

2011 St David's Day 10k

GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
1	688	00:34:22	Robert	Farley	M		Bitton Road Runners	1	00:34:20
2	629	00:34:34	Chris	Pristavec	M		Les Croupiers	2	00:34:34
3	639	00:35:13	Mark	Emery	M		Bridgend	3	00:35:11
4	496	00:36:28	Chris	Millington	M			4	00:36:27
5	890	00:36:43	Matthew	Grocker	M			5	00:36:41
6	722	00:36:51	Scott	Howell	M	50	Les Croupiers	6	00:36:51
7	134	00:37:24	Steven	Reading	M			7	00:37:23
8	573	00:37:35	Frank	Handy	M		New Forest Runners	8	00:37:34
9	478	00:38:05	Adnan	Haq	M		Cardiff University Athletics	9	00:38:02
10	171	00:38:15	Glen	Harper	M			10	00:38:15
11	673	00:38:20	Rob	Hughes	M			11	00:38:19
12	698	00:38:25	Huw	Jones	M		Sainsbury Smashers	14	00:38:23
13	490	00:38:26	Liam	Payne	M			12	00:38:20
14	12	00:38:27	David	Garner	M			13	00:38:23
15	33	00:38:29	Mark	Whittle	M			15	00:38:27
16	488	00:38:37	Michael	Griffiths	M			16	00:38:35
17	1688	00:38:38	Tyrone	Fowler	M			17	00:38:36
18	709	00:39:13	Angela	Speight	F		Cardiff AAC	18	00:39:12
19	663	00:39:51	Nick	Yates	M			21	00:39:46
20	75	00:39:52	Brian	Kerry	M		BMF	19	00:39:19
21	608	00:40:10	Steven	Pritchard	M			22	00:40:06
22	439	00:40:11	Doug	Nicholls	M			23	00:40:08
23	396	00:40:19	Andrew	Armitage	M	45		24	00:40:16
24	196	00:40:20	James	Manson	M		Cardiff Tri	20	00:39:37
25	590	00:40:35	Matthew	Stroud	M			25	00:40:31
26	604	00:40:36	Sharon	Leech	F	40	Camarthan Harriers	26	00:40:35
27	249	00:40:40	Anthony	Fuller	M			27	00:40:35
28	464	00:40:48	Jason	Stewart	M			28	00:40:37
29	810	00:40:54	Simon	Darke	M	50		29	00:40:48
30	183	00:41:24	John	Honey	M		Team Tan	30	00:41:15
31	181	00:41:26	Peter	Brown	M	40		31	00:41:23
32	325	00:41:30	James	Gough	M			33	00:41:28
33	371	00:41:40	Keith	James	M		Lliswerry Runners	35	00:41:29
34	612	00:41:41	Simon	Wilkins	M			36	00:41:34
35	653	00:41:44	Alun	Williams	M			37	00:41:36
36	211	00:41:46	Lewis	Sydenham	M		One Man & No Dog	38	00:41:46
37	347	00:41:46	David	Bonas	M			34	00:41:29
38	599	00:41:49	Paul	Morris	M	50		39	00:41:47
39	388	00:42:00	Adam	Rutter	M			32	00:41:26
40	691	00:42:03	Philip	Probert	M	40		40	00:41:58
41	546	00:42:04	Richard	Beasley	M	40		41	00:42:00
42	683	00:42:12	Matthew	Ryan	M			42	00:42:08
43	641	00:42:17	Dave	Jones	M	45		43	00:42:09
44	1590	00:42:30	Rene	Keifi	M			47	00:42:27
45	285	00:42:31	Darren	Hall	M			45	00:42:24
46	32	00:42:36	Marcus	Coles	M		Les Croupiers	48	00:42:28
47	606	00:42:52	Lindsay	Emyr	F	40	Les Croupiers	53	00:42:51
48	204	00:42:54	William	Herdman	M			51	00:42:45
49	1631	00:42:54	Alexander	Carney	M			54	00:42:54
50	7	00:42:54	Carla	Parfitt	F			52	00:42:45
51	595	00:42:56	Robert	Drake	M	45	BMF	44	00:42:24
52	326	00:42:57	Kate	Pucknell	F			55	00:42:55
53	328	00:42:59	Michael	Harris	M			50	00:42:43
54	76	00:42:59	Alan	Cox	M	50		57	00:42:55
55	725	00:43:15	Dean	Weaver	M			61	00:43:12
56	748	00:43:16	Rachel	Matthews	F	35	Cardiff AAC	60	00:43:09
57	289	00:43:21	Douglas	Celerier	M		Kelly&Es Heroes	56	00:42:55
58	458	00:43:21	Mike	Stembridge	M			46	00:42:25
59	665	00:43:26	Steven	Isaac	M	40		58	00:43:05
60	710	00:43:30	Paolo	Viel	M			49	00:42:34
61	743	00:43:32	Tom	Bourton	M			64	00:43:27
62	444	00:43:36	Stuart	Wood	M			59	00:43:07
63	800	00:43:45	David	Bush	M			65	00:43:30
64	256	00:43:45	Shaun	Chard	M			67	00:43:42
65	809	00:43:52	Wesley	Sleat	M			63	00:43:26
66	560	00:43:54	Owen	Shadick	M		Team Q Chip	69	00:43:47
67	114	00:43:55	Ti	Sharp	M	40		70	00:43:47
68	174	00:44:00	Craig	Harper	M			73	00:43:58
69	1680	00:44:07	Gareth	Berrett	M	40		68	00:43:47
70	583	00:44:10	Paul	Evans	M			62	00:43:24
71	811	00:44:13	Matthew	Wall	M			74	00:43:58
72	214	00:44:14	Stephen	Treasure	M			75	00:44:02
73	457	00:44:14	Chris	Abbott	M		Marling	76	00:44:03
74	69	00:44:19	Shirley	Pearson	F	35		71	00:43:50
75	210	00:44:26	Kevin	Fulthorpe (Sgt)	M	55	Blackfriars Harriers	81	00:44:24

