184	Male	We got this on a Groupon	01:37:07	Wave 7
1506	Ellouise Hill	1324	Female		01:37:07	Wave 6
1507	Craig Barker	108	Male	Chundercats	01:37:07	Wave 3

1508	Carolyn Thomas	2748	Female	Team Tanyard	01:37:08	Wave 5
1509	Nathan Phillips	2252	Male	Team Shite	01:37:11	Wave 11
1510	Gareth Davies	669	Male	murco I/E	01:37:12	Wave 7
1511	Daniel Woodland	3195	Male	Beaver	01:37:12	Wave 3
1512	Gary Davies	682	Male	geo	01:37:13	Wave 10
1513	Jamie Woodland	3194	Male	Beaver	01:37:14	Wave 3
1514	Darren Perry	2231	Male	Beaver	01:37:14	Wave 3
1515	Hafina Ault	70	Female	Cwm Rhymni	01:37:16	Wave 6
1516	Martyn Ingham	1424	Male		01:37:17	Wave 4
1517	Chris Allin	30	Male	Im not sure why we are doing this again....!	01:37:18	Wave 2
1518	Michael Best	180	Male		01:37:21	Wave 2
1519	Robert Bowen	255	Male		01:37:22	Wave 1
1520	Nathan Young	3223	Male	Optimum	01:37:23	Wave 3
1521	Scott Martin	1835	Male	Optimum	01:37:26	Wave 3
1522	Benedict Bond	233	Male		01:37:26	Wave 10
1523	Craig Walters	2931	Male	Wonkey Donkeys	01:37:27	Wave 11
1524	Paula Marcondes	1826	Female		01:37:27	Wave 10
1525	Steve Morgan	1979	Male		01:37:28	Wave 6
1526	Carl Morgan	1980	Male		01:37:29	Wave 6
1527	Bethan Hodge	1337	Female	The Bevatron	01:37:32	Wave 3
1528	Stephen Fleming	955	Male		01:37:34	Wave 5
1529	Gary Fleming	956	Male		01:37:34	Wave 5
1530	Mohammed Dabab	602	Male		01:37:36	Wave 6
1531	John Bradley	277	Male	The Bevatron	01:37:37	Wave 3
1532	Tim Mutlow	2046	Male		01:37:40	Wave 5
1533	Timothy Hughes	1394	Male		01:37:41	Wave 5
1534	Tori Morton	2019	Female		01:37:42	Wave 2
1535	Charles Patten	2202	Male		01:37:42	Wave 3
1536	Richard Pavay	2208	Male		01:37:43	Wave 2
1537	Bronwyn Baldwin	98	Female		01:37:44	Wave 9
1538	Edward Smith	2615	Male		01:37:46	Wave 5
1539	Richard James	1462	Male	Beaver	01:37:47	Wave 3
1540	Annabel Curle	597	Female	The Curley Knights	01:37:48	Wave 1
1541	Tom Knight	1660	Male	The Curley Knights	01:37:49	Wave 1
1542	Iwan Evans	879	Male	Evolution Fitness XHands	01:37:52	Wave 7
1543	David Kast	1618	Male	Emerge And Evolve	01:37:52	Wave 1
1544	Mark Thomas	2747	Male	Team Tanyard	01:37:52	Wave 5
1545	Vince Owen	2155	Male	Evolution Fitness XHands	01:37:53	Wave 7
1546	Claire Holdsworth	1346	Female		01:37:55	Wave 10
1547	Mark Adams	11	Male	Old Bristolians 5	01:37:56	Wave 9
1548	Scott Wheeler	3014	Male	Beaver	01:37:57	Wave 3
1549	Chris Phillips	2251	Male		01:37:58	Wave 10
1550	George	3244	Male	Mens Health Promos	01:37:59	Wave 1
1551	Daniel Rees	2365	Male	Drink Triple	01:37:59	Wave 7
1552	Craig Beacham	136	Male		01:37:59	Wave 6
1553	Guy Lucas	1785	Male	Beaver	01:38:00	Wave 3
1554	Nick White	3028	Male	Drink Triple	01:38:03	Wave 7
1555	Catherine Norris	2096	Female	Four Girls and a Guy	01:38:04	Wave 10
1556	Ashley Williams	3123	Male	Drink Triple	01:38:04	Wave 7
1557	Georgina Beedell	153	Female		01:38:07	Wave 5
1558	Richard Lowden	1783	Male		01:38:08	Wave 1
1559	Richard Weaver	2971	Male		01:38:08	Wave 1

1560	Adam Russill	2494	Male	Cushty	01:38:11	Wave 5
1561	Delyth Murray-Lines	2042	Female	The Bevatron	01:38:13	Wave 3
1562	Kyle Donnelly	746	Male	Rockets Health & Fitness Club	01:38:14	Wave 13
1563	Beverley Warburton	2936	Female	The Bevatron	01:38:14	Wave 3
1564	Ben Jones	1551	Male	Ben Jones	01:38:14	Wave 5
1565	Mike Stitt	2688	Male	10 of us for Tenovus	01:38:16	Wave 8
1566	Llinos Jones	1555	Female	The Beasts of Bronwydd	01:38:16	Wave 2
1567	Carys Morgan	1969	Female	The Beasts of Bronwydd	01:38:17	Wave 2
1568	Helen Hanekom	1219	Female	RaneFitness	01:38:20	Wave 12
1569	John Massocchi	1850	Male	carmarthen circuits	01:38:20	Wave 2
1570	Ryan Clarke	458	Male	fit flops	01:38:20	Wave 3
1571	Mike Ebbsworth	799	Male	WJEC	01:38:21	Wave 9
1572	Tim Phillips	2245	Male	murco I/E	01:38:23	Wave 7
1573	Chris Brace	274	Male		01:38:25	Wave 5
1574	Geraint Healan	1296	Male		01:38:26	Wave 6
1575	Emma Coates	483	Female	Four Girls and a Guy	01:38:26	Wave 10
1576	Duncan Oatley	2107	Male		01:38:27	Wave 7
1577	Zoe Pickthall	2257	Female	RaneFitness	01:38:28	Wave 12
1578	Mr C L Gwynne	1171	Male		01:38:29	Wave 13
1579	David Smith	2626	Male		01:38:31	Wave 9
1580	Lindsay Smith	2613	Female	Crazy Bristolians	01:38:31	Wave 5
1581	Daniel James	1460	Male	Zach's Training 2	01:38:34	Wave 2
1582	Mathew Millard	1919	Male		01:38:34	Wave 2
1583	Michael Ball	100	Male	Big Bad Swindon Running Club	01:38:35	Wave 9
1584	Helen Coates	484	Female	Four Girls and a Guy	01:38:40	Wave 10
1585	Natalie Jones	1568	Female	Carmarthenshire coming at ya!	01:38:40	Wave 4
1586	Rachael Jones	1569	Female	Carmarthenshire coming at ya!	01:38:41	Wave 4
1587	Zoe Dunn	788	Female	Carmarthenshire coming at ya!	01:38:41	Wave 4
1588	James Pickett	2255	Male	Rockets Health and Fitness Club	01:38:45	Wave 13
1589	Rob Thomas	2763	Male	Hot Fuzz	01:38:46	Wave 4
1590	Catherine Lewis	1740	Female		01:38:46	Wave 11
1591	Cameron Hopkins	1364	Male		01:38:47	Wave 11
1592	Riaz Bhunnoo	192	Male	Big Bad Swindon Running Club	01:38:48	Wave 9
1593	Faith Smith	2627	Female	Big Bad Swindon Running Club	01:38:48	Wave 9
1594	Anthony Fry	999	Male	Fry Masters	01:38:50	Wave 6
1595	Sophie Crampin	562	Female		01:38:54	Wave 5
1596	Hannah Murch	2035	Female		01:38:54	Wave 5
1597	Thomas Clissitt	479	Male		01:38:54	Wave 5
1598	Megan Fisher	941	Female		01:38:55	Wave 7
1599	Stephen Doogan	750	Male		01:38:55	Wave 5
1600	Michael Fry	998	Male	Fry Masters	01:38:55	Wave 6
1601	Steven Hopkins	1362	Male		01:38:57	Wave 9
1602	Robert Thomas	2750	Male	TEAMMONO	01:38:57	Wave 3
1603	Amy Thomas	2801	Female		01:38:59	Wave 11
1604	Laura Osman	2148	Female		01:38:59	Wave 11
1605	Ellen Mills	1932	Female		01:39:00	Wave 8
1606	Su Chung	447	Female	Bradley Stoke Netball Club	01:39:01	Wave 8
1607	Christopher Marshall	1833	Male	Bradley Stoke Netball Club	01:39:02	Wave 8
1608	Nicola Jefferies	1494	Female	Bradley Stoke Netball Club	01:39:02	Wave 8
1609	Louise Balson	101	Female		01:39:07	Wave 11
1610	Aaron Freeman	991	Male	BOBS	01:39:11	Wave 4
1611	David Michael	1905	Male		01:39:12	Wave 11

1612	Sonia Gillard	1052	Female	Confused.com	01:39:13	Wave 5
1613	Alex Jenkins	1500	Male	Confused.com	01:39:14	Wave 5
1614	David Thomas	2762	Male	The Pembroke Five	01:39:16	Wave 4
1615	Don Wilkes	3061	Male	The Pembroke Five	01:39:16	Wave 4
1616	Alex Wilkes	3062	Male	The Pembroke Five	01:39:16	Wave 4
1617	Steve Brown	304	Male	The Pembroke Five	01:39:16	Wave 4
1618	Lewys Wilkes	3063	Male	The Pembroke Five	01:39:17	Wave 4
1619	Steve Laity	1675	Male	West Park Posties	01:39:20	Wave 8
1620	Richie Morgan	1988	Male		01:39:21	Wave 9
1621	Liz Vaughan	2887	Female		01:39:21	Wave 11
1622	Louisa Hayhurst	1286	Female		01:39:23	Wave 9
1623	Sarah Wells	2985	Female	West Park Posties	01:39:23	Wave 8
1624	David Pender	2220	Male		01:39:26	Wave 5
1625	Lucy Range	2349	Female	The Risk	01:39:28	Wave 4
1626	Lisa Hatch	1271	Female	The Risk	01:39:29	Wave 4
1627	Matthew Kerr	1643	Male	West Park Posties	01:39:29	Wave 8
1628	William Fuller	1004	Male	Crazy Bristolians	01:39:29	Wave 5
1629	Jason Blair	213	Male	The Blair-Hale Bruisers	01:39:31	Wave 2
1630	Mark Thomas	2776	Male	West Park Posties	01:39:31	Wave 8
1631	Alex Carey-Jones	379	Male		01:39:33	Wave 2
1632	Jason Donovan	747	Male		01:39:33	Wave 4
1633	Louise Donovan	748	Female		01:39:33	Wave 4
1634	Gethin Roberts	2444	Male	Rhedeg HYP-XII	01:39:36	Wave 11
1635	Matthew Turnock	2863	Male		01:39:38	Wave 11
1636	Tom Roberts	2447	Male	GDS Cardiff Killers	01:39:39	Wave 10
1637	Andrew Montague	1952	Male	Team OB (Old B's or Ollie Bartlett)	01:39:39	Wave 9
1638	Daniel Maggs	1811	Male	GDS Cardiff Killers	01:39:39	Wave 10
1639	Samuel Williams	3147	Male	GDS Cardiff Killers	01:39:39	Wave 10
1640	Justin Dymond	796	Male	The F H and B's	01:39:44	Wave 7
1641	Pete Clarke	464	Male	West Park Posties	01:39:44	Wave 8
1642	Tom Morgan	1990	Male		01:39:46	Wave 11
1643	David Brown	300	Male		01:39:49	Wave 3
1644	Mark Williams	3081	Male		01:39:49	Wave 3
1645	James Garrett	1027	Male	GO HARD OR GO HOME	01:39:50	Wave 1
1646	Christopher Williams	3087	Male		01:39:50	Wave 3
1647	Scott Addison Evans	15	Male	Ystrad Rhondda circuits	01:39:51	Wave 9
1648	Robert Foy	977	Male	The F H and B's	01:39:51	Wave 7
1649	Nick Hughes	1398	Male	The F H and B's	01:39:51	Wave 7
1650	James Poyner	2287	Male	Team Freedom	01:39:51	Wave 2
1651	Richard Bennett	169	Male	The F H and B's	01:39:52	Wave 7
1652	Rachael Foy	976	Female	The F H and B's	01:39:52	Wave 7
1653	Mark Keightley	1625	Male	Team OB (Old B's or Ollie Bartlett)	01:39:55	Wave 9
1654	Leanne Rogers	2459	Female	Wiltshire Warriors	01:39:55	Wave 3
1655	Emyr Benjamin	166	Male		01:39:55	Wave 4
1656	Vicki Howe	1374	Female		01:40:01	Wave 8
1657	Maria Banwell	103	Female		01:40:05	Wave 4
1658	Christopher Corbett	539	Male	Dave Gardner	01:40:05	Wave 4
1659	Julian Howe	1375	Male		01:40:05	Wave 8
1660	Bethan Williams	3156	Female		01:40:06	Wave 12
1661	Lauren Rowe	2479	Female		01:40:06	Wave 12
1662	Paul Goding	1071	Male	BZN MSF	01:40:07	Wave 4
1663	Sharon Gardiner	1020	Female	Top Team	01:40:12	Wave 5

