

Chepstow Harriers

Rose Inn 4

Tuesday, 8 May 2007. 7:30 pm

Position	Time	Name	Club	Category
1	0:19:33	DAVIES, Stephen	Newport Harriers	Senior Men
2	0:19:34	THIE, James	Cardiff AAC	Senior Men
3	0:20:51	PATERSON, Stephen	San Domenico	Senior Men
4	0:20:55	DISCOMBE, Chris	Les Croupiers	Senior Men
5	0:21:13	O'LEARY, Ian	Cardiff AAC	Senior Men
6	0:21:21	DONALD, Alex	Cardiff AAC	Senior Men
7	0:22:13	WITHERS, Ian	Newport Harriers	Junior Men
8	0:22:16	OXLEY, Chris	Newport Harriers	Senior Men
9	0:22:37	GEORGE, Phillip	Les Croupiers	Senior Men
10	0:22:59	SMITH, Lee	Lliswerry Runners	MV40
11	0:23:21	CRANE, Peter	Neath Harriers	MV45
12	0:23:22	TUGWELL, Philip	Cornwall AC	Senior Men
13	0:23:27	HARRIS, Paul	Lliswerry Runners	MV40
14	0:23:44	ILES, Oliver	Great Western Runners	Senior Men
15	0:23:46	WILLIAMS, John	Neath Harriers	MV45
16	0:23:48	TABOR, Mick	Les Croupiers	MV50
17	0:23:49	OWEN, Dylan	Les Croupiers	MV40
18	0:23:50	WALTON, Alan	San Domenico	Senior Men
19	0:23:52	KELLAM, Peter	Les Croupiers	MV40
20	0:23:54	HOOPER, Steven	Pontypridd Rodents	MV40
21	0:23:55	TYRRELL, Angela	San Domenico	Senior Ladies
22	0:23:59	MORRIS, Ronald	San Domenico	MV55
23	0:24:13	HEADON, David	Les Croupiers	MV45
24	0:24:28	MEYLER, Phil	Pontypridd Rodents	MV50
25	0:24:31	MATTHEWS, Katherine	Chepstow Harriers	Senior Ladies
26	0:24:34	SELF, Richard	Les Croupiers	MV40
27	0:24:35	WILLIAMS, Geraint	Pontypridd Rodents	Senior Men
28	0:24:43	MCDONALD, Ian	San Domenico	MV40
29	0:24:55	HARTNELL, Haydn	Islwyn Running Club	MV40
30	0:24:57	DAVIES, Gary	Chepstow Harriers	MV45
31	0:25:08	CLEALL-HARDING, Jerry	Les Croupiers	MV50
32	0:25:12	BROWN, Andrew	Severn AC	MV45
33	0:25:13	LEACH, Walter	Forest of Dean A C	MV45
34	0:25:15	EVANS, Robert	Les Croupiers	MV50
35	0:25:18	SPENCER, Andrew	Fairwater Runners	MV40
36	0:25:19	GRIFFITHS, Bryn		Senior Men
37	0:25:32	LEATHARD, Matthew		Senior Men
38	0:25:36	BURNE, Peter	MDC	Senior Men
39	0:25:39	SOMERSALL, Dave	Chepstow Harriers	Senior Men
40	0:25:43	OST, Andrew	Chepstow Harriers	Senior Men
41	0:25:45	FORCE, Steven		MV45
42	0:25:47	MANN, Alan	Les Croupiers	MV45
43	0:25:49	LEWIS, Gareth	Chepstow Harriers	MV45
44	0:25:49	LEWIS, Neil		Senior Men
45	0:25:50	DELANEY, James	San Domenico	MV50
46	0:25:50	RAINBIRD, Derek	Club 69	MV50
47	0:25:50	EVAN, ALUN		MV40
48	0:25:54	BOON, Richard	Les Croupiers	MV45
49	0:25:59	DAVIES, E	Les Croupiers	MV40
50	0:26:00	RAMSEY, Michael		MV40
51	0:26:05	PLAIN, John	Les Croupiers	MV55
52	0:26:16	DONNAN, Graeme	Les Croupiers	MV50
53	0:26:18	O'SULLIVAN, Tim	Les Croupiers	MV45
54	0:26:19	CLARKE, Julia	Cardiff AAC	Senior Ladies

