



## Event Info Application

### 23rd. Int. - Running Challenge 2011

#### Results (10K+13K+5K+21K) > Male (Overall)

Wednesday, November 30, 2011 12:19:11

#### Male (Overall)

Place	Raceno	Name	Age Group	Nat.	10K	13K	5K	21K	Total
1	1	Paul Duffy	30-34	IRL	00:33:35	00:43:10	00:18:03	01:09:27	02:44:12
2	148	Morten Lundsager	25-29	DEN	00:34:29	00:45:03	00:17:36	01:10:10	02:47:16
3	248	Søren Helmer	35-39	DEN	00:33:51	00:44:20	00:17:33	01:13:30	02:49:12
4	133	Andreas Groth	40-44	DEN	00:35:00	00:44:35	00:18:18	01:12:39	02:50:31
5	146	Brian Dåsbjerg	35-39	DEN	00:34:04	00:44:39	00:17:46	01:14:30	02:50:58
6	251	Jonas Brandsbjerg	35-39	DEN	00:34:02	00:46:58	00:17:55	01:12:56	02:51:49
7	4	Rob Grantham	35-39	GBR	00:34:54	00:45:17	00:18:43	01:13:18	02:52:11
8	23	Fabio Giacomelli	30-34	ITA	00:35:38	00:45:51	00:18:24	01:12:28	02:52:19
9	250	Peter Nielsen	35-39	DEN	00:34:59	00:45:12	00:17:58	01:14:26	02:52:33
10	385	Malcolm Fowler	45-49	GBR	00:34:48	00:45:16	00:18:16	01:14:53	02:53:11
11	124	Paul O'Connell	30-34	IRL	00:34:12	00:46:17	00:18:52	01:15:25	02:54:45
12	384	Vincent Van Workom	30-34	NED	00:35:06	00:46:24	00:19:06	01:14:23	02:54:57
13	56	Paul Gibbons	30-34	IRL	00:35:03	00:45:43	00:18:30	01:16:07	02:55:21
14	120	Gareth Murrain	30-34	IRL	00:35:22	00:46:31	00:19:07	01:16:21	02:57:19
15	13	Patrick Ferrari	25-29	ITA	00:36:23	00:47:56	00:18:33	01:14:34	02:57:25
16	52	Martin Schäfer	45-49	GER	00:34:17	00:47:18	00:19:19	01:17:21	02:58:14
17	37	Andrew Green	40-44	GBR	00:36:27	00:47:08	00:19:42	01:15:08	02:58:24
18	121	David Fox	30-34	IRL	00:36:27	00:47:32	00:19:01	01:15:38	02:58:36
19	144	Thomas Trampedach	30-34	DEN	00:35:44	00:47:25	00:19:45	01:16:09	02:59:02
20	179	Poul Greena	45-49	DEN	00:34:14	00:46:36	00:18:58	01:21:20	03:01:06
21	188	Andy Inchley	35-39	GBR	00:36:56	00:48:09	00:19:52	01:18:12	03:03:07
22	15	Luca Pasotti	30-34	ITA	00:37:30	00:47:58	00:19:30	01:18:17	03:03:13
23	54	Kian Zanno Ejlertsen	30-34	DEN	00:37:09	00:48:28	00:20:13	01:18:29	03:04:18
24	8	Nigel Barnes	45-49	GBR	00:37:14	00:49:07	00:19:46	01:18:39	03:04:44
25	42	John Joe Murphy	35-39	IRL	00:36:43	00:48:23	00:19:58	01:20:14	03:05:17
26	163	Kasper Fløe Mellvang	25-29	DEN	00:37:43	00:48:51	00:19:27	01:19:46	03:05:46
27	256	Matthew Atkins	30-34	GBR	00:37:15	00:49:36	00:19:54	01:19:33	03:06:16
28	123	Kevin Curran	25-29	IRL	00:37:37	00:49:20	00:21:01	01:19:02	03:06:58
29	22	David Leonard	40-44	IRL	00:37:25	00:49:14	00:20:18	01:20:32	03:07:28
30	236	Terry Stanley	20-24	GBR	00:38:52	00:49:56	00:19:16	01:20:04	03:08:06
31	231	Wout Mensink	50-54	NED	00:36:59	00:49:18	00:20:54	01:21:12	03:08:21
32	198	Gary Warren	40-44	GBR	00:38:04	00:50:19	00:20:29	01:19:37	03:08:28
33	50	Peter Mackrell	25-29	GBR	00:38:01	00:50:14	00:20:45	01:20:24	03:09:22
34	241	Darren Blazier	35-39	GBR	00:38:28	00:46:59	00:19:44	01:24:53	03:10:03
35	216	Lars Pantmann	40-44	DEN	00:38:34	00:50:19	00:20:33	01:22:23	03:11:49
36	79	Richard O'Gorman	45-49	IRL	00:37:45	00:51:15	00:20:44	01:22:38	03:12:21
37	246	Lee Christmas	50-54	GBR	00:39:19	00:50:24	00:20:38	01:22:59	03:13:18
38	180	Knud Tønner Hansen	50-54	DEN	00:38:56	00:50:42	00:21:18	01:23:18	03:14:13
39	255	Cees van Zwieten	40-44	NED	00:39:06	00:51:41	00:20:12	01:24:28	03:15:26
40	247	Michael Pedersen	50-54	DEN	00:38:47	00:50:57	00:21:56	01:24:35	03:16:13
41	235	Henry Vredendaal	50-54	NED	00:39:39	00:52:36	00:22:00	01:25:00	03:19:14
42	215	Neil Jones	35-39	GBR	00:40:31	00:53:17	00:22:20	01:24:17	03:20:23
43	272	Philip Helmer	30-34	DEN	00:40:16	00:52:59	00:20:42	01:27:14	03:21:09
44	162	René Borg	30-34	DEN	00:40:21	00:53:07	00:22:24	01:25:50	03:21:41
45	101	René Ciraklar	45-49	DEN	00:40:51	00:53:34	00:21:33	01:26:16	03:22:13
46	245	Arian Buijten	40-44	NED	00:41:14	00:53:08	00:21:43	01:28:08	03:24:11
47	259	Marko Huizing	30-34	NED	00:41:36	00:53:05	00:21:28	01:28:55	03:25:02
48	186	Christopher Mason	60-64	GBR	00:40:50	00:54:07	00:22:36	01:29:15	03:26:47
49	66	Charles Ashley	50-54	GBR	00:41:39	00:53:25	00:21:54	01:30:44	03:27:42
50	261	Steve Maguire	30-34	GBR	00:41:26	00:55:29	00:23:00	01:28:00	03:27:53
51	201	Mark Faughnan	50-54	GBR	00:41:16	00:55:20	00:22:49	01:28:49	03:28:11
52	243	David Burton	50-54	GBR	00:41:21	00:54:28	00:22:48	01:29:43	03:28:19
53	202	Peter Fahy	35-39	GBR	00:40:32	00:57:01	00:24:36	01:26:35	03:28:42

