

Welsh Cross Country Championships
George Crump Memorial Trophy
2008 Singleton Park - Swansea 24th February

13:00		U13 GIRLS		2605m	Team Positions		
Position	Number	Athlete	Club	Perf			
1	87	Hywelis Thomas-Howells	Swansea	10:40	1st	Pembrokeshire	37
2	79	Megan Withers	Pembrokeshire	10:44	2nd	Bridgend A	41
3	89	Jordan Smart	Swansea	10:54	3rd	Swansea A	48
4	78	Lauren Bell	Pembrokeshire	11:08	4th	Bridgend B	73
5	76	Jose Lewis	Pembrokeshire	11:23	5th	Carmarthen	80
6	41	Catlin Bryant	Bridgend	11:30	6th	Cardiff	102
7	70	Ellie Leek	Cwmbran	11:42	7th	Brecon	111
8	60	Amy Roberts	Carmarthen	11:49	8th	Swansea B	184
9	73	Samantha Roberts	Forest of Dean	11:55			
10	45	Jess Hegarty	Bridgend	12:02			
11	81	Rebecca Evans	Pontyclun	12:06			
12	46	Lucy Tarrent	Bridgend	12:08			
13	49	Zoe Davis	Bridgend	12:21			
14	44	Jazmine Briganti	Bridgend	12:32			
15	35	Abi Wyatt	Brecon	12:34			
16	42	Fiona Bray	Bridgend	12:36			
17	65	Kari O'Neill	Carmarthen	12:37			
18	43	Hannah Mittleberger	Bridgend	12:38			
19	53	Francesca Morris	Cardiff	12:46			
20	39	Lisa Smith	Brecon	12:49			
21	85	Christie McAllum	Swansea	12:51			
22	50	Anthea Young	Cardiff	12:52			
23	90	Lucy Hammett	Swansea	12:56			
24	72	Malika Rezougui	Cwmbran	12:56			
25	48	Nia Ward	Bridgend	13:02			
26	77	Kate Matchett	Pembrokeshire	13:05			
27	61	Carys Mansfield	Carmarthen	13:14			
28	57	Alyce Phillips	Carmarthen	13:17			
29	75	Caitlin Thompson	Pembrokeshire	13:21			
30	51	Catrin Griffiths	Cardiff	13:22			
31	55	Lucy Daly	Cardiff	13:33			
32	69	Paige Wright	Chepstow	13:33			
33	40	Molly Beetham	Brecon	13:35			
34	68	Darcy Wright	Chepstow	13:39			
35	74	Elin James	Menai	13:40			
36	34	Hannah Jones	Barry & Vale	13:47			
37	33	Tirion Davies	Aberystwyth	13:50			
38	93	Helen Blower	Wrexham	13:51			
39	30	Holly Jones	Aberdare	13:55			
40	71	Francesca Hyde	Cwmbran	14:15			
41	494	Sophie Parry	Neath	14:22			
42	66	Lowri Heckler	Carmarthen	14:28			
43	36	Genevieve Matthews	Brecon	14:56			
44	82	Amy Finn	Swansea	15:11			
45	91	Naomi Osborn	Swansea	15:29			
46	52	Chloe Phillips	Cardiff	15:39			
47	88	Iona Evans	Swansea	15:57			
48	86	Grace Harwood	Swansea	15:57			