1664	Daniel Wallace	2917	Male		01:40:13	Wave 4
1665	Tracy Farthing	919	Female	Wiltshire Warriors	01:40:13	Wave 3
1666	Lee Sheppard	2560	Male	Wiltshire Warriors	01:40:13	Wave 3
1667	Nicholas Orum	2145	Male		01:40:13	Wave 8
1668	Matthew Smith	2624	Male		01:40:14	Wave 8
1669	Dave Curle	598	Male	The Curley Knights	01:40:15	Wave 1
1670	Ian Burbidge	331	Male		01:40:17	Wave 4
1671	John Curle	596	Male	The Curley Knights	01:40:17	Wave 1
1672	Henry Loveless	1781	Male		01:40:19	Wave 10
1673	Martin W Munson	2033	Male		01:40:21	Wave 5
1674	David I Jamieson	1484	Male		01:40:22	Wave 4
1675	Ben West	2993	Male	Team Badger	01:40:23	Wave 1
1676	Jack Ibbotson	1422	Male	JARTS	01:40:25	Wave 9
1677	Alex Christen	443	Female		01:40:26	Wave 10
1678	Ruth Smith	2629	Female		01:40:26	Wave 10
1679	Matt Howard	1373	Male	JARTS 2	01:40:26	Wave 9
1680	Brad Quinn	2335	Male	Team Badger	01:40:27	Wave 1
1681	Christopher Williams	3116	Male		01:40:28	Wave 4
1682	Daniel Perkins	2226	Male		01:40:29	Wave 8
1683	Andrew Wain	2899	Male		01:40:29	Wave 8
1684	Lee McLaren	1878	Male		01:40:30	Wave 5
1685	Evie Calcutt	356	Female	Magic Rolls	01:40:31	Wave 11
1686	Chris Hayhurst	1287	Male		01:40:31	Wave 9
1687	Craig Cummings	593	Male		01:40:32	Wave 7
1688	Rhys Howell	1377	Male	Lick my teeth	01:40:32	Wave 8
1689	Sian Bradshaw	278	Female		01:40:34	Wave 9
1690	Anthony Bradshaw	279	Male		01:40:35	Wave 9
1691	Richard Jackson	1443	Male	Jackson	01:40:46	Wave 7
1692	Ali Roberts	2439	Female		01:40:47	Wave 8
1693	Laura Sutherland	2715	Female	carmarthen circuits 3	01:40:47	Wave 3
1694	Coral Rees	2366	Female		01:40:48	Wave 4
1695	Shane Kugler	1669	Male	Team Fishook	01:40:48	Wave 9
1696	Lewis Peach	2213	Male	Team Fishook	01:40:49	Wave 9
1697	David Rees	2367	Male		01:40:49	Wave 4
1698	Tom Lee	1700	Male	Team Fishook	01:40:49	Wave 9
1699	Simon Mansfield	1822	Male	Chundercats	01:40:49	Wave 2
1700	Jeff Wilkes	3058	Male		01:40:49	Wave 3
1701	Matt Kyprianou	1670	Male	We thought this was Zumba	01:40:50	Wave 7
1702	Jill Bailey-Pearce	85	Female	We thought this was Zumba!	01:40:53	Wave 7
1703	James Clay	470	Male		01:40:54	Wave 9
1704	Samantha Gould	1094	Female	Zach's Training 2	01:40:55	Wave 2
1705	Josh Roberts	2435	Male	CCC: Claimed Climbed Conquered	01:40:55	Wave 4
1706	Michael Gilding	1047	Male	Mike Gilding	01:40:56	Wave 3
1707	David Robinson	2449	Male		01:40:57	Wave 4
1708	Craig Watters	2966	Male		01:40:57	Wave 3
1709	Ceri Rees	2384	Female	Bro Pedr Para...letics!	01:40:57	Wave 11
1710	Jo Robinson	2450	Female		01:40:58	Wave 4
1711	Claire Turner	2854	Female		01:40:59	Wave 5
1712	Andrew Parkes	2181	Male		01:41:00	Wave 9
1713	Adam Norris	2097	Male	Top Run	01:41:00	Wave 11
1714	Max Fernandez	931	Male		01:41:02	Wave 11
1715	Aled Evans	899	Male		01:41:02	Wave 2

1716	Mark Somers	2642	Male		01:41:02	Wave 3
1717	Alan Wetherell	3006	Male		01:41:02	Wave 8
1718	Michael Antoniou	51	Male		01:41:02	Wave 3
1719	Lynn Davies	680	Male		01:41:03	Wave 8
1720	Dylan Evans	891	Male	Rhedeg HYP-XII	01:41:05	Wave 11
1721	Toni Bull	328	Female		01:41:05	Wave 7
1722	Gareth Hall	1194	Male		01:41:05	Wave 7
1723	Kellie Harding	1224	Female		01:41:08	Wave 12
1724	Karen Bishop	206	Female		01:41:08	Wave 12
1725	Khris Thomas	2759	Male		01:41:16	Wave 3
1726	Lee Saving	2519	Male	Cassidy 2	01:41:16	Wave 1
1727	Helen Parker	2178	Female		01:41:17	Wave 8
1728	David Pritchard	2314	Male	Homeforce	01:41:17	Wave 10
1729	David Thomas	2792	Male		01:41:18	Wave 10
1730	Beth Roberts	2446	Female		01:41:20	Wave 11
1731	Tom Gough	1092	Male		01:41:21	Wave 4
1732	Christopher Tuniicliffe	2852	Male	S.W.A.T	01:41:21	Wave 7
1733	Owen Jones	1559	Male		01:41:21	Wave 3
1734	Simon Lockett	1766	Male		01:41:22	Wave 3
1735	Richard Lockett	1767	Male		01:41:23	Wave 3
1736	Mark Howard	1372	Male	carmarthen circuits 2	01:41:26	Wave 2
1737	Charlotte Richardson	2409	Female	Eye of the tiger	01:41:27	Wave 3
1738	Eleanor King	1649	Female	Eye of the tiger	01:41:27	Wave 3
1739	Jenna Lewis	1711	Female	Rhondda Rebles	01:41:27	Wave 1
1740	Jane Williams	3122	Female		01:41:28	Wave 4
1741	Angelo Pucella	2324	Male		01:41:29	Wave 3
1742	Steven Clack	451	Male	Bang Tidy	01:41:29	Wave 9
1743	Chris Harding	1226	Male	Bang Tidy	01:41:29	Wave 9
1744	Owen Habens	1172	Male	Bang Tidy	01:41:30	Wave 9
1745	Ryan Hallett	1204	Male	Bang Tidy	01:41:30	Wave 9
1746	Cathy Hinchly	1327	Female		01:41:33	Wave 4
1747	Helen Evans	876	Female	the hopefuls	01:41:33	Wave 7
1748	Mark Richards	2400	Male	the hopefuls	01:41:33	Wave 7
1749	Alice Newton	2076	Female	the hopefuls	01:41:34	Wave 7
1750	Michael Dilmore	732	Male	the hopefuls	01:41:34	Wave 7
1751	Richard Cooper	531	Male		01:41:34	Wave 5
1752	C J Adams	12	Male		01:41:36	Wave 5
1753	Thomas Williams	3126	Male		01:41:38	Wave 7
1754	James Halpin	1205	Male	JARTS	01:41:39	Wave 9
1755	Charleigh Ibbetson	1421	Female	CHARLEIGH	01:41:40	Wave 9
1756	Tanya Bull	327	Female		01:41:42	Wave 7
1757	Andrew Hallett	1202	Male		01:41:44	Wave 5
1758	Alice Lucy Maxwell	1855	Female	Magic Rolls	01:41:45	Wave 11
1759	Ricci Dolan	741	Male		01:41:46	Wave 7
1760	Shane Wallbank	2918	Male	Beatties & Co	01:41:47	Wave 4
1761	Lowri Ryland	2499	Female		01:41:49	Wave 11
1762	Elise Rafferty	2337	Female		01:41:51	Wave 4
1763	Medi James	1470	Female		01:41:51	Wave 4
1764	Lee White	3039	Male		01:41:53	Wave 11
1765	Nathan Williams	3137	Male	Nathan	01:41:55	Wave 8
1766	Jason Baker	93	Male		01:41:56	Wave 7
1767	Phill West	2998	Male		01:41:57	Wave 10

1768	Chris West	2999	Male		01:41:57	Wave 10
1769	Kate West	2997	Female		01:41:57	Wave 10
1770	Matt Jones	1564	Male	dizzy's tough guys	01:42:03	Wave 4
1771	Lord Steven Tandy	2731	Male	dizzy's tough guys	01:42:03	Wave 4
1772	Rachel Dunn	789	Female	Carmarthenshire coming at ya!	01:42:07	Wave 4
1773	Archie Cameron	364	Male		01:42:08	Wave 6
1774	Joanne Edwards	824	Female		01:42:12	Wave 11
1775	Joanna Hale	1187	Female	The Blair-Hale Bruisers	01:42:13	Wave 2
1776	Jonathan Edwards	825	Male		01:42:14	Wave 11
1777	Nicola Davies	671	Female	Team Sheep	01:42:14	Wave 6
1778	Scott Harrison	1259	Male	Team Sheep	01:42:14	Wave 6
1779	Sian Harrison	1258	Female	Team Sheep	01:42:14	Wave 6
1780	Grant Phillips	2247	Male	Team Sheep	01:42:14	Wave 6
1781	Rachele Phillips	2248	Female	Team Sheep	01:42:14	Wave 6
1782	Chris Dagleish	611	Male		01:42:15	Wave 10
1783	Kate Dagleish	612	Female		01:42:15	Wave 10
1784	Steven Jones	1558	Male	carmarthen circuits	01:42:16	Wave 2
1785	Justine Radford	2336	Female	RaneFitness	01:42:20	Wave 11
1786	Keith Simmonds	2580	Male	RaneFitness	01:42:20	Wave 11
1787	Steven Tanner	2732	Male	RaneFitness	01:42:21	Wave 11
1788	Christopher Rees	2374	Male		01:42:24	Wave 8
1789	Grant Rees	2382	Male	TORRETTES	01:42:26	Wave 11
1790	Anna Barrett	113	Female		01:42:28	Wave 6
1791	Stuart Jenkins	1511	Male	TORRETTES	01:42:30	Wave 11
1792	Peter Booth	238	Male	Carmarthen Trainers	01:42:30	Wave 2
1793	Thomas Emanuel	840	Male		01:42:31	Wave 3
1794	Declan Colton	511	Male	TORRETTES	01:42:31	Wave 11
1795	Mark Pope	2274	Male	Leg ends	01:42:32	Wave 6
1796	Mike Lear	1697	Male	Leg ends	01:42:32	Wave 6
1797	David Johnson	1536	Male	TORRETTES	01:42:32	Wave 11
1798	Paul Woodward	3197	Male	TORRETTES	01:42:40	Wave 11
1799	Brandon Williams	3138	Male		01:42:45	Wave 9
1800	Brett Helmick	1304	Male	carmarthen circuits 2	01:42:47	Wave 2
1801	Joanna Sibson	2572	Female	Amelia's Angels	01:42:47	Wave 2
1802	Selina Bodycombe-Jones	227	Female	Carmarthen Warriors	01:42:47	Wave 4
1803	Hayley Sharkey	2548	Female		01:42:48	Wave 6
1804	Gareth Myles	2047	Male	GM-FITNESS	01:42:48	Wave 10
1805	Mark Roberts	2433	Male	Amelia's Angels	01:42:48	Wave 2
1806	Daryl Hopkins	1363	Male		01:42:48	Wave 9
1807	Susan Martin	1843	Female		01:42:49	Wave 11
1808	Melissa Payne	2212	Female	GM-FITNESS	01:42:51	Wave 10
1809	Joe Donovan	749	Male	GM-FITNESS	01:42:52	Wave 10
1810	Donald Macleod	1807	Male		01:42:53	Wave 6
1811	Samantha Png	2266	Female		01:42:53	Wave 7
1812	Graham Hutton	1419	Male		01:42:53	Wave 8
1813	Andrew Beacon	138	Male		01:42:54	Wave 4
1814	Adam Chinn	438	Male		01:42:56	Wave 3
1815	Iva Ivanova	1439	Female		01:42:56	Wave 7
1816	Suzanne Jones	1603	Female		01:42:56	Wave 10
1817	Paul Webster	2979	Male		01:42:58	Wave 1
1818	Bethan Jenkins	1504	Female	Super Heroes In Training	01:43:01	Wave 4
1819	Nic Bailey	80	Female	We thought this was Zumba	01:43:01	Wave 10

