



# Chepstow Harriers

## Tintern Trot

Thursday, 30 June 2011. 7:30 pm

Sponsored by  
Chepstow Physiotherapy Clinic  
(www.chepstowphysio.com)

Position	Time	Name	Club	Category	Race Number
1	0:36:04	HUNT, Andrew	MDC	MV35	16
2	0:38:56	TAYLOR, Sean	Mynydd-Du	MV35	131
3	0:40:03	BARNBY, Daryll	Fairwater Runners	Senior Men	83
4	0:40:08	HURFORD, Matt	Les Croupiers	MV35	75
5	0:40:36	BLORE, James	Chepstow Harriers	Senior Men	127
6	0:41:05	JEFFERY, Tom	Les Croupiers	Senior Men	20
7	0:41:09	WOODS, Adrian	Mynydd-Du	MV50	94
8	0:41:16	LYNCH, Gareth	Les Croupiers	MV35	14
9	0:41:31	CROCKER, Matthew	Portishead RC	Senior Men	116
10	0:41:41	DAVIES, Steve	Griffithstown Harriers	MV50	78
11	0:42:22	JAMES, Luke		Senior Men	104
12	0:42:36	DAVIES, Simon		MV40	109
13	0:42:47	SELF, Richard	Les Croupiers	MV45	50
14	0:42:55	AUSTIN, Dave	Chepstow Harriers	MV35	39
15	0:43:16	LEWIS, Grant	Fairwater Runners	Senior Men	62
16	0:43:46	MCWILLIAMS, Emma	Mynydd-Du	Senior Ladies	56
17	0:43:51	TAYLOR, Luke	Town & Country Harriers	MV45	81
18	0:43:55	HOPKINS, Matt	Les Croupiers	Senior Men	43
19	0:44:04	SANSOM, Glyn	San Domenico	MV45	96
20	0:44:09	BUTCHER, Joseph	Lliswerry Runners	Senior Men	138
21	0:44:18	JONES, Alun	Les Croupiers	MV35	74
22	0:44:26	WHATLEY, Craig		Senior Men	107
23	0:44:30	BRUCE, James	Les Croupiers	MV35	27
24	0:44:33	HORLER, Jane	Chepstow Harriers	LV40	11
25	0:44:35	CAVENEY, Terry	Les Croupiers	MV50	22
26	0:44:56	MURPHY, Mike	Les Croupiers	MV55	37
27	0:45:13	LAM, Johnny	San Domenico	MV35	99
28	0:45:30	MATTHEWS, Mark	Forest of Dean A C	MV35	77
29	0:46:14	DAVIES, Barry		MV35	90
30	0:46:20	PROCTER, Andrew		MV35	23
31	0:46:22	JONES, Angela	Mynydd-Du	LV45	68
32	0:46:32	HERINGTON, Steve	Hereford Couriers	MV60+	98
33	0:46:34	DALLIMORE, Nick	Les Croupiers	MV55	32
34	0:46:38	LANGRIDGE, Nick	Thornbury RC	MV55	71
35	0:46:44	MOORE, Jonathan		MV40	137
36	0:46:46	FLETCHER, James		MV45	93
37	0:46:47	HAZEL, Simon	Les Croupiers	MV40	29
38	0:46:53	DELANEY, James	San Domenico	MV55	100
39	0:46:55	HAYES, Alyson	Les Croupiers	LV40	5
40	0:47:02	HARGREAVES, John	Great Western Runners	MV55	102
41	0:47:08	MAYNARD, Jim	Forest of Dean A C	MV35	76
42	0:47:13	LEACH, Walter	Forest of Dean A C	MV45	85
43	0:47:18	CLOAD, Doug		MV35	25
44	0:47:22	GUY, Thomas	Griffithstown Harriers	MV35	58
45	0:47:25	COATES, Richard	Chepstow Harriers	MV35	36
46	0:47:28	MARSHALL, Simon		MV40	60
47	0:47:30	WHATLEY, Sean		Senior Men	105
48	0:47:36	BRACE, Gavin		Senior Men	139
49	0:47:39	ALLEN, Mark		MV35	119
50	0:47:45	KENT, Howard	Les Croupiers	MV55	33
51	0:47:50	BOON, Julian	Forest of Dean A C	MV40	136
52	0:47:55	SHIELDS, Dominic	San Domenico	MV45	8
53	0:48:08	SUMMERS, Lou	Chepstow Harriers	LV40	34
54	0:48:10	LEWIS, Paul		MV55	61
55	0:48:17	MAGEE, John	Les Croupiers	MV35	10
56	0:48:36	BARBER, Sarah	BAD TRI	Senior Ladies	15
57	0:48:38	OWEN, Stephen	Les Croupiers	MV50	24
58	0:48:49	DAVIDSON, Andrew	Les Croupiers	Senior Men	17
59	0:48:50	DAVIES, Steve	Port Talbot Harriers	MV40	55
60	0:48:51	KIRWAN, Liz		Senior Ladies	30
61	0:48:53	BODMAN, Gary	Les Croupiers	MV45	9
62	0:48:59	BEVAN, Richard		MV35	91
63	0:49:01	STORRAR, Jim	Forest of Dean A C	MV50	87
64	0:49:06	HALL, Matthew		MV40	80
65	0:49:11	KNAPPER, David		MV35	92
66	0:49:17	DAVIES, Ceri	San Domenico	MV35	101
67	0:49:22	HANDLEY, Darrel		MV35	31
68	0:49:24	TAYLOR, Rob	Chepstow Harriers	Senior Men	108
69	0:49:30	TURNER, Fiona	Forest of Dean A C	LV50	49
70	0:50:02	Evita	Westbury Harriers	Senior Ladies	103
71	0:50:17	HARDY, Graham		Senior Men	44
72	0:50:19	HARRIS, Mike	Westbury Harriers	MV55	19
73	0:50:20	GINNY-JONES, Rhian	Griffithstown Harriers	Senior Ladies	18