2011 St David's Day 10k

GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
76	1670	00:44:33	David	Bees	M			78	00:44:17
77	715	00:44:35	Kevin	Fosbury	M			72	00:43:55
78	878	00:44:36	Sarah	Herbert	F			82	00:44:25
79	416	00:44:45	Peter	Hopson	M	40		79	00:44:22
80	740	00:44:46	Daniel	Luffman	M			85	00:44:43
81	825	00:44:47	Jamie	O'Connor	M	40		77	00:44:09
82	670	00:44:53	Russell	Drury	M			87	00:44:48
83	769	00:45:00	Colin	Mills	M			83	00:44:26
84	591	00:45:01	Neil	Port	M			66	00:43:33
85	475	00:45:10	Stuart	Ropke	M			93	00:45:03
86	299	00:45:22	Rhodri	Lake	M			84	00:44:33
87	796	00:45:23	Samuel	Barrett	M			86	00:44:46
88	624	00:45:25	David	Rowland	M	40		88	00:44:52
89	41	00:45:26	Ryan	Vennell	M			96	00:45:12
90	700	00:45:33	Michaela	Peters	F			89	00:44:58
91	562	00:45:36	David	Murch	M			99	00:45:22
92	246	00:45:36	Daryn	Michael	M			80	00:44:23
93	1527	00:45:37	William	Owen	M			97	00:45:13
94	699	00:45:37	Emma	Harris	F			92	00:45:03
95	630	00:45:37	Nicholas	Ling	M	40		106	00:45:34
96	60	00:45:38	Mike	Pritchard	M	50		105	00:45:33
97	421	00:45:39	Graham	Richardson	M	45		90	00:45:00
98	833	00:45:40	Huw	James	M	40		94	00:45:03
99	4	00:45:44	Ben	Sykes	M			91	00:45:02
100	770	00:45:46	Lee	Whitnell	M			113	00:45:40
101	585	00:45:46	Emmanuel	Brousseau	M			114	00:45:42
102	173	00:45:49	Julia	Becker	F	35	Les Croupiers	112	00:45:39
103	594	00:45:49	Phil	Read	M			103	00:45:26
104	291	00:45:49	Matt	Sumpster	M		Kelly/Es Heroes	98	00:45:18
105	164	00:45:50	Carl	Colwill	M	50		104	00:45:30
106	756	00:45:52	Mark	Legge	M			100	00:45:23
107	875	00:45:53	Paul	Ellery	M			95	00:45:07
108	753	00:45:54	Huw	Lock	M			119	00:45:46
109	887	00:45:58	Adrian	Cook	M	40		117	00:45:44
110	1603	00:45:59	Matthew	Nightingale	M			121	00:45:49
111	465	00:46:05	Ronak	Ved	M			108	00:45:35
112	472	00:46:10	Tom	Dorman	M			101	00:45:24
113	228	00:46:12	Colin	Wilmott	M	50		102	00:45:25
114	30	00:46:13	Liam	Davies	M	50	Fetch Everyone	109	00:45:37
115	795	00:46:15	Jason	Gill	M			120	00:45:48
116	714	00:46:20	Helen	Barrett	F			107	00:45:34
117	501	00:46:23	Lee	Davies	M	40	The Dragons	129	00:46:13
118	794	00:46:23	Charles	Reardon	M	40		122	00:45:54
119	470	00:46:24	Laura	Champion	F			110	00:45:39
120	879	00:46:25	Robert	Ford	M	55		116	00:45:44
121	97	00:46:25	Paul	Dibble	M	50		126	00:46:08
122	686	00:46:27	Jamie	Lewis	M			128	00:46:12
123	849	00:46:29	David	Hothcinson	M	40		130	00:46:19
124	1638	00:46:29	Matthew	Reidon	M			124	00:45:54
125	295	00:46:30	Chris	Lamswood	M		Kelly/Es Heroes	125	00:46:04
126	220	00:46:31	Helen	Price	F	35		135	00:46:27
127	728	00:46:32	Janette	Morgan	F			127	00:46:10
128	212	00:46:34	Edward	Clement	M		Marling	132	00:46:22
129	842	00:46:34	Craig	Hughes	M			123	00:45:54
130	323	00:46:35	Gavin	Horton	M	40		118	00:45:44
131	1634	00:46:35	Thomas	Griffiths	M			138	00:46:29
132	798	00:46:42	John	Rostron	M			140	00:46:36
133	313	00:46:44	Eryl	Williams	M		Run Fat Boys Run	139	00:46:36
134	1777	00:46:45	William	Maryre	M	50		134	00:46:26
135	764	00:46:45	Hazel	Craven	F			133	00:46:23
136	318	00:46:45	Aled	Williams	M		Run Fat Boys Run	141	00:46:37
137	1510	00:46:46	Jon	Harris	M	45		136	00:46:28
138	739	00:46:48	Rosie	Sweetman	F			137	00:46:29
139	561	00:46:50	Kristan	Hughes	M			142	00:46:39
140	39	00:46:54	Peter	Reynolds	M			111	00:45:39
141	1604	00:46:54	Iain	Milne	M			146	00:46:48
142	491	00:47:01	Paul	Teixeira	M			147	00:46:55
143	280	00:47:05	Waseem	Chaudhry	M	45		148	00:46:58
144	28	00:47:07	John	Carrroll	M	45		145	00:46:44
145	656	00:47:10	Gideon	Jones	M	50		115	00:45:42
146	610	00:47:29	Rob	Green	M			151	00:47:18
147	217	00:47:30	Steve	Chard	M	40		153	00:47:28
148	689	00:47:35	Andrew	Dring	M			131	00:46:20
149	533	00:47:39	Angela	Green	F			149	00:47:02
150	734	00:47:41	Carl	Edwards	M	40	Pontpridd Roadents	156	00:47:36

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GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
151	1526	00:47:43	Charro	Wood	M			143	00:46:42
152	695	00:47:46	Nigel	Shires	M			154	00:47:33
153	372	00:47:50	Richard	Roberts	M			159	00:47:44
154	218	00:47:52	Stuart	Marsh	M	40		162	00:47:50
155	845	00:48:00	Liam	Williams	M			152	00:47:20
156	35	00:48:01	Matthew	Lyons	M			144	00:46:43
157	448	00:48:02	Jane	Travaglia	F	40		160	00:47:47
158	385	00:48:02	Joanne	Skilton	F	50		158	00:47:43
159	567	00:48:03	Robert	Cox	M			150	00:47:17
160	273	00:48:18	Michael	Thompson	M			157	00:47:42
161	627	00:48:21	Keith	Brookes	M	45		161	00:47:49
162	746	00:48:22	Andrew	Hermon	M	40		165	00:48:00
163	241	00:48:23	Mark	Loosemore	M	40		166	00:48:04
164	494	00:48:24	Christopher	Perry	M			171	00:48:22
165	1713	00:48:25	Graham	Mack	M	50		155	00:47:35
166	1520	00:48:31	Ben	Goodson	M			175	00:48:25
167	607	00:48:33	Scott	Cunningham	M			168	00:48:18
168	2	00:48:35	Annette	Davies	F	50	Fetch Everyone	164	00:47:59
169	602	00:48:40	Tony	Williams	M	40		174	00:48:25
170	738	00:48:41	Peter	Thomsen	M			169	00:48:20
171	433	00:48:42	Claire	Drayton	F			163	00:47:56
172	49	00:48:44	James	Lawson	M			167	00:48:15
173	828	00:48:46	Brian	Dias	M			183	00:48:45
174	165	00:48:47	Andrew	Timms	M			178	00:48:35
175	40	00:48:48	Rich	Hix	M			179	00:48:37
176	848	00:48:50	Rhoda	Evans	M	45		176	00:48:27
177	203	00:48:55	Robert	Hodson	M			170	00:48:20
178	682	00:48:56	Adam	Lawlor	M			189	00:48:52
179	278	00:49:00	Amanda	Jones	F	40		186	00:48:50
180	279	00:49:00	Victoria	Webb	F	35		185	00:48:49
181	836	00:49:04	Mark	Godsell	M			184	00:48:47
182	322	00:49:16	Ruth	Whalan	F	40		181	00:48:41
183	626	00:49:17	Stuart	Charlton	M			198	00:49:12
184	644	00:49:18	Mark	Roberts	M	40		190	00:48:58
185	454	00:49:20	Katie	Power	F			188	00:48:51
186	44	00:49:24	Spencer	Lewis	M			203	00:49:24
187	559	00:49:26	Dan	Palmer	M		Team Q Chip	202	00:49:19
188	742	00:49:26	Richard	Baker	M			192	00:49:03
189	124	00:49:31	Owain	Griffith	M			182	00:48:44
190	812	00:49:33	Stephan	Povey	M	40		193	00:49:06
191	735	00:49:37	Janet	Edwards	F	40	Pontpridd Roadents	207	00:49:32
192	61	00:49:38	Kerry	Mcmullen	F			204	00:49:25
193	684	00:49:42	Lee	Thomas	M			172	00:48:23
194	497	00:49:42	Paul	Dingle	M			173	00:48:23
195	182	00:49:43	Melanie	Youngs	F			214	00:49:40
196	1799	00:49:46	Runner		1799	M		177	00:48:31
197	1615	00:49:53	Rich	Skyrne	M			196	00:49:07
198	330	00:49:53	Amy	Whelan	F			194	00:49:06
199	462	00:49:55	David	Ainslie	M			180	00:48:40
200	144	00:49:58	Matthew	Simmonds	M			209	00:49:35
201	569	00:50:01	Stuart	Taylor	M	40	Kelly/Es Heroes	206	00:49:31
202	1795	00:50:01	Richard	Jones	M			197	00:49:09
203	138	00:50:02	Jon	James	M	40		195	00:49:07
204	158	00:50:03	Sheryl	Rakei	F	35		223	00:49:48
205	702	00:50:04	Tom	McClean	M			187	00:48:50
206	1648	00:50:04	James	Cutlan	M			228	00:49:58
207	548	00:50:05	Lowri	Newman	F	40		205	00:49:28
208	1608	00:50:07	Geoff	Baxter	M	40		219	00:49:46
209	42	00:50:08	Sian	Price	F			208	00:49:34
210	1620	00:50:08	Matthew	Mahoney	M			221	00:49:47
211	440	00:50:08	Edward	John	M			191	00:49:00
212	669	00:50:16	Robert	Moore	M	55		212	00:49:39
213	844	00:50:19	Simon	Worlock	M	40		213	00:49:39
214	774	00:50:20	Brinley	Aherne	M	60		220	00:49:47
215	480	00:50:20	Paul	Davies	M			210	00:49:37
216	383	00:50:21	Christopher	Cotton	M		Muller Running Club	227	00:49:57
217	701	00:50:23	Mark	Passmore	M		Corus Multisport	225	00:49:51
218	1504	00:50:24	Clair	Wagner	F	35		222	00:49:47
219	575	00:50:31	Stephen	Ridley	M			226	00:49:54
220	616	00:50:31	David	Morgan	M	55	Team Wales & West Housing	201	00:49:17
221	125	00:50:32	Llyr	Owen	M			217	00:49:44
222	894	00:50:34	Kristy	Greehouse	F			199	00:49:14
223	874	00:50:34	Marc	Jones	M			231	00:50:00
224	655	00:50:35	Sonia	Carrera	F			215	00:49:40
225	784	00:50:40	Carl	Stephens	M		Team Willmott Dixon Construction	211	00:49:38