54	285	Keith Brown	50-54	GBR	00:41:24	00:55:50	00:22:45	01:29:10	03:29:08
55	359	Sören Söndergaard	55-59	SWE	00:42:25	00:55:41	00:22:26	01:29:17	03:29:48
56	135	Michel Honoré	35-39	DEN	00:40:31	00:54:51	00:21:19	01:33:58	03:30:38
57	57	Darren Butler	30-34	IRL	00:40:58	00:55:57	00:22:42	01:32:08	03:31:44
58	25	Ian McDonald	45-49	GBR	00:42:37	00:56:06	00:23:03	01:30:41	03:32:26
59	104	Allan Arndal	50-54	DEN	00:42:46	00:56:25	00:22:53	01:31:34	03:33:36
60	232	Joby Hobbs	25-29	GBR	00:41:50	00:56:25	00:22:44	01:32:43	03:33:40
61	137	Lars Nissen	30-34	DEN	00:43:00	00:56:58	00:22:33	01:31:30	03:33:59
62	283	Piet Wuijster	60-64	NED	00:42:43	00:57:11	00:22:34	01:31:51	03:34:18
63	48	Lars Ole Øksnebjerg	45-49	DEN	00:42:57	00:56:12	00:22:42	01:32:39	03:34:29
64	128	Paul Fletcher	35-39	GBR	00:42:21	00:56:41	00:23:44	01:32:42	03:35:26
65	122	Will Greensmith	25-29	IRL	00:41:44	00:58:29	00:21:26	01:33:51	03:35:29
66	34	Christopher Pycroft	50-54	GBR	00:42:49	00:56:31	00:23:24	01:32:48	03:35:31
67	254	Jan de Boer	60-64	NED	00:43:11	00:56:56	00:23:43	01:31:58	03:35:47
68	369	Ian Hosley	35-39	GBR	00:42:03	00:58:01	00:22:52	01:33:28	03:36:23
69	43	Michael Ellemose Povlsen	45-49	DEN	00:41:46	00:57:26	00:22:20	01:35:04	03:36:34
70	268	Nikolaj Nielsen	40-44	DEN	00:43:35	00:56:42	00:22:34	01:33:56	03:36:45
71	203	Tony Hesketh	60-64	GBR	00:42:56	00:56:14	00:22:56	01:34:58	03:37:02
72	45	Jan Aggerholm	50-54	DEN	00:43:31	00:56:52	00:23:32	01:33:11	03:37:04
73	32	Mark Russell	50-54	GBR	00:43:47	00:58:27	00:23:52	01:31:15	03:37:20
74	360	Magnus Berg	60-64	SWE	00:44:02	00:58:04	00:23:04	01:32:13	03:37:21
75	59	Richard Boon	50-54	GBR	00:44:04	00:57:10	00:23:46	01:32:53	03:37:52
76	24	Christophe Thuillé	45-49	FRA	00:43:16	00:57:02	00:23:05	01:35:19	03:38:40
77	97	Terry Hedge	50-54	GBR	00:42:58	00:58:10	00:24:24	01:33:43	03:39:15
78	210	Per Brandt Rasmussen	20-24	DEN	00:43:15	00:59:23	00:21:35	01:35:10	03:39:22
79	91	Carsten Jacobsen	40-44	DEN	00:43:50	00:58:41	00:24:03	01:33:42	03:40:14
80	366	Wolfgang Diekotto	55-59	GER	00:44:29	00:57:17	00:23:46	01:35:09	03:40:39
81	361	David Taylor	45-49	GBR	00:44:40	00:58:25	00:23:21	01:35:04	03:41:28
82	242	David Tyson	35-39	GBR	00:43:52	00:58:10	00:24:50	01:35:09	03:41:59
83	28	Erik Brinks	50-54	DEN	00:43:57	00:58:19	00:23:37	01:36:11	03:42:03
84	161	Jacob A. Jensen	30-34	DEN	00:45:40	00:58:36	00:22:39	01:35:44	03:42:39
85	244	Hielke Burghgraef	45-49	NED	00:45:45	00:57:56	00:23:50	01:35:14	03:42:44
86	33	Peter Bissell	45-49	GBR	00:43:59	00:59:07	00:24:42	01:37:24	03:45:11
87	258	Piet Admiral	55-59	NED	00:45:23	00:58:22	00:24:55	01:36:48	03:45:27
88	5	Robert O'Rourke	45-49	GBR	00:42:36	00:58:51	00:23:09	01:41:59	03:46:33
89	239	David Stanley	55-59	GBR	00:45:08	00:59:51	00:25:00	01:37:04	03:47:02
90	212	Craig Pears	u/20	GBR	00:45:10	01:01:06	00:25:52	01:35:33	03:47:40