55	0:26:22	WARREN, Simon		MV40
56	0:26:25	MERRIMAN, Rebecca	Chepstow Harriers	LV35
57	0:26:32	ELLINGWORTH, Brian	Forest of Dean A C	MV40
58	0:26:36	MCENTEE, Kevin	Chepstow Harriers	MV50
59	0:26:38	PROFFITT, David	Newport Harriers	MV50
60	0:26:40	WILLIAMS, Carl	Chepstow Harriers	Senior Men
61	0:26:41	FINCH, Kath		Senior Ladies
62	0:26:43	CONNOR, Shaun	Les Croupiers	Senior Men
63	0:26:45	SHANAHAN, John	MDC	MV50
64	0:26:45	JONES, Tim	Cardiff Tri	Senior Men
65	0:26:47	WEEKS, John	Islwyn Running Club	MV50
66	0:26:50	HOOK, Robert		MV40
67	0:26:51	LOTT, Andrew	Lliswerry Runners	MV45
68	0:26:54	REEKS, Malcolm	Chepstow Harriers	MV45
69	0:26:57	JOHNSON, Andrew		MV40
70	0:26:59	DARLING,		Senior Men
71	0:27:01	CORBETT, Steve	Portishead RC	MV60
72	0:27:01	DALLOW, Andy	Forest of Dean A C	MV45
73	0:27:03	DUFFIELD, Helen	Chepstow Harriers	Senior Ladies
74	0:27:06	SAVAGE, Bill	Chepstow Harriers	MV55
75	0:27:16	SHIELDS, Dominic		MV40
76	0:27:24	JAMES, John	Severn AC	MV55
77	0:27:26	SEWELL, Richard	Les Croupiers	MV50
78	0:27:27	REES, Kate		LV35
79	0:27:29	BOON, Wendy	Les Croupiers	LV45
80	0:27:49	PEMBERTON, Stephen		Senior Men
81	0:28:14	SCHOLEY, Julie	Les Croupiers	LV45
82	0:28:41	BEATTY, Claire	Les Croupiers	Senior Ladies
83	0:28:49	JENKINS, Paul		MV55
84	0:28:51	DIX, Michael	Les Croupiers	MV50
85	0:28:51	LOCKE, Matt		Senior Men
86	0:28:52	MORRIS, Jan	Chepstow Harriers	LV35
87	0:28:54	PARK, Lynne	Forest of Dean A C	LV45
88	0:29:01	GITTOES, Marianne		Senior Ladies
89	0:29:20	GREEN, Jackie	Forest of Dean A C	LV45
90	0:29:23	HEWARD, Damian		Senior Men
91	0:29:23	GREEN-PASCOE, Rosemary	Angel	Senior Ladies
92	0:29:26	WILCOCK, Peter	Fairwater Runners	MV40
93	0:29:28	HARRIS, Rhydwyn	Islwyn Running Club	Senior Men
94	0:29:28	STERRY, John	Chepstow Harriers	MV45
95	0:29:32	CONNOLLY, David		Senior Men
96	0:29:33	ROBST, Steven		Senior Men
97	0:29:34	TAYLOR, Andrew	Caerleon Running Club	MV50
98	0:29:37	TAYLOR, Steve		Senior Men
99	0:29:39	EDWARDS, Glenda	Les Croupiers	LV40
100	0:29:40	AVERY, Brenda		LV55+
101	0:29:47	KELLAM, Gillian	Les Croupiers	LV40
102	0:29:47	ZUBIZARRETA, Maria	Les Croupiers	LV35
103	0:29:48	REES, Denise	Forest of Dean A C	LV50
104	0:29:50	HARRIS, Alison	Chepstow Harriers	Senior Ladies
105	0:29:51	JONES, Gavin		Senior Men
106	0:29:58	SEDGMOND, Andrew	Les Croupiers	MV50
107	0:29:59	CRAM, Geoffrey	Chepstow Harriers	MV60
108	0:30:08	LAWSON, Vanessa	Chepstow Harriers	LV35
109	0:30:17	HUGGINS, John	Les Croupiers	MV45
110	0:30:21	BRAY, Andy	Chepstow Harriers	MV50
111	0:30:24	ADDY, Liam		Senior Men
112	0:30:25	FAWKE, Roger	Islwyn Running Club	MV50