1820	Jason Jones	1553	Male	Team Freedom	01:43:04	Wave 2
1821	James Perry	2232	Male	Super Heroes In Training	01:43:04	Wave 4
1822	Rhian Davies	651	Female	The Bevatron	01:43:05	Wave 3
1823	Paul Blair	212	Male	The Blair-Hale Bruisers	01:43:07	Wave 2
1824	Alan Williams	3102	Male	Feet like traction engines	01:43:07	Wave 2
1825	Stuart Macalast	1796	Male	Feet like traction engines	01:43:07	Wave 2
1826	Brad Gee	1031	Male	DC fitness	01:43:09	Wave 6
1827	Ian Warburton	2937	Male	The Bevatron	01:43:09	Wave 3
1828	Mark Williams	3150	Male	The No Hoppers	01:43:09	Wave 13
1829	Gemma Caviell	411	Female	Guerilla Bootcamp Team	01:43:15	Wave 8
1830	Matthew Oram	2137	Male		01:43:16	Wave 1
1831	Amie Doidge	740	Female	I would rather be	01:43:16	Wave 3
1832	Lisa Franklin	988	Female	I would rather be	01:43:16	Wave 3
1833	Eleanor Sedman	2538	Female		01:43:16	Wave 6
1834	Josh James	1479	Male	Wonkey Donkeys	01:43:22	Wave 11
1835	Wyn Gordge	1086	Male	Trainer BMW	01:43:24	Wave 9
1836	Adam Horton	1368	Male	Trainer BMW	01:43:25	Wave 9
1837	Barry Jones	1586	Male	Trainer BMW	01:43:25	Wave 9
1838	Tom Trainer	2837	Male	Trainer BMW	01:43:25	Wave 9
1839	Paul Yeoman	3215	Male	FamilyCircle	01:43:26	Wave 8
1840	David Scurr	2532	Male		01:43:28	Wave 6
1841	Justin Hostettler-Davies	1369	Male	Warriors & Freaks	01:43:29	Wave 7
1842	John Kenny	1642	Male	Ken-yon	01:43:29	Wave 4
1843	Amy Young	3229	Female	Ken-yons	01:43:29	Wave 4
1844	Lucy Jackson	1448	Female	Bradley Stoke Netball Club	01:43:30	Wave 8
1845	Steve Jackson	1447	Male	Bradley Stoke Netball Club	01:43:30	Wave 8
1846	Ashley Nurcombe	2101	Male		01:43:30	Wave 9
1847	Daniel Whelan	3019	Male		01:43:30	Wave 9
1848	Paul Williams	3096	Male		01:43:31	Wave 2
1849	Simon Bowen	260	Male	glynneath surgery 2	01:43:35	Wave 5
1850	Timothy Booth	241	Male	pathetic athletic	01:43:38	Wave 7
1851	David Evans	866	Male		01:43:40	Wave 4
1852	Daniel Assinder	62	Male	the hobbits	01:43:41	Wave 11
1853	Jackie Francis	983	Female	geo	01:43:42	Wave 10
1854	Lucy Thomas	2778	Female		01:43:43	Wave 8
1855	Robert Jones	1598	Male	Team LIMS	01:43:43	Wave 5
1856	Haitem Maghur	1812	Male		01:43:44	Wave 1
1857	Martin Williams	3136	Male		01:43:45	Wave 8
1858	Clare Farrell	915	Female		01:43:45	Wave 8
1859	George Wandrum	2934	Male		01:43:47	Wave 11
1860	Phil Love	1778	Male	Infertile Tortoises	01:43:48	Wave 2
1861	Paula Davies	643	Female		01:43:49	Wave 2
1862	Duncan Francis	982	Male	geo	01:43:50	Wave 10
1863	Suzanne Thomas	2751	Female	Infertile Tortoises	01:43:53	Wave 2
1864	Xavier Navarro	2056	Male	Lick my teeth	01:43:55	Wave 8
1865	Danielle Coates	481	Female	The Coates'	01:43:56	Wave 9
1866	Jonathan Davies	642	Male		01:43:56	Wave 2
1867	Matt Giles	1048	Male	10 of us for Tenovus	01:43:58	Wave 8
1868	Holly Preston	2293	Female	10 of us for Tenovus	01:43:58	Wave 8
1869	David Hollyman	1350	Male	10 of us for Tenovus	01:43:59	Wave 8
1870	Sam Harley	3247	Male		01:43:59	Wave 3
1871	Runa Bakshi	94	Female	Four Girls and a Guy	01:43:59	Wave 10

1872	Simon Wanklyn	2935	Male	Feet like traction engines	01:44:00	Wave 2
1873	Barrie Thomas	2789	Male	Four Girls and a Guy	01:44:01	Wave 10
1874	Joshua Richards	2405	Male	Team Slow & Steady	01:44:01	Wave 8
1875	Faith Giles	1049	Female	Team Slow & Steady	01:44:02	Wave 8
1876	Helen Fitzpatrick	951	Female	Wonkey Donkeys	01:44:05	Wave 11
1877	Stacy Lloyd	1761	Female	Wonkey Donkeys	01:44:05	Wave 11
1878	Gareth Cavill	412	Male	Evolution Fitness XHands	01:44:07	Wave 7
1879	Matthew Rich	2396	Male		01:44:08	Wave 3
1880	Tom James	1476	Male	Team Fishook	01:44:09	Wave 9
1881	Amie Bigwood	198	Female	RaneFitness	01:44:09	Wave 12
1882	Gavin Tuck	2846	Male	Warriors & Freaks	01:44:09	Wave 7
1883	Mike Lawson	1690	Male	Team Fishook	01:44:09	Wave 9
1884	Joanna Gay	1030	Female		01:44:09	Wave 4
1885	Anji Saltmarsh	2508	Female		01:44:11	Wave 4
1886	Robert Weatherley	2970	Male		01:44:13	Wave 4
1887	Andrew Morris	2004	Male		01:44:13	Wave 7
1888	Lucia Gaetani	1010	Female	Crazy Bristolians	01:44:14	Wave 5
1889	Aaron Kemp	1631	Male		01:44:15	Wave 10
1890	Stephen Kemp	1630	Male		01:44:15	Wave 10
1891	Richard Russ	2490	Male	g force	01:44:17	Wave 9
1892	Natalie Price	2298	Female	Survival Squad	01:44:18	Wave 4
1893	Nathan Jackson	1449	Male		01:44:21	Wave 5
1894	Scott Williams	3145	Male		01:44:21	Wave 5
1895	Camilla Edlin	802	Female	The Nut Crackers 2012	01:44:22	Wave 6
1896	Jamie Twinney	2869	Male		01:44:23	Wave 8
1897	Christopher Carlin	384	Male		01:44:23	Wave 5
1898	Marc Richardson	2412	Male		01:44:32	Wave 8
1899	Farzana Risdale	2421	Female	Amelia's Angels	01:44:32	Wave 2
1900	Richard Crook	583	Male	Ystrad Rhondda circuits	01:44:33	Wave 9
1901	Mathew Rogers	2460	Male	Survival Squad	01:44:34	Wave 4
1902	Michael Rice	2393	Male	Norfolk in Chance of Finishing	01:44:34	Wave 3
1903	Louise Daintith	606	Female	Norfolk in Chance of Finishing	01:44:35	Wave 3
1904	Pip Grunewald	1159	Male	My Garment Factory	01:44:39	Wave 11
1905	Nigel Cames	365	Male	My Garment Factory	01:44:39	Wave 11
1906	John Sheppard	2565	Male	My Garment Factory	01:44:39	Wave 11
1907	James Horan	1365	Male	My Garment Factory	01:44:39	Wave 11
1908	Hannah Church	448	Female		01:44:42	Wave 7
1909	Caroline Barnett-Phillips	111	Female	10 of us for Tenovus	01:44:43	Wave 8
1910	Gethin James	1482	Male		01:44:43	Wave 11
1911	Kirsty-Lee Williams	3107	Female		01:44:45	Wave 3
1912	Dominic Brown	305	Male	Survival Squad	01:44:46	Wave 4
1913	Howard James	1477	Male		01:44:48	Wave 9
1914	David Daley	610	Male		01:44:51	Wave 7
1915	Annabel Tall	2730	Female		01:44:52	Wave 6
1916	Benjamin Isaac	1435	Male		01:44:53	Wave 9
1917	Christian Gee	1032	Male	g force	01:44:53	Wave 9
1918	Nora Hotzi	1370	Female		01:44:54	Wave 6
1919	Gemma Crew	574	Female	Amelia's Angels	01:44:54	Wave 2
1920	Cathy Tuke	2850	Female		01:44:55	Wave 2
1921	Catharine Pearce	2216	Female		01:44:56	Wave 2
1922	Aimee Leadbetter	1693	Female		01:44:56	Wave 2
1923	Dean Richard Dent	722	Male	Top Team	01:44:56	Wave 5

1924	Oliver Cookson	527	Male	Barry's Howellers	01:44:59	Wave 10
1925	Michael Lake	1677	Male	Barry's Howellers	01:44:59	Wave 10
1926	Jenny Lake	1676	Female	Barry's Howellers	01:44:59	Wave 10
1927	Jonathan Sigsworth	2574	Male	Barry's Howellers	01:44:59	Wave 10
1928	Charlotte Mead	1891	Female		01:45:05	Wave 2
1929	Rob Mead	1892	Male		01:45:06	Wave 2
1930	Daniel Cox	555	Male	Team Freedom	01:45:07	Wave 2
1931	Micheal Lee	1699	Male	space monkey mafia	01:45:12	Wave 7
1932	Hanna Guise	1160	Female	space monkey mafia	01:45:12	Wave 7
1933	Emma Sainsbury	2505	Female	space monkey mafia	01:45:12	Wave 7
1934	Luke Russell	2492	Male	space monkey mafia	01:45:13	Wave 7
1935	Kayleigh Smith	2614	Female	kayleigh smith	01:45:14	Wave 3
1936	Matthew Knight	1658	Male	Coventry Triathletes	01:45:14	Wave 3
1937	Andrew Beaton	146	Male	glynneath surgery 2	01:45:15	Wave 5
1938	Amanda Window	3178	Female	Coventry Triathletes	01:45:17	Wave 3
1939	Lindy Beaton	147	Female	glynneath surgery 2	01:45:18	Wave 5
1940	Emily Beaton	148	Female	glynneath surgery 2	01:45:21	Wave 5
1941	Tracy Lomas	1770	Female		01:45:25	Wave 4
1942	Colin Lear	1696	Male		01:45:25	Wave 4
1943	Gavin Reid	2387	Male		01:45:28	Wave 1
1944	Mark Griffin	1122	Male	c	01:45:32	Wave 9
1945	Mr D R Astles Douglas	756	Male		01:45:33	Wave 4
1946	Simon Readman	2353	Male	Universally CHallenged	01:45:33	Wave 10
1947	Ian Hartley	1266	Male		01:45:34	Wave 6
1948	Richard Suller	2709	Male	Universally CHallenged	01:45:34	Wave 10
1949	Darren Peters	2234	Male		01:45:34	Wave 6
1950	Martin Tinkler	3291	Male		01:45:34	Wave 6
1951	Andy Liddle	1746	Male		01:45:36	Wave 7
1952	Anne Collins	505	Female		01:45:36	Wave 7
1953	Sam John	1526	Male	murco I/E	01:45:40	Wave 7
1954	Sarah Williams-Beynon	3158	Female		01:45:43	Wave 8
1955	Nia Thomas	2780	Female		01:45:43	Wave 8
1956	Andrea Walker	2914	Female	Andrea walker	01:45:44	Wave 9
1957	Mark Dugdale	777	Male		01:45:50	Wave 10
1958	Gareth Lee-Bell	1702	Male	Phat Boys	01:45:51	Wave 11
1959	Mark Yeoman	3218	Male	Phat Boys	01:45:52	Wave 11
1960	Tony O'hlanlon	2125	Male	hot fuzz 2	01:45:53	Wave 4
1961	Peter Hoole	1358	Male	Hot Fuzz	01:45:54	Wave 4
1962	Cheryl Henson	1310	Female	Cardiff Crawlers	01:45:59	Wave 4
1963	Matthew Pope	2275	Male	No regrets!	01:46:00	Wave 6
1964	Emma Girling	1060	Female	Cardiff Crawlers	01:46:00	Wave 4
1965	Michael Whitten	3050	Male	No regrets!	01:46:01	Wave 6
1966	Ian Price	2301	Male	No regrets!	01:46:01	Wave 6
1967	Huw Price	2303	Male		01:46:01	Wave 8
1968	Tim Henson	1311	Male	Cardiff Crawlers	01:46:01	Wave 4
1969	Amy Frewer	994	Female	Cushty	01:46:03	Wave 5
1970	Lee Huckridge	1388	Male	Guerilla Bootcamp Team	01:46:03	Wave 8
1971	Matthew Frewer	993	Male	Cushty	01:46:03	Wave 5
1972	Shelley Caviell	410	Female	Guerilla Bootcamp Team	01:46:06	Wave 8
1973	Helen Buffrey	324	Female	Cardiff Crawlers	01:46:06	Wave 4
1974	Sean Wright	3207	Male	Sean Wright	01:46:08	Wave 9
1975	Charlotte Bosley	245	Female	Charlotte Bosley	01:46:08	Wave 9

