

Llanelli Half Marathon 2007 Results

Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
675	Stephen	Paterson	Male	1	01:13:12	1	01:13:12	MS	1	SAN DOMENICO
1448	Steve	Rees	Male	2	01:13:41	2	01:13:40	MS	2	PORT TALBOT HARRIERS
1141	Stephen	Thomas	Male	3	01:14:19	3	01:14:19	MS	3	Islwyn Running Club
1085	Steve	Davies	Male	4	01:15:23	4	01:15:23	MS	4	Swansea Harriers
181	Mike	Evans	Male	5	01:15:28	5	01:15:28	MS	5	Trots
1392	Chris	Parker	Male	6	01:16:41	6	01:16:40	M40	1	Swansea Harriers
591	David	Kehoe	Male	7	01:17:22	7	01:17:21	MS	6	
598	Paul	Reynolds	Male	8	01:18:21	8	01:18:12	MS	7	3M'S
750	Michael	Davies	Male	9	01:18:32	9	01:18:31	MS	8	UWA Harriers
1191	Thomas	Morgan	Male	10	01:18:53	10	01:18:51	M40	2	MYNYDD DU
444	Peter	Norris	Male	11	01:19:20	11	01:19:19	M40	3	Tiverton Harriers
683	Clem	Clement	Male	12	01:20:03	13	01:20:01	M40	4	PENARTH & DINAS RC
607	Johan	Vesterdal	Male	13	01:20:08	12	01:20:01	MS	9	MARIESTADS AIF
1044	Barrie	Griffiths	Male	14	01:21:15	14	01:21:10	M40	5	
1203	Peter	Osbourne	Male	15	01:21:46	16	01:21:45	M40	6	Llanelli Tri
877	Wyn	Barret	Male	16	01:21:48	17	01:21:45	MS	10	
243	Stuart	Keen	Male	17	01:22:06	15	01:21:11	MS	11	Northbrook AC
1446	Gareth	Morgan	Male	18	01:22:28	18	01:22:20	MS	12	
421	Shaun	Lamb	Male	19	01:22:40	19	01:22:36	MS	13	Swindon Striders
393	Martin	Webborn	Male	20	01:22:44	20	01:22:43	M40	7	Swansea Harriers
757	Philip	Hurd	Male	21	01:22:56	21	01:22:54	M50	1	
869	Carwin	Jones	Male	22	01:23:00	23	01:22:59	MS	14	CARDIFF AC
1019	Kevin	Griffiths	Male	23	01:23:15	24	01:23:12	M40	8	Trots
563	Stephen	Thomas	Male	24	01:23:24	22	01:22:56	M40	9	
739	Philip	Meyler	Male	25	01:23:37	25	01:23:36	M50	2	PONTYPRIDD ROADENTS AC
828	Andrew	Baker	Male	26	01:23:44	26	01:23:43	M40	10	PONTYPRIDD ROADENTS AC
831	Clive	Davies	Male	27	01:23:47	27	01:23:45	M40	11	SOSPAN ROAD RUNNERS
348	Martin	George	Male	28	01:24:03	28	01:23:59	MS	15	SOSPAN ROAD RUNNERS
838	Emyr	Morgan	Male	29	01:24:16	29	01:24:14	MS	16	TEAM SOUTHAMPTON
1396	Peter	Harris	Male	30	01:24:47	30	01:24:42	M40	12	
304	Clare	Phillips	Female	31	01:24:51	31	01:24:48	F35	1	Swansea Harriers

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488	Steven	Wilkinson	Male	32	01:24:54	33	01:24:53	M40	13	PORT TALBOT HARRIERS
1064	Jason	Statham	Male	33	01:24:56	32	01:24:49	MS	17	Swansea Harriers
655	Scott	Evans	Male	34	01:25:06	34	01:25:04	MS	18	SOSPAN ROAD RUNNERS
822	Charles Thomas	Walsh	Male	35	01:25:09	35	01:25:07	MS	19	PORT TALBOT HARRIERS
807	Chris	Fulcher	Male	36	01:25:32	36	01:25:31	MS	20	PORT TALBOT HARRIERS
803	Gareth	Ayres	Male	37	01:25:36	37	01:25:34	MS	21	PORT TALBOT HARRIERS
738	David	Bembo	Male	38	01:25:57	38	01:25:46	M40	14	
833	Rob	Falconer	Male	39	01:26:14	39	01:26:10	M40	15	
318	Craig	Fowler	Male	40	01:26:25	40	01:26:17	M40	16	PONTYPRIDD ROADENTS AC
774	Martin	Davies	Male	41	01:26:39	42	01:26:36	MS	22	Trots
870	Rhydian	Preston	Male	42	01:26:43	41	01:26:19	MS	23	
744	Lynsey	Christopher	Male	43	01:27:00	43	01:26:51	MS	24	
1370	Steffan	Hughes	Male	44	01:27:08	45	01:27:04	MS	25	CRHAP
196	Rhodri	Williams	Male	45	01:27:10	44	01:27:02	MS	26	Cardiff Triathlon Club
834	David	Davies	Male	46	01:27:26	46	01:27:22	M40	17	
352	Stephanie	James	Female	47	01:27:36	48	01:27:34	FS	1	Maidenhead AC
586	David	Proud	Male	48	01:27:43	47	01:27:34	MS	27	LES CROUPIERS RUNNING CLUB
996	Neil	Williams	Male	49	01:28:31	49	01:28:28	M40	18	
752	Mark	Foss	Male	50	01:28:42	50	01:28:36	MS	28	
770	Jeff	Thomas	Male	51	01:28:45	51	01:28:42	M40	19	Bridgend AC
374	Richard	Hayes	Male	52	01:28:51	52	01:28:44	MS	29	
1444	Simon	Philpin	Male	53	01:28:53	53	01:28:49	MS	30	
358	Philip	Bamsey	Male	54	01:29:11	57	01:29:09	M50	3	Neath Harriers
873	Gareth	Stubbs	Male	55	01:29:13	54	01:28:58	MS	31	
1216	Andy	Davies	Male	56	01:29:17	58	01:29:13	MS	32	PONTYPRIDD ROADENTS AC
1426	Dave	Hughes	Male	57	01:29:20	60	01:29:16	M40	20	Bridgend AC
186	Grant	Davies	Male	58	01:29:27	55	01:29:05	MS	33	
620	Michael	Gleeson	Male	59	01:29:29	61	01:29:20	MS	34	Swansea Harriers
409	Chris	Atkinson	Male	60	01:29:38	63	01:29:33	MS	35	Avon Valley Runners
466	Susannah	Bulpin	Female	61	01:29:41	64	01:29:36	FS	2	SAN DOMENICO
840	Paul	Garside	Male	62	01:29:47	62	01:29:29	MS	36	

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615	Mark	Nelson	Male	63	01:29:51	59	01:29:15	MS	37	
415	Adrian	Haworth	Male	64	01:29:53	56	01:29:08	MS	38	PEMBROKESHIRE TRI
427	Mark	Deacon	Male	65	01:30:03	65	01:29:58	MS	39	
1430	Darren	Stevens	Male	66	01:30:35	68	01:30:29	MS	40	
832	Andrew	Palmer	Male	67	01:30:38	69	01:30:33	M40	21	PENARTH & DINAS RC
75	Steve	Sanders	Male	68	01:30:44	66	01:30:22	MS	41	
995	Michael	Havard	Male	69	01:30:47	72	01:30:45	M40	22	
640	Owain	Strange	Male	70	01:30:53	70	01:30:38	MS	42	
398	Darren	Morgan	Male	71	01:30:54	67	01:30:28	MS	43	
983	David	Frost	Male	72	01:30:58	71	01:30:44	M40	23	ABERGAVENTNY STRIDERS
937	Richard	Thomas	Male	73	01:31:07	74	01:31:00	MS	44	
544	Chris	Blackmore	Male	74	01:31:09	75	01:31:02	MS	45	CARDIFF HARLEQUINS
979	Ben	Sykes	Male	75	01:31:12	73	01:30:53	MS	46	
286	Dawn	Kenwright	Female	76	01:31:13	76	01:31:11	F45	1	Sarn Helen
397	Cleathero	Claire	Female	77	01:31:23	77	01:31:21	FS	3	Trots
960	Colin	Rees	Male	78	01:31:40	79	01:31:30	MS	47	
177	Gareth	Rees	Male	79	01:31:56	78	01:31:29	MS	48	
768	Aled	Evans	Male	80	01:32:00	83	01:31:56	M40	24	CRHAP
1164	Keith	Paterson	Male	81	01:32:03	84	01:32:02	M60	1	SAN DOMENICO
1147	Jim	Hewit	Male	82	01:32:10	80	01:31:35	M40	25	GLAMORGAN HEALTH & RAQUET CLUB
1364	Danny	Gard	Male	83	01:32:11	86	01:32:06	MS	49	Avon Valley Runners
1005	Stephen	Owen	Male	84	01:32:15	85	01:32:05	M40	26	LES CROUPIERS RUNNING CLUB
354	Paul	Cadogan	Male	85	01:32:37	81	01:31:38	MS	50	
1272	Carolyn	Smith	Female	86	01:32:37	88	01:32:16	FS	4	
366	Geraint	Evans	Male	87	01:32:38	87	01:32:09	M40	27	
237	Nicky	Evans	Female	88	01:32:39	90	01:32:34	F35	2	PENARTH & DINAS RC
665	Paul	Jelley	Male	89	01:32:39	89	01:32:18	M40	28	
1132	Andrew	James	Male	90	01:32:43	82	01:31:49	MS	51	
1450	Gerard	Crispie	Male	91	01:33:04	92	01:32:59	M40	29	
1403	Marcus	Coles	Male	92	01:33:05	91	01:32:55	MS	52	LES CROUPIERS RUNNING CLUB
1049	Paul	Edwards	Male	93	01:33:09	93	01:33:00	M40	30	Pembrokeshire Harriers