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GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
226	382	00:50:41	Michael	Watkins	M	45	Muller Running Club	239	00:50:17
227	334	00:50:42	Rhodri	Williams	M			224	00:49:48
228	103	00:50:44	Michaela	Pearce	F	45		246	00:50:33
229	609	00:50:45	Stuart	Jeffreys	M			200	00:49:16
230	193	00:50:48	Marc	Williams	M			233	00:50:04
231	574	00:50:48	Gareth	Cantelo	M			216	00:49:43
232	287	00:50:50	Ifor	Owen	M	40		229	00:49:59
233	286	00:50:50	Darren	Hardwell	M		Chepstow Harriers	230	00:50:00
234	579	00:50:56	Joseph	Feal	M		Prince Of Wales ABC	254	00:50:54
235	82	00:50:57	Claire	Ellis	F			236	00:50:08
236	379	00:50:58	Chris	Phillips	M		BAIE	218	00:49:45
237	750	00:51:02	Jason	Ahmed	M		Prince Of Wales ABC	260	00:50:59
238	319	00:51:04	Alun	Williams	M		Run Fat Boys Run	257	00:50:56
239	393	00:51:08	William	Batterbee	M			243	00:50:20
240	201	00:51:09	Rachel	Tod	F	40		248	00:50:37
241	830	00:51:10	Gareth	Hughes	M			240	00:50:18
242	425	00:51:12	Dafydd	Taylor	M			232	00:50:04
243	389	00:51:13	Bleddyn	Carrington	M		Kelly/Es Heroes	249	00:50:44
244	139	00:51:17	Owen	Thomas	M			235	00:50:08
245	1516	00:51:19	Steve	Matthews	M	45		234	00:50:07
246	409	00:51:23	Philip	Jones	M		Roxe Jam	241	00:50:19
247	54	00:51:24	Jennifer	Cooper	F			250	00:50:49
248	426	00:51:27	Graham	Taylor	M	50		242	00:50:19
249	405	00:51:27	Sue	Williams	F	40		256	00:50:55
250	398	00:51:27	Simon	Williams	M	45		255	00:50:55
251	635	00:51:30	Darren	Payne	M	40		245	00:50:29
252	846	00:51:35	Catrin	Williams	F			266	00:51:09
253	386	00:51:39	Sarah	George	F			237	00:50:14
254	1545	00:51:39	Nick	Francis	M	40		262	00:51:01
255	1780	00:51:39	Oliver	Bird	M			238	00:50:15
256	417	00:51:41	Kenny	McClean	M		Kelly/Es Heroes	267	00:51:10
257	367	00:51:42	Anna	Oxley	F			274	00:51:29
258	631	00:51:44	Owain	Hopkins	M			247	00:50:34
259	827	00:51:45	Matthew	Harris	M	45		263	00:51:04
260	216	00:51:48	Kyra	Fisher	F			268	00:51:14
261	685	00:51:50	Dylan	Davies	M	45		244	00:50:26
262	122	00:51:53	Martin	Lumsden	M	40		271	00:51:18
263	269	00:51:54	Stephen	Wheel	M		Blackweir Harriers	283	00:51:50
264	605	00:51:54	Gary	Bird	M	45		273	00:51:27
265	754	00:51:55	Duncan	Throp	M	40		265	00:51:09
266	819	00:51:57	Victoria	Holloway	F	40		279	00:51:38
267	628	00:51:57	Andrew	Freedman	M	55		275	00:51:32
268	272	00:52:02	Craig	Passmore	M			285	00:51:53
269	536	00:52:02	Nicola	Broom	F			284	00:51:51
270	721	00:52:05	Hannah	Newsham	F			259	00:50:59
271	119	00:52:07	Liz	Stewart	F			272	00:51:20
272	161	00:52:07	Annie	Pemberton	F	35	Rebounders	252	00:50:50
273	159	00:52:10	Sarah	Murray	F	40	Rebounders	253	00:50:51
274	720	00:52:12	Ian	Newsham	M	55		264	00:51:05
275	519	00:52:12	Michael	Smith	M			270	00:51:18
276	1581	00:52:13	Andrew	Rawlings	M			261	00:51:00
277	662	00:52:14	Connie	Reed	F			282	00:51:49
278	716	00:52:14	Jon	Berridge	M			251	00:50:50
279	1672	00:52:16	Anna	Osbourne	F			269	00:51:16
280	564	00:52:17	David	Cross	M		Little & Large	290	00:52:03
281	886	00:52:18	Richie	Morgan	M			281	00:51:44
282	1509	00:52:19	Claire	Williams	F	35		258	00:50:56
283	267	00:52:24	Elliot	King	M			289	00:51:59
284	640	00:52:26	Stephen	Harris	M			293	00:52:13
285	369	00:52:33	Dorota	Makowska	F			295	00:52:21
286	1786	00:52:34	Chris	Morely	M			276	00:51:34
287	209	00:52:35	Sue	Charles	F	35	Blackfriars Harriers	307	00:52:31
288	525	00:52:36	Tony	Dally	M	45	Dragons Running Club	298	00:52:23
289	542	00:52:37	Jonny	Wells	M			288	00:51:57
290	434	00:52:40	David	James	M	40		286	00:51:55
291	476	00:52:44	Warren	Abraham	M			277	00:51:36
292	467	00:52:44	Runa	Bakshi	F			301	00:52:28
293	205	00:52:50	Ceri	Donoghue	F		BMF	302	00:52:29
294	206	00:52:51	David	Price-Smith	M			305	00:52:30
295	876	00:52:55	Debra	Jones	F			296	00:52:21
296	324	00:52:56	Paul	Andrews	M			291	00:52:07
297	783	00:52:58	Jonathan	Pritchard	M		Team Willmott Dixon Construction	287	00:51:56
298	807	00:52:59	Chris	Armstrong	M			312	00:52:46
299	1740	00:53:00	Andrew	Clevorley	M	45		294	00:52:19
300	1616	00:53:03	Charlotte	Thomas	F			278	00:51:36