1976	Peter Lewis	1725	Male	Cardiff Crawlers	01:46:09	Wave 4
1977	Donna Callun	360	Female		01:46:10	Wave 9
1978	Katie Byrne	351	Female	Team Target	01:46:13	Wave 2
1979	Darren Rixon	2425	Male	Cardiff Crawlers	01:46:17	Wave 4
1980	Gareth Buffrey	3292	Male	Cardiff Crawlers	01:46:18	Wave 4
1981	Emma Davies	668	Female		01:46:18	Wave 5
1982	Guto Evans	868	Male		01:46:18	Wave 7
1983	Simon Bell	159	Male	Cardiff Crawlers	01:46:19	Wave 4
1984	Corey Strange	2699	Male		01:46:22	Wave 10
1985	Taighla Williams	3143	Female		01:46:22	Wave 10
1986	Ieuan Evans	863	Male	Channel 4 News Team!	01:46:29	Wave 4
1987	Rory Wood	3186	Male	Channel 4 News Team!	01:46:31	Wave 4
1988	Bryn Evans	860	Male	Channel 4 News Team!	01:46:31	Wave 4
1989	Nicholas Insell	1430	Male		01:46:32	Wave 4
1990	Evan Evans	862	Male	Channel 4 News Team!	01:46:34	Wave 4
1991	Jon Dyer	795	Male		01:46:34	Wave 11
1992	Joe Sheppard	2563	Male		01:46:41	Wave 9
1993	Martin Fretwell	992	Male	GDS Cardiff Killers	01:46:45	Wave 10
1994	Stuart Scott	2527	Male	The Bid-filly Warriors	01:46:48	Wave 3
1995	Rachel Williams	3089	Female	The Bid-filly Warriors	01:46:48	Wave 3
1996	Helen Lane	1682	Female		01:46:50	Wave 4
1997	Steve Lane	1683	Male		01:46:50	Wave 4
1998	Marc Withers	3183	Male	GDS Cardiff Killers	01:46:50	Wave 10
1999	Curtis Williams	3154	Male		01:46:50	Wave 11
2000	Wendy Cann	369	Female	Me and my boys	01:46:51	Wave 9
2001	Rhys Davies	670	Male	murco I/E	01:46:51	Wave 7
2002	Josh Edwards	823	Male	sfoster	01:46:55	Wave 11
2003	Alex McLaughlin	1879	Male	Alex McLaughlin	01:46:56	Wave 5
2004	Ian Cumper	595	Male	Ystrad Rhondda circuits	01:46:58	Wave 9
2005	Kate Shorney	2570	Female	The Bid-filly Warriors	01:46:58	Wave 3
2006	Craig Bluck	220	Male	The Welsh	01:47:02	Wave 4
2007	Patricia Martin	1834	Female	The Bid-filly Warriors	01:47:02	Wave 3
2008	Shaun Stevens	2678	Male		01:47:03	Wave 5
2009	Gavin Wilson	3167	Male		01:47:04	Wave 9
2010	Keith Williams	3101	Male		01:47:05	Wave 2
2011	Louise Oaten	2106	Female	Guerilla Bootcamp Team	01:47:05	Wave 8
2012	John Coleman	493	Male		01:47:08	Wave 9
2013	Anthony Briggs	291	Male		01:47:11	Wave 3
2014	Maggie Dixon	737	Female		01:47:11	Wave 3
2015	Cambrook	362	Female		01:47:11	Wave 9
2016	Chris Jenkins	1502	Male	The Welsh	01:47:12	Wave 4
2017	Lee Morris	1995	Male	The Bid-filly Warriors	01:47:12	Wave 3
2018	Wayne Bluck	219	Male	The Welsh	01:47:13	Wave 4
2019	Kevin Headford	3259	Male		01:47:16	Wave 4
2020	Gary Walters	2927	Male	carmarthen circuits 3	01:47:19	Wave 3
2021	Richard Williams	3090	Male	The Bid-filly Warriors	01:47:20	Wave 3
2022	Andy Davies	661	Male	hot fuzz 2	01:47:24	Wave 4
2023	Frazer Mcardell	1858	Male		01:47:26	Wave 5
2024	Dafydd James	1464	Male		01:47:26	Wave 5
2025	Andrew Spooner	2652	Male		01:47:26	Wave 4
2026	Stephen Adams	9	Male		01:47:26	Wave 5
2027	Mark Lugg	1789	Male	The Ham Fisted Bun Vendors	01:47:32	Wave 10

2028	Paul Goodridge	1084	Male	The Ham Fisted Bun Vendors	01:47:32	Wave 10
2029	Rhys Dowling	760	Male		01:47:32	Wave 5
2030	Scott Ledgerwood	1698	Male	Billy's Second Chance	01:47:33	Wave 9
2031	Daniel Strubel	2704	Male	Billy's Second Chance	01:47:33	Wave 9
2032	Philip George	1039	Male		01:47:34	Wave 5
2033	Martine Welsh	2989	Female		01:47:36	Wave 9
2034	Ashley Bryant	317	Male	Brotherhood of Ron	01:47:36	Wave 5
2035	Paul White	3026	Male	Brotherhood of Ron	01:47:39	Wave 5
2036	Stephanie Gadd	1009	Female	TEAM WURNU 1	01:47:39	Wave 5
2037	Ian Cockhouse	487	Male	Brotherhood of Ron	01:47:39	Wave 5
2038	Andy Warner	2945	Male		01:47:42	Wave 3
2039	Jarred Evans	857	Male	Brotherhood of Ron	01:47:44	Wave 5
2040	Nigel Bryan	316	Male	carmarthen circuits	01:47:44	Wave 2
2041	Kris Jones	1579	Male		01:47:45	Wave 8
2042	Sean Sweeney	2719	Male	Brotherhood of Ron	01:47:45	Wave 5
2043	Liz Warner	2944	Female	The Bid-filly Warriors	01:47:46	Wave 3
2044	Julian Wills	3162	Male	Friends Life Hard - Core	01:47:46	Wave 11
2045	Matt Balcer	95	Male	Friends Life Hard - Core	01:47:46	Wave 11
2046	Tom Day	699	Male	Team Safelectrics	01:47:48	Wave 3
2047	Charles De Jager	706	Male	Team Safelectrics	01:47:48	Wave 3
2048	Gareth Kloet	1657	Male	Brotherhood of Ron	01:47:50	Wave 5
2049	Doug Jenkin	1498	Male	The Bid-filly Warriors	01:47:50	Wave 3
2050	Sarah Arnott	58	Female		01:48:02	Wave 6
2051	Sw Tozer	2834	Male		01:48:03	Wave 7
2052	Anya Baker	90	Female	Carmarthen Warriors	01:48:03	Wave 4
2053	Alex O'brien	2113	Male	The Cluster Duck	01:48:05	Wave 10
2054	Jo Lewis	1721	Female	Team Treacle	01:48:08	Wave 3
2055	Lara Simmons	2581	Female		01:48:08	Wave 3
2056	Chris Adams	8	Male	Pinky and the Brain	01:48:09	Wave 4
2057	Malcolm Jenkins	1501	Male	carmarthen circuits	01:48:11	Wave 2
2058	Luke Glover	1068	Male	Williams TKD	01:48:14	Wave 9
2059	Andrew Griffiths	1130	Male		01:48:17	Wave 5
2060	Stephen Hughes	1396	Male		01:48:18	Wave 5
2061	Nicholas Sadd	2501	Male		01:48:19	Wave 5
2062	Mark Burgess	334	Male		01:48:20	Wave 10
2063	Steve Branson	283	Male	Pinky and the Brain	01:48:21	Wave 4
2064	Benjamin Annear	47	Male	me myself and i	01:48:23	Wave 10
2065	Paul O'callaghan	2117	Male		01:48:25	Wave 10
2066	Iian Scandrett	2521	Male	uncle and nephews	01:48:29	Wave 4
2067	Ben Thomas	2760	Male	Team Treacle	01:48:29	Wave 3
2068	Luke Smith	2625	Male	Element Of One	01:48:33	Wave 9
2069	Steven Evans	874	Male		01:48:34	Wave 7
2070	Darren Nicholls	2080	Male	Crazy Bristolians	01:48:36	Wave 5
2071	Elonwy Rees	2369	Female	Cwm Rhymni	01:48:36	Wave 6
2072	Eurgain Vaughan-Evans	2889	Female	Cwm Rhymni	01:48:37	Wave 6
2073	Dan Ford	966	Male	Element Of One	01:48:39	Wave 9
2074	Karen Price	2299	Female	Super Heroes In Training	01:48:40	Wave 4
2075	Jason Barnett	110	Male	Super Heroes In Training	01:48:40	Wave 4
2076	Josh Hale	1188	Male	The Blair-Hale Bruisers	01:48:46	Wave 2
2077	Tony Hale	1186	Male	The Blair-Hale Bruisers	01:48:49	Wave 2
2078	Craig Wells	2986	Male	Homeforce	01:48:50	Wave 10
2079	Matthew Roberts	2434	Male	WJEC	01:48:52	Wave 9

2080	Richard West	2996	Male	Trainer BMW	01:48:52	Wave 9
2081	Craig Price	2306	Male	Homeforce	01:48:53	Wave 10
2082	John Williams	3114	Male	WJEC	01:48:53	Wave 9
2083	David Rowley	2481	Male		01:48:55	Wave 3
2084	Jonathan Clarke	462	Male	you can do it	01:48:58	Wave 6
2085	Suzanne Land	1679	Female		01:48:59	Wave 3
2086	Ian Leek	1704	Male		01:48:59	Wave 3
2087	Rhys Perrin	2230	Male	Homeforce	01:49:00	Wave 10
2088	Katie Bernard	178	Female		01:49:03	Wave 11
2089	Luke Davies	658	Male	WJEC	01:49:03	Wave 9
2090	Robert Hares	1229	Male		01:49:03	Wave 11
2091	Karen Bowes	267	Female		01:49:06	Wave 2
2092	Alan Bowes	268	Male		01:49:06	Wave 2
2093	Catrin Evans	858	Female	WJEC	01:49:14	Wave 9
2094	Rhian Williams	3113	Female	WJEC	01:49:14	Wave 9
2095	Xi Li	1742	Male		01:49:17	Wave 5
2096	Damian Assinder	63	Male	the hobbits	01:49:22	Wave 11
2097	William Scott	2530	Male	Element Of One	01:49:27	Wave 9
2098	Adam Drescher	768	Male	Optimum	01:49:29	Wave 3
2099	Gary Packer	2161	Male	The Salad Dodgers	01:49:29	Wave 10
2100	Daniel Smart	2602	Male	Dan smarts Ginger ninja's	01:49:32	Wave 9
2101	Stacey Gwinnett	1170	Female		01:49:34	Wave 6
2102	Owen Barton	122	Male	Dan smarts Ginger ninja's	01:49:36	Wave 9
2103	Benjamin Hunt	1405	Male	Ben Hunt	01:49:37	Wave 6
2104	Andrew Hagger	1177	Male	Feet like traction engines	01:49:40	Wave 2
2105	Kieran Spriggs	2654	Male	CCC: Claimed Climbed Conquered	01:49:45	Wave 4
2106	Paul Fitzgerald	947	Male	Dan smarts Ginger ninja's	01:49:46	Wave 9
2107	Clare Morris	2013	Female	RaneFitness	01:49:47	Wave 11
2108	Marion Vimpany	2896	Female	Carmarthen Trainers	01:49:48	Wave 2
2109	Russ Deuchar	724	Male		01:49:56	Wave 9
2110	Ben Clissett	478	Male		01:49:56	Wave 7
2111	Josh Allen	28	Male		01:49:58	Wave 9
2112	Ross Maloy	1819	Male		01:49:59	Wave 9
2113	Elizabeth Twose	2870	Female	Barry's Howellers	01:49:59	Wave 10
2114	Chris Hussey	1412	Male	Element Of One	01:50:02	Wave 9
2115	Jon Stuart	2706	Male	Never Leave A Mans Behind	01:50:02	Wave 10
2116	Jonathan Gravelle	1105	Male	Never Leave A Mans Behind	01:50:03	Wave 10
2117	Ronnie Rahman	2340	Male		01:50:03	Wave 4
2118	Adam Ridgeway	2417	Male	Never Leave A Mans Behind	01:50:04	Wave 10
2119	Lloyd James	1478	Male	Never Leave A Mans Behind	01:50:04	Wave 10
2120	Marina Schaefer	2522	Female		01:50:09	Wave 11
2121	Nick Gleed	1065	Male	Element Of One	01:50:09	Wave 9
2122	Robert Farrow	918	Male	Element Of One	01:50:11	Wave 9
2123	Debbie Gould	1096	Female	Zach's Training 2	01:50:15	Wave 2
2124	Shaun Roberts	2438	Male		01:50:16	Wave 9
2125	Steve Goodfellow	1076	Male	old pens wens	01:50:18	Wave 4
2126	Matt Goodfellow	1078	Male	old pens wens	01:50:19	Wave 4
2127	Adam Hewings	1316	Male		01:50:19	Wave 4
2128	Jamie O'connor	3281	Male	old pens wens	01:50:19	Wave 4
2129	Chris Goodfellow	1077	Male	old pens wens	01:50:20	Wave 4
2130	Helen Mctiffen	1886	Female	No Chancers	01:50:20	Wave 8
2131	Simon Morgan	1974	Male	Morgan Signs	01:50:20	Wave 4