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74	0:50:29	KERRIDGE, Gregg		MV35	26
75	0:50:31	GWILLIAM, Adrian	Fairwater Runners	MV45	126
76	0:50:36	SHORT, Peter	Forest of Dean A C	MV55	152
77	0:51:00	DUFFIELD, Helen	Chepstow Harriers	LV35	42
78	0:51:05	MCWILLIAM, Nicky	Les Croupiers	LV35	52
79	0:51:20	JOYCE, Martin	Forest of Dean A C	Senior Men	28
80	0:51:35	THOMAS, John	Chepstow Harriers	MV45	6
81	0:52:05	SYMINGTON, Colin	Thornbury RC	MV45	115
82	0:52:09	KNOWLES, Barry		MV40	45
83	0:52:18	WILLIAMS, David	Les Croupiers	MV45	12
84	0:52:38	REES, Gareth	Les Croupiers	MV45	3
85	0:52:55	DONNAN, Graeme	Les Croupiers	MV55	7
86	0:53:12	BOWIE, Richard	Fairwater Runners	MV45	128
87	0:53:14	WOOD, Neale	Lliswerry Runners	MV50	120
88	0:53:22	WHATLEY, Martin		MV50	106
89	0:53:31	SCHOLEY, Julie	Les Croupiers	LV50	122
90	0:53:32	WATSON, Bob	FERC	MV40	124
91	0:53:55	MARTIN, Oliver	Portishead RC	MV35	129
92	0:53:59	PARROTT, Maddie	Thornbury RC	LV45	64
93	0:54:06	TUCKER, Roger		MV50	125
94	0:54:17	STORRAR, Ian		MV45	84
95	0:54:18	HARMES, Paul		MV40	54
96	0:54:28	NOBLE, Nick	Portishead RC	MV45	2
97	0:54:32	MARTIN, Mike	Portishead RC	MV55	130
98	0:54:39	DALLIMORE, Caroline	Les Croupiers	LV55+	35
99	0:54:59	JAMIESON, David	Alchester Running Club	MV50	114
100	0:55:06	MACKEN, Sasha	Les Croupiers	LV35	79
101	0:55:11	CLOTHIER, Jeremy	Thornbury RC	MV60+	118
102	0:55:13	ROCHE, Julie	Fairwater Runners	LV40	57
103	0:55:26	RHYS, Angharad	Les Croupiers	Senior Ladies	53
104	0:55:32	DAVIES, Selina	Thornbury RC	LV35	72
105	0:56:08	ASTON, Jeff	Les Croupiers	MV60+	41
106	0:56:15	WILLIAMS, Catherine		LV35	145
107	0:56:26	HARLING, Joe	Vegan Runners	MV55	86
108	0:56:45	MACHIN, Frances	Les Croupiers	LV35	38
109	0:56:48	ATTWOOD, Howard	Lliswerry Runners	MV60+	46
110	0:57:12	ASH, Jane S	Les Croupiers	LV35	51
111	0:57:19	DENNANT, Richard		MV45	67
112	0:57:29	WEST, Catherine	Forest of Dean A C	Senior Ladies	123
