

# Chepstow Harriers

## Tintern Trot

Thursday, 23 July 2009. 7:15 pm



Position	Time	Name	Club	Category	Race Number
1	0:40:12	GORDON, Robert	Mynydd Du	MV35	97
2	0:41:42	LEWIS, Dan	Fairwater Runners	Senior Men	68
3	0:41:59	ROWLEY, Justyn	Clevedon AC	Senior Men	61
4	0:42:14	MURRIN, Paul	Chepstow Harriers	MV35	79
5	0:42:43	HUMPHREYS, Laurence	Fairwater Runners	Senior Men	65
6	0:42:57	HICKS, Robert	TACH	Senior Men	63
7	0:43:47	CALDWELL, Stephen	Chepstow Harriers	MV35	128
8	0:43:58	SMOULT, Robin	Llisbury Runners	MV35	117
9	0:44:47	VORRES, Dimitri	Griffithstown Harriers	MV45	50
10	0:44:59	BARNBY, Daryll	Fairwater Runners	Senior Men	99
11	0:45:36	HAM, Ken	Thornbury RC	MV45	36
12	0:45:59	HULSEN, Warren		Senior Men	98
13	0:46:02	GODDEN, Jim	Thornbury RC	MV45	37
14	0:46:02	DANDO, Martin		Senior Men	130
15	0:46:16	LEWIS, Grant	Fairwater Runners	Senior Men	7
16	0:46:22	PONECHAL, Andrej		Senior Men	78
17	0:47:30	ENGLISH, Mark	Chepstow Harriers	MV40	38
18	0:47:44	BEECHER, Katie	Les Croupiers	Senior Ladies	16
19	0:48:38	CAVENEY, Terry	Les Croupiers	MV45	54
20	0:48:56	KAY, Geoff	Hereford Couriers	MV55	58
21	0:49:08	MILES, Phillip	Parc Bryn Bach Running Club	MV55	12
22	0:49:30	MALARZ, Luke	Chepstow Harriers	Senior Men	39
23	0:49:33	NEWARD, Damian	Parc Bryn Bach Running Club	Senior Men	121
24	0:50:02	DANDO, Mel		Senior Ladies	131
25	0:50:07	COATES, Richard		Senior Men	1
26	0:50:08	SPENCER, Andrew	Fairwater Runners	MV45	21
27	0:50:15	HARPER, Charles	Forest of Dean A C	MV35	76
28	0:50:27	MORGAN, Lloyd	San Domenico	Senior Men	34
29	0:50:30	USHERWOOD, Tom	Thornbury RC	MV40	120
30	0:50:30	SHIELDS, Dominic	San Domenico	MV40	13
31	0:51:07	HERINGTON, Steve	Hereford Couriers	MV60+	45
32	0:51:22	WELPTON, Richard	Llisbury Runners	Senior Men	11
33	0:51:32	SMITH, Adam	Cardiff Harlequins	MV35	57
34	0:51:46	HUTTON, Peter	Chepstow Harriers	MV50	48
35	0:51:49	LEWIS, Paul	MDC	MV55	60
36	0:51:55	OSMOND, Clive	Les Croupiers	MV45	22
37	0:51:56	DAY, Paul	Llisbury Runners	MV55	113
38	0:52:05	LOTT, Andrew	Llisbury Runners	MV45	124
39	0:52:07	SHORT, Peter	Forest of Dean A C	MV55	133
40	0:52:11	HARRIS, Mike	Westbury Harriers	MV55	3
41	0:52:34	Evita	Westbury Harriers	Senior Ladies	100
42	0:52:54	DURSLEY, Paul	Llisbury Runners	MV55	123
43	0:52:58	HODKINSON, Allan	MDC	Senior Men	77
44	0:52:59	DAVIES, Michael	Les Croupiers	MV55	55
45	0:53:06	DALLIMORE, Nick	Les Croupiers	MV50	17
46	0:53:08	SMART, Curtis	Town & Country Harriers	MV50	43
47	0:53:42	COHEN, Leo	Chepstow Harriers	Senior Men	102
48	0:53:46	TUCKER, Tim		Senior Men	127
49	0:54:07	CHRISTIE, Paul		MV40	91
50	0:54:07	TURNER, Fiona	Forest of Dean A C	LV45	52
51	0:54:23	PRICE, Eleri	Les Croupiers	Senior Ladies	26
52	0:54:28	BEAUVOIS, Bastien		Senior Men	73
53	0:54:31	REESE, Tim	Llisbury Runners	MV45	125
54	0:54:36	MASTERS, Lee	Hogweed Trotters	MV35	23
55	0:54:41	MCDONOUGH, John	TACH	MV50	64
56	0:54:51	GREEN, Andy		MV40	9
57	0:54:58	MORGAN, Darren	Village Vipers	MV40	66
58	0:55:28	SALANDY, Collin		MV35	51