2011 St David's Day 10k

GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
301	581	00:53:10	Andrew	Morrison	M	45		280	00:51:42
302	309	00:53:11	Laura	Hyams	F		Garden City Runners	318	00:52:57
303	363	00:53:16	Gavin	Brown	M			310	00:52:41
304	834	00:53:16	Cathryn	Simpson	F			313	00:52:46
305	101	00:53:19	James	Williams	M			304	00:52:30
306	102	00:53:19	James	Williams	M	50		306	00:52:30
307	704	00:53:22	Steve	Goodfellow	M	45		303	00:52:30
308	671	00:53:24	Natalie	Jones	F			327	00:53:18
309	566	00:53:24	Andy	Berry	M	40		299	00:52:26
310	558	00:53:25	Sarah	Pattinson	F		Team Q Chip	326	00:53:16
311	47	00:53:25	Victoria	Newnham	F			300	00:52:28
312	668	00:53:26	Richard	Lewis	M			324	00:53:08
313	642	00:53:32	Gareth	Taylor	M			311	00:52:46
314	260	00:53:35	Lisa	Cousins	F	35		317	00:52:51
315	349	00:53:38	Matt	Wilsher	M	40		309	00:52:41
316	840	00:53:39	Brian	Symonds	M	65		321	00:53:07
317	1554	00:53:39	Gareth	Milton	M			328	00:53:27
318	338	00:53:41	Tom	Friswel	M			308	00:52:38
319	622	00:53:41	Joanne	Belcher	F	35	Team Wales & West Housing	319	00:53:03
320	435	00:53:44	Mark	Rivett	M	50		320	00:53:04
321	226	00:53:48	Amanda	Smith	F			297	00:52:23
322	15	00:53:58	David Rhys	Morgan	M	45	Vale Harriers	350	00:53:56
323	1569	00:54:01	Peter	Lyons	M			340	00:53:43
324	77	00:54:03	Gareth	Bruce	M			314	00:52:47
325	152	00:54:06	Allan	Matthews	M			346	00:53:51
326	443	00:54:07	Danielle	Eddy	F			334	00:53:36
327	179	00:54:07	Tim	Barker	M	40		316	00:52:48
328	463	00:54:07	Alice	Talbert	F			336	00:53:37
329	898	00:54:08	Gareth	Evans	M			315	00:52:48
330	150	00:54:10	Leigh	Westbury	M			345	00:53:51
331	335	00:54:10	Paul	Evans	M			323	00:53:08
332	390	00:54:12	Jeremy	Thomas	M	45	KellyEs Heroes	343	00:53:47
333	1607	00:54:15	Sara	Hunter	F	35		348	00:53:53
334	410	00:54:17	Phillip	Bell	M			338	00:53:42
335	84	00:54:17	Helen	Coles	F			329	00:53:28
336	142	00:54:18	Cath	Williams	F			331	00:53:29
337	790	00:54:19	Diego	Lopez-Val	M			356	00:54:09
338	589	00:54:21	Adrian	Hayward	M			325	00:53:09
339	46	00:54:22	Thomas	Jones	M			322	00:53:07
340	706	00:54:24	Mared	Llwyd	F			341	00:53:45
341	486	00:54:29	Alys	Carlisle	F	35		332	00:53:30
342	679	00:54:31	Terry	Vickery	M	70		363	00:54:20
343	485	00:54:32	Jan	Pigott	F	50		347	00:53:52
344	782	00:54:33	Simon	Williams	M	40	Team Willmott Dixon Construction	333	00:53:30
345	387	00:54:35	Nigel	Kasper	M	45	KellyEs Heroes	354	00:54:08
346	461	00:54:36	Williams	Leanne	F	35		335	00:53:37
347	113	00:54:38	Gethyn	Evans	M	55		357	00:54:09
348	752	00:54:39	Herman	Mansoor	M			355	00:54:08
349	358	00:54:39	Liz	Davey	F			342	00:53:47
350	361	00:54:40	Richard	Morris	M			344	00:53:48
351	508	00:54:43	Eirwen	Benjamin	F	40		339	00:53:43
352	517	00:54:46	Emmanouil	Kanavas	M			330	00:53:29
353	378	00:54:46	Christopher	Williams	M		KellyEs Heroes	292	00:52:10
354	763	00:54:49	Jane	Griffiths	F			375	00:54:43
355	765	00:54:50	Rhian	Davies	F	35		377	00:54:44
356	1613	00:54:51	Phillip	Rice	M	45		364	00:54:20
357	762	00:54:56	Peter	Rowland	M	55	Cirencester AC	337	00:53:39
358	713	00:54:57	Dave	Kempton	M	50		365	00:54:21
359	551	00:54:58	Ian	Warner	M	50		360	00:54:16
360	729	00:55:05	Jemma	Slingsby	F			380	00:54:58
361	615	00:55:10	Paul	Wyatt	M		Team Wales & West Housing	351	00:53:57
362	11	00:55:11	Colin	Lougher	M	50		349	00:53:54
363	681	00:55:12	Paul	McCann	M			353	00:54:06
364	320	00:55:14	Christopher	Butcher	M	45		352	00:54:03
365	310	00:55:14	Ruth	Downes	F	40	Porthcawl	362	00:54:20
366	771	00:55:17	Mohd Faiz	Wahid	M			385	00:55:07
367	238	00:55:19	Gareth	Thomas	M			359	00:54:14
368	1566	00:55:19	Helen	Colley	F	35		378	00:54:55
369	1734	00:55:20	Delyth	Davies	F			379	00:54:55
370	808	00:55:21	Roman	Bialecki	M			368	00:54:25
371	692	00:55:21	Sara	Boyle	F			370	00:54:27
372	469	00:55:21	Mary	Beech	F	45		371	00:54:28
373	576	00:55:22	Graham	Pickersgill	M	40		358	00:54:14
374	658	00:55:24	Heather	Gower	F			382	00:54:59
375	419	00:55:24	James	Torrance	M			366	00:54:22