113	0:57:38	MCCUE, Gillian	Les Croupiers	Senior Ladies	148
114	0:57:44	HART, Robert		MV45	134
115	0:57:46	AUSTERBERRY, Judith	Chepstow Harriers	LV35	143
116	0:57:57	RUGG, Tom		MV40	151
117	0:58:12	WYNDS, Jacqui	Forest of Dean A C	LV55+	113
118	0:58:16	CARTER, Clive	Lliswerry Runners	MV55	140
119	0:58:21	HALE, Nigel	Thornbury RC	MV55	73
120	0:58:23	WILLOCK, Andy		MV50	112
121	0:58:40	MORGAN, Hywel		MV35	132
122	0:58:43	MAINSTONE, Peter	Thornbury RC	MV55	70
123	0:58:44	DAVIES, Emma	Spirit of Monmouth	LV40	110
124	0:58:45	GAFFNEY, Ed		MV45	13
125	0:58:52	MCCALL, Allan	Chepstow Harriers	MV40	144
126	0:59:15	GEORGE, Andy	Chepstow Harriers	MV45	89
127	0:59:59	ANDREWS, Dave	Chepstow Harriers	MV60+	117
128	1:00:05	GWILLIAM, Michael		MV50	40
129	1:00:37	CREASEY, Jeremy	Spirit of Monmouth	MV40	150
130	1:01:02	LYONS, Pete		MV40	82
131	1:01:33	HAVERS, Roberta	Chepstow Harriers	Senior Ladies	121
132	1:01:37	BROCKLESBY, Roger		MV50	69
133	1:01:51	SMITH, Sean		MV40	65
134	1:02:10	DOWSON, Anthony		MV50	66
135	1:02:30	WILKINSON, Bernadette	San Domenico	LV45	97
136	1:04:25	HOBBS, James		MV40	59
137	1:04:56	WILLIAMS, Paul		MV40	111
138	1:05:00	THOMPSON, Amanda	Les Croupiers	LV50	4
139	1:05:33	SUMMERS, Robert	Chepstow Harriers	MV45	149
140	1:06:01	VORRES, Christine	Mynydd-Du	LV50	63



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141	1:06:09	JOHNSON, Clare	Les Croupiers	LV55+	48
142	1:06:21	MEEK-WELSH, Bev		LV50	147
143	1:07:22	WILLIAMS, Natasha		LV40	146
144	1:07:26	FORSEY, Yvonne	Lliswerry Runners	LV50	47
145	1:08:01	KING, Mike	Nailsea RC	MV60+	21
146	1:08:07	MCMANUS, James		MV40	142
147	1:08:15	SMITH, Julie		LV35	141
148	1:08:24	SYMES, Amie	Mynydd-Du	Senior Ladies	95
149	1:08:28	ELVERS, Karen	Chepstow Harriers	LV35	133
150	1:11:08	CLANCY, Helen	Chepstow Harriers	LV40	135
151	1:13:42	SHEPHERD, Suzie	Chepstow Harriers	LV40	1
152	1:13:43	SCRIVEN, Philip	Chepstow Harriers	MV45	88