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13:10 U13 BOYS				2605m		
Position	Number	Athlete	Club	Perf	1st Carmarthen A	35
1	252	Matthew Antoniazzi	Cwmbran	10:30	2nd Swansea A	55
2	248	Tom Earley	Colwyn Bay	10:44	3rd Bridgend A	55
3	490	Daniel Lewis	Neath	10:47	4th Cwmbran	90
4	274	David Blower	Wrexham	10:48	5th Swansea B	115
5	228	Sam Longville	Bridgend	10:50	6th Aberdare	124
6	244	Ronan Llyr	Carmarthen	10:56	7th Carmarthen B	137
7	226	Morgan Thomas	Bridgend	11:02	8th Bridgend B	148
8	239	Kyran Roberts	Carmarthen	11:03	9th Swansea C	149
9	258	Carwyn Evans	Swansea	11:09		
10	247	Timmy Jones	Carmarthen	11:11		
11	235	Christian Lovatt	Carmarthen	11:19		
12	269	Lewis Preece	Swansea	11:20		
13	230	Jack Gooch	Cardiff	11:25		
14	262	Finley Davies	Swansea	11:26		
15	223	James Hunt	Bridgend	11:31		
16	231	Sam Peterken	Cardiff	11:32		
17	255	Curtis Goodger	Newport	11:33		
18	238	Joshua Watson	Carmarthen	11:39		
19	256	Liam Bradley	Newport	11:39		
20	270	Luke Ford	Swansea	11:40		
21	254	Iwan Hicks	Llanelli	11:45		
22	266	Jonathan Tobin	Swansea	11:47		
23	259	Daniel Hall	Swansea	11:52		
24	251	James Scarfi	Cwmbran	11:55		
25	249	David Morgan	Cwmbran	11:57		
26	212	Joseph Roberts	Aberdare	11:59		
27	220	Rhodri Boggust	Brecon	12:09		
28	227	Oliver Holt-Lersen	Bridgend	12:18		
29	225	Joshua Sage	Bridgend	12:20		
30	214	Tomos Adler	Aberdare	12:29		
31	216	Elliot Richards	Barry & Vale	12:31		
32	237	James Bryan	Carmarthen	12:31		
33	211	Jake Edwards	Aberdare	12:32		
34	265	Jack Hooper-Lewis	Swansea	12:34		
35	213	Lewis Edwards	Aberdare	12:54		
36	257	Callum Boote	Swansea	13:08		
37	221	Daniel Glen	Bridgend	13:12		
38	272	Sam Allchurch	Swansea	13:22		
39	222	Jacob David	Bridgend	13:31		
40	250	Eddie Morgan	Cwmbran	13:32		
41	271	Oliver Ford	Swansea	13:38		
42	236	Daniel Jones	Carmarthen	13:56		
43	224	Joseph Hapgood	Bridgend	14:08		
44	218	Matthew Tucker	Brecon	14:23		
45	241	Nathan Richards	Carmarthen	14:41		
46	229	Deon Garrison	Cardiff	15:14		
47	261	Elliott Williams	Swansea	16:00		
48	263	Gareth Irving	Swansea	16:09		

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13:20		U15 GIRLS		4250m	
1	102	Zoe Thomas	Bridgend	18:49	
2	97	Ffion Price	Brecon	19:05	1st Pembroke 53
3	128	Lisa Neumann	Pembrokeshire	19:20	
4	96	Cerian Davies	Aberstwyth	19:21	
5	121	Natasha Cockram	Cwmbran	19:37	
6	122	Abbie Oliver	Deeside	19:44	
7	136	Lauren Harries	Team Athletau Ceredigion	19:59	
8	101	Ffion Lewis	Bridgend	20:02	
9	100	Rhian Price	Brecon	20:16	
10	125	Sarah Livett	Menai	20:39	
11	124	Lisa Peters	Menai	20:49	
12	131	Elysia Pearson	Swansea	20:51	
13	126	Heather Lewis	Pembrokeshire	21:08	
14	105	Ceri-Ann Santos	Cardiff	21:16	
15	94	Ffion Jones	Aberdare	21:30	
16	127	Jennie Brock	Pembrokeshire	21:47	
17	133	Jemima Osborn	Swansea	21:52	
18	110	Lucy Harvey	Cardiff	21:54	
19	132	Holy Powell	Swansea	22:59	
20	116	Jodie Jones	Carmarthen	23:49	
21	129	Megan Good	Pembrokeshire	24:27	