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708	Richard	Webster	Male	94	01:33:16	94	01:33:11	M50	4	
1172	Andrew	Brown	Male	95	01:33:19	95	01:33:12	M40	31	Swansea Harriers
783	James	Pierce	Male	96	01:33:31	97	01:33:19	MS	53	
77	Simon	Thomas	Male	97	01:33:40	96	01:33:18	MS	54	
702	Robin	Spacie	Male	98	01:33:51	100	01:33:44	MS	55	
1112	Philip	Welch	Male	99	01:33:53	98	01:33:32	MS	56	
1398	Stephen	Keogh	Male	100	01:33:56	103	01:33:49	MS	57	Swansea Harriers
230	Caroline	John	Female	101	01:33:59	101	01:33:46	F35	3	Sarn Helen
1368	Chris	Tasker	Male	102	01:34:01	102	01:33:48	MS	58	
192	Phillip G.	Thomas	Male	103	01:34:05	99	01:33:42	M40	32	Brackla Harriers
1274	Dai	Woodsford	Male	104	01:34:12	107	01:34:04	MS	59	
613	Gary	Phillips	Male	105	01:34:13	105	01:33:58	M40	33	
261	Toby	Warren	Male	106	01:34:19	106	01:34:00	MS	60	
369	Anna	David	Female	107	01:34:20	108	01:34:10	F35	4	Neath Harriers
1032	Peter	Walters	Male	108	01:34:25	109	01:34:15	M40	34	Trots
627	Emma	Ibell	Female	109	01:34:33	112	01:34:29	F35	5	Dulwich Runners
1209	Cheryl	Hudgell	Female	110	01:34:35	104	01:33:58	FS	5	
795	Lorna	Shaw	Female	111	01:34:38	111	01:34:25	F45	2	Chepstow Harriers
347	John	Hughes	Male	112	01:34:49	116	01:34:40	M40	35	RHONDDA TRIATHLON
670	Phil	White	Male	113	01:34:55	117	01:34:44	MS	61	
213	Grahame	Smout	Male	114	01:35:02	115	01:34:36	M40	36	multisport
1129	James	Ocallaghan	Male	115	01:35:07	113	01:34:33	MS	62	
1078	Hugh	Gallagher	Male	116	01:35:08	121	01:35:02	MS	63	
1369	Lee	Davies	Male	117	01:35:11	122	01:35:05	M40	37	
412	Wayne	Bevan	Male	118	01:35:15	110	01:34:15	MS	64	
999	Tim	Lewis	Male	119	01:35:18	124	01:35:14	M40	38	
1399	Malcolm	Howels	Male	120	01:35:18	123	01:35:11	M60	2	SOSPAN ROAD RUNNERS
917	Wayne	Holmes	Male	121	01:35:20	118	01:34:47	M40	39	
888	Gareth	Edwards	Male	122	01:35:29	125	01:35:15	MS	65	
1409	Kelvin	Jones	Male	123	01:35:40	120	01:34:59	M40	40	
1189	Mark	Whittle	Male	124	01:35:43	127	01:35:25	MS	66	RAF

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208	Kelly	Gipson	Female	125	01:35:47	126	01:35:23	F35	6	
432	David	Lewis	Male	126	01:35:50	131	01:35:41	M40	41	
314	Spare	Entry	Male	127	01:35:52	114	01:34:35	TBC	1	
532	Mark	Jones	Male	128	01:35:53	129	01:35:39	M40	42	Llanelli Tri
564	Gareth	Davies	Male	129	01:35:54	135	01:35:48	MS	67	
776	Leigh	Searle	Male	130	01:35:55	133	01:35:45	MS	68	
986	Uku	Kumari	Male	131	01:35:56	137	01:35:51	M50	5	Swansea Harriers
1070	Paul	Grundy	Male	132	01:35:58	134	01:35:45	MS	69	
601	Carlton	Coates	Male	133	01:35:58	130	01:35:41	M40	43	
975	David	Barber	Male	134	01:35:59	119	01:34:58	MS	70	
1411	Leon	Murnieks	Male	135	01:36:06	128	01:35:38	MS	71	Swansea Harriers
789	Sean	Granville	Male	136	01:36:12	141	01:36:03	MS	72	
1145	Susan	Tagg	Female	137	01:36:13	138	01:35:59	F35	7	Club 69
1102	Nigel	Baker	Male	138	01:36:22	136	01:35:48	M40	44	
500	Mike	Smith	Male	139	01:36:25	142	01:36:04	MS	73	
1372	Steve	Press	Male	140	01:36:25	143	01:36:15	MS	74	WECORRI
1389	Nick	Elliot	Male	141	01:36:34	132	01:35:44	MS	75	
830	Wayne	Warner	Male	142	01:36:43	146	01:36:36	MS	76	
1047	Martin	Groves	Male	143	01:36:52	140	01:36:02	MS	77	
1027	Christopher	Potter	Male	144	01:36:59	151	01:36:57	M40	45	
1143	Phillip	Miles	Male	145	01:37:04	152	01:37:01	M50	6	Club 69
1182	Peter	Heath	Male	146	01:37:06	149	01:36:50	MS	78	Chepstow Harriers
907	Andy	Barnes	Male	147	01:37:07	139	01:36:02	M40	46	Road Runners Club
927	Richard	Bevan	Male	148	01:37:08	148	01:36:40	M40	47	
677	Steffan	Seal	Male	149	01:37:13	145	01:36:23	MS	79	
330	David	Curzon	Male	150	01:37:14	154	01:37:03	M50	7	Village Vipers
1388	Gwion	Llwyd	Male	151	01:37:18	144	01:36:20	MS	80	
780	David	Howell	Male	152	01:37:23	153	01:37:03	MS	81	
1131	Ian	Davies	Male	153	01:37:25	159	01:37:19	M50	8	BAD RUNNERS
1098	Grant	Thomas	Male	154	01:37:26	155	01:37:14	MS	82	TEAM WECORI
1212	Warren	Tilke	Male	155	01:37:28	160	01:37:20	MS	83	PONTYPRIDD ROADENTS AC

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763	Chris	Herdman	Male	156	01:37:36	157	01:37:17	MS	84	
1384	Tom	Bourton	Male	157	01:37:37	158	01:37:18	MS	85	
825	Ryan	Hopkins	Male	158	01:37:38	147	01:36:39	MS	86	
1139	Christopher	Welsh	Male	159	01:37:45	156	01:37:17	M40	48	
60	Marco	Divita	Male	160	01:37:49	165	01:37:42	M40	49	ASD MEDITERRANEA
769	Mark	Batty	Male	161	01:37:52	161	01:37:25	M40	50	
652	Gareth	Jehu	Male	162	01:37:57	167	01:37:49	MS	87	TAFF ELY TRI
755	Michelle	Cole	Female	163	01:38:00	169	01:37:58	FS	6	
345	Christopher	Morgan	Male	164	01:38:04	150	01:36:55	MS	88	
678	Richard	Lawrence	Male	165	01:38:28	171	01:38:10	MS	89	
636	Sally	Orr	Female	166	01:38:30	173	01:38:22	FS	7	Cardiff Triathlon Club
126	Stephen	Lewis	Male	167	01:38:35	162	01:37:30	M40	51	
573	Timothy	James	Male	168	01:38:40	166	01:37:47	MS	90	
529	John	Rees	Male	169	01:38:40	170	01:38:05	M40	52	
720	Wesley	Drennan	Male	170	01:38:47	163	01:37:32	MS	91	
445	Robert	Evans	Male	171	01:38:51	164	01:37:39	MS	92	
1270	Lee	Williams	Male	172	01:38:52	168	01:37:54	M40	53	
1234	Eurof	Davies	Male	173	01:38:53	175	01:38:44	M40	54	
633	Paul	Colman	Male	174	01:39:08	172	01:38:21	M40	55	Pembrokeshire Harriers
492	Dave	Rose	Male	175	01:39:12	174	01:38:43	M40	56	Brackla Harriers
967	Adndrew	Lucas	Male	176	01:39:21	176	01:39:01	M40	57	3M'S
434	Angharad	Mason	Female	177	01:39:27	177	01:39:19	FS	8	Brackla Harriers
1423	Dennis	Collins	Male	178	01:39:53	182	01:39:49	M40	58	Rhondda Valley Runners
516	Stephen	Williams	Male	179	01:40:00	183	01:39:57	MS	93	
176	Huw	Woodland	Male	180	01:40:02	179	01:39:36	MS	94	
809	Maciej	Bonicki	Male	181	01:40:04	178	01:39:30	MS	95	
1144	Jacky	Austin	Female	182	01:40:16	185	01:40:02	F45	3	Club 69
502	Paul	Chambers	Male	183	01:40:17	181	01:39:44	MS	96	
728	Christina	Smith	Female	184	01:40:28	189	01:40:10	F45	4	
772	Lisa	Thomas	Female	185	01:40:29	184	01:40:01	FS	9	
733	Owen	Williams	Male	186	01:40:30	186	01:40:07	MS	97	

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148	Andrew	Procter	Male	187	01:40:31	193	01:40:29	MS	98	
423	Stuart	Doyle	Male	188	01:40:37	191	01:40:23	MS	99	
926	Mark	Terry	Male	189	01:40:39	192	01:40:26	M40	59	
1106	Lee	Gwyn	Male	190	01:40:39	180	01:39:42	MS	100	
798	Ian	Sparks	Male	191	01:40:41	188	01:40:09	MS	101	
1416	Ainsley	Corp	Male	192	01:40:48	187	01:40:07	MS	102	
724	Paul	Davies	Male	193	01:40:51	195	01:40:44	MS	103	
1013	Anthony	Williams	Male	194	01:40:54	194	01:40:42	MS	104	
519	Will	Edwards	Male	195	01:41:07	196	01:40:46	MS	105	ESPORTA - THE GLAMORGAN
659	Gareth	Phillips	Male	196	01:41:18	203	01:41:09	MS	106	MULTISPORT RACING CLUB
11	Amanda	John	Female	197	01:41:21	204	01:41:15	F35	8	AMMAN VALLEY HARRIERS
862	Julian	Hoare	Male	198	01:41:26	199	01:41:01	MS	107	
1054	David	Williams	Male	199	01:41:26	190	01:40:19	MS	108	
936	Christopher	Birch	Male	200	01:41:35	202	01:41:07	M40	60	Trots
1001	John	Ayres	Male	201	01:41:40	200	01:41:03	M50	9	PORT TALBOT HARRIERS
1010	Duncan	Capon	Male	202	01:41:42	201	01:41:05	MS	109	
1095	Michael	Hasall	Male	203	01:41:48	214	01:41:45	MS	110	
407	Robert	Rees	Male	204	01:41:48	209	01:41:26	MS	111	
1108	Steven	Otten	Male	205	01:41:52	211	01:41:35	MS	112	
1061	Gareth	Bryer	Male	206	01:41:59	208	01:41:25	MS	113	
1400	Adele	Avery	Female	207	01:42:01	210	01:41:31	FS	10	
928	Duncan	Jones	Male	208	01:42:04	213	01:41:43	MS	114	
325	Richard	Jones	Male	209	01:42:06	218	01:41:53	MS	115	
668	Bryce	Duff	Male	210	01:42:07	197	01:40:48	MS	116	
1101	Ian	Owen	Male	211	01:42:07	216	01:41:47	MS	117	
1100	Andrew	Murphy	Male	212	01:42:07	215	01:41:47	MS	118	
231	Ali	Atkinson	Female	213	01:42:08	219	01:41:55	F35	9	Avon Valley Runners
1128	Stephen	New	Male	214	01:42:10	198	01:41:00	M40	61	100 Marathon Club
799	John	Houghton	Male	215	01:42:12	220	01:42:00	MS	119	
1378	Dave	Bown	Male	216	01:42:18	207	01:41:24	MS	120	
971	Davis	Bryer	Male	217	01:42:25	217	01:41:51	MS	121	