2132	Paul Wood	3187	Male		01:50:21	Wave 4
2133	Michael Thorne	2812	Male	The Trim Reapers	01:50:24	Wave 4
2134	Julian Unthank	2875	Male	The Trim Reapers	01:50:24	Wave 4
2135	Chris James	1467	Male	Carmarthen Warriors	01:50:28	Wave 2
2136	Becca Gledhill	1064	Female	Element Of One	01:50:29	Wave 9
2137	Simon Gillings	1054	Male	Team LIMS	01:50:31	Wave 5
2138	Pat Mcgibbon	1874	Male	Team LIMS	01:50:32	Wave 5
2139	Hannah Tucker	2848	Female		01:50:38	Wave 8
2140	Dave Willetts	3072	Male		01:50:38	Wave 9
2141	John-Paul Piper	2262	Male	Zach's Training 2	01:50:39	Wave 2
2142	Lee Hillman	1326	Male	back 2 basics	01:50:42	Wave 8
2143	Neil Van Den Broek	2881	Male	Cushty	01:50:44	Wave 5
2144	Maria Van Den Broek	2882	Female	Cushty	01:50:44	Wave 5
2145	Adam Edwards	819	Male	No Chancers	01:50:45	Wave 8
2146	Matthew Rees	2372	Male	Warriors & Freaks	01:50:48	Wave 7
2147	Daniel Young	3228	Male		01:50:48	Wave 8
2148	Glen Honeybun	1357	Male	back 2 basics	01:50:48	Wave 8
2149	Sharon Obrien	2110	Female		01:50:51	Wave 5
2150	Ben Crawford	566	Male		01:51:01	Wave 8
2151	Sian Schultz	2525	Female	Selsig 2012	01:51:04	Wave 6
2152	Colin Thomas	2794	Male		01:51:05	Wave 5
2153	Christina Maksimovic	1816	Female		01:51:06	Wave 9
2154	Nathan Higgins	1322	Male	back 2 basics	01:51:06	Wave 8
2155	Huw Griffiths	1131	Male	The Fitness Factory	01:51:08	Wave 6
2156	Adam Rogers	2463	Male	back 2 basics	01:51:09	Wave 8
2157	Lisa Power	2285	Female	Team Treacle	01:51:11	Wave 3
2158	Richard Watson	2964	Male		01:51:12	Wave 6
2159	Kerry Best	181	Female	carmarthen circuits 4	01:51:13	Wave 3
2160	Alice Craddock	561	Female	carmarthen circuits 3	01:51:13	Wave 3
2161	Hanan Jamil	1485	Male		01:51:15	Wave 6
2162	Holly Roderick	2455	Female	carmarthen circuits 4	01:51:18	Wave 3
2163	Elenid Lewis	1718	Female	Selsig 2012	01:51:19	Wave 6
2164	Amy Holder	1343	Female	Aqua Terror	01:51:20	Wave 3
2165	Hywel Rees	2364	Male	30+ Bootcamp	01:51:20	Wave 3
2166	Eirlys Greenough	1118	Female	Fitness troop	01:51:22	Wave 9
2167	Deirdre Thompson	2808	Female	Fitness troop	01:51:23	Wave 9
2168	Lee Wallbank	2919	Male	Beatties & Co	01:51:23	Wave 4
2169	Laura Canty	375	Female	Fitness troop	01:51:25	Wave 9
2170	Katie Brighton Jones	292	Female	Fitness troop	01:51:26	Wave 9
2171	Kerry Francis	981	Female	Fitness troop	01:51:26	Wave 9
2172	Vicky Jones	1589	Female	Fitness troop	01:51:28	Wave 9
2173	Howard White	3034	Male	Fitness troop	01:51:28	Wave 9
2174	Jessica Abraham	5	Female	Team Grundy	01:51:29	Wave 10
2175	Sara Whittam	3048	Female	Selsig 2012	01:51:29	Wave 6
2176	Hannah Abraham	6	Female	Team Grundy	01:51:29	Wave 10
2177	Carrie-Anne Taitt	2726	Female	Team Grundy	01:51:29	Wave 10
2178	Sioned Lewis	1729	Female	Cwm Rhymni	01:51:29	Wave 6
2179	Michael Taitt	2727	Male	Team Grundy	01:51:29	Wave 10
2180	Graham Schultz	2524	Male	Selsig 2012	01:51:29	Wave 6
2181	Craig Passmore	2196	Male	Team Grundy	01:51:29	Wave 10
2182	Adam Mason	1845	Male	Team Grundy	01:51:29	Wave 10
2183	Simon Thwaite	2818	Male	Selsig 2012	01:51:30	Wave 6

2184	Joseph Lacey	1674	Female	Team Grundy	01:51:30	Wave 10
2185	Karen Leadbitter	1694	Female	Selsig 2012	01:51:30	Wave 6
2186	David Bennion	172	Male	Team Grundy	01:51:30	Wave 10
2187	Liselottie Ernst	847	Female	Team Grundy	01:51:30	Wave 10
2188	Rowan Miller	1923	Male	Team Grundy	01:51:30	Wave 10
2189	Neil Jones	1588	Male	Fitness troop	01:51:30	Wave 9
2190	Iain Lovatt	1777	Male	Fitness troop	01:51:30	Wave 9
2191	Non Thwaite	2819	Female	Selsig 2012	01:51:30	Wave 6
2192	Neil Griffiths	1127	Male	Selsig 2012	01:51:30	Wave 6
2193	Anna Helsing	1305	Female	Selsig 2012	01:51:31	Wave 6
2194	Heidi Allen	29	Female		01:51:34	Wave 10
2195	Curon Evans	887	Male		01:51:34	Wave 10
2196	Rachel Leak	1695	Female		01:51:38	Wave 11
2197	Tina Collins	504	Female		01:51:39	Wave 1
2198	Paul Collins	503	Male		01:51:40	Wave 1
2199	Michael Fogg	960	Male	Crazy Bristolians	01:51:43	Wave 5
2200	Amanda Hutchings	1414	Female	The Fitness Factory	01:51:49	Wave 6
2201	Darren Saving	2518	Male	Cassidy	01:51:50	Wave 1
2202	Dylan Jenkins	1506	Male	The Fitness Factory	01:51:51	Wave 6
2203	Aled Wynne	3212	Male		01:51:51	Wave 6
2204	Liam Okeefe	2126	Male	JARTS	01:51:51	Wave 9
2205	Heidi Jones	1609	Female		01:51:52	Wave 11
2206	Fiona Deuchar	725	Female		01:51:56	Wave 9
2207	Elaine Clarke	461	Female	carmarthen circuits 2	01:51:58	Wave 2
2208	Graham Pickersgill	2254	Male	The Fitness Factory	01:52:07	Wave 6
2209	Louise Pierpoint	2259	Female		01:52:08	Wave 10
2210	Vicki Hall	1195	Female	RaneFitness	01:52:08	Wave 11
2211	Stuart Westcott	3002	Male	RaneFitness	01:52:08	Wave 11
2212	Janine Lewis	1739	Female		01:52:08	Wave 10
2213	Michael Parsons	2192	Male	The Fitness Factory	01:52:10	Wave 6
2214	Josh Roberts	2436	Male	The Fitness Factory	01:52:11	Wave 6
2215	Tom Cummings	592	Male	The Fitness Factory	01:52:11	Wave 6
2216	James Ions	1431	Male	The Fitness Factory	01:52:12	Wave 6
2217	Dj Hussey	1411	Male	Element Of One	01:52:14	Wave 9
2218	Denise Davies	694	Female		01:52:18	Wave 11
2219	Joanne Creed-Tarr	570	Female		01:52:18	Wave 11
2220	Rachel Shiner	2569	Female		01:52:22	Wave 3
2221	Justin Williams	3130	Male		01:52:22	Wave 6
2222	Michael Corns	544	Male	Homeforce	01:52:25	Wave 10
2223	Phil Evans	898	Male	sfoster	01:52:25	Wave 11
2224	Geoff Cheetham	432	Male		01:52:27	Wave 2
2225	Leighton Dean	709	Male		01:52:28	Wave 11
2226	Simon Mitchell	1945	Male	Time 4	01:52:28	Wave 11
2227	Teresa Hatfield	1275	Female		01:52:30	Wave 4
2228	Andrew Palmer	2167	Male		01:52:31	Wave 3
2229	Paula Upton	2878	Female		01:52:31	Wave 10
2230	Dean Matthews	1853	Male	Williams TKD	01:52:32	Wave 9
2231	Gary Devine	726	Male	Gary Devine	01:52:39	Wave 13
2232	Suzy Solley	2641	Female	Jack and the Jackettes	01:52:40	Wave 8
2233	Ceara East	798	Female	Jack and the Jackettes	01:52:40	Wave 8
2234	Susan Bowen	258	Female	The Beasts of Bronwydd	01:52:41	Wave 2
2235	Emma Norton	2098	Female		01:52:46	Wave 3

2236	Jennifer Sturrock	2708	Female	Jack and the Jackettes	01:52:47	Wave 8
2237	Jake Stretton	2702	Male	Jack and the Jackettes	01:52:47	Wave 8
2238	Rory Williams	3109	Male		01:52:48	Wave 3
2239	Stephen Foster	970	Male	sfoster	01:52:51	Wave 11
2240	Chris Mctiffen	1885	Male	No Chancers	01:52:57	Wave 8
2241	Scott Davis	696	Male	Homeforce	01:53:02	Wave 10
2242	Neil Wild	3056	Male		01:53:03	Wave 3
2243	Ian Ford	967	Male	Homeforce	01:53:08	Wave 10
2244	Rebecca Williams	3110	Female		01:53:10	Wave 3
2245	Stuart Morris	2001	Male		01:53:15	Wave 3
2246	Carl Morris	2008	Male	Homeforce	01:53:18	Wave 10
2247	Leon Simkin	2577	Male		01:53:21	Wave 8
2248	Wayne Alford	24	Male		01:53:22	Wave 8
2249	Sion Lingard	1750	Male	The Bevatron	01:53:22	Wave 3
2250	David Edwards	818	Male		01:53:23	Wave 8
2251	Tracey Davies	654	Female	carmarthen circuits 3	01:53:28	Wave 3
2252	Jonathon Case	400	Male	The Bevatron	01:53:32	Wave 3
2253	Greg Tipper	2827	Male	Optimum	01:53:35	Wave 3
2254	Kim Jones	1552	Female		01:53:41	Wave 2
2255	Simon Clark	454	Male	Feet like traction engines	01:53:44	Wave 2
2256	Richard Thomas	2786	Male		01:53:46	Wave 9
2257	Matthew Holmes	1354	Male		01:53:50	Wave 7
2258	Stephen Hill	1323	Male		01:53:50	Wave 2
2259	Peter Furness	1007	Male	Han	01:53:53	Wave 11
2260	Matthew Simmonds	2579	Male		01:53:57	Wave 11
2261	Susie Mills	1928	Female	The Second Coming	01:54:00	Wave 3
2262	Tom Burt	343	Male	The Second Coming	01:54:00	Wave 3
2263	Jenna Morgan	1973	Female	Team Alpha	01:54:06	Wave 3
2264	Leanne Lancaster	1678	Female	10 of us for Tenovus	01:54:21	Wave 8
2265	Justin Knight	1662	Male	10 of us for Tenovus	01:54:22	Wave 8
2266	Haydn 'the Champ' Thomas	2791	Male	Splinter Cell	01:54:28	Wave 10
2267	Sam Parnell	2186	Male	Splinter Cell	01:54:28	Wave 10
2268	Lisa Richard	2397	Female	RaneFitness	01:54:29	Wave 11
2269	Trystan Hammond	1213	Male	Bro Pedr Para...letics!	01:54:32	Wave 11
2270	Jamie Clapp	452	Male	Splinter Cell	01:54:34	Wave 10
2271	Sian Evans	888	Female	Splinter Cell	01:54:34	Wave 10
2272	Emma Nordstrom	2093	Female	Team Target	01:54:35	Wave 2
2273	Claire Grace	1101	Female	Team Target	01:54:36	Wave 2
2274	Barry Smith	2623	Male	Jason Orchard Fitness	01:54:40	Wave 8
2275	Angela Stevens	2681	Female	Jason Orchard Fitness	01:54:40	Wave 8
2276	Claire Warner	2947	Female	Jason Orchard Fitness	01:54:40	Wave 8
2277	Paul Cullinan	591	Male	JARTS	01:54:40	Wave 9
2278	Vicky Lloyd	1757	Female	Booty Campers	01:54:41	Wave 3
2279	Anwen Howells	1378	Female	Booty Campers	01:54:42	Wave 3
2280	Helen Winterson	3181	Female	Amelia's Angels 3	01:54:42	Wave 2
2281	Robert Gethin	1043	Male	Amelia's Angels	01:54:44	Wave 2
2282	Claire Eddy	801	Female		01:54:47	Wave 5
2283	Robert Ross	2473	Male		01:54:47	Wave 5
2284	Dominique Wedge	2980	Female	Booty Campers	01:54:49	Wave 3
2285	Martyn Coxon	560	Male	marty's madness	01:54:53	Wave 11
2286	Alex Clesham	475	Male		01:54:56	Wave 4
2287	Ceri Corcoran	540	Male	carmarthen circuits 4	01:54:59	Wave 3