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13:30		U15 BOYS		4250m		
Position	Number	Athlete	Club	Perf		
1	312	Chris Carpanini	Newport	16:49	1st	Cardiff A 59
2	332	Kyle Garrison	Cardiff	16:49	2nd	Carmarthen 110
3	275	Owen Haswell	Barry & Vale	17:14	3rd	Cwmbran 112
4	279	Tom Davis	Bridgend	17:16	4th	Cardiff B 133
5	324	Ben Phillips	Woodford Green	17:22		
6	301	Alex Edwards	Cwmbran	17:27		
7	317	Matthew Richards	Pembrokeshire	17:31		
8	313	Elliott Hardee	Newport	17:34		
9	316	Alex Matchett	Pembrokeshire	17:37		
10	277	Elliot Mears	Bridgend	17:58		
11	308	Jack Evans	Gloucester	18:00		
12	310	Liam Lloyd	Llanelli	18:02		
13	303	George Philpott	Cwmbran	18:02		
14	285	Joel Redman	Cardiff	18:14		
15	495	Matthew O'Leary	Neath	18:19		
16	282	Darren Jones	Cardiff	18:33		
17	304	James Hanrahan	Cwmbran	18:35		
18	302	Freddy Naseriyan	Cwmbran	18:39		
19	315	Jake Hughes	Newport	18:44		
20	292	Davy Lewis	Carmarthen	18:48		
21	276	Alex Simon	Bridgend	18:48		
22	299	Luke Parker	Carmarthen	18:58		
23	306	Ryan Parker	Cwmbran	19:05		
24	309	Grant Westcott	Llanelli	19:07		
25	311	Calum Muskett	Menai	19:09		
26	323	Sean White	Swansea	19:10		
27	286	Joseff Whitmarsh-Knight	Cardiff	19:13		
28	314	Emrys Penny	Newport	19:15		
29	307	George Oliver	Deeside	19:41		
30	289	Stefano Falsini	Cardiff	19:49		
31	281	Ashley Blair	Cardiff	19:53		
32	297	Joseph Fisher	Carmarthen	20:00		
33	321	Paul Tobin	Swansea	20:09		
34	284	James Hunt	Cardiff	20:13		
35	305	Marcus Price	Cwmbran	20:39		
36	295	Jack Lear	Carmarthen	20:45		
37	322	Sam Joseph	Swansea	21:01		
38	283	Gareth Jones	Cardiff	21:10		
39	294	Glen Elsdon	Carmarthen	21:52		
40	320	Jonathan Smith	Swansea	23:47		

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13:45		U17W & U20W		4940m			
Position	Number	Athlete	Club	Perf			
1	142	Alaw Beynon-Thomas	Carmarthen	21:40	20W		
2	499	Leah Dixon	Neath	21:43	17W	1st	Carmarthen 32
3	22	Emily Downey	Llanelli	21:51	17W	2nd	Cardiff A 40
4	153	Jenna Roberts	Cwmbran	22:08	20W	3rd	Cardiff B 85
5	158	Elinor Kirk	Swansea	22:28	20W		
6	6	Gwenno Brown	Cardiff	22:29	17W		
7	15	Angharad Davies	Carmarthen	22:30	17W		
8	14	Aneura Phillips	Carmarthen	22:39	17W		
9	12	Michelle Allen	Cardiff	22:55	17W		
10	21	Vicky Jackson	Cwmbran	23:15	17W		
11	159	Gina Paletta	Wrexham	23:25	20W		
12	9	Lauren Regan	Cardiff	23:26	17W		
13	13	Natalie Allen	Cardiff	23:30	17W		
14	138	Leigh Barker	Brecon	20:00	20W		
15	8	Lauren Brobin	Cardiff	24:53	17W		
16	146	Megan Thomas	Carmarthen	24:54	20W		
17	145	Kayleigh Brown	Carmarthen	25:02	20W		
18	23	Bethan Till	Menai	25:08	17W		
19	28	Rebecca King	Swansea	25:12	17W		
20	5	Bethan Davies	Cardiff	25:17	17W		
21	139	Sophie Kendrick	Brecon	25:25	20W		
22	4	Aysha Hadid	Cardiff	25:29	17W		
23	156	Ceara Rice	Newport	26:07	20W		
24	24	Victoria Taylor	Menai	26:20	17W		
25	19	Angharad Bishop	Cwmbran	26:44	17W		
26	29	Rhiannon Anderson	Swansea	27:17	17W		
27	25	Eleri Jones	Pembrokeshire	27:54	17W		
28	2	Aimee Thomas	Cardiff	28:07	17W		
29	1	Tirion Pryce	Aberdare	32:31	17W		