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117	Rachel	Morgan	Female	218	01:42:27	221	01:42:02	FS	11	CARDIFF AC
788	John	Little	Male	219	01:42:28	206	01:41:23	MS	122	WALES URNU
579	Michael	Epper	Male	220	01:42:33	205	01:41:23	MS	123	MILDENHALL RUNNING CLUB
31	Emma	Griffiths	Female	221	01:42:34	223	01:42:14	FS	12	
468	Mark	Hutchings	Male	222	01:42:36	224	01:42:16	M40	62	
749	Dean	Trebilcock	Male	223	01:42:47	229	01:42:33	MS	124	
771	Ian	Evans	Male	224	01:42:49	225	01:42:21	MS	125	
949	Ray	Gandy	Male	225	01:42:54	212	01:41:42	MS	126	
547	William	May	Male	226	01:42:59	227	01:42:30	MS	127	
122	Stephen	Bassett	Male	227	01:43:03	231	01:42:43	MS	128	
523	Ross	Shepherd	Male	228	01:43:07	230	01:42:36	MS	129	
631	Jon	Henderson	Male	229	01:43:08	228	01:42:31	MS	130	
959	Roy	Board	Male	230	01:43:09	222	01:42:10	MS	131	
1109	Nigel	Francisco	Male	231	01:43:14	234	01:43:03	M40	63	WECORRI
143	Michael	Jones	Male	232	01:43:20	239	01:43:09	M40	64	
173	Wayne	Brooks	Male	233	01:43:28	237	01:43:06	MS	132	
338	Judi	Bowsher	Female	234	01:43:28	240	01:43:17	F45	5	LES CROUPIERS RUNNING CLUB
603	Liz	Ashton	Female	235	01:43:30	235	01:43:05	FS	13	LES CROUPIERS RUNNING CLUB
800	Sam	Martin	Male	236	01:43:31	226	01:42:29	MS	133	WALES URNU
545	Matthew	Phillips	Male	237	01:43:32	238	01:43:06	MS	134	
965	Alan	Capel	Male	238	01:43:33	242	01:43:24	M60	3	
115	Matt	Smallman	Male	239	01:43:54	232	01:42:47	MS	135	
241	Nigel	Morse	Male	240	01:43:54	236	01:43:06	MS	136	
595	Colin	Harvey	Male	241	01:44:00	250	01:43:50	M40	65	
1228	Marco	Gagliardi	Male	242	01:44:09	253	01:44:00	MS	137	ASD MEDITERRANEA
551	Ryan	Orton	Male	243	01:44:14	249	01:43:47	MS	138	
1269	Dafydd	Lewis	Male	244	01:44:16	251	01:43:50	TBC	2	
541	Fabio	Giardulli	Male	245	01:44:17	258	01:44:08	MS	139	
524	Sian	Chicken	Female	246	01:44:17	248	01:43:46	F35	10	
751	Anthony	Cornelius	Male	247	01:44:20	243	01:43:24	MS	140	
1007	Daniel	Budge	Male	248	01:44:20	233	01:43:01	MS	141	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
584	Matthew	Webb	Male	249	01:44:23	257	01:44:07	MS	142	
1375	Vic	Trykush	Male	250	01:44:27	261	01:44:21	M40	66	BITTON
1091	David	Langford	Male	251	01:44:29	254	01:44:02	M40	67	
621	Kate	Evans	Female	252	01:44:31	241	01:43:24	FS	14	
1380	Kev	Joyce	Male	253	01:44:33	244	01:43:26	M40	68	
465	John	Norgrove	Male	254	01:44:35	246	01:43:36	MS	143	
1006	Tony	Gibbson	Male	255	01:44:37	260	01:44:20	MS	144	
531	Rosie	Sweetman	Female	256	01:44:39	245	01:43:31	FS	15	
761	Samantha	Fitzgerald	Female	257	01:44:39	259	01:44:18	F35	11	
1417	Gareth	Williams	Male	258	01:44:42	263	01:44:24	MS	145	
511	Keith	Verheyden	Male	259	01:44:46	256	01:44:06	M40	69	
782	Jon	Lear	Male	260	01:44:46	265	01:44:25	M40	70	
977	Jeremy	Bassett	Male	261	01:44:48	267	01:44:36	MS	146	
746	Piers	Morgan-Harvey	Male	262	01:44:50	268	01:44:37	MS	147	Mumbles Milers
188	Stuart	Millson	Male	263	01:44:50	247	01:43:39	MS	148	
692	Russel	Bailey	Male	264	01:44:52	255	01:44:05	MS	149	
327	Sarah	Parfitt	Female	265	01:45:04	270	01:44:55	F35	12	BBC RUNNING CLUB
672	Gareth	Vaughan	Male	266	01:45:08	252	01:43:57	MS	150	
331	Andrew	Oram	Male	267	01:45:13	266	01:44:35	MS	151	
658	Wayne	Preece	Male	268	01:45:13	264	01:44:24	M50	10	
1038	Ian	Viveash	Male	269	01:45:20	262	01:44:23	M40	71	
76	Nick	Parker	Male	270	01:45:27	274	01:45:12	MS	152	
127	Steven	Jones	Male	271	01:45:28	275	01:45:15	MS	153	
73	Richard	Skinner	Male	272	01:45:32	276	01:45:18	MS	154	
1383	Alison	Beak	Female	273	01:45:32	273	01:45:11	FS	16	
1412	Dylan	Saer	Male	274	01:45:38	279	01:45:26	MS	155	
476	Nicholas	Morrell	Male	275	01:45:44	277	01:45:24	M50	11	
271	Glyn George	Dando	Male	276	01:45:49	278	01:45:25	M50	12	Pencoed Tri
254	Jacquelyn Anne	Sheldon	Female	277	01:45:50	286	01:45:39	F35	13	
97	Simon	Jenkins	Male	278	01:46:04	280	01:45:30	M40	72	
932	Thomas	Watkeys	Male	279	01:46:08	269	01:44:54	MS	156	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
1016	Esther	Roberts	Female	280	01:46:10	284	01:45:38	FS	17	
558	Paul	Evans	Male	281	01:46:11	271	01:45:00	MS	157	BRECON AC
1381	Andrew	Lewis	Male	282	01:46:13	282	01:45:31	M40	73	
582	Robert	Otley	Male	283	01:46:16	272	01:45:06	MS	158	
1090	Kevin	Harris	Male	284	01:46:18	285	01:45:39	M40	74	
1218	Mike	Hall	Male	285	01:46:31	283	01:45:35	MS	159	
484	Raymond Pedrick	Thomas	Male	286	01:46:34	291	01:46:00	M40	75	
1056	Don	Wilkes	Male	287	01:46:35	281	01:45:31	M40	76	Pembrokeshire Harriers
180	Barry	Cowell	Male	288	01:46:37	288	01:45:48	MS	160	
1099	Bob	Gardiner	Male	289	01:46:39	290	01:45:50	M40	77	TEAM WECORI
158	Caryl	Goldstone	Female	290	01:46:43	298	01:46:37	F35	14	
1050	Steve	Brown	Male	291	01:46:46	287	01:45:42	M40	78	Pembrokeshire Harriers
452	Stephen	Barlow	Male	292	01:46:50	292	01:46:10	MS	161	
474	Keith	Jenkins	Male	293	01:46:53	293	01:46:26	MS	162	
581	Celia	Speake	Female	294	01:46:54	295	01:46:27	F35	15	BUILT AND DISTRICT
994	Todd	Stein	Male	295	01:46:54	294	01:46:27	M40	79	BAD RUNNERS
55	Mike	Griffiths	Male	296	01:47:03	297	01:46:34	MS	163	TEAM DEVIANT
901	Ross	Lewis	Male	297	01:47:04	301	01:47:00	MS	164	
978	Aled	Rees	Male	298	01:47:11	296	01:46:33	MS	165	
715	Robert	Mainwaring	Male	299	01:47:13	289	01:45:48	MS	166	
128	Helen	Jones	Female	300	01:47:18	303	01:47:06	F35	16	
74	Gareth	Mula	Male	301	01:47:19	302	01:47:04	MS	167	
113	Lindsey	Davies	Female	302	01:47:20	306	01:47:15	F35	17	
1208	Matthew	Williams	Male	303	01:47:36	299	01:46:39	MS	168	
1000	Richard	Otten	Male	304	01:47:43	309	01:47:25	M40	80	
890	Natalie	Davies	Female	305	01:47:45	310	01:47:28	F35	18	
102	Christian	Rees	Male	306	01:47:48	305	01:47:13	MS	169	
1283	Stephen	Johnson	Male	307	01:47:59	300	01:46:58	M40	81	
779	Clive	Denton	Male	308	01:48:05	314	01:47:51	MS	170	Rhondda Valley Runners
632	Jill	Colman	Female	309	01:48:06	308	01:47:21	F35	19	Pembrokeshire Harriers
608	Mark	Watts	Male	310	01:48:08	317	01:47:56	M40	82	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
609	Dean	Brown	Male	311	01:48:08	316	01:47:56	MS	171	
538	Julia	Ferguson	Female	312	01:48:09	315	01:47:51	F35	20	
396	Gareth	Lewis	Male	313	01:48:10	320	01:47:59	M40	83	
198	Bridget	Parkinson	Female	314	01:48:14	319	01:47:58	FS	18	ABERYSTWYTH
1135	Tim	Williams	Male	315	01:48:17	304	01:47:11	MS	172	
645	Andrew	Mundy	Male	316	01:48:18	322	01:48:10	MS	173	
1176	Val	Brown	Female	317	01:48:24	312	01:47:30	F35	21	PEMBROKESHIRE TRI
1177	Richard	Brown	Male	318	01:48:24	311	01:47:30	MS	174	PEMBROKESHIRE TRI
984	Peter	Welbirg	Male	319	01:48:27	307	01:47:16	M50	13	Griffithstown Harriers
554	Hugo	Thompson	Male	320	01:48:46	323	01:48:15	M40	84	
433	Heather	Lewis	Female	321	01:48:47	321	01:48:04	F35	22	
794	David	Nicholls	Male	322	01:48:48	318	01:47:56	MS	175	
266	Tim	Jones	Male	323	01:48:55	324	01:48:19	MS	176	
514	Malcolm	Bradley	Male	324	01:48:59	325	01:48:23	M50	14	
403	Susan	Smith	Female	325	01:48:59	326	01:48:27	F35	23	PENARTH & DINAS RC
891	Simon	Hern	Male	326	01:49:10	337	01:48:54	MS	177	
438	Alun	Jones	Male	327	01:49:11	328	01:48:30	MS	178	
866	Stephen	Wright	Male	328	01:49:15	327	01:48:27	M40	85	
288	Nigel	Pitt	Male	329	01:49:17	341	01:48:57	M40	86	3M'S
274	Roland	Roth	Male	330	01:49:18	313	01:47:47	M50	15	
527	Sian	Evans	Female	331	01:49:19	349	01:49:09	F35	24	LES CROUPIERS RUNNING CLUB
815	Tanya	Wells	Female	332	01:49:21	339	01:48:56	F35	25	
1138	Janice	Harvey	Female	333	01:49:24	336	01:48:53	F45	6	
610	Julia	Ridge	Female	334	01:49:24	332	01:48:44	F35	26	
448	David	Evans	Male	335	01:49:26	340	01:48:56	MS	179	
650	Sharron	Kington	Female	336	01:49:27	335	01:48:49	F45	7	Taunton AC
1160	Alan	Morris	Male	337	01:49:30	331	01:48:42	M40	87	
1282	Rebecca	Townley	Female	338	01:49:34	342	01:48:59	F35	27	
1413	Steve	Naden	Male	339	01:49:34	344	01:49:02	M40	88	
846	Phillipa	Sampson	Female	340	01:49:35	343	01:49:00	F45	8	
1377	Jessica	Jones	Female	341	01:49:37	347	01:49:08	F35	28	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
810	Julia	Hill	Female	342	01:49:39	333	01:48:46	FS	19	
1236	Matthew	Clark	Male	343	01:49:39	329	01:48:34	MS	180	WALES URNU
790	Richard	Smith	Male	344	01:49:42	330	01:48:38	MS	181	WALES URNU
153	Alison	Donald	Female	345	01:49:45	354	01:49:30	FS	20	
878	Terresa	Taylor	Female	346	01:49:45	355	01:49:30	F45	9	Womens Running Network
255	Paul	Searle	Male	347	01:49:47	338	01:48:56	M40	89	
1199	Paul	Archer	Male	348	01:49:50	348	01:49:08	MS	182	SOUTH WALES POLICE
1201	Martin	Hilton	Male	349	01:49:51	353	01:49:26	MS	183	
139	Bryan	O'Leary	Male	350	01:49:55	346	01:49:08	MS	184	AMMAN VALLEY HARRIERS
1408	Peter	Cattran	Male	351	01:49:57	357	01:49:36	MS	185	
206	Neil	Stephens	Male	352	01:49:59	352	01:49:22	MS	186	
391	Christine	Davies	Female	353	01:50:05	350	01:49:10	F35	29	
718	Bethan	Wall	Female	354	01:50:05	351	01:49:10	F35	30	
1198	Ruth	Newman	Female	355	01:50:17	334	01:48:46	F35	31	VEGANRUNNERS
1222	Neil	Lewis	Male	356	01:50:18	364	01:50:04	M40	90	Mumbles Milers
250	Sue	Wooller	Female	357	01:50:20	368	01:50:17	F35	32	
375	Kathy	Bradbury	Female	358	01:50:21	360	01:49:39	F45	10	AMMAN VALLEY HARRIERS
793	Keith	Starr	Male	359	01:50:26	345	01:49:02	M50	16	
698	Emma	Simpkins	Female	360	01:50:27	362	01:49:58	F35	33	AMMAN VALLEY HARRIERS
1393	David	Evans	Male	361	01:50:27	359	01:49:38	M40	91	
18	Tim	Jenkinson	Male	362	01:50:33	367	01:50:17	M40	92	
839	Rachel	Jones	Female	363	01:50:34	363	01:50:01	F35	34	LES CROUPIERS RUNNING CLUB
1088	Mark	Davies	Male	364	01:50:36	356	01:49:33	M40	93	
1405	Daniel	Rogers	Male	365	01:50:38	365	01:50:12	MS	187	
53	Catrin	Daniels	Female	366	01:50:43	361	01:49:54	FS	21	BARNET AND DISTRICT
501	Cerian	Screen	Female	367	01:50:45	366	01:50:13	F35	35	
1052	Richard	Springett	Male	368	01:50:54	370	01:50:24	M40	94	
1184	Robert	Eavns	Male	369	01:51:06	369	01:50:23	MS	188	
543	Nigel	Cowan	Male	370	01:51:07	373	01:50:52	M60	4	
1169	Tracey	Newman	Female	371	01:51:16	374	01:51:04	F35	36	LES CROUPIERS RUNNING CLUB
469	Eddie	Morgan	Male	372	01:51:19	358	01:49:38	MS	189	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
811	Gary	Davies	Male	373	01:51:26	372	01:50:37	MS	190	
21	Pierre	Boyre	Male	374	01:51:29	384	01:51:20	MS	191	
130	Steven	Jones	Male	375	01:51:33	385	01:51:28	MS	192	
1122	Luke	Takeuchi	Male	376	01:51:37	371	01:50:29	MS	193	
876	Denise	Perry	Female	377	01:51:39	381	01:51:13	F35	37	
1114	Faye	Downey	Female	378	01:51:53	379	01:51:13	FS	22	
1230	Leah	Dunthorne	Female	379	01:51:53	380	01:51:13	FS	23	
163	Helen	Williams	Female	380	01:51:58	378	01:51:11	F45	11	Aberystwyth AC
40	Elaine	Ferguson	Female	381	01:52:00	395	01:51:52	FS	24	
440	Chris	Montana	Male	382	01:52:03	376	01:51:08	MS	194	
626	Lee	Homeyard	Male	383	01:52:03	387	01:51:30	MS	195	
1418	Deliene	Eyre	Female	384	01:52:04	392	01:51:45	F35	38	3M'S
477	David	Morrell	Male	385	01:52:05	393	01:51:45	MS	196	
1428	Burkhard	Markhoff	Male	386	01:52:07	382	01:51:14	M40	95	
1077	Patricia	Jones	Female	387	01:52:09	391	01:51:44	F45	12	Brackla Harriers
623	Nicholas	Jones	Male	388	01:52:13	397	01:51:59	MS	197	
1121	Hywel	Jones	Male	389	01:52:15	375	01:51:08	MS	198	
989	David Rhys	Hussey	Male	390	01:52:18	396	01:51:55	MS	199	
939	John	Allan	Male	391	01:52:24	394	01:51:51	M50	17	
731	Timothy	Maiden	Male	392	01:52:27	377	01:51:10	MS	200	
1207	Emyr	Thomas	Male	393	01:52:29	388	01:51:32	MS	201	
178	Steve	Riddler	Male	394	01:52:31	390	01:51:43	M40	96	Pencoed Tri
1386	Paul	Binning	Male	395	01:52:35	400	01:52:07	MS	202	
1074	Megan	Mullins	Female	396	01:52:39	389	01:51:41	F35	39	
1178	Ian	McGaw	Male	397	01:52:39	383	01:51:19	M40	97	
1211	Christopher	Ware	Male	398	01:52:41	401	01:52:10	MS	203	
416	Rachel	Stickler	Female	399	01:52:44	406	01:52:24	F35	40	
560	Laurence	Worth	Male	400	01:52:48	404	01:52:23	M40	98	Pembrokeshire Harriers
1438	Lee	Kwok	Male	401	01:52:50	402	01:52:17	MS	204	GLAMORGAN HEALTH & RAQUET CLUB
1214	Martin	Davies	Male	402	01:52:57	413	01:52:36	MS	205	
386	Neil	Blaney	Male	403	01:53:01	386	01:51:29	MS	206	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
447	Clive	Tucker	Male	404	01:53:01	399	01:52:06	M40	99	
1116	Steffan	Williams	Male	405	01:53:02	415	01:52:46	MS	207	
249	Adrian	Davies	Male	406	01:53:08	414	01:52:42	MS	208	
20	William	Curtis	Male	407	01:53:10	420	01:53:01	MS	209	
37	James	Davies	Male	408	01:53:11	405	01:52:23	MS	210	3M'S
52	Mike	Lister	Male	409	01:53:11	421	01:53:01	M50	18	LES GROUPIERS RUNNING CLUB
762	Ray	Fisher	Male	410	01:53:20	409	01:52:28	M50	19	
281	Carlos	Land	Male	411	01:53:22	403	01:52:22	MS	211	
848	Ben	Manning	Male	412	01:53:22	412	01:52:32	MS	212	
991	Graham	Pike	Male	413	01:53:25	408	01:52:26	M60	5	
819	Andrew	Daniel	Male	414	01:53:26	398	01:52:00	MS	213	
256	Alan	Williams	Male	415	01:53:27	407	01:52:26	M40	100	
54	Susan	Harris	Female	416	01:53:28	419	01:52:59	F35	41	TEAM DEVIANT
82	Andrew	Davies	Male	417	01:53:29	424	01:53:06	MS	214	
1204	John	Wilkins	Male	418	01:53:34	411	01:52:31	M40	101	
80	Tom	Denman	Male	419	01:53:36	427	01:53:14	MS	215	
699	Phillip	Tucker	Male	420	01:53:44	410	01:52:30	MS	216	
259	Pixie	Taylor	Female	421	01:53:47	425	01:53:12	F35	42	
144	Suzanne	Carpenter	Female	422	01:53:58	418	01:52:58	F45	13	CAERLEON RUNNING CLUB
537	Darren	Hall	Male	423	01:54:03	416	01:52:50	MS	217	
88	Sara	Edwards	Female	424	01:54:05	434	01:53:51	FS	25	
674	Melanie	Youngs	Female	425	01:54:06	423	01:53:06	FS	26	
109	Kate	Croall	Female	426	01:54:08	429	01:53:29	F35	43	
264	Stephen	Osborne	Male	427	01:54:08	435	01:53:52	MS	218	
1449	Stuart	Andrew	Male	428	01:54:10	417	01:52:53	MS	219	
367	Joseph	Rainsbury	Male	429	01:54:13	430	01:53:36	MS	220	
355	Beverley	Cadogan	Female	430	01:54:21	428	01:53:23	FS	27	
716	Greg	Dow	Male	431	01:54:22	422	01:53:03	MS	221	
353	Rhian	Davies	Female	432	01:54:25	438	01:54:06	FS	28	
1361	Andrew	Thomson	Male	433	01:54:36	426	01:53:13	M50	20	
1003	Catherine	Harper	Female	434	01:54:37	446	01:54:22	F45	14	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
162	Stephen	Rees	Male	435	01:54:40	439	01:54:08	MS	222	
596	Alun	Williams	Male	436	01:54:43	440	01:54:09	MS	223	Clwb Rhedeg Caerdydd
12	Ian	Mears	Male	437	01:54:49	441	01:54:14	MS	224	
562	Philip	Kyte	Male	438	01:54:49	444	01:54:17	MS	225	
555	Nick	Thorne	Male	439	01:54:52	445	01:54:22	MS	226	
1025	Malcolm	Jones	Male	440	01:54:52	432	01:53:47	M50	21	Brackla Harriers
567	Chris	Daniel	Male	441	01:54:55	436	01:54:02	M40	102	BRITISH TRIATHLON CLUB
446	Liam	Gallagher	Male	442	01:54:58	433	01:53:48	MS	227	
533	Gareth	Jones	Male	443	01:54:59	443	01:54:15	MS	228	
145	Bethan	Thomas	Female	444	01:55:03	431	01:53:46	FS	29	
1197	Ian	Jempson	Male	445	01:55:05	447	01:54:28	MS	229	
990	Cathy	Thomas	Female	446	01:55:05	437	01:54:06	FS	30	Running4Women
1284	Chris	Griffiths	Male	447	01:55:10	450	01:54:37	MS	230	
311	Richard	Goddard	Male	448	01:55:22	442	01:54:15	MS	231	
590	Melanie	Jefferson	Female	449	01:55:22	448	01:54:32	F35	44	
589	Stephen	Himbury	Male	450	01:55:22	449	01:54:33	M40	103	
1429	Richard	Pennell	Male	451	01:55:30	455	01:54:56	MS	232	GLAMORGAN HEALTH & RAQUET CLUB
642	Paul	Read	Male	452	01:55:30	456	01:54:57	MS	233	
987	Mark	Evans	Male	453	01:55:37	453	01:54:45	MS	234	
934	Delme	Parfitt	Male	454	01:55:39	452	01:54:45	MS	235	
756	Benjamin	Haynes	Male	455	01:55:45	459	01:55:03	MS	236	
1202	Michael	Williams	Male	456	01:55:47	454	01:54:55	MS	237	
87	Hilary	Davis	Female	457	01:55:55	466	01:55:30	F35	45	
657	Peter	Kissick	Male	458	01:56:00	465	01:55:28	M40	104	
1362	Jason	Crook	Male	459	01:56:03	461	01:55:14	MS	238	
219	Gareth	Jones	Male	460	01:56:04	463	01:55:26	MS	239	
1069	Ray	Majer	Male	461	01:56:07	464	01:55:26	M50	22	
1277	Geraint	Edwards	Male	462	01:56:09	460	01:55:06	MS	240	
1425	Elin	O'Neill	Female	463	01:56:11	474	01:55:45	F35	46	
680	Jenny	Clark	Female	464	01:56:11	473	01:55:45	FS	31	
666	Stephen	Greenaway	Male	465	01:56:13	451	01:54:44	M40	105	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
758	Karen	Hurd	Female	466	01:56:14	481	01:55:59	F45	15	TAFF ELY TRI
614	Andrea	Davies	Female	467	01:56:15	469	01:55:39	FS	32	
954	Stephen	Bartlett	Male	468	01:56:16	480	01:55:57	M40	106	Road Runners Club
778	Christopher	Lane	Male	469	01:56:16	477	01:55:49	M40	107	
106	Sally	Zerk	Female	470	01:56:17	482	01:56:03	F35	47	
159	Simon	Elias	Male	471	01:56:18	478	01:55:55	M40	108	
13	Helen	Mears	Female	472	01:56:19	471	01:55:44	F35	48	
129	Nigel Leighton	Jones	Male	473	01:56:19	462	01:55:16	M50	23	
503	Keir	Lewis	Male	474	01:56:23	458	01:55:00	MS	241	
721	Neil	George	Male	475	01:56:26	457	01:54:59	MS	242	
1447	Grant	Jones	Male	476	01:56:27	475	01:55:46	MS	243	
797	Roger	Sandland	Male	477	01:56:31	479	01:55:55	M60	6	TELFORD A.C
1066	Peter	Harding	Male	478	01:56:37	472	01:55:45	M60	7	CARMARTHEN HARRIERS
273	Simon	Kinsey	Male	479	01:56:40	488	01:56:28	MS	244	VIRTUAL ATHLETICS
644	Johanna	Tucker	Female	480	01:56:42	483	01:56:03	F35	49	
480	David	Richards	Male	481	01:56:43	476	01:55:49	M40	109	
224	William	Campion	Male	482	01:56:48	470	01:55:41	MS	245	
1281	Wayne	Townley	Male	483	01:56:59	486	01:56:23	M40	110	
372	Emma	Jonah	Female	484	01:57:06	468	01:55:37	FS	33	
371	Marc	Jonah	Male	485	01:57:06	467	01:55:37	MS	246	
982	Laura	Doheny	Female	486	01:57:11	494	01:56:49	F35	50	ABERGAVENNY STRIDERS
470	Daniel	Harries	Male	487	01:57:14	496	01:56:52	MS	247	
647	David	Thomas	Male	488	01:57:22	501	01:56:59	M50	24	
1023	John	Evans	Male	489	01:57:24	485	01:56:18	MS	248	
329	Mark	Carter	Male	490	01:57:25	487	01:56:25	M40	111	
498	William	Honey	Male	491	01:57:27	484	01:56:07	MS	249	
599	Robert	Monticelli	Male	492	01:57:28	512	01:57:16	M50	25	
193	Andrew	Hanney	Male	493	01:57:37	514	01:57:20	M40	112	Llanelli Tri
1280	Melanie	Walker	Female	494	01:57:37	505	01:57:03	F35	51	
1117	Tom	Furness	Male	495	01:57:40	502	01:57:00	M50	26	Trots
283	Richard	Donne	Male	496	01:57:41	511	01:57:13	M40	113	3M'S