2011 St David's Day 10k

GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
376	316	00:55:27	Paul	Williams	M		Run Fat Boys Run	391	00:55:19
377	520	00:55:31	Donna	Pinch	F	35		367	00:54:24
378	177	00:55:32	Emma	Lee	F			361	00:54:19
379	352	00:55:36	Anna	Wrigley	F			369	00:54:25
380	755	00:55:37	Stephanie	Boswall	F	40		387	00:55:09
381	307	00:55:37	Rhian	Grundy	F	35		394	00:55:24
382	341	00:55:40	Steve	Carter	M	55		373	00:54:38
383	413	00:55:47	Hari	Mistry	M		Kelly/Es Heroes	390	00:55:18
384	1525	00:55:53	Richard	Bourke	M			372	00:54:32
385	3	00:55:54	Barry	Dare	M	60		381	00:54:58
386	889	00:55:57	Craig	Hurley	M	40		402	00:55:31
387	232	00:55:57	Barry	Williams	M			423	00:55:50
388	207	00:55:57	Tom	Thorpe	M			395	00:55:24
389	839	00:55:59	Robert	Goward	M	60		403	00:55:31
390	789	00:56:02	Jitka	Soukupov	F			425	00:55:52
391	556	00:56:04	Lauren	Shurety	F		Team Q Chip	432	00:55:55
392	148	00:56:05	Kate	Loxton	F			383	00:55:00
393	813	00:56:06	Levi	Segovia	M			376	00:54:44
394	370	00:56:06	Steve	Mcdonald	M		Kelly/Es Heroes	409	00:55:35
395	643	00:56:07	Jon	Simcock	M	40		386	00:55:08
396	391	00:56:08	Catherine	Smaill	F			374	00:54:43
397	1772	00:56:08	Steffen	Ossenkopp	M	45		424	00:55:51
398	208	00:56:10	Lleucu	Cooke	F		BMF	412	00:55:41
399	141	00:56:13	Daniel	Mitchard	M			389	00:55:15
400	625	00:56:13	Karen	Rowland	F	40		411	00:55:40
401	727	00:56:15	Rick	Hamer	M			398	00:55:26
402	240	00:56:15	Simon	Clegg	M	40		430	00:55:55
403	24	00:56:17	James	Griffiths	M			384	00:55:02
404	646	00:56:18	Rachel	Long	F		Gemma Quick	434	00:55:57
405	516	00:56:19	Anurag	Joshi	M			419	00:55:47
406	265	00:56:20	Kerry	Whelan	F	45		444	00:56:04
407	1584	00:56:22	Lee	Campbell	M			416	00:55:46
408	137	00:56:23	Caroline	James	F			397	00:55:26
409	225	00:56:26	Nadia	Burt	F	45		420	00:55:48
410	888	00:56:27	Richard	Smith	M	40		438	00:56:01
411	621	00:56:28	Dorrett	Evans	F	55	Team Wales & West Housing	422	00:55:49
412	224	00:56:28	Allison	Hammett	F	35		421	00:55:49
413	350	00:56:28	Lynne	Ashby	F	50		418	00:55:47
414	650	00:56:29	Eugene	Savage	M			455	00:56:21
415	649	00:56:29	Jamie-Lee	Eaton	F			456	00:56:21
416	149	00:56:30	Kerry	Pellatt	F	35		388	00:55:11
417	375	00:56:30	Andrew	Reid	M	45	Kelly/Es Heroes	443	00:56:03
418	510	00:56:31	David	Webb	M			401	00:55:30
419	547	00:56:31	Christos	Panou	M			400	00:55:28
420	25	00:56:32	Jeffery	Parkhouse	M	65		406	00:55:34
421	618	00:56:33	Russell	Searle	M	45	Team Wales & West Housing	392	00:55:20
422	414	00:56:36	Benjamin	Marshall	M			458	00:56:25
423	468	00:56:36	Bethan	Moore	F		Maindy Harriers	436	00:55:59
424	120	00:56:37	Martyn	Smith	M	45		405	00:55:34
425	283	00:56:38	Anna	McClean	F	35		452	00:56:14
426	1609	00:56:38	Sean	Ward	M			393	00:55:22
427	402	00:56:38	Brett	Williams	M	45		428	00:55:54
428	776	00:56:40	Jason	Garrahan	M			396	00:55:25
429	632	00:56:41	Kate	Skinner	F			408	00:55:35
430	172	00:56:41	Alexandra	Otley	F	35		454	00:56:21
431	432	00:56:42	Stephen	Drayton	M			433	00:55:55
432	871	00:56:47	Chris	Butler	M	50		448	00:56:09
433	726	00:56:48	Lee	Cannan	M			437	00:56:00
434	484	00:56:50	Rachel	Badger	F			439	00:56:02
435	1531	00:56:51	David	Hears	M			407	00:55:34
436	506	00:56:52	Nick	Simpson	M			426	00:55:53
437	1759	00:56:53	Bruce	Dettling	M			399	00:55:28
438	766	00:56:55	Kelly	Owen	F			435	00:55:57
439	757	00:56:55	Michelle	Thomas	F	40		462	00:56:28
440	117	00:56:55	Alison	Walters	F			457	00:56:22
441	540	00:56:56	Neil	Grabham	M	40		404	00:55:33
442	1572	00:56:57	Elinor	Bright	F			446	00:56:05
443	357	00:56:58	Ed	Austin	M			414	00:55:45
444	160	00:56:59	Sarah	O'Brien	F	35	Rebounders	413	00:55:42
445	163	00:56:59	Judith	Jones	F	35		468	00:56:38
446	526	00:57:00	Christhan	Barker	M	40		445	00:56:05
447	230	00:57:01	David	Clarke	M			431	00:55:55
448	229	00:57:01	Andrew	Wooding	M			429	00:55:55
449	264	00:57:04	Lewis	Masling	M			463	00:56:29
450	277	00:57:04	Elin	Cousins	F			451	00:56:11

2011 St David's Day 10k

GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
451	1723	00:57:05	Matthew	Grantham	M			410	00:55:40
452	477	00:57:05	Oliver	Tutas	M	40		460	00:56:27
453	356	00:57:07	Hattie	Spray	F			427	00:55:54
454	27	00:57:08	Jessica	Palmer	F			478	00:56:57
455	779	00:57:09	Sarah	Miles	F		Team Willmott Dixon Construction	415	00:55:45
456	778	00:57:10	Jon	Miles	M		Team Willmott Dixon Construction	417	00:55:46
457	213	00:57:11	Paul	Blannin	M	40		467	00:56:36
458	234	00:57:13	Philip	Jones	M	40	Heolddu CC	474	00:56:51
459	527	00:57:16	Siobhan	Gilliam	F			464	00:56:35
460	553	00:57:17	Jason	Hallewell	M			447	00:56:07
461	314	00:57:19	Richard	Jones	M		Run Fat Boys Run	483	00:57:11
462	288	00:57:21	Kelly	Farley-Thompson	F	35	KellyEs Heroes	477	00:56:56
463	780	00:57:21	Aled	Hopkins	M		Team Willmott Dixon Construction	453	00:56:18
464	301	00:57:22	Stephen	Owen	M	50	Les Croupiers	486	00:57:13
465	131	00:57:22	Alex	Parry	M	40		449	00:56:09
466	14	00:57:23	David	Porter	M	40		470	00:56:41
467	235	00:57:23	Tom	Tatchell	M			472	00:56:44
468	384	00:57:29	Kate	Davies	F	40		450	00:56:11
469	37	00:57:31	Nicholas	Dunbar	M			441	00:56:02
470	13	00:57:32	David	Johnson	M			440	00:56:02
471	8	00:57:32	Catherine	Jonhson	F	35		442	00:56:03
472	578	00:57:32	Kiel	Finiak	M			475	00:56:52
473	837	00:57:32	Steve	Jones	M	45		485	00:57:13
474	231	00:57:32	Angharad	Williams	F			484	00:57:12
475	571	00:57:34	Diane	Rowlands	F	45	Hay Hotfooters	465	00:56:35
476	570	00:57:35	Andrew	Rowlands	M	50	Hay Hotfooters	466	00:56:36
477	1652	00:57:35	Mandy	Powell	F			459	00:56:26
478	271	00:57:35	Jessica	Whiteman	F			469	00:56:38
479	672	00:57:41	Hannah	O'Connor	F			479	00:57:03
480	554	00:57:42	Claire	Lewis	F	45		490	00:57:22
481	657	00:57:42	Keisha	Mohr	F			489	00:57:18
482	532	00:57:45	Katie	Hilbourne	F			491	00:57:26
483	611	00:57:47	Rachael	Daniel	F	40		494	00:57:34
484	157	00:57:52	Ian	Evans	M	40		476	00:56:53
485	803	00:57:54	Stewart	Burton	M			471	00:56:43
486	804	00:57:54	Katherine	Burton	F			473	00:56:44
487	237	00:57:54	Richard	Haystead	M			461	00:56:27
488	404	00:57:56	Sian	Williams	F	40		488	00:57:17
489	518	00:58:01	Andrew	Smith	M	60		481	00:57:06
490	401	00:58:01	Michele	Reynolds	F	45		487	00:57:16
491	772	00:58:10	Jacqueline	West	F	45		501	00:57:44
492	730	00:58:14	Joy	Simmonds	F			511	00:58:07
493	438	00:58:15	Martin	Randall	M			492	00:57:28
494	437	00:58:15	Joanna	Rumsey	F			493	00:57:28
495	364	00:58:18	Natalie	Stow	F			510	00:58:01
496	259	00:58:23	Claire	Russell	F			505	00:57:49
497	1523	00:58:25	Jenny	Eldridge	F			480	00:57:03
498	178	00:58:27	Mike	Perrett	M	40		482	00:57:07
499	244	00:58:30	Lianne	Morse	F	35		502	00:57:46
500	321	00:58:30	Colette	Rees	F			503	00:57:47
501	805	00:58:31	Christian	Gee	M			495	00:57:35
502	759	00:58:31	Alyson	Rees	F	45		508	00:57:59
503	816	00:58:31	Mark	Griffin	M			496	00:57:36
504	835	00:58:46	Catrin	Owen	F			520	00:58:29
505	191	00:58:49	Clare	Lilley	F			514	00:58:16
506	597	00:58:56	Paul	Grubb	M	45		524	00:58:39
507	598	00:58:56	Katina	Lukaris	F	35		528	00:58:39
508	445	00:58:56	Martyn	Thomas	M	55		506	00:57:58
509	473	00:58:57	Dylan	Harris	M			498	00:57:41
510	308	00:58:59	Non	Butler	F			532	00:58:44
511	429	00:59:00	Gavin	Petrelli	M			497	00:57:36
512	121	00:59:02	Ian	Evans	M	60		507	00:57:59
513	719	00:59:02	Photiade	David	M			500	00:57:43
514	337	00:59:02	Sharon	Birch	F			509	00:57:59
515	153	00:59:05	Laura	Davies	F			525	00:58:39
516	154	00:59:05	Jodi	Williams	F			529	00:58:39
517	428	00:59:06	David	Curtin	M			499	00:57:42
518	838	00:59:06	Tim	Spencer	M			504	00:57:48
519	847	00:59:07	Amy	Thomas	F			523	00:58:38
520	20	00:59:13	Geraint	Griffiths	M	40		533	00:58:53
521	744	00:59:16	Ffion	Emyr Bourton	F			536	00:59:01
522	1515	00:59:17	Adrian	Morley	M			515	00:58:16
523	892	00:59:17	Lisa	Evans	F	40		517	00:58:24
524	893	00:59:17	Paul	Jessey	M	45		518	00:58:24
525	677	00:59:18	Rachel	Wyson	F			519	00:58:25