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13:55		U17 MEN		5720m		
Position	Number	Athlete	Club			
1	337	Dewi Griffiths	Carmarthen	20:23	1st Carmarthen	25
2	336	Adam Bitchell	Carmarthen	21:07	2nd Aberdare	69
3	331	Jonathan Hopkins	Bridgend	21:20	3rd Swansea	75
4	345	Mike Kershaw	Cwmbran	22:09		
5	347	Phil Edge	Deeside	22:27		
6	335	Tom Whitmarsh-Knight	Cardiff	22:44		
7	339	Nicky Morrell	Carmarthen	22:54		
8	350	Steve Pierce	Menai	23:07		
9	358	Tom Millar	Swansea	23:29		
10	349	Huw Jones	Menai	23:38		
11	397	Pete Sowerby	Brecon	23:44		
12	328	Daniel Hiscox	Aberdare	23:48		
13	327	Daniel Bodman	Aberdare	23:54		
14	348	Andrew Woodcock	Menai	23:56		
15	338	Geraint Mansfield	Carmarthen	24:00		
16	334	Marcus James	Cardiff	24:02		
17	342	Gareth Lewis	Cwmbran	24:03		
18	346	Ryan Parry	Cwmbran	24:07		
19	354	Ceri Lewis	Swansea	24:24		
20	496	Rhodri Harris	Neath	24:29		
21	325	Craig Sprod	Aberdare	24:34		
22	352	Antonio Cirillo	Swansea	25:16		
23	329	Hywel Jones	Aberdare	25:23		
24	333	Luke Morgan	Cardiff	25:28		
25	355	Chris Kilner	Swansea	28:13		

14:10		U20 MEN		6585m		
Position	Number	Athlete	Club			
1	368	Craig Peters	Bristol & West	24:20	No Team Awards	
2	381	Ricky Challinor	Deeside	24:58		
3	376	Harry Jones	Colwyn Bay	25:33		
4	386	Thomas Phillips	Woodford Green	25:39		
5	365	Tom Marshall	Brecon	26:19		
6	361	Joshua Dixon	Abergele	26:49		
7	380	Jonathon Peters	Cwmbran	26:50		
8	378	Gavin Hanrahan	Cwmbran	26:59		
9	373	Jack Davey	Carmarthen	27:25		
10	362	Chris Hayward	Brecon	28:31		
11	372	Vincent Jones	Cardiff	29:32		
12	383	Michael Pierce	Menai	29:33		
13	382	Gethin Edwards	Menai	30:48		
14	377	Chris Prothero	Cwmbran	31:38		
15	364	Jon Worgan	Brecon	33:32		
16	360	Carwyn Adler	Aberdare	34:32		

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14:35		SENIOR WOMEN		6585m		
Pos	Number	Athlete	Club			
1	502	Clare Martin	Cardiff	27:37		1st Swansea A 30
2	200	Catherine Dugdale	Swansea	28:44		2nd Brecon 48
3	193	Delyth James	Morpeth	28:47	U23	3rd Les Croupiers 80
4	208	Non Stanford	Swansea	29:06	U23	4th Swansea B 81
5	160	Shan Morgan	Army	29:26		
6	199	Amanda Jones	Swansea	30:56		
7	204	Elysia Ridley	Swansea	31:02	U23	non scoring
8	170	Satu Haikala	Brecon	32:09		
9	192	Jenny Phillips	Llanelli	32:26		
10	176	Bethan Strange	Cardiff	32:46	U23	
11	169	Rosie Richards	Brecon	32:56	U23	
12	210	Leigh James	WSEH	33:02		
13	189	Maria Zubizaretta	Les Croupiers	33:05		
14	162	Angela Jones	Brecon	33:15		
15	167	Marianne Gittoes	Brecon	33:42		
16	171	Debbie Cooke	Bridgend	33:45		
17	190	Wendy Boon	Les Croupiers	33:50		
18	206	Kimberley Bates	Swansea	34:16		
19	209	Sian Phillips	Swansea	35:07		
20	157	Efa Llewellyn	Swansea	35:18	U23	
21	188	Julie Scholey	Les Croupiers	35:40		
22	195	Carol Mosely	Port Talbot	36:03		
23	198	Fran Williams	San Domenico	36:13		
24	207	Michelle Witham	Swansea	36:41		
25	205	Gwen Smith	Swansea	37:21		
26	194	Sara Griffiths	Neath	37:34		
27	196	Judith Oakley	Port Talbot	37:48		
28	201	Christine Lloyd	Swansea	38:06		
29	191	Yvonne Bullen	Les Croupiers	38:22		
30	186	Eirian Heledd Arian	Les Croupiers	48:27		