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
785	Michael	Rydiard	Male	497	01:57:41	490	01:56:35	MS	250	WALES URNU
505	Leanne	Marr	Female	498	01:57:48	489	01:56:29	FS	34	
472	Owen	Morgan	Male	499	01:57:49	491	01:56:38	M40	114	
133	Jessica	Trim	Female	500	01:57:52	500	01:56:58	FS	35	Womens Running Network
970	Eiry	Miles	Female	539	01:59:08	550	01:58:33	FS	50	
408	Kellinu	Portelli	Male	540	01:59:08	543	01:58:17	M40	121	
459	Elizabeth	Pearson	Female	541	01:59:08	542	01:58:17	FS	51	
1014	Diane	Williams	Female	542	01:59:09	553	01:58:37	F35	56	
1136	Mike	James	Male	543	01:59:09	555	01:58:39	M60	9	LES CROUPIERS RUNNING CLUB
83	Gary	Marshall	Male	544	01:59:15	532	01:57:59	M40	122	
1161	Helen	Parry	Female	545	01:59:16	546	01:58:27	F45	17	
289	Lee	Shackson	Male	546	01:59:17	530	01:57:58	MS	260	
952	Amanda	Trevatt	Female	547	01:59:18	531	01:57:59	FS	52	
593	Nicola	Griffiths	Female	548	01:59:19	547	01:58:27	F35	57	SOSPAN ROAD RUNNERS
1215	Paul	Coleby	Male	549	01:59:21	540	01:58:13	M40	123	
611	James	Jenkins	Male	550	01:59:24	559	01:58:44	MS	261	
121	Stephen	Burns	Male	551	01:59:31	566	01:59:13	M40	124	
685	Jayne	Blakemore	Female	552	01:59:33	556	01:58:41	F45	18	
853	Heather	Payton	Female	553	01:59:37	565	01:59:13	F55	1	Trent Park RC
45	Jonathan	Kinnear	Male	554	01:59:38	552	01:58:36	M40	125	
93	Jason	Mcgill	Male	555	01:59:39	539	01:58:13	MS	262	
94	Nichola	Bowden	Female	556	01:59:39	541	01:58:13	FS	53	
1065	Jeremy	Alford	Male	557	01:59:40	537	01:58:09	MS	263	
637	Stephen	Mullane	Male	558	01:59:41	557	01:58:43	MS	264	
131	Ian	Jones	Male	559	01:59:42	564	01:59:13	MS	265	
1105	Martin	Jones	Male	560	01:59:42	551	01:58:35	MS	266	
930	Mark	Lazurus	Male	561	01:59:44	554	01:58:37	MS	267	
246	Aidan	Davies	Male	562	01:59:51	548	01:58:29	MS	268	
1113	David	Jones	Male	563	01:59:51	561	01:59:05	M40	126	
817	Gemma	Morgan	Female	564	01:59:53	567	01:59:15	FS	54	LLANELLI SOSPANS
351	Jane	Griffiths	Female	565	01:59:57	571	01:59:38	FS	55	

