

Hospice of the Valleys Parc Bryn Bach 10k

Pos	Time	Bib	FirstName	LastName	Gender	Category	Cat Pos
1	34:00	102	Afon	Humphries	M	MSN	1
2	34:48	25	Lee	Aherne	M	M40	1
3	36:35	76	Hywel	Jones	M	MSN	2
4	37:31	44	Stephen	Thomas	M	M40	2
5	39:36	107	Steve	Davies	M	M50	1
6	39:41	109	Dimitri	Vorres	M	M40	3
7	39:59	35	Michael	Tabor	M	M50	2
8	40:13	111	Leigh	Hiscox	M	MSN	3
9	40:14	58	Neil	Lloyd	M	M50	3
10	40:20	113	Gerard	Gormley	M	M40	4
11	40:20	89	Paul	Price	M	M40	5
12	40:48	91	Michael	Halsall	M	MSN	4
13	41:10	82	Nigel	Lawrence	M	M40	6
14	41:31	80	Colin	Rees	M	M40	7
15	41:42	22	Chris	Benger	M	MSN	5
16	42:09	84	Martin	Chammings	M	MSN	6
17	42:18	88	Bethan	Woods	F	FSN	1
18	42:22	73	Joanne	Heuze	F	FSN	2
19	42:48	24	Nick	Bayliss	M	MSN	7
20	42:55	16	Ian	Williams	M	M40	8
21	43:02	30	Robert	Evans	M	M40	9
22	43:11	124	Andrew	Brosington	M	M40	10
23	43:25	33	Andrew	Price	M	MSN	8
24	43:36	100	Derek	Rainbird	M	M50	4
25	44:05	18	Damian	Caswell	M	MSN	9
26	44:08	6	Barri	Edwards	M	MSN	10
27	44:15	120	Martin	Jones	M	MSN	11
28	44:16	15	Raymond	Greenhouse	M	M40	11
29	44:32	93	Paul	Rees	M	M40	12
30	45:29	57	Denise	Fitzgerald	F	F45	1
31	45:30	47	Amy	Edwards	F	FSN	3
32	45:39	115	Michael	Thomas	M	M40	13
33	45:57	5	Brian	Cotton	M	MSN	12
34	46:35	105	Anthony	Kahl	M	MSN	13
35	46:37	64	Graham	Mack	M	M50	5
36	47:06	87	Philip	Hoskins	M	M40	14
37	47:13	43	Clive	Denton	M	M40	15
38	47:16	71	Nigel	Jones	M	MSN	14
39	47:17	66	Jeremy	Bassett	M	M40	16
40	47:21	31	Louise	Evans	F	F35	1
41	47:27	53	James	Parry	M	MSN	15
42	47:36	26	Malcolm	Bradley	M	M50	6
43	47:38	46	Liam	Davies	M	M50	7
44	47:43	51	John	Davies	M	M60	1
45	48:10	108	Tom	Russell	M	MSN	16
46	48:16	86	Steven	Treppell	M	M50	8
47	48:59	29	Kristan	Epton	M	MSN	17
48	49:01	13	Ian	Cox	M	M50	9
49	49:04	114	Jackie	Huybs	F	F45	2
50	49:11	7	Eric	Jones	M	M60	2
51	49:25	118	Paul	Jones	M	MSN	18
52	49:33	17	David	Boucher	M	M50	10
53	49:37	1	Clive	Williams	M	M40	17
54	49:37	96	Ian	Viveash	M	M40	18
55	50:10	95	Holly	Janes	F	FSN	4
56	50:31	60	Carl	Alexis	M	MSN	19
57	50:39	11	Richard	Price	M	M40	19
58	51:12	28	Philip	Bosley	M	M40	20
59	51:18	123	David	Pritchard	M	M40	21
60	51:26	75	Wayne	Caniff	M	M50	11

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61	51:26	12	Neal	Matthews	M	M50	12
62	51:41	97	Kim	Dufty	M	M40	22
63	51:49	94	Lawrence	Gregg	M	MSN	20
64	52:03	104	Nigel	Cornock	M	M40	23
65	52:09	69	Ged	Wood	M	M50	13
66	52:28	112	Leonie	Roberts	F	FSN	5
67	52:37	59	Kelvin	Henley	M	M40	24
68	52:56	90	Jason	King	M	MSN	21
69	53:11	122	Kevin	Scannell	M	M40	25
70	53:23	70	James	Lewis	M	MSN	22
71	53:24	61	Gavin	Williams	M	MSN	23
72	53:26	48	Richard	Cadoqan	M	M40	26
73	53:39	110	Kate	Russell	F	FSN	6
74	53:43	39	Catherine Marie	Chammings	F	FSN	7
75	54:16	125	Elspeth	Jarnan	F	F45	3
76	54:40	117	Neil	Lewis	M	M40	27
77	54:50	52	Hayley	Jones	F	FSN	8
78	55:03	45	Annette	Davies	F	F45	4
79	55:09	126	Gareth	Holyfield	M	M40	28
80	55:10	42	William	Wood	M	MSN	24
81	55:11	92	Kevin	Nicholas	M	MSN	25
82	55:11	63	Margaret	Monk	F	F55	1
83	55:14	3	Anthony	Hindley	M	MSN	26
84	55:31	65	Jordan	Randell	M	MSN	27
85	56:09	36	Linda	Jensen	F	F45	5
86	56:19	2	Richard	Smith	M	M40	29
87	58:09	54	Graham	Singer	M	M50	14
88	58:16	101	Catherine Marie	Llewellyn	F	F45	6
89	58:19	62	Helen	Hunt	F	F55	2
90	58:32	55	Sara	Morgan	F	FSN	9
91	58:55	78	Cath	James	F	FSN	10
92	58:57	4	Gareth	Tutton	M	MSN	28
93	59:15	27	Carl	Rose	M	M40	30
94	59:18	50	Aranka	Pratt	F	F55	3
95	59:37	14	Mark	Downey	M	M40	31
96	1:00:58	106	Tommy	Evans	M	MSN	29
97	1:02:22	85	Simon	Hudd	M	M40	32
98	1:03:42	49	Linda	Smith	F	F45	7
99	1:04:01	74	Sarah	Draper	F	FSN	11
100	1:04:08	41	Joanne	Davies	F	FSN	12
101	1:04:08	56	Lowrie	Davies	F	FSN	13
102	1:04:09	40	Joel	Gould	M	MSN	30
103	1:04:12	79	Karen	Mason	F	FSN	14
104	1:04:13	34	Marianne	Jenkins	F	F35	2
105	1:05:10	9	Karen	Akinci	F	F35	3
106	1:05:48	121	Gary	Taylor	M	MSN	31
107	1:08:45	99	Tina	Lloyd	F	F35	4
108	1:11:34	10	Hannah	McKelvie	F	FSN	15
109	1:22:38	98	Allyson	Power	F	F45	8
110	1:39:10	67	Bethan	Kilby	F	FSN	16