



SRI CHINMOY marathon team
GREAT BRITAIN

*“Determination and impossibility
Are never to be found
Together.”*

Sri Chinmoy

Results for Self-Transcendence 3 Mile Race,
Pontcanna Fields, 5th June 2009

1	Stephen Paterson	San Domenico RC	15.49
2	Robert James	u.a.	15.55
3	Stuart Crees	Les Croupiers RC	15.55
4	Calum Cheshire	Les Croupiers RC	15.58
5	Nick Dukes	Les Croupiers RC	16.00
6	Jamie Nutt	Les Croupiers RC	16.26
7	Phil George	Les Croupiers RC	16.35
8	Jerome Edwards	San Domenico RC	16.39
9	Mikey Bryant	Avon Valley Runners	16.44
10	Rhys Pitman	Pontypridd Roadents	16.48
11	Michael Dury	Islwyn	16.52
12	Andrew Baker	Pontypridd Roadents	17.18
13	Daniel Harris	Les Croupiers RC	17.28
14	Edward Donovan	San Domenico RC	17.30
15	Steven Hooper	Pontypridd Roadents	17.32
16	Alun Evans	u.a.	17.44
17	Glyn Sansom	San Domenico RC	18.09
18	Matthew Townsend	Les Croupiers RC	18.10
19	Andrew Russell	Les Croupiers RC	18.18
20	Marcus Coles	Les Croupiers RC	18.23
21	David Proud	Les Croupiers RC	18.28
22	Matthew Hooper	Cardiff AAC	18.29
23	Mike Murphy	Les Croupiers RC	18.31 M50-59
24	Katie Beecher	Les Croupiers RC	18.35 F
25	John O'Shea	Les Croupiers RC	18.43 M50-59
26	Kelly Morgan	Pontypridd Roadents	18.48 F
27	Terry Caveney	Les Croupiers RC	18.53
28	Gerry Crispie	Les Croupiers RC	18.59
29	Shayne Sawyers	Les Croupiers RC	19.01
30	Dean Birt	Pontypridd Roadents	19.03
31	David Profitt	Newport Harriers	19.18 M50-59
32	Dominic Shields	San Domenico RC	19.24
33	Huw Davies	u.a.	19.24
34	Becca Stearn	u.a.	19.35 F
35	Matthew Ritchie	u.a.	19.42
36	Kate Jones	Pontypridd Roadents	19.45 F
37	Simon Flack	u.a.	19.50
38	Robert Hector	u.a.	20.01
39	B J Le Gry	Milo Carian AC	20.02
40	Sally Haselhurst	San Domenico RC	20.08 F
41	Jenny Hughes	Les Croupiers RC	20.12 F
42	Eric Hughes	Bridgend AC	20.25 M70+



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43	Glyn	Hicks	Islwyn	20.29 M50-59
44	Michael	Rossiter	Les Croupiers RC	20.36
45	Bob	Woolterton	Bridgend AC	20.40 M60-69
46	Julie	Scholey	Les Croupiers RC	20.43 F
47	Tim	O'Sullivan	Les Croupiers RC	20.50 M50-59
48	Liz	Ashton	Les Croupiers RC	20.52 F
49	Ruth	McLees	Les Croupiers RC	20.52 F
50	Jennifer	Topalian	u.a.	20.53 F
51	Peter	Maksimovic	u.a.	20.58
52	Tony	Carzana	Pegasus RC	20.59 M60-69
53	Jeff	Aston	Les Croupiers RC	21.20 M60-69
54	Tim	Evans	u.a.	21.28
55	Rich	Skyrme	u.a.	21.30
56	David	McDonald	Les Croupiers RC	21.41
57	Jo	Tucker	u.a.	21.42 F
58	James	McClenaghan	u.a.	22.04 M50-59
59	Rhian	Hopkins	Pontypridd Roadents	22.05 F
60	John	Cunnane	Islwyn	22.30 M60-69
61	Stephanie	Davies	Pontypridd Roadents	22.33 F
62	Andy	Davies	Pontypridd Roadents	22.35
63	Lowri	Newman	u.a.	22.41 F
64	Caroline	Dallimore	Les Croupiers RC	22.51 F50-59
65	Anne	Follan	Pontypridd Roadents	22.57 F
66	Robert	Phillips	Pontypridd Roadents	23.08
67	Alison	Spiller	u.a.	23.42 F
68	Pat	Rubun	u.a.	23.54 F
69	Gary	Bird	u.a.	24.01
70	Julia	Evans	u.a.	24.10 F
71	Hannah	Davies	u.a.	24.15 F
72	Huw	Rees	u.a.	24.46 M50-59
73	Mark	Ryan	San Domenico RC	24.49
74	Amy	Rockham	u.a.	24.58 F
75	Robert	Smith	u.a.	25.04
76	Annie	Conroy	Les Croupiers RC	25.07 F60-69
77	Ian	Warner	u.a.	25.08 M50-59
78	Karen	Chadwell	Womens Running Network	25.22 F
79	Gill	Murphy	Les Croupiers RC	25.45 F50-59
80	Virginie	Vendiesse	u.a.	25.48 F
81	Penny	Bickle	u.a.	25.49 F
82	Daniel	Tobin	u.a.	25.50
83	Cathy	Vale	u.a.	25.58 F
84	Simon	Hudd	u.a.	26.18
85	Celia	Rumbold	u.a.	26.47 F
86	Cath	Morgan	Womens Running Network	26.58 F50-59
87	Paula	James	Pontypridd Roadents	27.01 F
88	Gillian	McKie	Les Croupiers RC	27.10 F
89=	Sarah	Jeremiah	u.a.	27.22 F
89=	Nicola	Denman	u.a.	27.22 F
91	Mal	Rowson	Les Croupiers RC	27.59 F50-59
92	Heather	Jones	u.a.	28.14 F
93	Jayne	Evans	u.a.	28.50 F50-59
94	Heidi	Le Rue	u.a.	29.02 F
95	Joanne	Gamba	u.a.	29.12 F
96	Kerry	Francis	Les Croupiers RC	29.27 F
97=	Beccy	Robson	u.a.	29.54 F



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97=	Debbie	Ford	u.a.	29.54 F
99	Maria	Carr	u.a.	30.03 F
100	Dean	Clark	u.a.	30.19 M50-59
101=	Carey	Jones	u.a.	30.20 F50-59
101=	Connie	Evans	u.a.	30.20 F50-59
103	Elaine	Williams	Islwyn	30.40 F50-59
104	Freya	Kendall	u.a.	33.38 F



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