2288	John Baker	87	Male	The Curley Knights	01:55:04	Wave 1
2289	Kate Musto	2045	Female	the hobbits	01:55:06	Wave 11
2290	Rio Daniel	617	Female	Bradley Stoke Netball Club	01:55:13	Wave 8
2291	Agata Dowding	759	Female	Optimum	01:55:14	Wave 3
2292	Charlotte Williams	3133	Female	Bradley Stoke Netball Club	01:55:17	Wave 8
2293	Sophie Keen	1622	Female	Bradley Stoke Netball Club	01:55:17	Wave 8
2294	Steve Norman	2094	Male	Bridgeenders	01:55:30	Wave 2
2295	Paul Evans	852	Male	Bridgeenders	01:55:30	Wave 2
2296	Stuart Ingram	1427	Male	Bridgeenders	01:55:30	Wave 2
2297	Nick Lloyd	1759	Male	Bridgenders	01:55:30	Wave 2
2298	Victoria Normansell	2095	Female	Buggyfit babes and boys	01:55:31	Wave 8
2299	Nat Rees	2375	Female	Buggyfit babes and boys	01:55:31	Wave 8
2300	Cathrine Stanley	3248	Female		01:55:33	Wave 1
2301	Jason Sheppard	2561	Male		01:55:33	Wave 5
2302	Steven Chu	3245	Male		01:55:33	Wave 1
2303	Jason Evans	3246	Male		01:55:34	Wave 1
2304	Jean-Paul Mizen	1946	Male	Amelia's Angels	01:55:35	Wave 2
2305	Paul Magness	1813	Male	carmarthen circuits 3	01:55:36	Wave 3
2306	Mark Fielden	937	Male	Optimum	01:55:37	Wave 3
2307	Andrew Jackson	1444	Male	Jackson	01:55:39	Wave 7
2308	Sean Hamilton	1207	Male	Spearos Heros	01:55:43	Wave 8
2309	Denise Conlon	519	Female	The Beasts of Bronwydd	01:55:45	Wave 2
2310	Debra Hughes	1393	Female	The Beasts of Bronwydd	01:55:45	Wave 2
2311	Robert Harris	1255	Male	Homeforce	01:55:47	Wave 10
2312	Kearn Foster	969	Male	sfoster	01:55:47	Wave 11
2313	Gareth Davies	660	Male	Hot Fuzz	01:55:49	Wave 4
2314	Carla Burrows	342	Female		01:55:53	Wave 11
2315	Huw Griffiths	1133	Male	JARTS	01:55:53	Wave 9
2316	Gar Davies	672	Male	JARTS	01:55:53	Wave 9
2317	Rebecca Phillips	2240	Female	Amelia's Angels 3	01:56:08	Wave 2
2318	Rhian Lewis	1728	Female		01:56:17	Wave 4
2319	Matthew Pike	2260	Male	Amelia's Angels 2	01:56:18	Wave 2
2320	Matthew James	1469	Male		01:56:18	Wave 6
2321	Josephine Millgate	1926	Female		01:56:18	Wave 4
2322	Sian Steen	2669	Female	DC fitness	01:56:18	Wave 6
2323	Clare Montgomery	1953	Female		01:56:18	Wave 11
2324	Rachael White	3036	Female	Magic Rolls	01:56:18	Wave 11
2325	Brian Durkin	792	Male	Amelia's Angels	01:56:19	Wave 2
2326	Sarah Cayton	414	Female	DC fitness	01:56:19	Wave 6
2327	Liz Mallen	1818	Female	DC fitness	01:56:19	Wave 6
2328	Rebecca Elstone	836	Female		01:56:19	Wave 8
2329	Lauren Paton	2201	Female	RaneFitness	01:56:27	Wave 12
2330	Evan Rowlands	2480	Male	Rhedeg HYP-XII	01:56:30	Wave 11
2331	Craig Morgan	1972	Male	Team Alpha	01:56:40	Wave 3
2332	Gareth Nicholls	2082	Male		01:56:40	Wave 4
2333	Bethan Nicholls	2083	Female		01:56:41	Wave 4
2334	Tania Lockey	1768	Female	Loose Screws Plus	01:56:43	Wave 1
2335	Rhiann Gilbert	1045	Female	Loose Screws Plus	01:56:46	Wave 1
2336	Alex Diviani	735	Female	RaneFitness	01:56:46	Wave 12
2337	Sophie Harvey	1267	Female	Loose Screws Plus	01:56:48	Wave 1
2338	Tomos Grove	1156	Male		01:56:52	Wave 11
2339	Huw Jones	1561	Male	WJEC	01:56:53	Wave 9

2340	Debbie Cox	558	Female	Bradley Stoke Netball Club	01:57:04	Wave 8
2341	Sarah Windsor	3243	Female		01:57:05	Wave 10
2342	Simon Ashley	61	Male	Bradley Stoke Netball Club	01:57:07	Wave 8
2343	Michelle Cheah	431	Female	Young Ones	01:57:08	Wave 10
2344	Holly Brogden-Knight	298	Female	Young Ones	01:57:09	Wave 10
2345	Lucy Clark	456	Female	Team Turner	01:57:16	Wave 8
2346	Jessica Watson-James	2965	Female		01:57:17	Wave 10
2347	Amanda Furnell	1006	Female		01:57:29	Wave 3
2348	Claire Beavan	151	Female		01:57:31	Wave 3
2349	Nia Williams	3125	Female		01:57:34	Wave 6
2350	Helen Copeman	537	Female	Snako Sam	01:57:42	Wave 7
2351	Karen Stacey	2660	Female	Snako Sam	01:57:42	Wave 7
2352	Samantha Stewart	2683	Female	Snako Sam	01:57:42	Wave 7
2353	Leonie Stewart	2685	Female	Snako Sam	01:57:43	Wave 7
2354	Anna Sammut	2509	Female	Snako Sam	01:57:43	Wave 7
2355	Julie Foord	963	Female	Dead on Arrival	01:57:43	Wave 6
2356	Lisa Newing	2068	Female	Snako Sam	01:57:43	Wave 7
2357	Margaret Hay	1281	Female	Dead on Arrival	01:57:43	Wave 6
2358	Jane Stewart	2684	Female	Snako Sam	01:57:43	Wave 7
2359	Nicola Stewart	2682	Female	Snako Sam	01:57:43	Wave 7
2360	Claire Dunbar	782	Female	Snako Sam	01:57:43	Wave 7
2361	Jason Bennett	171	Male		01:57:44	Wave 11
2362	Jason Gollings	1073	Male		01:57:44	Wave 11
2363	Mark Tutton	2867	Male		01:57:45	Wave 11
2364	Katie Jones	1613	Female		01:57:56	Wave 12
2365	Craig Spruce	2656	Male	Beaver	01:58:08	Wave 3
2366	Carys Lock	1765	Female	Fry Masters	01:58:13	Wave 6
2367	Victoria Lock	1764	Female	Fry Masters	01:58:13	Wave 6
2368	David Hargreaves	1230	Male	Fry Masters	01:58:13	Wave 6
2369	Jessica Dada	605	Female	Survival Squad	01:58:15	Wave 4
2370	Mike Richards	2406	Male	Ystrad Rhondda circuits	01:58:17	Wave 9
2371	Scott Mackey	1805	Male	Ystrad Rhondda circuits	01:58:17	Wave 9
2372	Keith Tiplady	2826	Male	Survival Squad	01:58:18	Wave 4
2373	Cassandra Duguay	779	Female		01:58:20	Wave 9
2374	Leanne Howeels	1376	Female		01:58:20	Wave 9
2375	Gemma Jones	1591	Female	Ystrad Rhondda circuits	01:58:20	Wave 9
2376	Jodie Pike	2261	Male	Ystrad Rhondda circuits	01:58:21	Wave 9
2377	Gavin Davies	681	Male	Ystrad Rhondda circuits	01:58:21	Wave 9
2378	Michelle Overbury	2151	Female	RaneFitness	01:58:25	Wave 11
2379	Emma Pawsey	2209	Female		01:58:27	Wave 3
2380	Karen Wilkinson	3068	Female		01:58:27	Wave 3
2381	Nikki Lewis	1722	Female	4Blondes & a male	01:58:30	Wave 4
2382	Mariclare Carey-Jones	378	Female	Bridgeenders	01:58:31	Wave 2
2383	Kelley Carey-Jones	380	Male		01:58:32	Wave 2
2384	Chris Adams	10	Male		01:58:39	Wave 2
2385	Stephanie Booth	242	Female		01:58:44	Wave 8
2386	Michael Hallett	1203	Male		01:58:44	Wave 8
2387	Lucy Evans	859	Female	4Blondes & a male	01:58:45	Wave 4
2388	Elinor Snowshill	2639	Female	There's usually seven of us	01:58:45	Wave 2
2389	David Harris	1248	Male		01:58:49	Wave 6
2390	Catrin Edwards	804	Female	There's usually seven of us	01:58:49	Wave 2
2391	Caroline Wilde	3057	Female		01:58:52	Wave 9

2392	Jonathon Campbell	366	Male		01:58:53	Wave 3
2393	Tiggy Lewis	1723	Female	4Blondes & a male	01:58:53	Wave 4
2394	Matt Morgan	1968	Male		01:58:54	Wave 3
2395	Amy Clark	455	Female	Team Turner	01:58:55	Wave 8
2396	Sarah Stephenson	2676	Female	4Blondes & a male	01:58:56	Wave 4
2397	Catrina Nicholas	2079	Female	There's usually seven of us	01:58:58	Wave 2
2398	Bridget Marchant	1825	Female	The McBeas	01:58:59	Wave 3
2399	Gemma Francis	986	Female		01:59:01	Wave 5
2400	Becky Newton	2073	Female	There's usually seven of us	01:59:01	Wave 2
2401	Roy Lewis	1724	Male	4Blondes & a male	01:59:02	Wave 4
2402	Mathew Hodgson	1339	Male		01:59:02	Wave 5
2403	Gemma Hallett	1201	Female	There's usually seven of us	01:59:09	Wave 2
2404	Stacie Ivory	1440	Female	Norfolk in Chance of Finishing	01:59:19	Wave 3
2405	Laura Prosser	2318	Female	There's usually seven of us	01:59:20	Wave 2
2406	Rachael Hall	1193	Female		01:59:24	Wave 7
2407	Darren James	1463	Male	carmarthen circuits	01:59:26	Wave 2
2408	Leanne Abraham	4	Female	Buggyfit babes and boys	01:59:32	Wave 8
2409	Victoria Peedle	2219	Female		01:59:36	Wave 7
2410	Katie Lloyd	1760	Female		01:59:37	Wave 7
2411	Angela Orr	2142	Female		01:59:37	Wave 7
2412	Calais Chard	430	Female		01:59:38	Wave 7
2413	Jennifer Tyler	2871	Female		01:59:38	Wave 7
2414	Jamiee Gittins	1061	Female		01:59:38	Wave 7
2415	Heather Haine	1179	Female		01:59:38	Wave 7
2416	Jade Wakley	2905	Female		01:59:39	Wave 7
2417	Rhiannon Mogridge	1949	Female		01:59:40	Wave 7
2418	Ellie Mogride	1948	Female		01:59:41	Wave 7
2419	Margaret Blacker	209	Female		01:59:41	Wave 5
2420	Ian Teasdale	2743	Male		01:59:50	Wave 4
2421	Samantha Caldwell-Thorne	358	Female	Norfolk in Chance of Winning	01:59:52	Wave 3
2422	Patrick Mackenzie	1804	Male	Norfolk in Chance of Winning	01:59:53	Wave 3
2423	Nikki Scott-Plumb	2531	Female	Carmarthenshire coming at ya!	01:59:55	Wave 4
2424	Giovanni Cattaneo	409	Male	Team LIMS	01:59:56	Wave 5
2425	Christopher John Saunders	2511	Male	Rhondda Rebles	02:00:00	Wave 1
2426	Jarad Saunders	2512	Male		02:00:00	Wave 1
2427	Jamie Sharp	2551	Male	Admiral All Stars	02:00:00	Wave 5
2428	Cherim Trew	2839	Female	Norfolk in Chance of Winning	02:00:01	Wave 3
2429	Ross Nicholls	2081	Male	Norfolk in Chance of Winning	02:00:03	Wave 3
2430	Natalie Williams	3094	Female	Zach's Training 1	02:00:08	Wave 2
2431	Michael Boddice	225	Male		02:00:11	Wave 9
2432	Sally Purkis	2328	Female	Carmarthen Warriors	02:00:26	Wave 4
2433	Ian Carlin	382	Male		02:00:27	Wave 5
2434	Andrew Exell	905	Male		02:00:28	Wave 2
2435	Laura Smith	2612	Female	Zach's Training 1	02:00:29	Wave 2
2436	Kelly Marshall	1832	Female		02:00:50	Wave 5
2437	Daniel Wilkins	3065	Male		02:00:50	Wave 5
2438	Nigel Congram	518	Male	Mark's Allsorts	02:00:55	Wave 7
2439	Mandy Nash	2054	Female	Mark's Allsorts	02:00:55	Wave 7
2440	Debra Adamson	14	Female	Mark's Allsorts	02:00:55	Wave 7
2441	Vicki Harris	1249	Female		02:00:55	Wave 7
2442	Rachel Hedges	1302	Female	Mark's Allsorts	02:00:55	Wave 7
2443	Mark Gray	1108	Male	Mark's Allsorts	02:00:55	Wave 7

