

# RICHARD BURTON

## 10KM ROAD RACE

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*SUNDAY 28<sup>th</sup> MARCH 2010*

### *OVERALL RESULTS*

<b>POS</b>	<b>NAME</b>	<b>AGE GROUP</b>	<b>CLUB</b>	<b>TIME</b>
1	MATT BOWSER	SM	LINCOLN WELLINGTON	30:38
2	MARC HOBBS	SM	SWANSEA HARRIERS	31:23
3	CRAIG HOPKINS	SM	SWANSEA HARRIERS	31:25
4	TOM MERSON	SM	BRISTOL AND WEST	32:11
5	JAMES THIE	SM	CARDIFF AAC	32:41
6	AUSTIN D DAVIES	V40	BRECON	32:49
7	AFAN HUMPHREYS	SM	CWMBRAN HARRIERS	33:11
8	STEVE REES	SM	PORT TALBOT H	33:13
9	PHILLIP MATTHEWS	SM	SWANSEA HARRIERS	33:16
10	MATTHEW HARVEY	SM	NEATH HARRIERS	33:55
11	STEVE DAVIES	SM	SWANSEA HARRIERS	34:00
12	CHRIS DAVIES	SM	SWANSEA HARRIERS	34:32
13	EMILY PIDGEON	SW	STROUD A/C	34:40
14	PAUL TALBOT	V40	NEATH HARRIERS	35:08
15	JAMES HOCKIN	SM	CETLTIC TRI	35:16
16	NICK FROST	V40	PONTY RODENTS	35:40
17	DANIEL GURMIN	SM	SWANSEA HARRIERS	35:42
18	ALAN DAVIES	V50		35:44
19	GARETH JONES	SM	3MS	35:52
20	REBECCA RANDALL	SW	BRISTOL AND WEST	36:15
21	SIMON OSBORNE	V50	BRIDGEND	36:26
22	ADAM ROBERTS	SM	TROTTS	36:39
23	SIMON WILSON	V40	SWANSEA HARRIERS	36:54

POS	NAME	AGE GROUP	TEAM	TIME
24	ANDREA WHITCOMBE	V35	SWANSEA HARRIERS	36:56
25	ALUN WOOD	V40	BRIDGEND	37:02
26	ANDREW CLEVERLEY	SM	SWANSEA HARRIERS	37:07
27	RICHARD GORDON	SM		37:11
28	DEE BUCHANAN	SM	SAN DOMENICO	37:30
29	GARETH AYRES	SM	PORT TALBOT HARR	37:31
30	MATT HURFORD	SM	LES CROUPIERS	37:37
31	ANN MARIE HUTCHINSON	SW	NEATH HARRIERS	37:41
32	JEFFREY GIANSIRACUSA	SM	SWANSEA HARRIERS	37:51
33	MICH MCGEOCH	V50	LES CROUPIERS	37:55
34	DANIEL THOMAS	SM	SWANSEA HARRIERS	38:09
35	ROYSTON WHITEHOUSE	V40	NEATH HARRIERS	38:11
36	ADRIAN WEAVER	SM	NEATH HARRIERS	38:14
37	ANDREW WRIGHT	SM	PORT TALBOT HARR	38:23
38	CHRIS FULCHER	V40	PORT TALBOT HARR	38:28
39	BRYN GRIFFITHS	SM	BRIDGEND	38:33
40	AARON JONES	V50	PORT TALBOT HARR	38:50
41	JOHN HIDDLESTONE	SM		38:52
42	HUW EVANS	SM	PENARTH & DINAS	38:58
43	ASHLEY JONES	SM		39:01
44	RICHARD KENNEY	SM		39:07
45	KATE ROBERTS	SW	BRIDGEND	39:08
46	LEIGHTON WILLIAMS	SM	CELTIC TRI	39:15
47	ELEANOR KIRK	SW	SWANSEA HARRIERS	39:22
48	NEIL DAVIES	V50	CORNELLY STRIDERS	39:30
49	ALAN REES	SM	NEATH HARRIERS	39:38
50	RICHARD MULVAWY	SM	ABINGDON AMBLERS	39:42
51	SOPHIE WILLIAMS	SW	BIRCHFIELD HARRIERS	39:43
52	KEIRAN MACKINTOSH	SM	PORT TALBOT HARR	39:53
53	SCOTT HEMMENS	SM	LES CROUPIERS	39:54
54	JOHN DAVIES	V50	LES CROUPIERS	40:13
55	HUW MATHIAS	V40		40:17
56	CHRIS ALLTON	V40	SWANSEA HARRIERS	40:21
57	KEITH POWELL	V50	CORNELLY STRIDERS	40:24

