

TEAM NAME	Runner 1	TIME	Runner 2	TIME	Runner 3	TIME	CATEGORY
NEWPORT HARRIERS A	Chris Carpanini	5.26	Neil Hardee	10.13	Elliot Hardee	15.05	Men's 1st
PONTYPRIDD ROADENTS MENS A	Peter Coles	5.07	Jason Scanlan	10.15	Symon Murphy	15.09	Men's 2nd
SAN DOMENICO MENS A	Stephen Paterson	4.56	Jerome Edwards	10.10	Ed Donovan	15.25	Men's 3rd
NEATH HARRIERS	Philip Crane	5.06	David Crane	10.42	Peter Crane	16.11	Men's (& 1st Family Team)
SAN DOMENICO MIXED A	Angela Heeley	5.36	Dominic Shields	11.46	Stephen Paterson	16.50	1st Mixed Team
THE KILLERS	Matt Clarke	5.19	Stuart Babbage	11.09	Neil Kennedy	16.56	1st Unaffiliated Team
SAN DOMENICO MENS B	Glyn Sansom	5.38	Alistair Wood	11.17	Phil Bristow	17.10	Men's
PONTYPRIDD ROADENTS MENS C	Andy Davies	5.57	Peter Coles	11.34	Symon Murphy	17.12	Men's
NEWPORT HARRIERS B	Geoff Brimble	5.03	Mark Carpanini	10.50	Nick Brimble	17.20	Men's
SAN DOMENICO MENS C	James Potts	5.40	Lloyd Morgan	11.27	Jim Delaney	17.38	Men's
PONTYPRIDD ROADENTS MENS B	Mark Jones	6.03	Huw Durham	12.16	Rhodri Evans	17.51	Men's
SAN DOMENICO LADIES A	Sally Haslehurst	6.23	Vicki McHale	12.54	Angela Heeley	18.42	1st Ladies
PONTYPRIDD ROADENTS LADIES A	Kelly Morgan	6.05	Steph Davies	12.32	Kate Jones	18.57	2nd Ladies
PEGASUS RC	Larry Burford	6.26	Paul Charles	12.55	Tony Carzana	19.33	Men's
TAFF TITANS 3	Huw Hayden-Jones	7.40	Richard Carr	13.43	Adrian Leen	20.19	Men's / unaffiliated
K A VICE	Kate Miller	7.10	Vicki Brotherton	14.52	Ceri Foley	20.51	Mixed / unaffiliated
PEGASUS / LES CROUPS ALLIANCE	Tim Hurford	5.35	Tim Webb	13.23	Deiniol Williams	21.10	Men's
TERRIBLE TRIO	Liam Jones	6.33	Ieuan Morgan	15.17	Darren Morgan	21.24	Family Team
TAFF TITANS 1	Abdi Mohamed	6.43	Anthony Thickett	13.57	Toutou Monzeli	21.38	Men's / unaffiliated
SAN DOMENICO MIXED B	Sophie Bennett	6.38	Mark Ryan	14.04	Liz Morgan	22.18	Mixed
PONTYPRIDD ROADENTS LADIES B	Paula James	8.25	Debbie Otley	16.01	Anne Follan	23.00	3rd Ladies
TAFF TITANS 2	Nickie Evans	6.27	Charlotte Taff	12.54	Catherine Baine	23.33	Mixed
DURACELL BUNNIES	Linda Morgan	9.55	Celia Rumbold	18.21	Jenny Topalian	25.00	Ladies