2444	Amy Linke	1752	Female	Last minute SAVAGES	02:01:00	Wave 8
2445	Beverly Beynon	190	Female	Last minute SAVAGES	02:01:01	Wave 8
2446	Meek Andrea	36	Female	Last minute SAVAGES	02:01:11	Wave 8
2447	Andrew Black	208	Male	GO HARD OR GO HOME	02:01:13	Wave 1
2448	Ely Ibrahim	1423	Male	GO HARD OR GO HOME	02:01:14	Wave 1
2449	Sara Pitt	2264	Female		02:01:14	Wave 3
2450	Jodie Wilkes	3060	Female		02:01:15	Wave 3
2451	Mairwen Richards	2404	Female	Last minute SAVAGES	02:01:17	Wave 8
2452	Chris Evans	881	Male	TEAM CHAFF	02:01:20	Wave 8
2453	Amirah Omran	2135	Female	Young Ones	02:01:20	Wave 10
2454	Rebecca Long	1774	Female	Young Ones	02:01:21	Wave 10
2455	Nikki Smith	2632	Female	RaneFitness	02:01:21	Wave 11
2456	Phillip Pugh	2327	Male	Matt` s Mercenaries	02:01:27	Wave 7
2457	Christian Farrow	916	Male	Matt` s Mercenaries	02:01:31	Wave 7
2458	Laura Farrow	917	Female	Matt` s Mercenaries	02:01:31	Wave 7
2459	Laura Davies	675	Female	Matt` s Mercenaries	02:01:31	Wave 7
2460	Vaughan Budd	323	Male		02:01:32	Wave 4
2461	Matthew Richardson	2411	Male	Matt` s Mercenaries	02:01:32	Wave 7
2462	Catrin Davies	659	Female		02:01:36	Wave 4
2463	Jason Wilcox	3053	Male	Leg ends	02:01:41	Wave 6
2464	Stephen Robbins	2428	Male		02:01:46	Wave 8
2465	Julia Dayment	704	Female	Confused.com	02:01:46	Wave 5
2466	Mike Cole	491	Male	Confused.com	02:01:58	Wave 5
2467	Frankie Hale	1190	Female	Young Ones	02:02:03	Wave 10
2468	Maxine Oliver	2131	Female	Element Of One	02:02:12	Wave 9
2469	Adam Oldfield	2128	Male	Element Of One	02:02:13	Wave 9
2470	Michelle Joy	1616	Female		02:02:22	Wave 4
2471	Thomas Shepherd	2559	Male		02:02:25	Wave 7
2472	Gareth Hewson	1317	Male		02:02:25	Wave 7
2473	Nia Maccarthy	1798	Female	Cwm Rhymni	02:02:34	Wave 6
2474	Vernon Cornish	543	Male		02:02:35	Wave 3
2475	Anna Ciolek	450	Female	wichura	02:02:35	Wave 3
2476	Kunac Srivastava	2658	Male	The Fitness Factory	02:02:40	Wave 6
2477	John Ions	1432	Female	The Fitness Factory	02:02:40	Wave 6
2478	Alan Mcdermott	1868	Male		02:02:40	Wave 3
2479	Polly Bartlett	118	Female		02:02:44	Wave 10
2480	Catrin Simonson	2584	Female		02:02:44	Wave 10
2481	Sophie Hughes	1391	Female		02:03:00	Wave 3
2482	Susan Reynolds-Beer	2390	Female	Sue	02:03:01	Wave 4
2483	Kath Porter	2277	Female		02:03:01	Wave 4
2484	Helen Brown	302	Female	carmarthen circuits 2	02:03:04	Wave 2
2485	Catheryn Hancock	1218	Female	carmarthen circuits 4	02:03:10	Wave 3
2486	Heather Donald	744	Female	DirtyPhysio's	02:03:11	Wave 8
2487	Lisa Hawkins	1279	Female		02:03:31	Wave 10
2488	John Cribb	575	Male	Leg ends	02:03:32	Wave 4
2489	Lucy Warren	2949	Female	DirtyPhysio's	02:03:37	Wave 8
2490	Elizabeth Shepherd	2558	Female		02:03:38	Wave 7
2491	Sarra Kew	3239	Female	Hot Fuzz	02:03:39	Wave 4
2492	Gareth Morgan	1976	Male	Hot Fuzz	02:03:40	Wave 4
2493	Caroline James	1474	Female	DirtyPhysio's	02:03:41	Wave 8
2494	Catherine Bladon	211	Female		02:03:41	Wave 11
2495	Louise Haylock	1288	Female		02:03:41	Wave 5

2496	Rihan Love	1779	Female	DirtyPhysio's	02:03:42	Wave 8
2497	Katie George	1038	Female		02:03:44	Wave 11
2498	Sally Williams	3082	Female		02:03:45	Wave 2
2499	Kirsty Heritage	1314	Female	A2Z	02:03:48	Wave 7
2500	Helen Williams	3135	Female	Jason Orchard Fitness	02:03:48	Wave 8
2501	Oliver Morriston	2017	Male	DirtyPhysio's	02:03:51	Wave 8
2502	Chloe Upson	2877	Female	DirtyPhysio's	02:03:52	Wave 8
2503	Sophie Marquis	1828	Female	A2Z	02:03:53	Wave 7
2504	Ellie Fice	934	Female	DirtyPhysio's	02:03:59	Wave 8
2505	Bethan Thomas	2772	Female	DirtyPhysio's	02:03:59	Wave 8
2506	Susanna Dancer	615	Female	RaneFitness	02:04:02	Wave 11
2507	Robert White	3037	Male	RaneFitness	02:04:08	Wave 11
2508	Sally White	3038	Female	RaneFitness	02:04:09	Wave 11
2509	Pete Newman	2071	Male		02:04:23	Wave 4
2510	Dylan Evans	872	Male	Cwm Rhywni	02:04:24	Wave 6
2511	Rachel Buckenham	320	Female		02:04:25	Wave 5
2512	Lucy Ferguson	928	Female		02:04:25	Wave 5
2513	Katy Fidler	935	Female		02:04:29	Wave 5
2514	Joanne Moore	1956	Female		02:04:33	Wave 5
2515	Alison Clifford	476	Female	Team Treacle	02:04:33	Wave 3
2516	Nicola Lewis	1720	Female	Team Treacle	02:04:33	Wave 3
2517	Danielle Williams	3091	Female	Bridgeenders	02:04:39	Wave 2
2518	Julie Watkins	2959	Female		02:04:51	Wave 10
2519	Marie Hallam	1199	Female	team orange	02:04:54	Wave 4
2520	David Randall	2344	Male	No Chancers	02:05:00	Wave 8
2521	Andrew Peters	2235	Male	A2Z	02:05:02	Wave 7
2522	Louise Harman	1233	Female	A2Z	02:05:02	Wave 7
2523	Zoe Mott	2021	Female	A2Z	02:05:03	Wave 7
2524	Nerys Howells	1386	Female	Bro Pedr Para...letics!	02:05:08	Wave 11
2525	Fiona Davies	662	Female	Carmarthenshire coming at ya!	02:05:16	Wave 4
2526	Gwyneth Oakman	2105	Female		02:05:18	Wave 4
2527	Noel Isherwood	1438	Male	old pens wens	02:05:19	Wave 4
2528	Bethan Lewis	1727	Female	Carmarthen Warriors	02:05:25	Wave 4
2529	Abigail Skene	2593	Female	Cardiff Audi	02:05:35	Wave 2
2530	Laura Ferries	932	Female		02:05:37	Wave 2
2531	Gemma Trew	2840	Female	Lick my teeth	02:05:54	Wave 8
2532	Gemma Loader	1762	Female	Lick my teeth	02:05:56	Wave 8
2533	Stacey Harper	1236	Female	Loose Screws Plus	02:06:01	Wave 1
2534	Gaynor Jones	1571	Female	warehouse funky pumpers	02:06:01	Wave 6
2535	Elaine Cooper	534	Female	Jason Orchard Fitness	02:06:12	Wave 8
2536	Seema Pandya	2171	Female	Jason Orchard Fitness	02:06:18	Wave 8
2537	Jason Orchard	2140	Male	Jason Orchard Fitness	02:06:22	Wave 8
2538	Stephanie Pope	2273	Female		02:06:30	Wave 3
2539	Sally Pope	2272	Female		02:06:30	Wave 3
2540	Michelle Hurd	1407	Female	Carmarthen Warriors	02:06:36	Wave 4
2541	Derrick White	3029	Male		02:06:45	Wave 5
2542	Glyn Barlow	109	Male		02:06:49	Wave 8
2543	James Wale	2908	Male		02:06:51	Wave 5
2544	Sam Holloway	1349	Male		02:06:55	Wave 7
2545	Tamara Patti	2204	Female		02:07:12	Wave 5
2546	Gillian Coghlan	489	Female		02:07:12	Wave 5
2547	Elliot Green	1114	Male	Billy's Second Chance	02:07:12	Wave 9