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15:00		SENIOR MEN		10,480m			
Pos	Number	Athlete	Club				
1	432	Richard Gardiner	Cardiff	37:51	1st	Swansea A	55
2	428	Mark Jennings	Cardiff	38:15	2nd	Cardiff	76
3	431	Nathaniel Lane	Cardiff	38:15	3rd	Les Croupiers	129
4	481	Marc Hobbs	Swansea	38:26	4th	Swansea B	140
5	423	Alex Hains	Cardiff	38:44	5th	Brecon B	148
6	487	Sullivan Smith	Swansea	38:52	6th	Bridgend	161
7	474	Daniel Gurmin	Swansea	40:00			
8	388	Austin Davies	Brecon	40:25			
9	436	Phillip Matthews	Chepstow	40:44			
10	484	Shaun Whelan	Swansea	40:50		non scoring	
11	475	David Notman	Swansea	40:56			
12	440	Julian Baker	Les Croupiers	41:00			
13	480	Lewys Hobbs	Swansea	41:06			
14	482	Oliver Howton	Swansea	41:10			
15	416	Rob Atkin	Bridgend	41:30			
16	393	Harry Matthews	Brecon	41:48			
17	438	Chris Discombe	Les Croupiers	42:00			
18	396	Martin Shaw	Brecon	42:12			
19	452	Stuart Crees	Les Croupiers	42:52			
20	478	Ifan Lloyd	Swansea	43:00			
21	401	Alan Wood	Bridgend	43:09			
22	472	Chris Davies	Swansea	43:10			
23	449	Richard Bullen	Les Croupiers	43:22			
24	407	Gareth Davies	Bridgend	43:33			
25	485	Stephen Davies	Swansea	43:38			
26	421	Tim Lewis	Bridgend	44:02			
27	471	Alex Lewis	Swansea	44:13			
28	444	Nick Dukes	Les Croupiers	44:18			
29	398	Phil Kendrick	Brecon	44:27			
30	442	Mark Palsler	Les Croupiers	44:37			
31	425	Edward Takata	Cardiff	44:42		U23	
32	477	Grant Howells	Swansea	45:02			
33	456	Ian Webb	Llanelli	45:30			
34	430	Mike Evans	Cardiff	45:36			
35	395	Liam Hayward	Brecon	45:54			
36	448	Phil Cook	Les Croupiers	46:03			
37	418	Simon Osborne	Bridgend	46:22			
38	414	Matthew Parkes	Bridgend	46:22		U23	
39	462	Charles Walsh	Port Talbot	46:24			
40	470	Aaron Jones	Swansea	47:12			
41	450	Sandy Johnston	Les Croupiers	47:31			
42	399	Rhys Thomas	Brecon	47:58		U23	
43	463	Chris Fulcher	Port Talbot	48:01			
44	476	Gary Irving	Swansea	48:18			
45	397	Pete Sowerby	Brecon	48:40			
46	453	Stuart Reeves	Les Croupiers	48:46			
47	408	Gareth Hardman	Bridgend	49:03			
48	454	Terry Caveney	Les Croupiers	50:19			
49	458	Jim Woodcock	Menai	51:00			
50	412	Jon Embling	Bridgend	51:05			
51	479	Leighton Gardner	Swansea	51:13			
52	439	Clive Osmond	Les Croupiers	51:41			
53	404	Dave Hughes	Bridgend	53:24			
54	443	Mike Davies	Les Croupiers	53:56			
55	394	Kurt Logue	Brecon	54:46			
56	461	Alan Perkins	Port Talbot	55:00			
57	451	Steve Alexander	Les Croupiers	56:09			