

Senior Results

Position	Name	Club	Time
1	Jason Scanlon	Pontypridd Roadents	28:13:00
2	Stephen Shields	San Domenico	28:27:00
3	Stephen Thomas	Islwyn	28:40:00
4	Carwyn Adler	Aberdare V.A.A.C.	29:30:00
5	Hywel Jones	Aberdare V.A.A.C.	29:38:00
6	Lee Morris	3M's Road Runners	30:22:00
7	Geraint Williams	Aberdare V.A.A.C.	31:55:00
8	Daniel Bodman	Aberdare V.A.A.C.	33:06:00
9	Andrew Russell	Les Croupiers	33:15:00
10	Alistair Wood	San Domenico	33:17:00
11	David Williams	Aberdare V.A.A.C.	33:37:00
12	Barri Edwards		33:51:00
13	Billy Davies		33:58:00
14	Brendan Amey Jones	Les Croupiers	35:07:00
15	Phil Briston	San Domenico	35:21:00
16	Allan Jones	Brackla Harriers	35:51:00
17	Gerwyn Malpas		36:09:00
18	Amy Edwards	Rhondda Valley Runners	36:13:00
19	Emma Rees		36:29:00
20	Stuart Davies	Cornelly Striders	36:43:00
21	Neil Williams		37:05:00
22	Allen Bunney	Aberdare V.A.A.C.	37:15:00
23	Wendy Owen	San Domenico	37:25:00
24	Sean Price	Aberdare V.A.A.C.	37:39:00
25	Andrew Dunscombe	Pontypridd Roadents	38:10:00
26	Mustapha Maohoub	Aberdare V.A.A.C.	39:17:00
27	Colin Anthony	Port Talbot Harriers	39:36:00
28	Vanessa Turnbull		39:53:00
29	Matthew Burns		40:04:00
30	Andrea Jones		40:36:00
31	Tracey Edwards	Rhondda Valley Runners	40:48:00
32	Rhianydd Gardiner	Aberdare V.A.A.C.	42:11:00
33	Fiona Drysdale		43:18:00
34	Stephen Hughes	Aberdare V.A.A.C.	43:45:00
35	Patricia Jones	Brackla Harriers	44:05:00
36	Gareth Baker	Aberdare V.A.A.C.	44:59:00
37	Jill Owens		45:55:00
38	Jay Davis		46:08:00
39	Nigel Jones	Llanelli Strollers	46:08:00
40	Dave Kempton		46:37:00
41	Keith Husband		47:17:00
42	Jeremy Lewis		50:27:00
43	Helen Williams	Aberdare V.A.A.C.	55:44:00