2548	Lydia Moore	1961	Female	RaneFitness	02:07:35	Wave 12
2549	Arwel Evans	893	Male	Rhedeg HYP-XII	02:07:59	Wave 11
2550	Catherine Burkinheath	337	Female		02:07:59	Wave 5
2551	Hannah Newell	2064	Female		02:08:00	Wave 5
2552	Jenna Price	2297	Female		02:08:00	Wave 5
2553	Luke Newell	2065	Male		02:08:00	Wave 5
2554	Li Chin	437	Female	NBT MicroAdventure	02:08:01	Wave 11
2555	Lisa Bassett	124	Female	Carmarthen Warriors	02:08:05	Wave 4
2556	Christopher Kenny	3237	Male		02:08:10	Wave 3
2557	Jess Hughes	1401	Female	NBT MicroAdventure	02:08:14	Wave 11
2558	Kirsty Britton	297	Female	Pink Kittens	02:08:24	Wave 5
2559	Loretta Browne	311	Female	Pink Kittens	02:08:24	Wave 5
2560	Stephanie Pedrick	2218	Female	Pink Kittens	02:08:24	Wave 5
2561	Hannah Nicholls	2085	Female	Pink Kittens	02:08:25	Wave 5
2562	Miranda Powell	2284	Female	Pink Kittens	02:08:25	Wave 5
2563	Kashif Haq	1221	Male		02:08:26	Wave 11
2564	Nicole Dempster	715	Female	NBT MicroAdventure	02:08:27	Wave 11
2565	Gareth Mills	1933	Male	NBT MicroAdventure	02:08:27	Wave 11
2566	Jane Mills	1934	Female	NBT MicroAdventure	02:08:27	Wave 11
2567	Dave Hawkins	1278	Male	Carmarthen Warriors	02:08:49	Wave 4
2568	Richard Davies	655	Male	glynneath surgery 2	02:09:02	Wave 5
2569	Sarah Hughes	1400	Female		02:09:20	Wave 11
2570	David Rogers	2464	Male		02:09:25	Wave 11
2571	Patrick Morrey	1994	Male		02:09:27	Wave 5
2572	Rianne Scott	2529	Female		02:09:28	Wave 5
2573	Stephen Smith	2608	Male		02:09:33	Wave 5
2574	Andrea Gower	1099	Female	Carmarthenshire coming at ya!	02:09:45	Wave 4
2575	Weronika Mcgauley	1872	Female	Carmarthenshire coming at ya!	02:09:45	Wave 4
2576	James Meacham	1890	Male		02:09:48	Wave 5
2577	James Chandler	421	Male		02:09:50	Wave 5
2578	Alun Morgan	1992	Male		02:09:56	Wave 5
2579	Mary Miller	1924	Female		02:09:59	Wave 5
2580	Cheryl Day	701	Female		02:10:00	Wave 11
2581	Sianed Burrow	339	Female	Glynneath Surgery	02:10:05	Wave 5
2582	Robert Burrow	340	Male	glynneath surgery 2	02:10:07	Wave 5
2583	Gemma Turner	2862	Female	GDS Cardiff Killers	02:10:12	Wave 10
2584	Rachel Morris	1997	Female	Moulder	02:10:18	Wave 7
2585	Julie Morris	1996	Female	Moulder	02:10:18	Wave 7
2586	David Thorpe	2816	Male		02:10:27	Wave 11
2587	Gary Williams	3080	Male		02:10:29	Wave 3
2588	Andrew Bearcroft	143	Male		02:10:34	Wave 5
2589	Leigh Meacham	1889	Male		02:10:35	Wave 5
2590	Laura Evans	895	Female		02:10:37	Wave 5
2591	Natalie Davies	678	Female	Jason Orchard Fitness	02:10:41	Wave 8
2592	Carl Jones	1582	Male	Jason Orchard Fitness	02:10:41	Wave 8
2593	Nigel Cridland	577	Male		02:10:45	Wave 10
2594	Bethan Cridland	578	Female		02:10:45	Wave 10
2595	Alexandra Bowen	263	Female		02:10:46	Wave 10
2596	Debbie Rees	2361	Female		02:11:12	Wave 3
2597	Mica Smith	2634	Female	RaneFitness	02:11:21	Wave 12
2598	Chloe Strange	2700	Female	RaneFitness	02:11:21	Wave 12
2599	Samantha Baker	88	Female		02:11:23	Wave 3

2600	Stewart Baker	89	Male		02:11:23	Wave 3
2601	Tina Arthur	59	Female	Glynneath Surgery	02:11:30	Wave 5
2602	Laura Gilman	1055	Female	Rhondda Rebles	02:11:36	Wave 1
2603	Vikki James	1456	Female		02:11:39	Wave 1
2604	Steve Harrowing	1262	Male	Glynneath Surgery	02:11:50	Wave 5
2605	Gerald Kemp	1629	Male	Glynneath Surgery	02:11:50	Wave 5
2606	Sian Bailey	82	Female	GM-FITNESS	02:11:57	Wave 7
2607	Kerri Mcdermott	1869	Female	We thought this was Zumba	02:11:58	Wave 7
2608	Alice Winter	3180	Female	We thought this was Zumba	02:11:58	Wave 7
2609	Steve Hambridge	1206	Male		02:12:18	Wave 10
2610	Christopher Luxton	1792	Male		02:12:22	Wave 4
2611	Mark Daniels	619	Male	Glynneath Surgery	02:12:30	Wave 5
2612	Elin Daniels	620	Female	Glynneath Surgery	02:12:32	Wave 5
2613	Jonathan Beer	154	Male	Williams TKD	02:12:36	Wave 9
2614	Emma Bonar	229	Female	Williams TKD	02:12:41	Wave 9
2615	Lee Jeffries	1496	Male	Williams TKD	02:12:42	Wave 9
2616	Tracey Davies	645	Female	Glynneath Surgery	02:12:46	Wave 5
2617	Clair Orrells	2143	Female	Glynneath Surgery	02:12:47	Wave 5
2618	Andrew Orrells	2144	Male	glynneath surgery 2	02:12:50	Wave 5
2619	Rhiannon Sheen De Jesus	2555	Female		02:12:55	Wave 7
2620	Jim Clift	477	Male	The Ham Fisted Bun Vendors	02:12:57	Wave 10
2621	Julie Kemp	1628	Female	Glynneath Surgery	02:13:00	Wave 5
2622	Adrian Miles	1915	Male	Brain Trust	02:13:34	Wave 5
2623	Neil Parker	2179	Male	Brain Trust	02:13:34	Wave 5
2624	Nicky Taliesen	2729	Male	Brain Trust	02:13:35	Wave 5
2625	Fiona Singleton	2592	Female	RaneFitness	02:13:48	Wave 12
2626	Beverley Liddington	1745	Female	RaneFitness	02:13:52	Wave 12
2627	Jodie Liddington	1744	Female	RaneFitness	02:13:55	Wave 12
2628	Steven Clarke	466	Male	Top Team	02:13:56	Wave 5
2629	Ron Thomas	2775	Male	Ron Thomas	02:13:57	Wave 9
2630	Jo Belbin	157	Female	RaneFitness	02:14:05	Wave 12
2631	Shaun Knowles	1665	Male		02:14:05	Wave 2
2632	Julie Backler	79	Female	RaneFitness	02:14:14	Wave 12
2633	Shaun La Touche	1672	Male	RaneFitness	02:14:29	Wave 12
2634	Sonali Das Simpson	625	Female		02:14:40	Wave 6
2635	Nick Welsh	2990	Male	Top Team	02:14:42	Wave 5
2636	Michael Jenkins	1509	Male	Top Team	02:14:42	Wave 5
2637	Sharon Grother	1153	Female		02:14:42	Wave 4
2638	Mitul Papat	2271	Male	Top Run	02:14:45	Wave 11
2639	Liza Zakheim	3230	Female	RaneFitness	02:15:01	Wave 12
2640	Louise Littlejohns	1753	Female	RaneFitness	02:15:01	Wave 12
2641	Ruth Wooldridge	3198	Female	Moulder	02:15:08	Wave 7
2642	Michelle Gamble	1013	Female	RaneFitness	02:15:08	Wave 12
2643	Sam La Touche	1671	Female	RaneFitness	02:15:08	Wave 12
2644	Lucy Carpenter	389	Female	Rockets Health and Fitness Club	02:15:29	Wave 13
2645	Eirian Evans	867	Male		02:15:38	Wave 7
2646	Louise Ellis	830	Female		02:16:53	Wave 7
2647	Lorna Hunter	1406	Female		02:16:53	Wave 7
2648	Niumai Hamilton Peach	1208	Female	Carmarthen Warriors	02:16:57	Wave 4
2649	Sarah Rees	2377	Female	Lick my teeth	02:17:13	Wave 8
2650	Cameron Finlay	939	Male	The McBeas	02:18:48	Wave 3
2651	Emma Nailor	2050	Female	The McBeas	02:18:49	Wave 3

2652	Sarah Fryatt	1001	Female	The McBeas	02:19:41	Wave 3
2653	Andrew Fryatt	1002	Male	The McBeas	02:20:50	Wave 3
2654	Matt Waller	2920	Male	Exhausted!!	02:21:05	Wave 9
2655	Natalie Waller	2921	Female	Exhausted!!	02:21:05	Wave 9
2656	Simon Whitehead	3040	Male	Exhausted!!	02:21:05	Wave 9
2657	James Hayes	1282	Male	Exhausted!!	02:21:05	Wave 9
2658	Emma Macri-Waller	1810	Female	Exhausted!!	02:21:05	Wave 9
2659	Gemma Williams	3120	Female	Mighty Mice	02:21:18	Wave 5
2660	Jack Wilkins	3066	Male	you can do it	02:21:48	Wave 6
2661	Lyndsie Martin	1837	Female		02:22:28	Wave 6
2662	Madeleine Attridge	69	Female	Mighty Mice	02:22:52	Wave 5
2663	Emily Payne	2211	Female	Mighty Mice	02:22:55	Wave 5
2664	Rachel Garbutt	1016	Female	BMI Fitness	02:23:03	Wave 7
2665	David Warmishaw	2943	Male	Moulder	02:23:27	Wave 7
2666	Natalie White	3025	Female	Moulder	02:23:29	Wave 7
2667	Philip White	3024	Male	Moulder	02:23:29	Wave 7
2668	Emma Carver	397	Female	Mighty Mice	02:23:35	Wave 5
2669	Sarah Green	1112	Female	Mighty Mice	02:23:38	Wave 5
2670	Marc Blackie	210	Male	The Ham Fisted Bun Vendors	02:23:40	Wave 10
2671	Kathryn Tharby	2745	Female	Mighty Mice	02:23:41	Wave 5
2672	Christine Knights	1664	Female	Mighty Mice	02:23:41	Wave 5
2673	Katrina Ellis	831	Female	BMI Fitness	02:23:46	Wave 7
2674	Nicola Paget	2164	Female	BMI Fitness	02:24:03	Wave 7
2675	Scott Turner	2861	Male	Team Swansea City	02:24:13	Wave 10
2676	Philippa Ellison	834	Female	BMI Fitness	02:24:32	Wave 7
2677	Alys Carlisle	385	Female	Team Swansea City	02:24:59	Wave 10
2678	Stephen Richards	2401	Male	BMI Fitness	02:25:24	Wave 7
2679	Christina Kells	1627	Female	BMI Fitness	02:25:47	Wave 7
2680	Thu Le	1692	Female	BMI Fitness	02:25:48	Wave 7
2681	Barri Rawlings	2350	Male	BMI Fitness	02:25:49	Wave 7
2682	Michelle Jones	1573	Female	BMI Fitness	02:25:50	Wave 7
2683	Paul Cook	526	Male	BMI Fitness	02:25:55	Wave 7
2684	Franki Davies	674	Female	BMI Fitness	02:25:55	Wave 7
2685	Rebecca Cooper	532	Female	you can do it	02:26:03	Wave 6
2686	Leanne Jones	1565	Female	you can do it	02:26:19	Wave 6
2687	Rebecca Jones	1566	Female		02:26:49	Wave 6
2688	Danielle Willis	3161	Female	Pain is Temporary	02:26:50	Wave 9
2689	Gemma Esp	849	Female	BMI Fitness	02:26:54	Wave 7
2690	Rachel Shaffner	2544	Female	Pain is Temporary	02:26:59	Wave 9
2691	Sean Rosborough	2469	Male	Pain is Temporary	02:26:59	Wave 9
2692	Sarah Silverwood	2576	Female	fit flops	02:27:08	Wave 3
2693	Simon Mudge	2027	Male	fit flops	02:27:08	Wave 3
2694	Craig Shaffner	2543	Male	Pain is Temporary	02:27:21	Wave 9
2695	Natalie Benjafield	163	Female	you can do it	02:27:27	Wave 6
2696	Charlotte Woodall	3190	Female	Pain is Temporary	02:27:46	Wave 9
2697	Andrew Woodall	3191	Male	Pain is Temporary	02:27:46	Wave 9
2698	Sophie Green	1116	Female	GDS Cardiff Killers	02:28:21	Wave 10
2699	Stephanie Griffiths	1143	Female	GDS Cardiff Killers	02:28:21	Wave 10
2700	Alex Vann	2883	Male	The Ham Fisted Bun Vendors	02:28:34	Wave 10
2701	Natalie Edwards	811	Female	Jalapeno Hotties	02:29:37	Wave 6
2702	Danielle Edwards	810	Female	Jalapeno Hotties	02:29:48	Wave 6
2703	Jane Westcott	3000	Female	Team Alpha	02:29:53	Wave 3

2704	Scott Davey	630	Male	Jalapeno Hotties	02:30:45	Wave 6
2705	Angela Edwards	812	Female	Jalapeno Hotties	02:30:45	Wave 6
2706	Rhian Bourne	250	Female	Team Alpha	02:30:58	Wave 3
2707	Charlotte Bevan	184	Female		02:31:58	Wave 7
2708	Gareth Rosser	2475	Male	Cardiff Audi	02:33:55	Wave 2
2709	Elisha Harris	1251	Female	Team Turner	02:35:02	Wave 8
2710	Katy Cottrell	548	Female	Team Turner	02:35:02	Wave 8
2711	Nick Cottrell	549	Male	Team Turner	02:35:02	Wave 8
2712	Mike Rush	2488	Male	Team Turner	02:35:03	Wave 8
2713	Helen Gower	1098	Female		02:38:57	Wave 3
2714	Richard Hardy	1227	Male		02:38:58	Wave 3
2715	Sally-Anne Chope	442	Female		02:38:58	Wave 3