91	208	Keith Moreman	60-64	GBR	00:44:54	00:58:57	00:23:58	01:39:57	03:47:44
92	372	Darren Thomas	40-44	GBR	00:44:18	01:02:49	00:24:41	01:36:56	03:48:43
93	76	Stephen Livingstone	50-54	GBR	00:41:35	01:01:30	00:24:11	01:42:13	03:49:28
94	362	Dirk Van Kesteren	50-54	NED	00:46:22	00:59:42	00:23:27	01:41:01	03:50:31
95	51	Luis Fonteboa Sanchez	25-29	ESP	00:48:09	01:02:23	00:25:09	01:37:57	03:53:36
96	16	Kevin Loftus	50-54	GBR	00:46:14	01:01:05	00:25:59	01:43:58	03:57:14
97	69	Anthony Smith	55-59	GBR	00:48:53	01:02:26	00:25:04	01:43:09	03:59:31
98	151	Michael Hellstrøm Andersen	45-49	DEN	00:47:22	01:03:46	00:26:29	01:42:13	03:59:49
99	27	Bo Martin Bibby	40-44	DEN	00:46:58	01:01:27	00:25:40	01:47:25	04:01:29
100	84	David Hood	50-54	GBR	00:47:35	01:04:23	00:28:00	01:42:59	04:02:56
101	65	Richard Moore	30-34	GBR	00:47:54	01:03:06	00:26:03	01:46:33	04:03:35
102	252	Ole Jessen	50-54	DEN	00:48:14	01:03:10	00:26:32	01:45:43	04:03:39
103	196	Søren Dejgaard Thomsen	40-44	DEN	00:47:46	01:03:49	00:25:56	01:46:49	04:04:18
104	47	Kenneth Hansen	45-49	DEN	00:47:25	01:03:41	00:26:03	01:47:38	04:04:46
105	381	Rod Ibinson	45-49	GBR	00:48:03	01:07:07	00:26:21	01:45:38	04:07:07
106	98	Jan Kjaersgaard Sorensen	50-54	DEN	00:49:26	01:06:06	00:27:26	01:44:31	04:07:27
107	46	Erik Kristensen	50-54	DEN	00:49:58	01:05:37	00:27:23	01:44:32	04:07:30
108	222	Rud Nielsen	55-59	DEN	00:48:27	01:05:57	00:26:34	01:47:00	04:07:57
109	143	Claus Ipsen	35-39	DEN	00:49:36	01:05:46	00:26:47	01:46:31	04:08:38
110	35	Steven Slaney	40-44	GBR	00:50:00	01:05:42	00:27:51	01:47:41	04:11:12
111	171	Peter Wendt	60-64	DEN	00:50:32	01:06:14	00:27:48	01:47:31	04:12:04
112	82	Txema Gomez Pulido	50-54	ESP	00:48:53	01:05:54	00:28:22	01:49:18	04:12:26
113	173	Bernie O'Brien	50-54	GBR	00:49:02	01:04:26	00:29:04	01:49:59	04:12:30
114	276	Richard Inchley	65-69	GBR	00:49:54	01:07:28	00:27:29	01:48:12	04:13:02
115	288	Richard Horton	45-49	GBR	00:49:11	01:07:41	00:27:04	01:49:20	04:13:15
116	154	Mads Stenbaek Jakobsen	35-39	DEN	00:49:17	01:07:08	00:27:55	01:48:59	04:13:17
117	238	Johan Berkhoudt	60-64	NED	00:51:58	01:08:23	00:25:44	01:47:43	04:13:47
118	140	Allan Rasmussen	55-59	DEN	00:49:50	01:07:10	00:27:55	01:49:11	04:14:03
119	75	Steve Trice	40-44	GBR	00:48:57	01:09:31	00:27:36	01:49:29	04:15:32
120	284	Derek Crane	40-44	GBR	00:49:33	01:05:51	00:28:49	01:51:32	04:15:43
121	73	Wayne Aylott	45-49	ITA	00:51:34	01:06:57	00:26:32	01:50:44	04:15:46
122	63	Oliver Schneider	40-44	GER	00:49:22	01:08:25	00:26:47	01:52:03	04:16:36
123	287	Jan den Ijzerman	50-54	NED	00:51:22	01:08:07	00:26:45	01:51:04	04:17:17
124	363	Jan Lauritzen	45-49	DEN	00:50:40	01:07:50	00:27:21	01:53:24	04:19:13
125	240	Chris Young	55-59	GBR	00:49:32	01:06:28	00:29:07	01:55:00	04:20:05
126	199	Bryan Pears	40-44	GBR	00:51:16	01:10:20	00:29:51	01:53:07	04:24:32