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Lanelli Half Marathon 2007 Results

Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
320	Gill	Bristow	Female	566	02:00:01	568	01:59:27	F35	58	
8	Sam	Stewart	Male	567	02:00:08	560	01:58:49	MS	269	
1037	Jonathan	Viveash	Male	568	02:00:09	563	01:59:12	MS	270	
813	Pamela	Suter	Female	569	02:00:11	576	01:59:49	FS	56	
1087	Louise	Manwaring	Female	570	02:00:19	573	01:59:43	F45	19	BAD RUNNERS
1094	Sarah	James	Female	571	02:00:20	574	01:59:43	FS	57	
1439	Ian	Henton	Male	572	02:00:20	562	01:59:09	MS	271	celtic tri
475	Jennifer	Coombs	Female	573	02:00:24	572	01:59:42	F35	59	
643	Sara	Griffiths	Female	574	02:00:29	591	02:00:26	FS	58	Neath Harriers
635	Simon	Collier	Male	575	02:00:34	578	01:59:55	MS	272	
1125	Ian	Henry	Male	576	02:00:34	579	01:59:55	MS	273	
424	Martin	Duffy	Male	577	02:00:35	590	02:00:26	M40	127	
365	Lee	Hickman	Male	578	02:00:39	584	02:00:16	MS	274	
542	Moir	Edwards	Female	579	02:00:44	586	02:00:19	F35	60	
165	Mathew	Rees	Male	580	02:00:49	585	02:00:17	MS	275	
619	Menna	Thomas	Female	581	02:00:54	570	01:59:37	FS	59	
682	Janice	Clement	Female	582	02:00:55	583	02:00:14	F45	20	PENARTH & DINAS RC
169	Kate	Evans	Female	583	02:00:58	581	02:00:06	FS	60	
854	Mike	Mathews	Male	584	02:01:00	592	02:00:36	M60	10	
667	Sally	Haines	Female	585	02:01:01	569	01:59:33	F45	21	
827	Andrew	Oatley	Male	586	02:01:01	587	02:00:24	M40	128	
851	Julie	Thomas	Female	587	02:01:02	575	01:59:44	F45	22	3M'S
1051	Mathew	Fincher	Male	588	02:01:12	595	02:00:57	MS	276	SOSPAN ROAD RUNNERS
816	Lorraine	Coopey	Female	589	02:01:14	580	02:00:05	F35	61	
58	Marc	Barrow	Male	590	02:01:15	577	01:59:51	MS	277	
910	Helen	Phillips	Female	591	02:01:17	597	02:01:05	F45	23	AMMAN VALLEY HARRIERS
508	Nick	John	Male	592	02:01:22	582	02:00:11	MS	278	
1217	Anthony	Booth	Male	593	02:01:31	589	02:00:25	MS	279	WALES URNU
430	Sheryl	Husband	Female	594	02:01:31	588	02:00:24	F35	62	
747	Wendy	Owen	Female	595	02:01:31	596	02:01:04	F35	63	
518	Andrew	George	Male	596	02:01:40	593	02:00:37	M40	129	Chepstow Harriers