58	CHARLES WALSH	SM	PORT TALBOT HARR	40:30
59	PAUL HORROCKS	SM	UWIC	40:35
60	STEPHEN RICHARDS	SM	SWANSEA HARRIERS	40:43
61	SEAN TRELOAR	V40	PORT TALBOT HARR	40:43
62	PAUL BOXER	SM		40:45
63	ROBERT BAMSEY	V50	NEATH HARRIERS	40:47
64	STEVE WILLIAMS	V50	NEATH HARRIERS	40:49
65	DAVID DAVIES	V40		40:50
66	NIGEL JOHN COCKRAN	V50	PENARTH & DINAS	40:53
67	ELYSIA RIDLEY	SW	SWANSEA HARRIERS	40:53
68	BERNARD HENDERSON	V50	PORT TALBOT HARR	41:13
69	RICHARED BOWEN	V40	NEATH HARRIERS	41:15
70	STEVE WALSH	V40	PORT TALBOT HARR	41:16
71	TIM MOSS	SM	PENARTH & DINAS	41:21
72	PAUL REES	V40	PORT TALBOT HARR	41:25
73	JOHN HOPKINS	V40	PORT TALBOT HARR	41:48
74	ALEX WILLIAMS	V40	PORT TALBOT HARR	42:08
75	GLEN CLEMENT	V50	PENARTH & DINAS	42:24
76	JASON GRIFFITHS	V40	CORUS	42:26
77	SANDRA PINKHAM	V45	PORT TALBOT HARR	42:29
78	K BAIRD-MURRAY	V40	PENARTH & DINAS	42:39
79	EMYR JONES	V40		43:04
80	MICHAEL CURRAN	SM		43:18
81	PAUL JELLEY	SM	PORT TALBOT HARR	43:23
82	MIKE WARLOCK	V40	PORT TALBOT HARR	43:30
83	JENNY PHILLIPS	V40	LLANELLI AAC	43:39
84	GREGG MILLARD	SM		43:46
85	MICHAEL EVANS	V40	NEATH HARRIERS	43:48
86	LISA HOWE	V35		43:51
87	DAVID CORNISH	V40	PORT TALBOT HARR	44:06
88	DAVID PARFITT	V40	PORT TALBOT HARR	44:09
89	SAMUEL KULAK	SM	BMF CARDIFF	44:30
90	CAROL MOSLEY	SW	PORT TALBOT HARR	44:40
91	DANIEL LEOPARD	SM	BMF CARDIFF	44:45
92	DEAN BIRT	SM	PONTY RODENTS	44:48

93	PETER DEACON	V50	SWANSEA HARRIERS	45:16
94	STACEY FARNELL	SM		45:17
95	NEIL DAVIES	V50	NYRRC	45:19
96	GRAHAM VYNER	V40	3MS	45:21
97	UKU KUMARI	V50	SWANSEA HARRIERS	45:24
98	WAYNE KERR	SM	BRITISH ATHLETICS	45:38
99	DAVID CHARLES	SM		45:46
100	KEVIN J SMITH	V50		46:00
101	MARK JONES	V40		46:05
102	ROSS POINER	SM		46:17
103	GAVIN EARNSHAW	SM		46:18
104	PAUL KNIGHT	SM		46:20
105	HELEN JONES	V40		46:22
106	SIAN KIRK	SW	SWANSEA HARRIERS	46:42
107	JASON ROBERTS	V40		46:44
108	MIKE NASH	V40	3MS	46:46
109	STEVEN JONES	SM		47:03
110	CERI BRAMLEY-TUCKER	V40	PORT TALBOT HARR	47:07
111	MATTHEW BENNETT	SM		47:15
112	MARIO RABAIOTTI	V40	PORT TALBOT HARR	47:21
113	LIAM DAVIES	V50		47:25
114	RICHARD EDWARDS	SM	YSTALYFERA	47:28
115	PAULINE WILLIAMS	V50	PORT TALBOT HARR	47:47
116	LOUISE MISKELL	V35	GORSEINON RR	47:49
117	STEPHEN MATTHEWS	SM		47:53
118	DEAN O'BRIEN	SM		48:04
119	ANDREW GARVEY	SM		48:15
120	MICHAEL LONERGAN	SM		48:25
121	DAVID PHILLIPS	SM		48:48
122	ANDREW EDWARD	V40		48:48
123	JUSTIN JOHNSON	SM	BAGLAN BULLDOGS	49:03
124	GARETH JOHN	V50		49:21
125	JUDITH OAKLEY	V45	PORT TALBOT HARR	49:32
126	GLYN WILLIAMS	V50	3MS	49:36
127	COLIN ANTHONY	V50	PORT TALBOT HARR	49:42