127	226	Preben Nielsen	65-69	DEN	00:50:50	01:09:18	00:25:58	01:58:32	04:24:36
128	271	Peter Watkins	60-64	GBR	00:52:33	01:09:11	00:28:53	01:56:15	04:26:51
129	194	Ernst-Jan van Eck	45-49	NED	00:53:45	01:10:31	00:28:06	01:55:43	04:28:03
130	195	Jack Thomas	70-74	GBR	00:53:42	01:11:22	00:28:33	01:56:56	04:30:31
131	200	David Adams	60-64	GBR	00:54:20	01:11:28	00:28:39	01:56:15	04:30:40
132	220	Rob Schleeper	45-49	NED	00:53:28	01:11:27	00:27:35	01:58:51	04:31:20
133	156	Niels Thøgersen	55-59	DEN	00:52:33	01:10:37	00:28:46	02:00:31	04:32:25
134	190	Ole Sørensen	60-64	DEN	00:44:28	01:16:51	00:31:01	02:03:51	04:36:10
135	103	Adrian Forster	55-59	GBR	00:58:46	01:17:12	00:34:25	02:05:36	04:55:58
136	166	Edward Corley	70-74	GBR	00:59:46	01:17:50	00:32:19	02:06:35	04:56:28
137	68	Peter Norman	70-74	GBR	00:56:39	01:15:33	00:30:03	02:14:40	04:56:54
138	281	Malcolm Thirlaway	55-59	GBR	01:03:51	01:10:56	00:26:29	02:27:59	05:09:14
139	277	Bill Goadsby	55-59	GBR	00:56:17	01:20:01	00:33:29	02:19:41	05:09:27
140	266	Simon Naylor	40-44	GBR	00:55:26	01:21:21	00:32:32	02:20:39	05:09:57
141	267	Alan "Mad Jack" Bell	40-44	GBR	00:56:59	01:21:20	00:32:33	02:20:40	05:11:30
142	40	Søren Hjernø	50-54	DEN	01:02:19	01:21:56	00:33:36	02:15:44	05:13:34
143	41	Bernhard Schacke	70-74	GER	01:04:39	01:21:40	00:32:57	02:16:12	05:15:27
144	153	Leo Sentis	75-79	GER	01:02:32	01:22:24	00:34:48	02:22:22	05:22:03