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
1118	Martin	Mahoney	Male	597	02:01:42	594	02:00:49	M50	30	
236	Debbier	Roberts	Female	598	02:01:55	598	02:01:08	F35	64	Avon Valley Runners
512	Jessica	Forse	Female	599	02:01:58	606	02:01:41	FS	61	
179	Paul	Evans	Male	600	02:01:59	601	02:01:31	M40	130	celtic tri
510	Liz	Gard	Female	601	02:02:12	610	02:01:56	FS	62	Avon Valley Runners
65	Cathy	Chamberlain	Female	602	02:02:13	604	02:01:40	F35	65	
556	Mark	Waters	Male	603	02:02:17	600	02:01:29	MS	280	
1367	Gary	Richards	Male	604	02:02:18	603	02:01:36	MS	281	
1213	Maurizio	Brotto	Male	605	02:02:37	611	02:01:57	M40	131	
1140	Fiona	Welsh	Female	606	02:02:46	599	02:01:15	F35	66	
735	Karen	Tuckfield	Female	607	02:02:48	609	02:01:55	F35	67	
215	Robert	Fenwick	Male	608	02:02:54	613	02:02:21	MS	282	
988	David	Pope	Male	609	02:02:55	602	02:01:32	MS	283	VIRTUAL ATHLETICS
209	Carys	Roberts	Female	610	02:03:01	605	02:01:40	FS	63	
142	Stuart	Charles	Male	611	02:03:06	607	02:01:52	MS	284	
218	Sarah	Burgess	Female	612	02:03:07	614	02:02:24	FS	64	
1126	Gareth	Holyfield	Male	613	02:03:14	621	02:02:51	M40	132	
1020	Deborah	Price	Female	614	02:03:18	612	02:02:18	F35	68	
730	James	O'Grady	Male	615	02:03:22	608	02:01:55	MS	285	
767	Claire	Lloyd	Female	616	02:03:27	616	02:02:33	FS	65	SATURDAY CLUB STROLLERS
1053	Dai	Pick	Male	617	02:03:30	625	02:03:15	M40	133	CARMARTHEN HARRIERS
847	Catherine	Hancox	Female	618	02:03:34	622	02:02:58	F35	69	
571	John	Morris	Male	619	02:03:59	615	02:02:33	MS	286	
1130	Dominic	Boyle	Male	620	02:03:59	617	02:02:33	MS	287	
1133	Geraint	Evans	Male	621	02:04:00	620	02:02:50	MS	288	
958	Mary	Crawford	Female	622	02:04:01	626	02:03:15	F45	24	Trots
506	Lisa	Griffin	Female	623	02:04:02	618	02:02:47	FS	66	
630	Colin	Picton	Male	624	02:04:03	619	02:02:49	MS	289	
1397	Jacqueline	Phillips	Female	625	02:04:03	627	02:03:17	F35	70	
1134	Juliet	Colclough	Female	626	02:04:11	623	02:03:01	FS	67	
759	N	Jenkins	Male	627	02:04:15	636	02:03:47	M40	134	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
1043	Elizabeth	Richards	Female	628	02:04:26	633	02:03:40	FS	68	
310	Helen	Lansdown	Female	629	02:04:27	628	02:03:21	FS	69	
116	Lisa	Smallman	Female	630	02:04:30	629	02:03:23	FS	70	
339	Lee	Parry	Male	631	02:04:48	624	02:03:15	MS	290	
107	Emma	Richards	Female	632	02:04:49	640	02:04:09	FS	71	
806	Shirley	Davies	Female	633	02:04:56	637	02:03:48	F35	71	
449	Vivienne	Jones	Female	634	02:04:59	638	02:03:53	FS	72	
313	Dafydd	Bevan	Male	635	02:05:01	632	02:03:37	MS	291	
1432	Robert	Thomas	Male	636	02:05:05	644	02:04:36	M40	135	
980	Martyn	Jones	Male	637	02:05:06	635	02:03:45	M40	136	
919	Sarah	Rogerson	Female	638	02:05:06	631	02:03:35	FS	73	
336	Alun	Parry	Male	639	02:05:06	630	02:03:34	MS	292	
257	Stephanie	Jones	Female	640	02:05:16	641	02:04:16	FS	74	
507	Ching	Yip	Male	641	02:05:20	634	02:03:42	MS	293	
618	Simon	Jones	Male	642	02:05:21	639	02:04:04	MS	294	
376	James	Bradbury	Male	643	02:05:27	645	02:04:44	M40	137	
401	Lorraine	Baron	Female	644	02:05:30	646	02:04:52	F35	72	Ryde Harriers
729	Sian	Jones	Female	645	02:05:35	642	02:04:23	FS	75	
661	Terry	Shore	Male	646	02:05:35	643	02:04:27	M50	31	
903	Mary	Powles	Female	647	02:05:45	647	02:04:53	F45	25	
1067	Mark	Kemp	Male	648	02:05:47	648	02:04:54	MS	295	
1103	Daniel	Madge	Male	649	02:05:58	654	02:05:22	MS	296	LIFE HEALTH & FITNESS CLUB
918	Julie	Archer	Female	650	02:06:11	651	02:05:19	F35	73	
71	Jessie	Akin	Female	651	02:06:23	649	02:05:04	FS	76	
411	Gill	Ellis	Female	652	02:06:24	653	02:05:21	F45	26	Chepstow Harriers
406	Gareth	Jenkins	Male	653	02:06:25	652	02:05:21	M40	138	Chepstow Harriers
587	Melanie	Mallon	Female	654	02:06:25	659	02:05:54	F35	74	
660	Susie	Matthews	Female	655	02:06:30	656	02:05:33	FS	77	
974	Jacqueline	King	Female	656	02:06:37	658	02:05:41	F35	75	
820	Greg	Sandles	Male	657	02:06:38	650	02:05:14	MS	297	
924	Arvanka	Pratt	Female	658	02:06:39	662	02:06:04	F55	2	

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Lanelli Half Marathon 2007 Results

Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
697	Anne	Brown	Female	659	02:06:42	668	02:06:24	F55	3	Womens Running Network
530	Stephanie	Schwarze	Female	660	02:06:46	657	02:05:37	F35	76	
195	Stephen	Morris	Male	661	02:06:51	663	02:06:11	M40	139	
777	Chris	Cogswell	Male	662	02:06:54	655	02:05:24	MS	298	
856	Mrs	Murphy	Female	663	02:06:58	664	02:06:13	F35	77	Womens Running Network
451	Jessica	Aston	Female	664	02:07:03	660	02:05:58	FS	78	
1404	Justin	Knox	Male	665	02:07:06	679	02:06:44	MS	299	
461	Sarah	Tudor	Female	666	02:07:06	670	02:06:25	F35	78	PENARTH & DINAS RC
1422	Mark	Warren	Male	667	02:07:12	661	02:05:59	M40	140	
1394	Annette	Evans	Female	668	02:07:14	671	02:06:25	F35	79	
151	Celeste	Mottahedin-Fardo	Female	669	02:07:18	674	02:06:31	FS	79	
1146	Michael	Warner	Male	670	02:07:19	672	02:06:26	M60	11	
938	Katherine	Thomas	Female	671	02:07:20	678	02:06:42	F45	27	
392	Philip	Jones	Male	672	02:07:25	667	02:06:22	M40	141	
450	Carwyn	Phillips	Male	673	02:07:30	669	02:06:24	M40	142	
494	Andrew	Light	Male	674	02:07:31	665	02:06:15	M40	143	
47	Jonathan	Pitt	Male	675	02:07:32	694	02:07:24	MS	300	
110	Gavin	Jones	Male	676	02:07:36	676	02:06:35	MS	301	
1092	Gillian	Ellis	Female	677	02:07:36	675	02:06:32	F45	28	
443	Christopher	Mason	Male	678	02:07:36	691	02:07:19	MS	302	
19	Robert	Clarke	Male	679	02:07:38	677	02:06:35	M40	144	
210	Melanie	Jehu	Female	680	02:07:42	673	02:06:29	F35	80	
1365	Darryl	Owen	Male	681	02:07:51	681	02:06:54	MS	303	
496	Nia	Godsmark	Female	682	02:07:53	666	02:06:21	FS	80	
1093	Rachel	Harwood	Female	683	02:08:01	683	02:06:59	FS	81	
357	Elizabeth	Harris	Female	684	02:08:07	695	02:07:26	F35	81	
1410	Alan	Jones	Male	685	02:08:08	685	02:07:02	M40	145	
1081	Juliet	Milne	Female	686	02:08:09	680	02:06:45	FS	82	
1057	Sian	Wembridge	Female	687	02:08:11	702	02:07:44	FS	83	
727	Russell	Omalley	Male	688	02:08:12	682	02:06:59	MS	304	
732	Steffan	Nurse	Male	689	02:08:14	684	02:07:01	MS	305	

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Lanelli Half Marathon 2007 Results

Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
485	Leanne	Levi	Female	690	02:08:15	686	02:07:08	FS	84	
486	Robert	Levi	Male	691	02:08:15	687	02:07:09	MS	306	
686	Geoffrey	Wright	Male	692	02:08:17	707	02:07:58	M50	32	LES CROUPIERS RUNNING CLUB
305	G H	Jenkins	Male	693	02:08:21	693	02:07:23	MS	307	AMMAN VALLEY HARRIERS
312	Philip	Matthews	Male	694	02:08:23	692	02:07:19	MS	308	
855	Vaughan	Perkins	Male	695	02:08:23	696	02:07:33	MS	309	
588	Alan	Sergeant	Male	696	02:08:25	703	02:07:48	M40	146	
1385	Justine	Dawkins	Female	697	02:08:26	688	02:07:15	F35	82	
38	Nerys	Hughes	Female	698	02:08:26	708	02:08:00	FS	85	
844	Jayne	Jeffrey	Female	699	02:08:31	698	02:07:39	F35	83	
1220	Heather	Jeffrey	Female	700	02:08:32	699	02:07:40	F35	84	
1188	Dominic	Norcross	Male	701	02:08:37	690	02:07:18	MS	310	
812	Matt	Moverley	Male	702	02:08:42	712	02:08:29	MS	311	
1021	John	Price	Male	703	02:08:52	705	02:07:52	M50	33	
118	Liz	Lewis	Female	704	02:08:52	704	02:07:51	F35	85	
48	Cenydd	Hamilton	Male	705	02:08:58	689	02:07:18	MS	312	
693	Mike	Todd	Male	706	02:08:59	697	02:07:38	M50	34	AMMAN VALLEY HARRIERS
993	Alun	Duckstein	Male	707	02:09:06	701	02:07:43	M40	147	
315	Daniel	Thomas	Male	708	02:09:08	709	02:08:05	M40	148	
953	Sarah	Stevens	Female	709	02:09:12	706	02:07:54	FS	86	
483	Maureen	Foley	Female	710	02:09:15	710	02:08:13	F35	86	NEATH WOMENS RUNNING NETWORK
897	Catherine	Larkman	Female	711	02:09:15	718	02:08:49	F35	87	
1048	John	Lambert	Male	712	02:09:17	700	02:07:42	M60	12	
1278	Daniel	Cundy	Male	713	02:09:21	714	02:08:34	M40	149	
1024	Linzi	Johnstone	Female	714	02:09:21	715	02:08:35	F45	29	
1034	Carolyn	Heaven	Female	715	02:09:23	711	02:08:21	F35	88	Womens Running Network
814	Ray	Verlaque	Male	716	02:09:28	713	02:08:33	M40	150	
1427	Lynne	Evans	Female	717	02:09:37	717	02:08:46	F45	30	
703	Owen	Spacie	Male	718	02:09:47	723	02:09:16	MS	313	
1071	Louise	Careswell	Female	719	02:09:50	721	02:09:04	FS	87	Mounts Bay Harriers
1193	Norman	Jones	Male	720	02:09:52	728	02:09:30	M60	13	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
1039	Janet	Owens	Female	721	02:09:54	720	02:08:59	F35	89	
108	Lisa	Fabb	Female	722	02:09:57	722	02:09:14	F35	90	
149	Rachel	Bowen	Female	723	02:10:11	716	02:08:43	FS	88	
712	Kate	Brooks	Female	724	02:10:15	743	02:10:00	F35	91	
175	Rhian	Jones	Female	725	02:10:22	719	02:08:57	FS	89	
704	Megan	Jones	Female	726	02:10:25	739	02:09:54	FS	90	
1285	Edward	Newman	Male	727	02:10:30	744	02:10:09	M60	14	COFFIN DODGERS
860	Helen	Stockes	Female	728	02:10:31	737	02:09:53	FS	91	
871	Rosie	Ash	Female	729	02:10:35	734	02:09:50	F35	92	Womens Running Network
1390	Mike	Ash	Male	730	02:10:35	736	02:09:50	M40	151	
886	Paul	Henton	Male	731	02:10:41	724	02:09:22	MS	314	
887	Sharron	Henton	Female	732	02:10:41	725	02:09:23	F35	93	
471	Abigail	Thomas	Female	733	02:10:44	749	02:10:33	FS	92	
849	Rosie	Level	Female	734	02:10:48	741	02:09:58	FS	93	
98	Russell	Searle	Male	735	02:10:51	730	02:09:42	M40	152	
99	Rachel	Searle	Female	736	02:10:51	731	02:09:42	FS	94	
119	Sara	Edwards	Female	737	02:10:53	742	02:09:58	F35	94	
1075	Shaun	Bowmer	Male	738	02:10:54	726	02:09:29	MS	315	
748	Carys	Roderick	Female	739	02:10:57	740	02:09:57	F35	95	
344	David	Thomas	Male	740	02:10:58	750	02:10:34	MS	316	
395	Sally	Geer	Female	741	02:10:59	751	02:10:36	F35	96	
997	Lesley	Alexander	Female	742	02:10:59	733	02:09:47	F45	31	Brackla Harriers
284	Pamela	Clancy	Female	743	02:11:03	729	02:09:35	F45	32	
1406	Leeann	Morgan	Female	744	02:11:04	735	02:09:50	FS	95	
743	Jayne	Dawson	Female	745	02:11:05	732	02:09:46	F35	97	3M'S
1045	Celia	Melvin	Female	746	02:11:09	745	02:10:10	F45	33	
576	David	Angel	Male	747	02:11:11	727	02:09:29	MS	317	
164	Mathew	Walsh	Male	748	02:11:12	752	02:10:40	MS	318	
1123	Michael	Brown	Male	749	02:11:17	747	02:10:29	M50	35	
625	Louise	Rees	Female	750	02:11:18	738	02:09:53	FS	96	
1022	Gemma	Evans	Female	751	02:11:37	748	02:10:33	FS	97	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
35	Andrew	Gill	Male	752	02:11:39	746	02:10:23	MS	319	
263	Gail	Osborne	Female	753	02:11:41	760	02:11:24	F35	98	
945	Helen	Scott	Female	754	02:11:45	758	02:11:07	FS	98	
976	Jennifr	Barber	Female	755	02:11:56	754	02:10:54	FS	99	
1205	Julia	Williams	Female	756	02:11:58	755	02:10:59	F35	99	
808	Catherine	Richards	Female	757	02:11:58	753	02:10:50	F45	34	
223	Steven	Mock	Male	758	02:12:03	759	02:11:15	MS	320	
499	Jayne	Aitken	Female	759	02:12:13	756	02:11:01	F35	100	
736	Richard	Blayney	Male	760	02:12:25	761	02:11:33	M40	153	
641	Joe	Annandale	Male	761	02:12:28	757	02:11:05	MS	321	
16	Nina	Brocklebank	Female	762	02:12:41	769	02:12:11	F35	101	Womens Running Network
1395	Amanda	Hemp	Female	763	02:12:51	767	02:12:07	FS	100	
1391	Claire	Parkin	Female	764	02:12:51	768	02:12:08	FS	101	
1033	Janine	Snell	Female	765	02:12:56	773	02:12:50	F35	102	
1026	Simon	Prothero	Male	766	02:13:02	772	02:12:26	M40	154	
679	Andy	Hunter	Male	767	02:13:11	762	02:11:50	M50	36	
981	Colin	Gardener	Male	768	02:13:17	763	02:11:56	M50	37	
859	Sheila	Furness	Female	769	02:13:30	764	02:12:01	F45	35	
298	Chris	Williams	Male	770	02:13:30	765	02:12:02	MS	322	
858	Tim	Crisp	Male	771	02:13:30	766	02:12:02	M50	38	
56	Kevin	Evans	Male	772	02:13:38	771	02:12:15	MS	323	
1232	Owen	Cawley	Male	773	02:13:44	770	02:12:13	MS	324	
160	Liz	Waites	Female	774	02:14:06	780	02:13:42	F45	36	
342	Elizabeth	Webber	Female	775	02:14:16	786	02:14:05	FS	102	
909	Helena	Sykes	Female	776	02:14:18	774	02:12:56	FS	103	
1435	Helen	Jones	Female	777	02:14:24	775	02:13:02	F35	103	
425	Donna	Caswell	Female	778	02:14:32	783	02:13:47	F35	104	
1194	Ian	Dobble	Male	779	02:14:36	776	02:13:15	MS	325	
998	Rob	Caulfield	Male	780	02:14:44	777	02:13:33	MS	326	
1366	Matthew	Williams	Male	781	02:14:45	778	02:13:41	MS	327	
787	Sean	Esmonde	Male	782	02:14:46	779	02:13:42	MS	328	WALES URNU

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
1431	Catherine	Llewellyn	Female	783	02:14:47	788	02:14:12	F35	105	
1119	Lisa	Phillips	Female	784	02:14:48	785	02:13:48	F35	106	
578	Janet	Hannaford	Female	785	02:14:48	781	02:13:44	F45	37	
442	Laura	Burns	Female	786	02:14:58	792	02:14:40	FS	104	
585	Ian	Gill	Male	787	02:15:05	784	02:13:48	MS	329	
489	Cath	Morgan	Female	788	02:15:18	793	02:14:40	FS	105	Womens Running Network
957	Frankie	Dettori	Male	789	02:15:24	782	02:13:44	M50	39	
377	Helen	Williams	Female	790	02:15:27	799	02:15:21	F35	107	
944	John	Williams	Male	791	02:15:29	789	02:14:18	M40	155	
1415	John	Benjamin	Male	792	02:15:30	787	02:14:07	MS	330	
1104	Claire	Jones	Female	793	02:15:36	790	02:14:24	FS	106	Brackla Harriers
515	Andre	Mcperson	Male	794	02:15:40	794	02:14:45	MS	331	
509	Mark	Ravenhall	Male	795	02:15:52	791	02:14:39	MS	332	
1008	James	Davies	Male	796	02:16:07	795	02:14:47	MS	333	
656	Robin	Powell	Male	797	02:16:07	798	02:15:02	MS	334	
23	Finola	Wilson	Female	798	02:16:21	796	02:14:51	F35	108	Womens Running Network
51	Mandy	Beer	Female	799	02:16:22	797	02:14:52	F45	38	Womens Running Network
950	Stephanie	Perrett	Female	800	02:16:40	800	02:15:27	FS	107	
517	Jessica	Rees	Female	801	02:16:47	806	02:16:41	FS	108	
417	Rebecca	Farr	Female	802	02:17:02	803	02:15:53	FS	109	
30	Polly	Groom	Female	803	02:17:03	801	02:15:34	FS	110	
29	Jaynie	Rance	Female	804	02:17:09	802	02:15:34	F35	109	
90	Judy	Donovan	Female	805	02:17:36	807	02:17:00	F35	110	
91	Anthony	Donovan	Male	806	02:17:36	808	02:17:01	MS	335	
925	Mari	Roberts	Female	807	02:17:42	804	02:16:21	FS	111	
95	Nicola	Turner	Female	808	02:17:46	805	02:16:26	FS	112	
604	Angie	Hall	Female	809	02:18:05	810	02:17:38	F35	111	
1271	Cleathero	Claire	Female	810	02:18:42	809	02:17:16	FS	113	Trots
673	Heather	Pierce	Female	811	02:18:52	811	02:17:50	F35	112	Womens Running Network
244	Diane	Keen	Female	812	02:19:49	812	02:18:53	F35	113	Northbrook AC
337	Owen	Williams	Male	813	02:20:25	813	02:19:04	M60	15	AMMAN VALLEY HARRIERS

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Lanelli Half Marathon 2007 Results

Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
669	Catrin	Howells	Female	814	02:20:38	814	02:19:09	FS	114	
161	Kathy	Bennett	Female	815	02:20:40	816	02:19:52	F45	39	
1036	Amanda	Jones	Female	816	02:21:07	815	02:19:40	FS	115	
868	Simon	Chiffi	Male	817	02:21:11	819	02:20:21	MS	336	
262	Kate	Chamberlain	Female	818	02:21:37	817	02:20:07	F35	114	
454	Paul	Skinner	Male	819	02:21:40	821	02:20:46	MS	337	
951	Johnathan	Parker	Male	820	02:21:50	824	02:20:54	MS	338	
360	Sharron	Daly	Female	821	02:21:52	818	02:20:21	FS	116	ESPORTA BRIDGEND
1170	Clare	Kirk	Female	822	02:22:01	827	02:21:12	F55	4	
232	Michaela	Heyes	Female	823	02:22:04	826	02:21:07	FS	117	
1275	Clare	Pendleton	Female	824	02:22:07	820	02:20:33	F35	115	
297	Caroline	Frampton	Female	825	02:22:23	823	02:20:53	F45	40	
852	Dean	Israel	Male	826	02:22:24	822	02:20:51	M40	156	
775	James	Greenwood	Male	827	02:22:30	825	02:20:58	MS	339	
1111	Patricia	Stanley	Female	828	02:22:34	828	02:21:21	F45	41	Brackla Harriers
629	Beverley	Hathor	Female	829	02:22:53	829	02:21:27	F35	116	
943	Rhian	Williams	Female	830	02:22:54	830	02:21:43	F35	117	
1076	Sarah	Smiles	Female	831	02:22:57	837	02:22:32	FS	118	Brackla Harriers
420	Rebecca	Powell	Female	832	02:23:03	831	02:21:54	FS	119	
422	Louise	Cleobury	Female	833	02:23:03	832	02:21:54	FS	120	
1012	Ceri	Williams	Female	834	02:23:03	833	02:21:54	FS	121	
1445	Bethan	Jones	Female	835	02:23:20	834	02:21:57	FS	122	
341	Gaynor	Hulland	Female	836	02:23:35	835	02:22:00	F45	42	3M'S
850	Emma	Manson	Female	837	02:23:55	836	02:22:25	F35	118	
1424	Kamal	Ray	Male	838	02:24:07	839	02:23:06	MS	340	
1190	Joanne	Boden	Female	839	02:24:09	840	02:23:09	FS	123	
1379	Gary	Grey	Male	840	02:24:39	838	02:23:06	MS	341	
1009	Nia	Dickie	Female	841	02:25:14	841	02:24:08	F35	119	
1035	Sue	Edwards	Female	842	02:25:30	842	02:24:09	F35	120	
754	Emyr	Evans	Male	843	02:25:42	843	02:24:27	MS	342	
114	Lee	Jenkins	Male	844	02:25:43	844	02:24:34	MS	343	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
865	Lisa	Wright	Female	845	02:25:45	846	02:24:56	F35	121	
137	Fran	Clarke	Female	846	02:25:45	845	02:24:56	F35	122	
881	Mr	Manfield	Male	847	02:26:11	847	02:24:57	M40	157	
1206	Andrew	Williams	Male	848	02:26:12	848	02:25:14	M40	158	
742	Charlotte	Goodwin	Female	849	02:26:15	849	02:25:14	FS	124	
1273	Alison	Silke	Female	850	02:26:37	851	02:25:45	F35	123	
239	Mary	Donnelly	Female	851	02:26:48	850	02:25:33	F35	124	Brackla Harriers
534	Genette	Derrick	Female	852	02:26:48	853	02:26:15	F35	125	
482	Sian	Davies	Female	853	02:27:32	864	02:27:15	F35	126	
1200	Geraint	Williams	Male	854	02:27:35	852	02:26:07	M50	40	
217	Catherine	Otto	Female	855	02:27:35	856	02:26:53	FS	125	
966	Sarah	Draper	Female	856	02:27:39	855	02:26:47	FS	126	
592	Laura	Tucker	Female	857	02:27:53	862	02:27:10	F35	127	
455	Lizzie	Robson	Female	858	02:27:53	860	02:27:10	FS	127	
458	Amy	Trethewey	Female	859	02:27:53	859	02:27:09	FS	128	
456	Anna	Morris	Female	860	02:27:53	861	02:27:10	F35	128	
24	Teleri	Jenkins	Female	861	02:28:05	854	02:26:37	F35	129	
251	Andrew	Gilbert	Male	862	02:28:10	868	02:27:46	MS	344	
245	Sian	Ackland	Female	863	02:28:27	863	02:27:12	F35	130	Brackla Harriers
781	Linda	Burnell	Female	864	02:28:30	857	02:27:03	F55	5	Islwyn Running Club
156	Catrin	Clarke	Female	865	02:28:34	858	02:27:07	F45	43	Womens Running Network
711	Ian	Parry	Male	866	02:28:54	865	02:27:22	MS	345	
205	Shaun	Stevens	Male	867	02:29:00	866	02:27:29	M40	159	
1082	Lisa	Studley	Female	868	02:29:06	867	02:27:44	F35	131	
238	Paula	Thomas	Female	869	02:29:08	869	02:27:53	F45	44	Brackla Harriers
906	Anne	Brackpool	Female	870	02:29:21	872	02:28:35	FS	129	
651	Tracy	Austin-Brydon	Female	871	02:29:25	870	02:27:58	F35	132	
726	Jason	Omalley	Male	872	02:29:46	871	02:28:33	MS	346	
172	Joanne	Amesbury	Female	873	02:30:50	873	02:29:22	FS	130	CARDIFF WOMEN'S RUNNING NETWORK
306	S J	Jenkins	Female	874	02:31:41	874	02:30:42	F35	133	
540	Sian	Jones	Female	875	02:32:01	875	02:31:02	F35	134	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
349	Anne	Evans	Female	876	02:32:17	877	02:31:32	FS	131	
385	Natalie	Williams	Female	877	02:32:29	880	02:31:46	FS	132	
1402	Phillip	Griffiths	Male	878	02:32:31	876	02:31:10	M50	41	
68	Carol	Toozer	Female	879	02:33:00	879	02:31:32	FS	133	Womens Running Network
89	Ann-Marie	Gait	Female	880	02:33:01	878	02:31:32	FS	134	Womens Running Network
1401	Gareth	Daniel	Male	881	02:33:26	881	02:31:56	MS	347	
1040	M	Elizabeth	Female	882	02:33:29	883	02:32:37	F45	45	
152	Andrew	Parkhouse	Male	883	02:33:43	882	02:32:21	MS	348	
171	Emma	Evans	Female	884	02:34:30	884	02:33:03	F35	135	CARDIFF WOMEN'S RUNNING NETWORK
557	Caroline	Burford	Female	885	02:35:00	886	02:34:14	FS	135	
664	Ellie	Hamilton	Female	886	02:35:00	885	02:33:44	FS	136	
786	Wendy	Fisher	Female	887	02:35:36	887	02:34:44	F45	46	
1042	Joanne	Baines	Female	888	02:35:57	888	02:34:57	F35	136	
478	Keith	Fennell	Male	889	02:36:20	889	02:35:01	M40	160	
28	William	Rymer	Male	890	02:36:32	891	02:36:18	MS	349	
49	Tony	Wilkinson	Male	891	02:36:51	890	02:35:25	MS	350	
212	Michelle	Morgan	Male	892	02:39:06	892	02:38:40	MS	351	multisport
600	Bronwen	Brooke	Female	893	02:39:43	894	02:38:47	FS	137	
663	Cath	Chanter	Female	894	02:39:44	893	02:38:47	FS	138	
1046	Emma	Rees	Female	895	02:39:54	897	02:39:09	FS	139	
26	Tricia	Matthews	Female	896	02:40:23	896	02:38:55	FS	140	
185	Emma	Willmott	Female	897	02:40:23	895	02:38:54	FS	141	
616	Laura	Priddle	Female	898	02:43:35	898	02:42:10	FS	142	
617	Lee	Mccabe	Male	899	02:43:37	899	02:42:13	MS	352	
597	Rebecca	O	Female	900	02:43:47	901	02:42:31	FS	143	
155	Ceri Ann	Wheeler	Female	901	02:44:03	900	02:42:31	FS	144	
497	Vicki	Williams	Female	902	02:46:26	904	02:45:35	F45	47	
765	Carl	Williams	Male	903	02:46:46	902	02:45:14	M50	42	
766	Ann	Williams	Female	904	02:46:46	903	02:45:14	F55	6	
34	Lynn	Chambers	Female	905	02:47:59	905	02:47:12	F45	48	
157	W. John	Griffiths	Male	906	02:48:34	906	02:48:07	M60	16	

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Race No	Firstname	Surname	Gen	Gun Pos	Gun Time	Chip Pos	Chip Time	Cat	Cat Pos Gun Time	Club Name
1149	Kathleen	Williams	Female	907	02:49:12	907	02:48:17	F55	7	
1148	Cynthia	Davies	Female	908	02:49:13	908	02:48:17	F55	8	
1073	Roger	Watkins	Male	909	02:51:04	909	02:49:38	M60	17	
491	Shirley	Rose	Female	910	02:51:07	910	02:50:11	F35	137	
435	Emma-Jane	Campbell	Female	911	02:54:50	911	02:53:33	FS	145	
688	Janet	Mansbridge	Female	912	02:55:18	912	02:53:43	F45	49	THORBURY POWER WALKERS
464	Becky	Land	Female	913	02:55:34	913	02:53:59	F35	138	
62	Sarah	Mills	Female	914	02:55:55	914	02:54:20	FS	146	
863	Sam	Hawker	Female	915	02:56:24	916	02:54:50	FS	147	THORBURY POWER WALKERS
864	Sall	Wilcox	Female	916	02:56:24	915	02:54:48	F35	139	THORBURY POWER WALKERS
691	Karen	Evely	Female	917	02:56:58	917	02:55:23	F35	140	THORBURY POWER WALKERS
687	Sara	Goldhawk	Female	918	02:56:58	918	02:55:23	F35	141	THORBURY POWER WALKERS
333	Gareth	Newns	Male	919	02:57:28	919	02:56:13	MS	353	
1279	Michele	Howe	Female	920	02:57:28	920	02:56:50	F35	142	
1068	Wynne	Rees	Male	921	02:58:34	921	02:57:06	M50	43	
1419	Elisabeth	Powell	Female	922	02:58:59	922	02:57:46	F35	143	
923	Rhian	Anderson	Female	923	02:59:44	923	02:58:59	FS	148	
1414	Sarah	Askew	Female	924	03:02:33	924	03:00:59	F35	144	THORBURY POWER WALKERS
334	Susan	Hampshire	Female	925	03:06:33	925	03:05:16	FS	149	
439	Jackie	John	Female	926	03:06:33	926	03:05:16	F35	145	
368	Michelle	Harries	Female	927	03:07:07	927	03:05:49	F35	146	

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