2011 St David's Day 10k

GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
526	18	00:59:21	Donna	Griffey	F			539	00:59:08
527	731	00:59:25	Jenny	Ivey	F			530	00:58:40
528	459	00:59:30	Michelle	Jones	F	50		512	00:58:07
529	460	00:59:30	Craig	Jones	M			513	00:58:08
530	368	00:59:32	Claire	Thackray	F	35		545	00:59:18
531	262	00:59:33	Becky	Williams	F			544	00:59:17
532	112	00:59:37	Greg	Roach	M			538	00:59:07
533	823	00:59:41	Richard	Coles	M	40		516	00:58:22
534	1543	00:59:44	Sarah Louise	Lockyer	F			522	00:58:38
535	512	00:59:45	Gemma	Martin	F			534	00:58:55
536	711	00:59:46	Emily	Williams	F			535	00:58:56
537	824	00:59:50	Julie	Coles	F	35		521	00:58:32
538	431	00:59:50	Jamie	Way	M			527	00:58:39
539	773	00:59:50	Edward	Wilson	M			549	00:59:22
540	623	00:59:52	Jo	McGill	F	45		548	00:59:21
541	600	00:59:54	Sally	Hall	F	40		541	00:59:11
542	502	00:59:54	Frank	Connor-Hughes	M	40	Frank'N'Friends	562	00:59:54
543	787	00:59:55	Andrew	Westwell	M	40		563	00:59:55
544	29	00:59:58	Krisitian	Harris	M			526	00:58:39
545	580	01:00:02	Naomi	Morrison	F			531	00:58:42
546	1739	01:00:12	Mafira	Autl	F			543	00:59:15
547	1617	01:00:12	Michael	Roberts	M			565	00:59:58
548	523	01:00:21	Paul	Thorpe	M	45		559	00:59:48
549	255	01:00:21	Dafydd	Morgan	M			550	00:59:22
550	815	01:00:22	Louisa	Hayhurst	F			566	00:59:59
551	614	01:00:23	Lyndon	Griffiths	M		Team Wales & West Housing	542	00:59:11
552	455	01:00:25	Amy	Cross	F			555	00:59:40
553	275	01:00:26	Lowri	Mitchell	F			540	00:59:10
554	128	01:00:26	Nia	Sterling	F			556	00:59:41
555	68	01:00:26	Claire	Pugh	F			537	00:59:04
556	284	01:00:31	Emma	Gunter	F	35		573	01:00:15
557	311	01:00:33	Deb	Gamblen	F	40	Porthcawl Runners	554	00:59:38
558	411	01:00:33	Kate	Woods	F			567	01:00:02
559	613	01:00:35	Wendy	Lawrence	F	55	Forest Of Dean AC	547	00:59:20
560	620	01:00:38	Glyn	Smith	M	55	Team Wales & West Housing	551	00:59:26
561	617	01:00:39	Grant	Bgibbon	M	45	Team Wales & West Housing	552	00:59:26
562	799	01:00:42	Stacy	Botwood	F			574	01:00:20
563	587	01:00:42	Liz	Brookes	F	35		570	01:00:14
564	281	01:00:42	Sylvie	Beer	F			579	01:00:26
565	531	01:00:42	Susan	Edwards	F			572	01:00:14
566	707	01:00:43	Amanda	Brown	F			564	00:59:58
567	760	01:00:44	Lisa	Hassan Scott	F			569	01:00:12
568	854	01:00:45	Runner		854	M		546	00:59:18
569	507	01:00:45	Laura	Davies	F			558	00:59:46
570	336	01:00:46	Laura	Evans	F			557	00:59:42
571	751	01:00:48	Gwynfor	Davies	M	55		578	01:00:24
572	741	01:00:48	Ceri	Powell	M			553	00:59:35
573	111	01:00:50	Rhian	Evans	F			575	01:00:21
574	331	01:00:55	Helen	Jones	F			584	01:00:38
575	1633	01:00:57	Emma	Chamberlin	F	35		568	01:00:05
576	258	01:01:08	Richard	Barningham	M	55		583	01:00:38
577	826	01:01:09	Tony	Cribb	M	55		580	01:00:28
578	732	01:01:15	Laura	Lont	F	45		560	00:59:49
579	733	01:01:15	George	Lont	M			561	00:59:49
580	818	01:01:16	Sarah	Jones	F			589	01:00:57
581	817	01:01:16	Cerys	Young	F			590	01:00:58
582	420	01:01:17	Daniel	Torrance	M			571	01:00:14
583	155	01:01:27	Stephanie	Atkins	F	60	BMF	588	01:00:56
584	557	01:01:29	Iris	Cheung	F		Team Q Chip	603	01:01:20
585	145	01:01:31	Emma	Bissex	F			595	01:01:11
586	147	01:01:31	Ben	Gooding	M			597	01:01:11
587	146	01:01:31	Sal	Bissex	F			596	01:01:11
588	758	01:01:34	Alun	Powell	M	60		581	01:00:34
589	190	01:01:35	Caroline	Barnett-Phillips	F	35		586	01:00:46
590	290	01:01:35	Matthew	Watkins	M		Kelly&Es Heroes	585	01:00:43
591	572	01:01:38	Terry	McClenchy	M	60		591	01:01:01
592	100	01:01:39	Daniel	Colsey	M			576	01:00:22
593	99	01:01:40	Kelly	Groves	F			577	01:00:22
594	761	01:01:40	Pablo	Perez	M			594	01:01:10
595	1595	01:01:44	Christopher	Binding	M			610	01:01:41
596	601	01:01:55	Emma	Mills	F	40		599	01:01:13
597	647	01:01:56	Sarah	Bayliss	F		Gemma Quick	608	01:01:34
598	86	01:01:56	Hannah	Townsend	F			582	01:00:35
599	718	01:02:04	Kristine	Hill	F	35		593	01:01:09
600	70	01:02:04	Kate	Shaw	F	40		587	01:00:48