128	STEPHEN D GARVEY	V50		49:48
129	A P MOORE	V40		49:52
130	JENNY BLACKMORE	SW	PORT TALBOT HARR	49:55
131	DAVID ASHMAN	V40		49:56
132	DARREN MORGAN	SM		50:08
133	LEIGH WATKINS	SM		50:39
134	MATHEW JOHN WILLIAMS	SM		50:39
135	DAVID MISKELL	SM		50:44
136	PAUL JONES	SM	MUMBLES MILERS	50:46
137	JAMES FRASER	SM	PORT TALBOT HARR	50:49
138	JONATHAN WILSON	V40		50:56
139	PAUL RUNDELL	V40		50:58
140	RAY JAMES	V40	PORT TALBOT HARR	51:04
141	LEE KWOK	SM	GLAMORGAN HR	51:10
142	CORRENE MACKINTOSH	SW	PORT TALBOT HARR	51:12
143	JAMES DAVIES	V40	3MS	51:21
144	IAN OWEN WILLIAMS	V40	PORT TALBOT HARR	51:26
145	DEBRA CLARKE	V40		51:35
146	JULIAN GRIFFITHS	V40		51:35
147	MICHELLE SMORNEY	V45	BRACKLA	51:45
148	GARY VAUGHAN	SM		51:45
149	ALAN PERKINS	V50	PORT TALBOT HARR	51:55
150	ELERI CONNOR	SW	PENARTH & DINAS	51:55
151	MIKE PRITCHARD	V50		51:55
152	EMILY LUKE	SW	PENARTH & DINAS	52:03
153	STEVE HILL	V40	PENARTH & DINAS	52:03
154	PAUL O'BRIEN	V40		52:29
155	LESLEY MAINWARING	V40		52:47
156	GARETH MORRIS	SM		52:53
157	STEPHEN LEWIS	SM		53:04
158	GWYNETH PARRY	V55		53:07
159	MARTIN HINES	SM		53:22
160	NICK PORTSMOUTH	V40	WHITEHORSE HARR	53:27
161	JOHN REES	V50		53:34
162	JOHN AYRES	V50	PORT TALBOT HARR	53:45

163	STUART BARNES	V50		51:51
164	JACKY JONES	V40		54:01
165	JANICE CLEMENT	V50	PENARTH & DINAS	54:10
166	RICHARD DONNE	V40	3MS	54:16
167	VICTORIA LYDIARD-REES	V35	ESPORTA	54:22
168	ANGELA JAMES	SW		54:33
169	RAYMOND BOYCE	V40	CORNELLY STRIDERS	54:48
170	RICHARD PARRY	V50		55:08
171	NICOLA THOMAS	SW		55:11
172	STEPHEN BRIGHT	V40	BRITISH ATHLETICS	55:31
173	SHIRLEY MATNURNIN	V45	NEATH HARRIERS	55:58
174	NIGEL L JONES	V50	LLANELLI STROLLERS	56:05
175	TRACY ISSOTT	V40		56:08
176	LOUISE PIERPOINT	SW		56:12
177	JULIE NOBLE	V40	CELTIC TRI	56:34
178	JULIE SAMUEL	V45	CORUS	56:52
179	NEIL SAMUEL	V50	CORUS	56:52
180	JASON LEE	SM		56:56
181	TERRY HUMPHREYS	V50		57:12
182	MARTIN RUCK	SM		57:13
183	VINCENT LEWIS	V40	PORT TALBOT HARR	57:13
184	JUSTINE CASS	V35	PENARTH & DINAS	58:21
185	IAN SWANSON	V50	PORT TALBOT HARR	58:46
186	MARTIN NEVILLE	V40		59:00
187	ELEANOR FLAHERTY	V35		59:01
188	CAPTAIN BEANY	V50		59:07
189	NIA WEEKLEY	V40		59:16
190	ANTHONY HENEBERY	V40	MUMBLES MILERS	59:23
191	SHIRLEY DAVIES	V45	CORUS	59:25
192	ALAN HOWELL	V50		60:51
193	GARETH LEWIS	SM		61:17
194	SARAH STEVENS	SW	PENARTH & DINAS	61:28
195	RHIAN JAMES-HARGREAVGES	V45		61:41
196	SIMON JAMES-HARGREAVES	V45		61:41
197	SUSAN FELSTEAD	V40	CELTIC TRI	61:47

<b>198</b>	CATH RICHARDS	V50	CORUS	62:09
<b>199</b>	ALAN DAINTY	V35		63:26
<b>200</b>	GARY TAYLOR	SM	MUMBLES MILERS	63:33
<b>201</b>	ELEANOR HUGHES	SW		64:11
<b>202</b>	DANIELLE LLEWELLYN	SW		64:11
<b>203</b>	LISA WILLIAMS	SW		64:11
<b>204</b>	SIMON HUDD	V40		66:16
<b>205</b>	JOANNA BEVIN-MERRILL	SW		66:42
<b>206</b>	ANDREW JOHN	SM		66:42
<b>207</b>	CHRIS LEWIS	SM		67:58
<b>208</b>	BARBARA TATE	V45		70:59
<b>209</b>	ANNE WILKINSON	V40	CELTIC STRIDERS	72:52
<b>210</b>	PHIL DAVID	V40		80:01
<b>211</b>	ALLEN WATTS	V50	SARN HELENS	86:40