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59	0:55:33	MCENTEE, Kevin	Chepstow Harriers	MV50	42
60	0:55:37	BARNES, Emma	Thornbury RC	Senior Ladies	96
61	0:55:41	BASTOW, Michael	Town & Country Harriers	MV40	72
62	0:55:47	FINCH, Dick	Chepstow Harriers	MV60+	104
63	0:55:59	COLLINS, Dennis	Rhondda Valley Runners	MV40	94
64	0:56:11	WADE, Ian	Chepstow Harriers	MV45	67
65	0:56:13	GRIFFITHS, Stephen		Senior Men	71
66	0:56:17	CAMPBELL-KEMP, Lucien	Great Western Runners	MV35	47
67	0:56:29	WILLIAMS, Stephen	Llisbury Runners	MV50	10
68	0:56:43	THOMAS, John	Chepstow Harriers	MV45	69
69	0:56:51	ASTON, Jeff	Les Croupiers	MV60+	32
70	0:57:34	DAVIES, Chris	Llisbury Runners	MV50	81
71	0:57:40	MOORE, Chris	Forest of Dean A C	MV55	114
72	0:57:48	MORFEY, Pete	Cardiff Harlequins	MV50	56
73	0:58:04	MAINSTONE, Peter	Thornbury RC	MV55	95
74	0:58:09	DONNAN, Graeme	Les Croupiers	MV55	53
75	0:58:18	BARNES, Rich	Road Runners	MV50	62
76	0:58:28	BAYLISS, Emma	Griffithstown Harriers	Senior Ladies	6
77	0:58:33	SUMMERS, Robert	Chepstow Harriers	MV40	84
78	0:58:39	RICHARDSON, David		MV50	89
79	0:58:45	WILLIAMS, Stephen	Les Croupiers	MV50	44
80	0:59:17	LAWSON, Vanessa	Chepstow Harriers	LV35	129
81	0:59:43	CHURCHILL, Craig	Teign Valley Running Club	Senior Men	110
82	0:59:51	FARR, Christine	Bristol Orienteering Club	Senior Ladies	24
83	1:00:04	BURGESS, Bryn	Llisbury Runners	MV50	20
84	1:00:16	DALLIMORE, Caroline	Les Croupiers	LV50	18
85	1:00:21	SHARDNOW, Andrew	Les Croupiers	MV50	118
86	1:00:23	INNES, Duncan	BOK	MV45	30
87	1:00:28	GIBBENS, Derek	Chepstow Harriers	MV45	88
88	1:00:29	DARLING, Rae		MV35	122
89	1:00:31	TUCKER, Roger		MV50	126
90	1:00:45	THOMSON, Stewart	Griffithstown Harriers	MV45	86
91	1:01:08	WATSON, Bob	FERC	MV35	33
92	1:01:09	BOWIE, Richard	Fairwater Runners	MV45	28
93	1:01:15	HOLLOWAY, Mark		MV35	35
94	1:01:22	HAWKINS, Chris	Forest of Dean A C	MV55	115
95	1:01:29	MILLS, Judy	Thornbury RC	LV55+	116
96	1:01:34	WILLOCK, Andy		MV50	87
97	1:01:43	CLOTHIER, Jeremy	Thornbury RC	MV60+	59
98	1:02:06	MACBRIDE-STEWART, Sara	Les Croupiers	LV40	5
99	1:02:49	DAVIES, Nick		MV35	80
100	1:03:39	WILSON, Christopher	Thornbury RC	MV35	103
101	1:04:14	ATTWOOD, Howard	Llisbury Runners	MV55	19
102	1:04:28	BARKER, Rob		MV40	90
103	1:04:32	NURSE, Jemma	Les Croupiers	LV35	4
104	1:04:35	DAVIES, Sara		LV45	2
105	1:04:39	COVINGTON-JONES, Peter	Forest of Dean A C	MV50	46
106	1:04:40	THWAITE, Dawn	Chepstow Harriers	LV35	14
107	1:04:42	GEORGE, Andy	Chepstow Harriers	MV45	75
108	1:04:55	BROWN, Rob	Chepstow Harriers	MV60+	106
109	1:05:04	STOTT, Andy	Chepstow Harriers	MV50	101
110	1:05:36	VORRES, Christine	Griffithstown Harriers	LV50	49
111	1:05:43	WILLIAMS, Joanne	Thornbury RC	Senior Ladies	92
112	1:05:44	WILLIAMS, Mark	Team AVS	MV45	93

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113	1:05:47	EVANS, Pete		MV60+	25
114	1:06:20	HARVEY, James	Weston Runners	MV45	40
115	1:06:45	ROCHE, Julie	Fairwater Runners	LV40	27
116	1:07:57	KELLY, Chrissie	TACH	LV45	83
117	1:09:03	JONES, Rob	Les Croupiers	MV60+	134
118	1:09:42	ANDREWS, Dave	Chepstow Harriers	MV60+	70
119	1:10:27	MUGRIDGE, Mike	Chepstow Harriers	MV60+	74
120	1:11:06	HAVERS, Roberta	Chepstow Harriers	Senior Ladies	105
121	1:11:46	BISHOP, Graham	Thornbury RC	MV60+	109
122	1:11:53	BISHOP, Carole	Thornbury RC	LV55+	108
123	1:12:01	PUGH, Les	MDC	MV60+	8
124	1:12:19	SELWYN, Steven	Thornbury RC	MV45	132
125	1:12:37	BENNETT, Peter		MV55	119
126	1:13:12	EVANS, Michael	Hogweed Trotters	MV45	41
127	1:14:39	ROBSON, Kathryn	Army Athletics	Senior Ladies	31
128	1:21:22	BAIC, Sue	TACH	LV45	85
129	1:27:00	BURRIDGE, Marianne	Fairwater Runners	LV50	29