2011 St David's Day 10k

GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
601	793	01:02:08	Courtney	Fontanel	M			611	01:01:43
602	466	01:02:09	Claire	Adshead	F			601	01:01:18
603	136	01:02:12	Neil	Morgan	M			618	01:01:53
604	353	01:02:12	Jane	Norgate	F	45		607	01:01:26
605	785	01:02:19	Tom	Cosson	M			609	01:01:40
606	493	01:02:23	Stephen	Robbins	M			592	01:01:01
607	133	01:02:24	Henriett	Olah-Nagy	F			620	01:01:58
608	135	01:02:28	Sharon	Reading	F	45		600	01:01:18
609	5	01:02:28	Beverly	Chalmers	F	45		602	01:01:18
610	1628	01:02:31	Nathan	Barry	M			605	01:01:25
611	781	01:02:31	Andy	Jones	M	45	Team Willmott Dixon Construction	606	01:01:25
612	676	01:02:34	Esther	Garnes	F	35		598	01:01:13
613	192	01:02:35	Sarah	Morton	F	40		614	01:01:47
614	568	01:02:38	Aiysha	Tufail	F			604	01:01:24
615	648	01:02:39	Julia	Speed	F		Gemma Quick	628	01:02:18
616	168	01:02:40	Sarah	Harrison	F			626	01:02:17
617	381	01:02:46	Kayliegh	Williams	F			613	01:01:43
618	53	01:02:46	Richard	Williams	M	50		612	01:01:43
619	693	01:02:53	Phillip	Gibbon	M	55		640	01:02:38
620	529	01:02:53	Emma	Davies	F			622	01:02:05
621	17	01:02:56	Derith	Rhisiart	F	40		638	01:02:36
622	514	01:02:59	Nicola	Angell	F			615	01:01:48
623	513	01:02:59	Carl	Jones	M			616	01:01:48
624	1687	01:03:02	Keth	Ball	M			624	01:02:10
625	515	01:03:10	Kevan	Rudd	M	50	Muller Running Club	623	01:02:09
626	1532	01:03:10	Claire	Fassridge	F			630	01:02:23
627	1536	01:03:10	Helen	Jones	F			629	01:02:23
628	186	01:03:14	Claire	Shanahan	F			645	01:02:51
629	831	01:03:19	Penny	McCormick	F	35		617	01:01:52
630	403	01:03:20	Jonathan	Williams	M			641	01:02:41
631	717	01:03:21	Mark	Cook	M			619	01:01:57
632	94	01:03:23	Matthew	Davies	M			650	01:02:58
633	896	01:03:24	Claire	Greenhouse	F			621	01:01:58
634	16	01:03:25	Deb	Howells	F			625	01:02:17
635	107	01:03:26	Chris	Williams	M	40		649	01:02:58
636	586	01:03:26	Hayley	Rees	F	35		627	01:02:17
637	80	01:03:27	Nathaniel	Alcolado	M		LCCA	644	01:02:51
638	705	01:03:28	Andrea	Goodfellow	F	40	WRN	639	01:02:36
639	1582	01:03:28	Janet	Hopkins	F			632	01:02:26
640	528	01:03:34	Helen	Carroll	F			637	01:02:33
641	873	01:03:34	Natasha	Curtis	F			636	01:02:33
642	430	01:03:39	Kelly	Way	F			635	01:02:29
643	143	01:03:40	Sara	Williams	F	35		642	01:02:48
644	129	01:03:40	Caroline	Gorman	F	35		643	01:02:49
645	397	01:03:43	Stephen	Bowkett	M	60		633	01:02:26
646	821	01:03:43	Meinir	Davies	F			651	01:03:03
647	806	01:03:43	Sioned	Jones	F			652	01:03:03
648	690	01:03:46	Mark	Davies	M	45		631	01:02:26
649	479	01:03:46	Charlotte	Owen	F			663	01:03:46
650	498	01:03:47	David	Thomas	M			634	01:02:28
651	236	01:03:55	Louise	Terry	F			656	01:03:21
652	482	01:03:58	Wendy	Thomas	F	45		647	01:02:55
653	483	01:03:58	Andrew	Thomas	M	45		648	01:02:55
654	242	01:04:11	Lauren	Rutter	F			662	01:03:31
655	245	01:04:11	Ruth	Manning	F			646	01:02:53
656	199	01:04:13	Rosemary	Mills	F			653	01:03:13
657	239	01:04:20	Rachel	Nicholls	F			657	01:03:23
658	346	01:04:25	Helen	John	F	45		660	01:03:29
659	694	01:04:26	Bethan	Jones	F	40		661	01:03:30
660	10	01:04:30	Claire	Robinson	F			670	01:03:59
661	306	01:04:33	Sarah	Baker	F			655	01:03:19
662	1558	01:04:38	Claire	Ruggier	F	35		666	01:03:56
663	1552	01:04:39	Natasha	Pace	F			668	01:03:57
664	530	01:04:41	Abby	Wilson	F			667	01:03:56
665	895	01:04:45	Chris	Jones	M			654	01:03:19
666	747	01:04:46	John	Alcolado	M	45		671	01:04:11
667	1570	01:04:47	Sion	Pugh	F			669	01:03:58
668	638	01:04:48	Duncan	Bull	M		Marcus Hacker	658	01:03:26
669	651	01:04:49	Nicolas	Mattick	M			659	01:03:26
670	1568	01:04:54	Laura	Webb	F			678	01:04:26
671	1565	01:04:54	Lucy	Chilcoll	F			677	01:04:26
672	1593	01:04:59	Catherine	Morris	F	40		675	01:04:21
673	169	01:05:09	Emma	Pengelly	F			679	01:04:28
674	1649	01:05:12	Ellis	Davies	M			685	01:04:45
675	637	01:05:12	Marcus	Hacker	M			664	01:03:50