113	0:30:26	JAMES, Clive		MV60
114	0:30:30	WILLIAMS, Stephen	Les Croupiers	MV50
115	0:30:34	HAWKINS, David		Senior Men
116	0:30:35	HILL, Steve	Chepstow Harriers	MV50
117	0:30:41	WILLIAMS, Frances		LV40
118	0:30:42	DAVEY, Ralph	Les Croupiers	MV60
119	0:30:42	ROBERTS, Leonie	Griffithstown Harriers	Senior Ladies
120	0:30:51	HILL, John	Lliswerry Runners	MV55
121	0:30:52	PROSSER, Colin	Chepstow Harriers	MV40
122	0:30:55	JENKINS, Jeanette	Fairwater Runners	LV45
123	0:30:55	LUNDIE, Blair	Islwyn Running Club	MV55
124	0:30:58	HISCOCKS, Andy		Senior Men
125	0:30:58	BUNDOCK, Andy		Senior Men
126	0:31:05	THOMAS, Helen	Caerleon Running Club	LV45
127	0:31:23	JEFFERS, Neil		MV40
128	0:31:36	OWEN, Joanne	Caerleon Running Club	LV40
129	0:31:53	WEST, Mair	Griffithstown Harriers	Senior Ladies
130	0:32:01	BURGESS, Bryn		MV45
131	0:32:05	BEWG, Bill	Chepstow Harriers	MV65+
132	0:32:10	JARMAN, Elspeth		LV45
133	0:32:13	SCRIVEN, Philip	Chepstow Harriers	MV40
134	0:32:38	KIBBLEWHITE, Alison		LV35
135	0:33:12	JENKINS, Nigel	Caerleon Running Club	MV40
136	0:33:18	SMITH, Judith		LV50
137	0:33:23	BROWN, Sandra	Severn AC	LV45
138	0:33:49	OST, Sue	Chepstow Harriers	Senior Ladies
139	0:34:19	BATTERSBY, Elisabeta	Chepstow Harriers	LV45
140	0:34:33	GREEN, Clare	San Domenico	LV40
141	0:35:09	HOWELLS, Gwyneth	Caerleon Running Club	LV55+
142	0:35:23	JENKINS, Deborah	Caerleon Running Club	LV40
143	0:35:31	HOWELL, Roger	Penarth & Dinas	MV60
144	0:35:40	BLADEN, Alan	Les Croupiers	MV65+
145	0:35:57	DAVIES, Julia	Lliswerry Runners	LV45
146	0:36:06	SHEPHERD, Suzie	Chepstow Harriers	LV35
147	0:36:10	ROWSON, Mal	Les Croupiers	MV55
148	0:36:33	BURRIDGE, Marianne	Fairwater Runners	LV45
149	0:36:37	FRY, John	Fairwater Runners	MV60
150	0:36:53	CEENEY, Karen	Lliswerry Runners	LV45
151	0:37:00	HAY-HARRIS, Deborah	Lliswerry Runners	LV45
152	0:37:05	ARWYN, Eirian Heledd	Les Croupiers	LV50
153	0:37:21	FRECKLETON-OLGTATI, Lil	Caerleon Running Club	LV35
154	0:37:21	WILLIAMS, Helen	Caerleon Running Club	LV35
155	0:37:46	JONES, Garry	Chepstow Harriers	MV40
156	0:39:22	DONALD, Annes	Les Croupiers	LV55+
157	0:40:26	HILL, Sue	Lliswerry Runners	LV55+
158	0:40:37	LLOYD, Susan	Fairwater Runners	LV50
159	0:41:56	SCREEN, Alexandra		Senior Ladies