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GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
676	6	01:05:21	Cara	Taylor	F	35		672	01:04:12
677	1597	01:05:21	Roger	Kendall	M	65		680	01:04:30
678	802	01:05:22	Danielle	Leyshon	M			665	01:03:54
679	377	01:05:22	Meinir	Morgan-Thomas	F	50		681	01:04:33
680	661	01:05:24	Zoe	Roberts	F			691	01:05:07
681	366	01:05:24	Rhian	Wicks	F			692	01:05:08
682	31	01:05:25	Lori	Coles	F			674	01:04:17
683	304	01:05:31	Wendy	Bell	F	35		686	01:04:47
684	801	01:05:40	Alex	Layshon	M			673	01:04:12
685	329	01:05:43	Sarah	Duddridge	F	35		700	01:05:27
686	897	01:05:46	Anghcrad	Evans	M			676	01:04:25
687	406	01:05:49	Nicola	Baker	F	40	Porthcawl Runners	687	01:04:54
688	505	01:05:51	Huw Aeron	Thomas	M	55		689	01:04:56
689	500	01:05:51	Emma	Thomas	F			688	01:04:56
690	1567	01:05:53	Deborah	Penhallunick	F	40		694	01:05:15
691	885	01:05:56	Emma	Rogers	F			682	01:04:38
692	362	01:06:01	Ogwen	Evans	F	35		683	01:04:43
693	1668	01:06:05	Rhys	Stephens	M		BaaBaas	684	01:04:44
694	250	01:06:08	Isobel	Mitchell	F			693	01:05:14
695	332	01:06:09	David	Rahman	M	40		696	01:05:20
696	877	01:06:16	Simon	Hudd	M	40		690	01:05:06
697	9	01:06:22	Chris	Bedford	M	40		697	01:05:21
698	45	01:06:22	Tanya	Bedford	F	40		699	01:05:22
699	343	01:06:24	Rachel	Rogers	F			695	01:05:18
700	344	01:06:24	Dean	Rogers	M			698	01:05:21
701	436	01:06:25	Amanda	Phillips	F			708	01:06:17
702	509	01:06:27	Mererid	Jones	F			701	01:05:27
703	200	01:06:28	Sofia	Cavandoli	F			704	01:05:56
704	492	01:06:32	Michelle	Campbell-Davies	F			707	01:06:15
705	767	01:06:41	Jonathan	Edwards	M	45		702	01:05:43
706	680	01:06:45	Alexandra	Murray	F	40		711	01:06:36
707	550	01:06:59	Alex	Criddle	M			716	01:06:59
708	302	01:07:07	Gemma	Thomas	F			703	01:05:53
709	1783	01:07:13	Marie	Frayne	F			706	01:06:05
710	1667	01:07:13	Cheryl	Gape	F	45	BaaBaas	705	01:06:05
711	303	01:07:18	Rebecca	Wilson	F			717	01:07:00
712	535	01:07:18	Jayne	Catherall	F			715	01:06:59
713	151	01:07:35	Anna	Smith	F			710	01:06:30
714	723	01:07:35	Peter	Smith	M	60		709	01:06:30
715	251	01:07:35	Greg	Mitchell	M	50		712	01:06:42
716	296	01:07:36	Stuart	Bishop	M		Kelly/Es Heroes	713	01:06:43
717	645	01:07:37	Gemma	Quick	F		Gemma Quick	723	01:07:16
718	791	01:07:38	Salvatoriferla	Salvatoriferla	M			728	01:07:27
719	539	01:07:38	Julie	Hodge	F	50		726	01:07:26
720	412	01:07:39	Joanne	Dendle	F	40		719	01:07:08
721	736	01:07:46	Mala	Mistry	F			729	01:07:29
722	93	01:07:48	Lorraine	Davies	F	45		724	01:07:23
723	775	01:07:51	Jackie	Phillips	F	50		720	01:07:09
724	456	01:07:54	Hannah	Fisher	F			732	01:07:45
725	399	01:07:59	Mandy	Chong	F	35		722	01:07:14
726	636	01:08:09	Helen	Payne	F	35		718	01:07:07
727	1505	01:08:15	Louise	Light	F	45		714	01:06:49
728	1522	01:08:19	Rachel	Parkin	F			721	01:07:11
729	227	01:08:22	Alima	Kayed	F			725	01:07:26
730	1585	01:08:28	Gavin	Wood	M			733	01:07:53
731	354	01:08:34	Sophie	Williams	F			727	01:07:26
732	247	01:08:35	Owen	Saunders	M			734	01:07:53
733	521	01:08:47	Gemma	Butler	F			731	01:07:40
734	552	01:08:49	Kim	Hallewell	F			730	01:07:39
735	829	01:08:50	Neil	Smith	M			735	01:07:58
736	1548	01:08:53	Rhennon	Griffiths	F			738	01:08:17
737	660	01:08:56	Joel	Kanyeihamba	M			736	01:08:13
738	659	01:08:57	Katherine	Kanyeihamba	F			737	01:08:14
739	104	01:09:25	Karen	Hayes	F			743	01:08:20
740	91	01:09:32	Richard	Gerrish	M			741	01:08:19
741	34	01:09:37	Matthew	James	M			744	01:08:21
742	359	01:09:45	Kelly	Pritchard	F			745	01:08:55
743	1741	01:09:46	Liam	Kent	M			739	01:08:18
744	1755	01:09:46	Jordan	Smith	M			740	01:08:18
745	1742	01:09:46	Christopher	Crimmins	M			742	01:08:19
746	305	01:09:49	Rachel	Richardson	F	35		747	01:09:05
747	555	01:09:56	Rhian	Groves	F		Team Q Chip	750	01:09:48
748	745	01:10:22	Andrew	Davies	M			748	01:09:18
749	270	01:10:26	Anne	Ivory	F	55		746	01:09:04
750	503	01:10:26	Lawrence	Toms	M	40	Frank'N'Friends	757	01:10:26

2011 St David's Day 10k

GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	ChipPos	ChipTime
751	788	01:10:29	Winnie	Velangup	F			756	01:10:19
752	1762	01:10:39	Megan	Mclain	F			749	01:09:26
753	106	01:10:40	Alun	Webb	M			752	01:09:58
754	105	01:10:40	Rose	Findley	F			753	01:09:59
755	43	01:11:11	Sophie	Walters	F			754	01:10:02
756	565	01:11:21	Steven	Evans	M		Little & Large	760	01:10:38
757	675	01:11:23	Zoe	Hayward	F	40		751	01:09:53
758	1629	01:11:25	Boitelo	Letsolo	F			761	01:10:44
759	900	01:11:35	Kelly	Davies	F			755	01:10:09
760	899	01:12:00	Lucy	Jones	F			758	01:10:34
761	1591	01:12:00	Liam	Jones	M			759	01:10:34
762	126	01:12:06	Claire	Bennett	F	35		762	01:10:51
763	749	01:12:21	Anna	Rees	F			763	01:11:43
764	544	01:13:04	Joanna	Carlake	F	35		766	01:11:53
765	545	01:13:04	Melanie	Cook	F			765	01:11:53
766	418	01:13:12	Barbara	Stevenson	F	45		764	01:11:49
767	195	01:13:26	Sian	Mile	F	45		767	01:12:04
768	768	01:13:33	Marc	Bevan	M	40		770	01:12:56
769	340	01:13:45	Christina	Harris	F			768	01:12:39
770	374	01:13:46	Gareth	Mcmullen	M			769	01:12:42
771	814	01:14:32	Cassie	Crocker	F			772	01:13:50
772	822	01:14:32	Deborah	Thomas	F			773	01:13:50
773	407	01:14:57	Christina	Kio	F			771	01:13:41
774	360	01:15:19	Phil	Davey	M			774	01:14:28
775	1650	01:15:35	Nicole	webber	F			775	01:15:07
776	110	01:15:40	Sam	Jones	F	35	Rubber2Burn	779	01:15:17
777	108	01:15:40	Chris	Jordan	M		Rubber2Burn	777	01:15:15
778	109	01:15:41	Paul	Jones	M	40	Rubber2Burn	778	01:15:16
779	294	01:15:57	David	Bailey	M	70	Serpentine	776	01:15:13
780	132	01:17:27	Emma	Ballinger	F			781	01:16:23
781	453	01:17:28	Emma	Streets	F	35		780	01:16:16
782	252	01:17:46	Fiona	Mitchell	F			783	01:16:53
783	674	01:18:11	Sarah	Pope	F	50		782	01:16:41
784	841	01:18:50	Steve	Wilks	M			785	01:17:39
785	843	01:18:51	Linda	Brute	F	35		784	01:17:39
786	481	01:20:19	Elliott	Lewis	M			786	01:19:36
787	537	01:22:11	Sarah	Hart	F			790	01:21:59
788	538	01:22:17	Katherine	Morgan	F	35		791	01:22:05
789	1684	01:22:22	Mohammed	Dabab	M			788	01:21:15
790	449	01:22:38	Victoria	Baggot	F	40		787	01:21:13
791	188	01:22:53	Martina	Aumeyr	F			789	01:21:57
792	664	01:24:47	Brian	Currie	M	45		792	01:23:34
793	92	01:29:18	Amanda	Gartshore	F	45		793	01:27:51
794	777	01:32:33	Allen	Watts	M	80		794	01:32:17